

2019

# Arkansas Chapter Scientific Meeting



**September 20, 2019**

DoubleTree by Hilton  
Little Rock, Arkansas

[Register Online Today!](#)

*Fostering Excellence in Internal Medicine*

This live activity has been designated for 8 CME credits and 8 MOC points.



**ACP**<sup>®</sup>  
American College of Physicians  
Leading Internal Medicine, Improving Lives

Arkansas  
Chapter

# Meeting Highlights

- Updates in Cardiology, Neurology, Nephrology, Rheumatology, and Advanced Care Planning
- Top 10 Papers of 2019
- ACP Today

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the Arkansas Chapter of the American College of Physicians, being held September 20, 2019, at the DoubleTree by Hilton.

The meeting is a great way for you to recharge; rewind; and reflect with your peers, leaders, and great speakers. Connect with the Arkansas Chapter's rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, family practitioners, fellows in subspecialty training, hospitalists, and allied health practitioners.

In addition to earning CME credits, this conference is about making personal contacts and getting involved in your Chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at [archapter.acponline.org](http://archapter.acponline.org). I look forward to seeing you in Little Rock.

Sincerely,

**Stacy Zimmerman, MD, FACP, FAAP**  
**ACP Governor, Arkansas Chapter**



# Schedule at a Glance

## *Fostering Excellence in Internal Medicine*

**Friday, September 20, 2019**

**7:15 a.m.**

**Registration and Continental Breakfast**

**7:45**

**Welcome and Introductions**

Stacy Zimmerman, MD, FACP, FAAP

**8:00**

**Update on Physician Well-Being**

Latha Achanta, MD, MPH, FACP, and Omar Atiq, MD, FACP

**8:45**

**Cardiology Update: ECG Diagnosis of Cardiac Arrhythmias and Management of Cardiac Arrhythmias in Hematology/Oncology Patients**

Hakan Paydak, MD, FACP, FACC, FHRS, and Pankaj Mathur, MD, FACP

**10:00**

**Break**

**10:15**

**Top 10 Papers of 2019**

Eric Del Giacco, MD, FACP

**11:15**

**Breast Cancer Update for the Internist**

Ana María López, MD, MPH, FACP

**12:15 p.m.**

**Lunch/Town Hall**

**1:15**

**Update on Neurodegenerative Disorders**

Mitesh Lotia, MD

**2:15**

**Nephrology Update: Hypertension in CKD and Consulting Nephrology—The “When-To” Guide for the PCP**

Nithin Karakala, MD, and Manisha Singh, MD, FASN

**3:15**

**Break**

**3:30**

**Updates in Advance Care Planning**

Sarah E. Harrington, MD, FAAHPM

**4:15–5:30 p.m.**

**Rheumatology Update: Gout: Busting the Myths**

Seth Mark Berney, MD, and Shailendra Singh, MBBS, FACP



# Meeting Information

## Faculty

**Latha Achanta, MD, MPH, FACP**, Acting Internship/Fourth Year Clerkship Director for Internal Medicine, Associate Professor Core Faculty for Internal Medicine Residency, UAMS College of Medicine Core Faculty, WRMC Internal Medicine Residency Program, Batesville

**Omar Atiq, MD, FACP**, Chair, Board of Governors, American College of Physicians; Director, Cancer Service Line, UAMS Medical Center; Associate Director of the UAMS Winthrop P. Rockefeller Cancer Institute, Little Rock

**Seth Mark Berney, MD**, Chief, Division of Rheumatology, Director, Rheumatology Fellowship Program; The Eleanor A. Lipsmeyer Professor in Rheumatology, Professor of Medicine, University of Arkansas for Medical Sciences, Little Rock

**Eric Del Giacco, MD, FACP**, Staff Physician, Little Rock VAMC, Associate Professor of Clinical Medicine, University of Arkansas for Medical Sciences, Little Rock

**Sarah E. Harrington, MD, FAAHPM**, Director, UAMS Division of Palliative Medicine Chief, Palliative Care, Central Arkansas Veterans Healthcare System, Little Rock

**Nithin Karakala, MD**, Assistant Professor, Fellowship Program Director, University of Arkansas for Medical Sciences, Department of Medicine, VA Staff Nephrologist, Little Rock

**Ana María López, MD, MPH, MACP**, Immediate-Past President, American College of Physicians, Vice Chair of Medical Oncology and Chief, New Jersey Division Sidney Kimmel Cancer Center of Thomas Jefferson University, Philadelphia, PA

**Mitesh Lotia, MD**, Assistant Professor Residency Program Director, University of Arkansas for Medical Sciences, Little Rock

**Pankaj Mathur, MD**, Assistant Professor of Internal Medicine, Myeloma Institute, University of Arkansas for Medical Sciences, Little Rock

**Hakan Paydak, MD, FACP, FACC, FHRS**, Associate Chief, Division of Cardiology, UAMS Director, Clinical Cardiac Electrophysiology Program and Fellowship Program, UAMS Professor of Medicine, University of Arkansas for Medical Sciences, Little Rock

**Manisha Singh, MD, FASN**, Assistant Professor, Director Home Dialysis-UAMS and VA, Little Rock



## Program Committee

**Latha Achanta, MD, MPH, FACP**, Acting Internship/Fourth Year Clerkship Director for Internal Medicine, Associate Professor Core Faculty for Internal Medicine Residency, UAMS College of Medicine

**Gilbert-Roy Kamoga, MD, FACP**, Associate Program Director, White River Health System Internal Medicine Residency Program

**Pankaj Mathur, MD**, Assistant Professor of Internal Medicine, Myeloma Institute, University of Arkansas for Medical Sciences

**Thomas K. Schulz, MD, FACP**, Program Director, UAMS Northwest Community Internal Medicine Residency Associate Professor Division of Hematology/Oncology UAMS College of Medicine

**Shailendra Singh, MBBS, FACP**, Core Faculty, WRMC Internal Medicine Residency Program

**Keyur Vyas, MD, FACP**, Program Director, UAMS Internal Medicine Residency, Associate Professor of Medicine, University of Arkansas for Medical Sciences

**Stacy Zimmerman, MD, FACP, FAAP**, Governor, Arkansas Chapter American College of Physicians; Program Director, Internal Medicine Residency Unity Health



# Meeting Information

## Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.
- Improve clinical practice by incorporating major new developments in subspecialty medicine.
- Understand advances in neurology, cardiology, and nephrology.

## Who Should Attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners



## CME Accreditation and MOC Points

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of 8 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credit claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

# Additional Information

## Questions?

For registration information, contact Member and Product Support (M–F, 9 a.m.–5 p.m. ET) at 800-ACP-1915 (800-227-1915) or direct at 215-351-2600. You may also e-mail [help@acponline.org](mailto:help@acponline.org) or fax 215-351-2799.

If you have questions about the Chapter or the meeting program or have a disability or any special dietary needs, please contact Colleen Keeku by telephone at 312-618-5839 or e-mail [colleenkeekuacp@gmail.com](mailto:colleenkeekuacp@gmail.com).

## Hotel Accommodations

We have reserved a block of rooms at the following rates until August 19, 2019. When making your reservation, be sure to mention that you will be attending the ACP Arkansas Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 501-372-4371 or registering online at [doubletree3.hilton.com/en/hotels/arkansas/double-tree-by-hilton-hotel-little-rock-LITMBDT/index.html](http://doubletree3.hilton.com/en/hotels/arkansas/double-tree-by-hilton-hotel-little-rock-LITMBDT/index.html).

DoubleTree by Hilton Little Rock

Single/Double: \$119.99

424 West Markham

Little Rock, AR 72201



## Directions/Parking

Located in the heart of downtown off I-30, on the bank of the Arkansas River, take exit 141-A; follow the convention center signs down 2nd Street five blocks to Spring Street; then turn right.

## Additional Fees

All registrations must be received by August 23, 2019, or a late registration fee of \$25 will be added. This includes on-site registrations. Save money by registering now!

## Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

## Cancellation Information

Notice of cancellation must be made in writing (fax, mail, or e-mail). Cancellations will not be accepted by telephone. A processing fee of \$25 will be deducted from the member's refund. Individuals who fail to attend the course (no-shows) will not be entitled to any refund.

## Contact Us



### BY INTERNET

(Credit Card only)  
Visit us on the Web  
[www.acponline.org/chapters](http://www.acponline.org/chapters)



### BY MAIL

Make check or money order payable to ACP.  
AC002  
American College of Physicians  
190 N. Independence Mall West  
Philadelphia, PA 19106-1572



### BY FAX

(Credit Cards only)  
215-351-2799



### BY PHONE

Call 800-ACP-1915, or  
215-351-2600  
(M–F, 9 a.m.–5 p.m. ET)

# Arkansas Chapter Registration Form

CMB

Little Rock, Arkansas—September 20, 2019

RM2008

ACP # (found on mailing label)

Name

☐ MD ☐ DO ☐ OTHER

Address

City

State

ZIP

Daytime Phone

Fax

E-mail

- ☐ Please check here to indicate a permanent change to your preferred address for all College mailings.
- ☐ Please exclude me from receiving mailings from the meeting exhibitors.



- ☐ Check here if you are disabled and require assistance. Please notify the Arkansas Chapter in writing before your course. We'll be glad to help.

## Registration Fees

Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Fee Category	Before August 23, 2019	After August 23, 2019
<input type="checkbox"/> ACP Member	\$100	\$125
<input type="checkbox"/> ACP Resident/Fellow Member	\$50	\$75
<input type="checkbox"/> ACP Medical Student Member	\$50	\$50
<input type="checkbox"/> ACP Affiliate Member	\$100	\$125
<input type="checkbox"/> Nonmember Physician	\$150	\$175
<input type="checkbox"/> Nonmember Resident*	\$50	\$75
<input type="checkbox"/> Nonmember Medical Student*	\$50	\$50
<input type="checkbox"/> Nonmember Allied Health Professional	\$100	\$125

\*Nonmember residents must register by contacting Customer Service at 800-523-1546, ext. 2600, to receive the correct registration rate.

To help us go "green," we are making our presentations available online only on the Chapter Web site.

Please indicate your attendance at the following:

### Governor's Awards Dinner:

Friday, September 20, 2019

6:30–9:00 p.m.

(limited to 20 attendees)

- ☐ B01—Awards Banquet—Registrant **\$50**
- ☐ B02—Awards Banquet—Guest of Registrant **\$50**
- ☐ RM2008A—Awards Banquet for Nonattendee **\$50**

Grand Total \$ \_\_\_\_\_

## Payment Options

- ☐ Check enclosed.  
(Payable to **ACP**. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to: ☐ ☐ ☐ ☐

Card # \_\_\_\_\_

Exp. Date \_\_\_\_/\_\_\_\_/\_\_\_\_ MM/YY Security Code \_\_\_\_\_  
(3- or 4-digit number found on front or back of card)

Signature: \_\_\_\_\_