

ACP Illinois: Internal Medicine 2018

November 8, 9 & 10, 2018
Peoria, Illinois

Welcome!

Thursday
Schedule

Friday
Schedule

Saturday
Schedule

Faculty

General Info

Registration

Key Featured Speakers:

John M. Flack, MD MPH FAHA MACP FASH

Professor and Chair of Internal Medicine,
Southern Illinois University School of Medicine

Paul Pedersen, MD

President-Elect,
Illinois State Medical Society

Elsa L Vazquez Melendez, MD FAAP FACP

Assistant Dean of Diversity and Inclusion,
Associate Professor of Internal Medicine and Pediatrics,
University of Illinois College of Medicine



Illinois
Chapter



ACP Illinois: Internal Medicine 2018

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Dear Colleague,

*We are excited to invite you to
ACP Illinois: Internal Medicine 2018,
designed for busy physicians like you!*

Your American College of Physicians Illinois Chapter is excited to bring you a vibrant scientific meeting on **Friday and Saturday, November 9-10, 2018, at the Embassy Suites** Riverfront Hotel and Conference Center, East Peoria, Illinois.

The meeting theme is Practical Solutions for the Practice of Medicine with an entire series of sessions dedicated to physician wellness. This meeting will provide you with the latest guidelines and updates in medicine that are relevant for general internists, hospitalists, and subspecialists. The program includes panel discussions by content experts on interpretations of the guidelines and beyond. The meeting will also include valuable presentations on important topics like health care policies, diversity and inclusion in medicine, as well as women in medicine activities at the regional and national levels. Our special guests this year include **John Flack, MD, MPH, MACP, ACP Regent, Paul E Pederson, MD, President, Illinois State Medical Society, Elsa Vasquez-Melendez, MD, FAAP, FACP, Suja Mathew MD, FACP, and Janet Jokela, MD, MPH, FACP, FIDSA.**

In addition to earning CME credits and Maintenance of Certification points to meet recertification requirements, this meeting offers an excellent opportunity to network with long-time friends and meet new colleagues from around the state. We designed the meeting to incorporate a variety of resources that will help you stay up-to-date in your medical knowledge and learn ways to avoid burnout so you can deliver the best care to your patients.

You are welcome to join us for Resident and Student Day on Thursday, November 8, 2018, also at the Embassy Suites in East Peoria. The program for this day includes three competitions: Posters, Oral Clinical Vignettes, and Doctor's Dilemma. Everyone is invited to participate in the resident day activities to see the inspiring work from the future of our profession as we proudly showcase the excellence of our Residency training programs and medical schools in Downstate Illinois.

On Friday, November 9, our meeting will continue with a packed agenda that includes thought provoking plenary presentations, panel discussions, and interactive workshops. We are thrilled to present our accomplished speakers in a variety of breakout sessions along tracks focused on general internal medicine, subspecialty medicine, and physician wellness. We will also offer Nephrology and Pulmonary Medicine Updates for the Internist.

On Saturday, November 10, in addition to scientific sessions in the morning, we will conduct two Maintenance-of-Certification Modules in Internal Medicine and Hospital Medicine. We will also host important mentoring breakfasts for multiple small groups including women in medicine, physician wellness, and Early Career Physicians. This year, we will also offer simulation training in point-of-care-ultrasound by Dr. Phan.

We sincerely hope you will join us for this invigorating event in East Peoria this November. We look forward to seeing you!

Best regards,

James Graumlich MD, FACP
ACP Governor, Illinois Chapter Downstate Region

Suja Mathew MD, FACP
ACP Governor, Illinois Chapter Northern Region

Vidya Sundareshan MD, MPH, FACP, FIDSA
Program Chair, Education Committee, Illinois Chapter Southern Region



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Thursday Schedule

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Thursday - November 8, 2018

Embassy Suites By Hilton

East Peoria Riverfront Hotel & Conference Center

RESIDENTS' DAY AND STUDENTS' COMPETITIONS

- | | |
|-------------------------|---|
| 12:00 – 12:45 pm | Open for Poster Hanging |
| 12:45 – 2:00 pm | Poster Judging – (Do not remove posters until Friday at 4:00pm) |
| 2:00 – 3:00 pm | Oral Clinical Vignette Competition |
| 3:00 – 3:15 pm | Break |
| 3:15 – 4:45 pm | Doctors Dilemma |
| 5:00 – 6:00 pm | Resident Awards |
| 7:00 – 8:30 pm | ACP Illinois Governors' Council Meeting |



ACP Illinois: Internal Medicine 2018

Friday Schedule

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Friday - November 9, 2018

Embassy Suites By Hilton

East Peoria Riverfront Hotel & Conference Center

7:00 – 8:00 am	Registration, Continental Breakfast, & Mentoring Breakfasts
8:00 – 8:15 am	Welcome & Introductions <i>Vidya Sundareshan & James Graumlich</i>
8:15 – 9:15 am	Diversity & Inclusion in Medicine: What Is It and What Can We Do <i>Elsa Vazquez Melendez</i>
9:15 – 10:00 am	Palliative Care: Quality-of-Life Through The End-of-Life <i>Michael Aref</i>
10:00 – 10:30 am	Break / View Posters
10:30 – 11:15 am	CONCURRENT SESSIONS A: Pay-for-Value Takes a Village <i>Robert Parker</i> B: Advances in Structural Heart Diseases <i>Giselle Baquero</i> C: Being Well: Promoting Physician Well Being <i>Emily Horvath & Jennie Hsu-Lumetta</i>
11:30 am – 12:15 pm	CONCURRENT SESSIONS A: Regulatory Guidelines for Inpatient Care, Observation Status, Out-Patient Care of Inpatients (Clinical Pearls) <i>Andrew Bland</i> B: MSFM: Updated Sepsis Guidelines; Utility of Procalcitonin Measurement in Clinical Decision-Making <i>Qasim Shakeel & Joseph Kim</i> C: Mindfulness in Medicine: Practical Tools for Physician Self-Care <i>Catherine Cheng & Rupal Dedhia</i>
12:15 – 1:00 pm	Lunch / Town Hall / Recognition of Awards
1:00 – 2:00 pm	Hypertension Guidelines: A Panel Discussion <i>John Flack, Abigal Adams, and Albert Osei</i>
2:00 – 2:45 pm	Nephrology Updates <i>Albert Osei, Lawrence Smith, and Ashraf Tamizuddin</i>
2:50 – 3:35 pm	Pulmonary Medicine for the Internist <i>Aman Khurana, Rajagopal Sreedhar, Sarah Zallek</i>
3:35 – 4:00 pm	Break / View Posters
4:00 – 4:45 pm	I Smell A Rat – Cannabinoids and Contaminants <i>Kirk Moberg</i>
4:45 – 5:00 pm	Closing Comments & Announcement for Saturday
5:30 – 6:30 pm	Story Slam
7:00 – 9:00 pm	Governors' Dinner (invitation only)



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Saturday Schedule

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Saturday - November 10, 2018

Embassy Suites By Hilton

East Peoria Riverfront Hotel & Conference Center

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|----------------------------|--|
| 8:00 – 9:00 am | Women in Medicine Initiatives
<i>Janet Jokela, Suja Mathew, Vidya Prakash</i> |
| 9:00 – 9:45 am | Health Policy in the Practice of Medicine
<i>Paul Pedersen</i> |
| 9:45 – 10:00 am | Break |
| 10:00 – 10:45 am | CONCURRENT SESSIONS:
A: Common Musculoskeletal Problems in Primary Care
<i>Dae Hyoun Jeong</i>
B: Updates in Rheumatology
<i>Mehmoodur Rasheed</i>
C: Technology: Burnout from Electronic Health Records
<i>TBD</i> |
| 10:45 – 11:45 am | Toast of New Orleans: Highlights of ACP IM 2018
<i>Schuyler Stone & James Kumar</i> |
| 11:45 am – 12:15 pm | Lunch |
| 12:15 – 2:15 pm | SEP - Internal Medicine Update
<i>Jacob Varney & Jacob Scheer</i> |
| 12:15 – 3:15 | Clinical Skills Ultrasound Workshop
<i>Peter Phan</i> |
| 2:15 – 2:30 pm | Break |
| 2:30 – 4:30 pm | SEP - Hospital Medicine Update
<i>Sanjay Patel</i> |



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Friday General Session

Abby Adams, MD FACP

Clinical Assistant Professor,
University of Illinois

Michael Aref, MD PhD FACP FHM

Assistant Medical Director,
Palliative Care Services, Carle Health System
Clinical Assistant Professor,
University of Illinois College of Medicine at Urbana-Champaign
Adjunct Assistant Professor,
Department of Nuclear, Plasma and Radiological Engineering University of Illinois

Giselle A. Baquero, MD

Medical Co-Director, SIU-Advanced Structural Heart Disease Program
Assistant Professor of Medicine

Andrew Bland, MD MBA FAAP

Medical Director,
The Joint Commission

Catherine Cheng, MD FACP

Northwestern Executive Health

Rupel Dedhia, MD FACP

Director of Primary Care Clerkship, Rush Medical College
Assistant Professor of Internal Medicine,
Rush University Medical Center

John M. Flack, MD MPH FAHA MACP FASH

Professor and Chair of Internal Medicine,
Southern Illinois University School of Medicine

Emily Horvath, MD

Assistant Program Director,
UICOM Peoria

Jennie C. Hsu-Lumetta, MD FACP

Clinical Associate Professor,
University of Illinois College of Medicine
Carle Illinois College of Medicine

Joseph Kim MD PhD

Assistant Professor,
University of Illinois College of Medicine at Peoria

Elsa L Vazquez Melendez, MD FAAP FACP

Assistant Dean of Diversity and Inclusion,
Associate Professor of Internal Medicine and Pediatrics,
University of Illinois College of Medicine

Kirk Moberg, MD PhD FACP FASAM

Executive Medical Director,
UnityPoint Health Illinois Institute for Addiction Recovery
Clinical Professor of Internal Medicine and Psychiatry,
University of Illinois College of Medicine

Albert Osei, MD MS FACP

Director of Renal Procedure Services,
John H. Stroger Hospital of Cook County
Assistant Professor of Medicine, Rush University

Robert Parker MD MBA FACP

Director, McKinley Health Services, UIUC
Associate Clinical Professor, UIUC-COM

Peter Phan, MD FACP

Assistant Professor,
Department of Medicine,
University of Illinois College of Medicine at Peoria

Vidhya Prakash, MD FACP

Associate Professor,
Vice Chair for Clinical Affairs,
Associate Internal Medicine Residency Program Director,
SIU Medicine Alliance for Women in Medicine and Science (AWIMS)
Division of Infectious Diseases, Department of Medicine, SIU Medicine

Oasim Shakeel, MD

Academic Hospitalist,
Clinical Instructor at University of Illinois Urbana Champaign

Lawrence J. Smith, MD

Division Chief, Nephrology
Southern Illinois University School of Medicine
Springfield, IL

Rajagopal Sreedhar, MD

Associate Professor,
Associate Program Director, Pulmonary Medicine Fellowship Program
Director, Bronchoscopy Suite,
Memorial Medical Center Springfield, IL

Ashraf Tamizuddin, MD, FACP, MRCP(UK)

Clinical Associate Professor
Division of Nephrology
Southern Illinois University School of Medicine
Springfield, IL

Sarah Zallek, MD FAASM

Medical Director, OSF HealthCare Illinois Neurological Institute Sleep Centers
Physician Director of Strategy, Communication, and Education
Clinical Associate Professor of Neurology,
University of Illinois College of Medicine at Peoria

Saturday General Session

Dae Hyoun Jeong, MD FAAFP

Director of Sports and Musculoskeletal Medicine,
Director of Geriatrics and Palliative Medicine,
Director of Point-of-Care Ultrasound Program,
Assistant Professor, Department of Family and Community Medicine,
SIU School of Medicine

Janet A. Jokela, MD MPH FACP FIDSA

Acting Regional Dean, Professor and Head of Medicine,
University of Illinois College of Medicine at Urbana-Champaign

James Kumar, MD MS FACP FHM

Program Director,
Carle Internal Medicine Residency Program

Suja Mathew, MD FACP

Governor, Illinois Chapter Northern Region,
American College of Physicians,
Chair, Department of Medicine,
Cook County Health and Hospitals System,

Paul Pedersen, MD

President-Elect,
Illinois State Medical Society

Mehmoodur Rasheed, MD

Rheumatologist,
Clinical Assistant Professor, Medicine, University of Illinois, Urbana-Champaign
Course Director, Musculoskeletal, Carle Illinois College of Medicine

Schuyler Stone, MD

Assistant Professor,
SIU School of Medicine, Internal Medicine

Saturday SEP Modules and Clinical Skills Session

Sanjay A. Patel, MD FACP

Director, Medical Procedure Service,
Attending Physician, Division of Hospital Medicine
Assistant Professor, Rush University School of Medicine

Peter Phan, MD FACP

Assistant Professor,
Department of Medicine,
University of Illinois College of Medicine at Peoria

Jacob Scheer, MD

Hospitalist,
Springfield Clinic

Jacob Varney, MD

Academic Hospitalist, Assistant Professor,
Southern Illinois University School of Medicine
Department of Internal Medicine
Division of General Internal Medicine



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Learning Objectives:

1. Apply updated knowledge of internal medicine to clinical practice.
2. Improve clinical practice by incorporating major new developments in subspecialty medicine.
3. Understand recent developments in internal medicine.
4. Understand political advocacy and reform.

Target Audience:

This program is appropriate for Internists, and Internal Medicine Sub-specialists, and Hospitalists.

Conference Location:

**Embassy Suites By Hilton East Peoria Riverfront
Hotel & Conference Center**
100 Conference Center Drive, East Peoria IL 6161

CME Accreditation Statement:

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates each live activity for the number of *AMA PRA Category 1 Credit(s)*[™] listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Illinois Chapter's Scientific Meeting for a maximum of **10.25 AMA PRA Category 1 Credit(s)**[™].

The SEP module post course, for a maximum of **4 AMA PRA Category 1 Credit(s)**[™].

Successful completion of this CME activity (the Illinois Chapter Scientific Meeting), which includes participation in the evaluation component, enables the participant to earn up to 10.25 MOC medical knowledge points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

SEP Note:

The Illinois Chapter will provide you with a learner's copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM's Maintenance of Certification program, you also must order the module* directly from the ABIM by visiting www.abim.org/online. After the Learning Session, submit your answers online to

the ABIM for Maintenance of certification credit. For more information about the ABIM's Maintenance of Certification program, visit www.abim.org/moc or call ABIM at 800-441-ABIM (2246).

Registration:

Register online at <https://store.acponline.org/ebizatpro/ProductsServices/ACPEventsCalendar/MeetingDetails.aspx?productId=2215494470>

For registration questions, please contact Colleen Keeku at colleenkeekuacp@gmail.com or 312-618-5839

Cancellation Policy:

Refunds, minus a \$50 administrative fee, are available until October 26. No refunds will be granted after October 26.

Hotel:

A block of rooms has been reserved for 11/8/18 – 11/10/18. The special room rate will be available until October 18th or until the group block is sold-out, whichever comes first.

Reserve your room here: <http://group.embassysuites.com/AmericanCollegePhysicians>



Directions and Parking:

<http://embassysuites3.hilton.com/en/hotels/illinois/embassy-suites-by-hilton-east-peoria-riverfront-hotel-and-conference-center-PIAESES/maps-directions/index.html>



Special Needs:

If you have a disability or any special dietary needs, please contact Colleen Keeku at colleenkeekuacp@gmail.com.



ACP Illinois: Internal Medicine 2018 Registration Fees

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Registration Fees:

Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Thursday Resident or Students' Day:

ACP Resident/Fellow Members\$25.00

ACP Medical Student Members \$0

NOTE: \$25 Fee includes Friday and Saturday General Attendance as well

Friday/Saturday General Session:

ACP Members\$175.00

ACP Resident/Fellow Members\$25.00

ACP Non-members\$200.00

ACP Medical Student Members No Fee

Saturday SEP Modules and Ultrasound Workshop:

ACP Members \$80.00 (per Module and Workshop)

ACP Resident/Fellow Members\$25.00 (per Module and Workshop)

ACP Nonmembers\$120.00 (per Module and Workshop)

ACP Medical Student Members No Fee

NOTE: This year, fee includes both days, followed by SEP Saturday afternoon

Registration:

For registration questions, please contact ACP Member & Customer Service at 1-800-523-1546 ext. 2600 (M-F, 9AM- 5PM ET) and reference Meeting Code: **RM 1954.**

Register online <https://store.acponline.org/ebizatpro/ProductsServices/ACPEventsCalendar/MeetingDetails.aspx?productId=2215494470>



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