



CARDIOLOGY | NEPHROLOGY | PULMONOLOGY | HOSPITAL MEDICINE | GENERAL INTERNAL MEDICINE

2018 *Learning Together in the 21st Century* PROGRESS

Educating health care providers together to improve interprofessional patient care.

THURSDAY AND FRIDAY
OCTOBER 18-19, 2018

GRADUATE HOTEL IOWA CITY
(Formerly the Sheraton Hotel)

210 S. Dubuque Street

Iowa City, Iowa

PURPOSE

Emphasizing the interprofessional team approach to patient care, this year's program combines annual internal medicine and pharmacy continuing education programs into a single multi-track program offering plenary sessions, breakout sessions, and current hot topics in a combined, interprofessional format.

PROVIDED BY:

University of Iowa Roy J. and Lucille A. Carver College of Medicine, Department of Internal Medicine and the University of Iowa College of Pharmacy



UNIVERSITY OF IOWA
CARVER COLLEGE
OF MEDICINE
University of Iowa Health Care



College of
Pharmacy



Iowa
Chapter

Internal Medicine

CONFERENCE SCHEDULE

OBJECTIVES

Upon completion of this program the learner should be able to:

- Discuss the basic pathophysiology of various disease states including cardiology, nephrology, pulmonology, hospital medicine, and general internal medicine.
- Compare and contrast the safety and efficacy of treatment options available for various disease states.
- Develop an evidence-based treatment plan for various disease states based on recent clinical practice guidelines.
- Apply clinical reasoning skills and current treatment guidelines to a patient case.

Registration Fees

While registration is open until the start of the conference, we encourage early registration to enable us to provide the best possible service. All but \$50 of the fee is refundable if inability to attend is made known on or before September 26, 2018. Refunds will not be made after this date. **A late fee of \$75 will be added for all registrations made after September 26, 2018.**

All fees include registration, instruction and educational materials, CME and CE recording, continental breakfasts, and refreshment breaks.

Continuing Education Credit

Physician: The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Iowa Carver College of Medicine designates this live activity for a maximum of 11.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

OCTOBER 18:

5.75 *AMA PRA Category 1 Credits™*

OCTOBER 19:

6.0 *AMA PRA Category 1 Credits™*



ABIM MOC:

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 11.75 MOC points in the

American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



Pharmacist: CEI is accredited by the Accreditation Council for Pharmacy Education as

a provider of continuing pharmacy education. Following completion of the online activity exam and evaluation (accessible at www.CEImpact.com via a CPE Access Code given at the end of each activity), participants will be able to access their CPE Statement of Credit on CPE Monitor, www.MyCPEMonitor.net. Up to 5.75 hrs./0.575 CEUs can be earned on Thursday, October 18th and up to 6.0 hrs./0.6 CEUs on Friday, October 19th. For complete CPE information, please go to www.CEImpact.com.

Nurse Practitioner: 11.75 contact hours will be granted by University of Iowa Hospitals and Clinics Department of Nursing (IBN Approved Provider #34). Participants must attend the entire program to receive full credit. Questions concerning nursing credits should be directed to the Nursing Clinical Education Center at (319) 356-4304.

OCTOBER 18: 5.75 Contact Hours

OCTOBER 19: 6.0 Contact Hours

Family Physician: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Syllabus Materials

Course syllabus materials will be emailed as a link to registered participants the week of the conference. Print copies of the syllabus will not be provided. You are encouraged to download or print materials you wish to use in advance. It is recommended to have a fully charged battery for laptops and tablets.

HOUSING AND PARKING

A limited number of rooms have been reserved at the Graduate Iowa City Hotel. Room rates for October 17 – 18, 2018 are \$135 per night, excluding taxes. Registrants are responsible for making their own reservations and may do so by contacting the Graduate Iowa City Hotel at (319) 337-4058. Please reference "Progress in Internal Medicine" to receive the special conference room rates. Rooms will be held in reserve until September 17, 2018

Room rates for October 19-20, 2018 are \$269 per night, excluding taxes. Please reference "Progress in Internal Medicine Football Block" to receive the special conference football room rates. Rooms will be held in reserve until September 19, 2018.

Parking is available in the Dubuque Street garage adjacent to the hotel at prevailing rates. First hour is free, \$1 per hour for each additional hour. Additional parking is available in the Court Street Transportation Center or Capitol Street garage. For more information on parking go to: <https://www.icgov.org/parkingmeters>

ACP

The ACP Business Meeting, Vignette Finalists Competition, Awards Reception and Early Career Physicians Social will be held Thursday evening. These events will begin at 5:00 p.m. in the E.W. Lehman Ballroom 1, Hotel Vetro. Hors d'oeuvres and a cash bar will be available.

There is no registration fee for ACP medical students, resident/fellow physicians to attend this meeting. However, online registration is required. For information on how to register refer to ACP Email sent by Denise Floerchinger. The deadline for registration is **September 10, 2018**.

If you are an ACP medical student, resident/fellow physician and require

hotel accommodations, a block of rooms is reserved at the Graduate Iowa City Hotel until September 10, 2018. Contact Denise Floerchinger (denise-floerchinger@uiowa.edu) to make your reservation. All rooms in the block are equipped with two queen beds. The deadline for reserving a room is September 10, 2018.

SHM

The SHM Dinner, Chapter Awards, and Business Meeting will be held Thursday evening at 7:30 p.m. at the downtown Iowa City restaurant, One Twenty-Six, on the upper level. Dinner and beverages will be served at no charge. SHM membership is not required for attendance. Please RSVP when completing your registration.

There is no registration fee for SHM medical students and residents to attend this meeting. However, online registration is required. For information on how to register as an SHM student or resident, please contact Melinda-Johnson@uiowa.edu. The deadline for registration is **September 10, 2018**.

POSTER SESSION

A poster session will be held on Thursday from 11:45 - 1:15 p.m. in Hotel Vetro. Lunch will be sponsored by SHM. Awards and prizes will be presented at 1:00 p.m. The overall winning poster will be awarded guaranteed acceptance to the National SHM meeting on March 24-27, 2019, in National Harbor, MD. Details regarding abstract submission can be found at www.int-med.uiowa.edu/CME/SHM2018



Special Events: HOMECOMING

The UI Homecoming Parade is Friday evening in downtown Iowa City. The Iowa Hawkeyes will play against Maryland on Saturday, October 20, at 11:00 am. A block of tickets is being held for conference attendees and may be purchased online through the University of Iowa Athletic Ticket office. Cost is \$65 per ticket for adults and \$25 per ticket for youth (18 and under). Information on how to order tickets will be sent with your conference confirmation. All ticket inquiries must be directed to the Athletic Ticket Office at 1-800-IA-HAWKS. The CME Division does not place ticket orders and does not refund tickets.

PROGRAM AGENDA

2018 PROGRESS – *Learning Together in the 21st Century* | Graduate Iowa City Hotel

THURSDAY, OCTOBER 18, 2018

7:00 am Registration and Continental Breakfast	B. Welcome to the Dark Side: A Brief Introduction to Health Plan Administration Howard Epstein, MD
7:45 Welcome and Announcements	C. Nephrolithiasis: Leave No Stone Unturned Manish Suneja, MD
8:00 Greeting from Dr. Howard Epstein	
8:15 Sleep Tight: Sleep Apnea and Management of Insomnia Herbert Berger, MD Kevin Schleich, PharmD	2:30 Break
9:15 Managing Atrial Fibrillation: Beyond the Basics Troy Rhodes, MD John Swegle, PharmD	2:45 CONCURRENT BREAKOUTS A. Pathways Around Pitfalls in EKG Interpretation Donald Brown, MD
10:00 Break	B. Treating Hypertension in 2018: How low should you go? Scott Larson, MD Michael Ernst, PharmD
10:15 Updates in Idiopathic Pulmonary Fibrosis: Evaluation and Management Alicia Gerke, MD Emily Prinz, PharmD	C. Look Ahead, Look Behind, & Carry a Big Bat: Tackling Transitional Care Issues Together Adisa Tokaca, ARNP Diane Reist, PharmD
11:00 Primary Care of the Solid Organ Transplant Recipient M. Lee Sanders, PhD, MD Tricia Suarez, PharmD	4:00 Adjourn
11:45am - 1:15 pm A. Lunch on your own B. Poster Session with lunch – Awards will be given at approximately 1:00pm.	5:00 ACP Business Meeting, Vignette Finalists Competition, Awards Reception, and Early Career Physicians Social E.W. Lehman Ballroom 1 Hotel Vetro and Conference Center
1:15 CONCURRENT BREAKOUTS A. Direct Oral Anticoagulant Use in Special Populations Usha Perepu, MD Tracy Harlan, PharmD	7:30 SHM Dinner, Chapter Awards, and Business Meeting One Twenty-Six, Upper level, 126 E. Washington Street

PLANNING COMMITTEE: Course Directors: Ryan Jacobsen, PharmD, BCPS; Melinda Johnson, MD, FACP, SFHM; Scott Vogelgesang, MD

Michelle Fravel, PharmD, BCPS; Laura Halder, PharmD, BCPS; Douglas Hornick, MD; Sarah Minner, PharmD; Jennifer Moulton, RPh; Lee Sanders, PhD, MD; Joseph Szot, MD; Byron Vandenberg, MD

FRIDAY, OCTOBER 19, 2018

7:15 am Registration and Continental Breakfast	C. Update in COPD Jeffrey Wilson, MD Emily Beckett, PharmD
8:00 Welcome and Announcements	2:30 Break
8:15 Providers at the Crossroads: Shortages, High Prices, and Restricted Access Erin Fox, PharmD	2:45 CONCURRENT BREAKOUTS A. Women’s Health: Updates in Contraception and Hormone Replacement Therapy Rachael Dirksen, MD Katherine White, MD Randi Beranek, PharmD
9:15 Contemporary Advances in Heart Failure Management and the Role of the Advanced Heart Failure Team Paulino Alvarez, MD Laura Halder, PharmD	B. Opioid Use Disorders: Managing a Chronic Disease Andrea Weber, MD Jeffrey Reist, PharmD
10:15 Break	C. Pulmonary Fascinomas with an Infectious Attitude Douglas Hornick, MD
10:30 A Practical Approach to Perioperative Care Katherine Harris, MD T. Michael Farley, PharmD	4:00 Adjourn
11:15 Chronic Kidney Disease for the Non-Nephrologist Mark Belz, MD Michelle Fravel, PharmD	Determination of educational content for this program and the selection of speakers are responsibilities of the program director. Firms providing financial support did not have input in these areas.
12:00 pm Lunch on your own	DISCLOSURE POLICY: Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest.
1:15 CONCURRENT BREAKOUTS A. Advocating for our Patients: Hot Topics in Health Policy and How You Can be an Advocate Jeydith Guterrez, MD Melinda Johnson, MD Brett Barker, PharmD	<i>The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), diversity@uiowa.edu.</i>
B. Cases from Lipid Clinic: Severe Hypercholesterolemia and Hypertriglyceridemia; Managing Statin Intolerance Byron Vandenberg, MD Ryan Jacobsen, PharmD	Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Continuing Medical Education Division in advance at 319-335-8599.

PROGRAM FACULTY

UNIVERSITY OF IOWA

DEPARTMENT OF INTERNAL MEDICINE CARVER COLLEGE OF MEDICINE

Paulino Alvarez, MD
Clinical Assistant Professor
Division of Cardiovascular
Medicine

Herbert Berger, MD
Clinical Professor
Division of Pulmonary
Disease and Critical Care

Donald Brown, MD
Professor
Division of Cardiovascular
Medicine

Rachael Dirksen, MD
Clinical Assistant Professor
Division of General Internal
Medicine

Alicia Gerke, MD, MS, MBA
Associate Professor
Division of Pulmonary and
Critical Care

Jeydith Gutierrez, MD
Clinical Assistant Professor
Division of General Internal
Medicine

Katherine Harris, MD
Clinical Associate Professor
Division of General Internal
Medicine

Douglas Hornick, MD
Clinical Professor
Division of Pulmonary
Disease and Critical Care

Melinda Johnson, MD
Clinical Professor
Division of General Internal
Medicine

Usha Perepu, MBBS, MRCP
Clinical Assistant Professor
Division of Hematology,
Oncology and Blood and
Marrow Transplantation

Troy Rhodes, MD, PhD
Clinical Associate Professor
Division of Cardiovascular
Medicine

M. Lee Sanders, PhD, MD
Clinical Assistant Professor
Division of Nephrology

Manish Suneja, MD
Clinical Professor
Division of Nephrology

Adisa Tokaca, ARNP, MSN
Division of Internal Medicine

Byron Vandenberg, MD
Clinical Associate Professor
Division of Cardiovascular
Medicine

Katherine White, MD
Clinical Assistant Professor
Division of General Internal
Medicine

Jeffrey Wilson, MD
Clinical Professor
Division of Pulmonary and
Critical Care

DEPARTMENT OF FAMILY MEDICINE

Scott Larson, MD
Clinical Assistant Professor
Department of Family
Medicine

COLLEGE OF PHARMACY

**Emily Beckett, PharmD,
BCPS**
Clinical Assistant Professor
Broadlawns Medical Center
Des Moines, IA

**Randi Beranek, PharmD,
BCPS**
Clinical Pharmacy Specialist
UIHC-IRL

**Michael Ernst, PharmD,
BCPS**
Clinical Professor
UIHC

**T. Michael Farley, PharmD,
BCPS, BC-ADM**
Clinical Assistant Professor
Mercy Hospital Iowa City

**Michelle Fravel, PharmD,
BCPS**
Clinical Associate Professor
UIHC

**Laura Halder, PharmD,
BCPS**
Clinical Pharmacy Specialist
UIHC

**Tracy Harlan, PharmD,
BCACP**
Clinical Pharmacy Specialist
UIHC

**Ryan Jacobsen, PharmD,
BCPS**
Clinical Associate Professor
UIHC

Emily Prinz, PharmD
Clinical Pharmacy Specialist
Rheumatology
UIHC

**Diane Reist, BSPH,
PharmD, RPh**
Clinical Pharmacy Specialist
UIHC

Jeffrey Reist, PharmD, BCPS
Clinical Associate Professor
UIHC

**Kevin Schleich, PharmD,
BCACP**
Clinical Pharmacy Specialist
UIHC

Tricia Suarez, PharmD, BCPS
Clinical Pharmacy Specialist
UIHC

**John Swegle, PharmD,
BCPS, BCACP**
Clinical Associate Professor
Mercy Family Medicine
Mason City

GUEST FACULTY

Brett Barker, PharmD
Vice President of Operations
NuCara Pharmacy
Des Moines, IA

Mark Belz, MD
Nephrologist
UnityPoint Health
Des Moines, IA

**Howard Epstein, MD,
SFHM, FACP**
Society of Hospital Medicine
Board of Directors Member
PreferredOne Senior Vice
President & Chief Medical
Officer
Adjunct Assistant Professor
of Medicine
University of Minnesota
Medical School
Twin Cities

**Erin Fox, PharmD, BCPS,
FASHP**
Senior Director
Drug Information Service
and Support Services
University of Utah Health
Salt Lake City, UT

Andrea Weber, MD, MME
Medical Director
Chemical Dependency
Services
UnityPoint Health
Cedar Rapids, IA

REGISTRATION

2018 PROGRESS – *Learning Together in the 21st Century*

Graduate Iowa City Hotel

PLEASE PRINT CLEARLY

Name

Address

City

Degree

State/ Zip

Phone

Primary Specialty

E-mail

Company or Business Name

For Office Use Only

PN 23642

A late fee of \$75 will be added for all registrations made after September 26, 2018.

REGISTRATION FEES

Physician @ \$415

\$

Physician 1 Day Only @ \$255

☐ Thursday

☐ Friday

\$

Pharmacist/Allied Health Professional @ \$225

\$

Pharmacist/Allied Health Professional 1 Day Only @ \$125

☐ Thursday

☐ Friday

\$

Resident in training @ \$135

\$

Resident in training 1 Day Only @ \$70

☐ Thursday

☐ Friday

\$

Student @ \$100

\$

Student 1 Day Only @ \$55

☐ Thursday

☐ Friday

\$

☐ Check here if you are a member of ACP

☐ Check here if you are a member of SHM

☐ Check here if you plan to attend the ACP Awards Reception and Early Career Physician Social
Thursday, 5:00 pm

☐ Check here if you plan to attend the SHM Dinner, Chapter Awards, and Business Meeting,
Thursday 7:30 pm .

Registrations after September 26, 2018 add \$75.

\$

TOTAL

\$

Method of Payment

☐ I have enclosed a check made payable to **The University of Iowa** in the amount of \$

TWO WAYS TO REGISTER

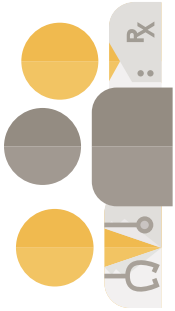


Online: www.medicine.uiowa.edu/cme and click on Upcoming Programs



Mail (For Checks only): University of Iowa Carver College of Medicine
Continuing Medical Education Division
100 Medicine Administration Building
Iowa City, Iowa 52242-1101

The University of Iowa requests this information for the purpose of processing your registration. No persons outside the University of Iowa are routinely provided this information.



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PROGRESS

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OCTOBER 18-19, 2018**

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(Formerly the Sheraton Hotel)
210 S. Dubuque Street
Iowa City, Iowa



**UNIVERSITY OF IOWA
HOMECOMING WEEKEND**

HOMECOMING PARADE | Friday,
October 19

BIG TEN FOOTBALL | Iowa vs.
Maryland | Saturday, October 20