# New Mexico Chapter Scientific Meeting 2018



# November 1–3, 2018

Sheraton Albuquerque Uptown Albuquerque, NM

#### Fostering Excellence in Internal Medicine

This live activity has been designated for 11.75 CME credits and 11.75 MOC points.



# **Meeting Highlights**

- Restoring Purpose and Fighting Burnout
- Sexual Gender and Minority Health
- What Internists Need to Know About Common Orthopedic Problems
- Dermatology
- Controversies in Lipid Management

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the New Mexico Chapter of the American College of Physicians, being held November 1–3, 2018, at the Sheraton Albuquerque Uptown.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the New Mexico Chapter's rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits, this conference is about making personal contacts and getting involved in your chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at **nmchapter.acponline.org**.

I look forward to seeing you in New Mexico.

Sincerely,

Betty Chang, MDCM, PhD, FACP ACP Governor, New Mexico Chapter

# Schedule at a Glance

#### Fostering Excellence in Internal Medicine

Thursday, November 1, 2018

9:00 a.m.-Noon

Cultural Fluency for Working with Sex and Gender Minorities Training

3:00-4:00

Poster set up

4:00-5:30

**Poster Judging** 

5:45-6:45

**Resident Vignette Competition** 

7:00-8:00

The Doctors Company Sponsored Dinner

8:00

**Resident Award Announcement** 

Friday, November 2, 2018

7:00 a.m.

**Breakfast** 

8:00

Welcome

Alisha N. Parada, MD, FACP President, ACP New Mexico Chapter

8:15

Keynote Speaker: Reclaiming Your Joy: Strategies to Increase Professional Satisfaction in Your Clinical Practice

Suja M. Mathew, MD, FACP

9:15

**Restoring Purpose and Fighting Burnout** 

Eileen Barrett, MD, MPH, FHM, FACP

10:00

**Break** 

10:15

Thieves' Market: Fascinating Medical Cases

David R. Scrase, MD, FACP, MHSA

11:30

**Lunch and Networking** 

12:15 p.m.

**Sexual Gender and Minority Health** 

Edward R. Fancovic, MD Molly McClain, MD, MPH

1:00

**Chapter Business Meeting** 

Betty Chang, MDCM, PhD, FACP

1:30

Microbes, Man, and Medicine

Henry Lin, MD

2:15

Sleep Apnea 2018: What You Need to Know

Frank Ralls, MD

3:00

Break

3:15

**Updates in Hospital Medicine** 

Deepti Rao, MD

4:00

**Updates in Outpatient Medicine** 

Gregory G. Fotieo, MD, FACP

4:45

What Internists Need to Know About Common

**Orthopedic Problems** 

Rebecca Dutton, MD

5:30

**Sponsored Dinner (offsite)** 

Saturday, November 3, 2018

7:00 a.m.

**Interest Groups Breakfast** 

8:00

**Hypertension Management** 

Karen S. Servilla, MD

8:45

Hey, Doc, What Did That Pill Do to My Skin? A

**Review of Cutaneous Drug Reactions** 

Shilpa G. Reddy, MD, FAAD

9:30

Break

9:45

**High-Yield Nephrology for the Internist** 

Eduardo Alas, MD, FASN

10:30

**Urology Tips and Pearls for Primary Care** 

Frances Alba, MD

11:15

**Break** 

11:30

**Controversies in Lipid Management** 

Allen B. Adolphe, MD, FACP

12:15 p.m.

Biomarkers and Biologics for Allergic Upper and

**Lower Airway Disease and Hives** 

Osman Dokmeci, MD

1:00

Sponsored Lunch

# **Meeting Information**

#### **Faculty**

**Allen B. Adolphe, MD, FACP,** Professor, Division of General Internal Medicine, University of New Mexico School of Medicine, Albuquerque

**Eduardo Alas, MD, FASN,** Community Provider, Kidney Specialists of New Mexico, Albuquerque

**Frances Alba, MD,** Associate Professor, University of New Mexico; Director of Urology, Sandoval Regional Medical Center, University of New Mexico Cancer Center, Albuquerque

**Eileen Barrett, MD, MPH, FHM, FACP,** Regent, American College of Physicians; Assistant Professor, Division of Hospital Medicine, Department of Internal Medicine, University of New Mexico, Albuquerque

**Betty Chang, MDCM, PhD, FACP,** Governor, ACP New Mexico Chapter; Executive Vice Chair of Internal Medicine, Vice Chair for Faculty Development and Inpatient Services, Professor of Internal Medicine, University of New Mexico Health Sciences Center, Albuquerque

**Osman Dokmeci, MD, FACAAI,** Assistant Professor, Dermatology, Pulmonary, Critical Care and Sleep Medicine, University of New Mexico School of Medicine, Albuquerque

**Rebecca Dutton, MD,** Assistant Professor, Department of Orthopedics and Rehabilitation, University of New Mexico School of Medicine, Albuquerque

**Edward R. Fancovic, MD,** Professor, Division of General Internal Medicine, Director, Assessment & Learning, University of New Mexico School of Medicine, Albuquerque

**Gregory G. Fotieo, MD, FACP,** Staff Physician, Raymond G. Murphy Albuquerque Veteran's Hospital; Professor of Medicine, University of New Mexico School of Medicine, Albuquerque

**Henry Lin, MD,** Chief of Internal Medicine, Raymond G Murphy Albuquerque Veteran's Hospital Professor, Division of Gastroenterology, University of New Mexico School of Medicine, Albuquerque

**Suja M. Mathew, MD, FACP,** Governor, ACP Illinois Northern Region; Chair, Department of Internal Medicine, Cook County Health & Hospitals System, Chicago, IL

**Molly McClain, MD, MPH,** Assistant Professor, Department of Family and Community Medicine, University of New Mexico School of Medicine, Albuquerque

Alisha N. Parada, MD, FACP, Vice Chair of Diversity and Inclusion, Medical Director; Associate Professor, Department of Internal Medicine, University of New Mexico Hospital, Albuquerque

**Frank Ralls, MD,** Associate Professor, Internal Medicine, Program Director, UNM Sleep Medicine Fellowship, University of New Mexico School of Medicine, Albuquerque

**Deepti Rao, MD,** Associate Professor, Department of Internal Medicine, Division of Hospital Medicine, University of New Mexico School of Medicine, Albuquerque

**Shilpa G. Reddy, MD, FAAD,** Private Practice, Albuquerque Dermatology Associates, Albuquerque

**David R. Scrase, MD, FACP, MHSA,** Division Chief, General Internal Medicine and Geriatrics, University of New Mexico School of Medicine, Albuquerque

**Karen S. Servilla, MD,** Staff Physician, Raymond G Murphy Albuquerque Veteran's Hospital; Professor, Division of Nephrology, University of New Mexico School of Medicine, Albuquerque

#### **Program Committee**

Eileen Barrett, MD, MPH, FHM, FACP
Heather C. Brislen, MD, FACP
Betty Chang, MDCM, PhD, FACP
Sepehr Khashaei, MD, FACP
Justin T. Miller, MD
Alisha N. Parada, MD, FACP
Sahitya Podila
April H. Volk, MD, FACP

# **Meeting Information**

# Resident/Fellow Members' and Medical Students' Activities

Clinical vignettes, posters, and research papers prepared by Resident/Fellow Members and Medical Students will be presented at the meeting. Winners will receive prizes and be eligible for entrance into the national competition held during Internal Medicine Meeting 2019. Contact Lisa Sullivan at newmexicoacp@gmail.com for information about entering the Abstract Competition. Deadline for submissions is 11:59 p.m. MT September 10, 2018.

#### **Chapter Art Exhibition**

The NM ACP is sponsoring an Art Exhibition during the meeting. Physician members are invited to submit 2- and 3-D art and poetry for the juried show. There is no entry fee and items will not be for sale during this 2-day exhibition. Ribbons and prizes will be awarded (subject to # of entries) by independent judges and members votes.

Submissions accepted only by e-mail and digital photograph or PDF of artwork or poetry. Further details and entry rules will be forthcoming through chapter e-mails.

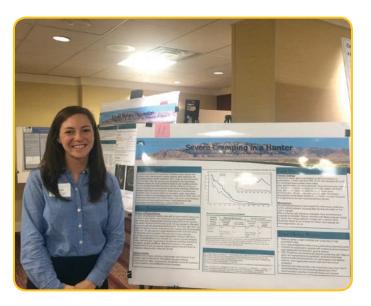
#### **Learning Objectives**

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.
- Improve clinical practice by incorporating major new developments subspecialty medicine.
- Understand recent advances in internal medicine.
- Increase confidence in performing clinical skills.

#### Who Should Attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine



#### CME Accreditation and MOC Points

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of **11.75** *AMA PRA Category* **1** *Credit(s)*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 11.75 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credit claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

# **Additional Information**

#### **Hotel Accommodations**

We have reserved a block of rooms at the following rates until October 26, 2018. When making your reservation, be sure to mention that you will be attending the ACP New Mexico Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 505-325-3535 or registering online at https://www.starwoodmeeting.com/Book/2018NMACP.

Single/Double: \$114

Sheraton Albuquerque Uptown 2600 Louisiana Blvd NE Albuquerque, NM 87110 505-881-0000

#### **Directions/Parking**

#### **From East**

Take I-40 West to Louisiana Boulevard.

Take the Louisiana Exit and turn right (north).

The hotel is located at the northeast corner of Louisiana and Menaul.

#### From West

Take I-40 East to the Louisiana Exit.

Turn left (north) and the hotel is located at the northeast corner of Louisiana and Menaul.

#### From South

Take I-25 to I-40 East.

Take the Louisiana Exit and turn left (north).

The hotel is located at the northeast corner of Louisiana and Menaul.

#### From North

Take I-25 South to I-40 East.

Continue east on I-40 and take the Louisiana Exit. Turn left (north) and the hotel is located on the northeast corner of Louisiana and Menaul.

The meeting site has complimentary self-parking.

Visit us online for details on hotel reservations, directions, parking, and areas of interest.

#### **Additional Fees**

All registrations must be received by October 26, 2018 or a late registration fee of \$25 will be added. This includes on-site registrations. Save money by registering today!

#### Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.

#### **Contact Us**



#### **BY INTERNET**

(Credit Card only)
Visit us on the Web
www.acponline.org/chapters



Make check or money order payable to ACP. AC002 American College of Physicians 190 N. Independence Mall West

Philadelphia, PA 19106-1572



(Credit Cards only) 215-351-2799



Call 800-ACP-1915, or 215-351-2600 (M–F, 9 a.m.–5 p.m. ET)

# New Mexico Chapter Registration Form

CMB

#### Albuquerque, New Mexico ● November 1-3, 2018

RM1943

ACP # (found on mailing labe	el)		
Name			□ MD □ DO □ OTHER
Address			
City		State	ZIP
Daytime Phone	Fax	E-mail	
<ul> <li>□ Please check here to indicate a permanent change to your preferred address for all College mailings.</li> <li>□ Please exclude me from receiving mailings from the meeting exhibitors.</li> </ul>		Check here if you are disabled and require assistance.  Please notify the New Mexico Chapter in writing before your course. We'll be glad to help.	

#### **Registration Fees**

Check one category that best applies. Registration fee includes continental breakfasts, lunch on Friday, sponsored lunch and dinners, all scientific sessions and materials, and CME documentation.

Categories	Register by October 26, 2018	After October 26, 2018
□ ACP Member	\$175	\$200
☐ ACP Resident/Fellow Member	No Fee	No Fee
☐ ACP Medical Student Member	No Fee	No Fee
□ Nonmember Physician	\$220	\$245
□ Nonmember Resident*	\$10	\$10
☐ Nonmember Medical Student**	No Fee	No Fee
☐ Nonmember Allied Health Professional	\$150	\$175

<sup>\*</sup>Nonmember Residents cannot register online and must register by contacting Customer Service at 800-ACP-1915, in order to get the correct registration rate.

Please note: Members whose dues are not paid by July 1 for the current fiscal year will receive the nonmember registration rate.

#### Please indicate your attendance at the following:

<ul> <li>□ RM1943A—Attending Only Thursday Meeting plus Dinner—Thursday, 8:00 a.m.–8:00 p.m.</li> <li>□ RM1943B—Attending Only Friday Meeting—Friday, 8:00 a.m.–5:00 p.m.</li> <li>□ RM1943C—Attending Only Friday and Saturday Meeting—8:00 a.m.–Noon</li> <li>□ LUN01—Friday Lunch—Friday, 11:30 a.m.</li> </ul>	Thursday through Saturday, 8:00 a.m.–5:00 p.m.
Friday, 8:00 a.m.–5:00 p.m.  RM1943C—Attending Only Friday and Saturday Meeting—8:00 a.m.–Noon	
Meeting—8:00 a.m.–Noon	<i>o</i> , ,
☐ LUN01—Friday Lunch—Friday, 11:30 a.m.	
	☐ LUN01—Friday Lunch—Friday, 11:30 a.m.

Grand Total \$

# Payment Options Check enclosed. (Payable to ACP. Must remit in U.S. funds drawn on a U.S. bank.) Charge to: VISA Discover Card # Exp. Date \_\_\_\_/ Security Code \_\_\_\_ (3- or 4-digit number found on front or back of card) Signature: \_\_\_\_

<sup>\*\*</sup>Nonmember Students: Membership is free for ACP Medical Student Members. Join Now!