

# District of Columbia Chapter Scientific Meeting 2018



**November 17, 2018**

Embassy Suites Chevy Chase Pavilion  
Washington, DC

[Register Online Today!](#)

*Fostering Excellence in Internal Medicine*

This live activity has been designated for 6 CME credits and 6 MOC points



**ACP**<sup>®</sup>  
American College of Physicians  
Leading Internal Medicine, Improving Lives

District of Columbia  
Chapter

# Meeting Highlights

- 2 Hours of LGBTQ CME for DC Licensure Requirements
- 1 Hour of HIV for DC Licensure Requirements
- The Latest in Cancer Screening for Women
- Managing Obesity in Primary Care

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the District of Columbia Chapter of the American College of Physicians, being held Saturday, November 17, 2018, at the Embassy Suites Chevy Chase Pavilion in Washington, DC.



The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the DC Chapter's rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits and MOC points, this conference is about making personal contacts and getting involved in your chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online **[dcchapter.acponline.org](http://dcchapter.acponline.org)**.

I look forward to seeing you in Chevy Chase.

Sincerely,

Ashesh D. Patel MD FACP  
ACP Governor, DC Chapter

# Schedule at a Glance

## *Fostering Excellence in Internal Medicine*

**Saturday, November 17, 2018**

**8:00 a.m.**

**Registration/Continental Breakfast**

**8:30**

**Welcome**

Ashesh D. Patel, MD, FACP

Governor, ACP District of Columbia Chapter

Jennifer Mills, MD, FACP

Planning Meeting Committee Chair

**8:40**

**Clinical Thinking: Implications for Clinical Practice and Medical Education**

Richard J. Simons, MD, MACP

**9:25**

**Transgender Medicine I**

Michael S. Irwig, MD, FACE

**10:25**

**Break**

**10:45**

**Transgender Medicine II**

Michael S. Irwig, MD, FACE

**11:45**

**Washington Update**

Robert B. Doherty

**12:30 p.m.**

**Awards Lunch**

**2:00**

**Beyond Pink Ribbons: Comprehensive Cancer Screening in Women**

Carolynn Young, MD

**2:45**

**Evidence-Based Treatment of Obesity in Primary Care**

Scott Kahan, MD

**3:30**

**Break**

**3:45**

**Heart Health and HIV**

Shyam Kottlil, MBBS, FACP

**4:45**

**Town Hall Meeting**



# Meeting Information

## Faculty

**Robert B. Doherty**, Senior Vice President, Governmental Affairs and Public Policy, American College of Physicians, Washington, DC

**Michael Irwig, MD, FACE**, Associate Professor of Medicine and Director, Center for Andrology, George Washington University, Division of Endocrinology, Washington, DC

**Scott Kahan, MD, MPH**, Director, National Center for Weight and Wellness; Medical Director, George Washington University-based Strategies to Overcome and Prevent (S.T.O.P) Obesity Alliance, Washington, DC

**Shyam Kottlil, MD, PhD, FACP**, Professor of Medicine, Institute of Human Virology, University of Maryland School of Medicine, Baltimore, MD

**Jennifer Mills, MD, FACP**, Private Practice, Washington, DC

**Ashesh D. Patel, MD, FACP**, Governor, ACP District of Columbia Chapter; Private Practice, Washington, DC

**Richard J. Simons, MD, MACP**, Regent, American College of Physicians; Senior Associate Dean for MD Programs, Professor of Medicine, The George Washington University School of Medicine and Health Sciences, Washington, DC

**Carolynn Young, MD**, Rockville Gynecology, Rockville, MD; Medical Director, Shady Grove Pregnancy Center, Gaithersburg, MD

## Program Committee

**Jennifer Mills, MD, FACP**, Chair

**Ashesh D. Patel, MD, FACP**

## Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of managing the LGBTQ patient and the evidence-based obesity patient in clinical practice.
- Improve clinical practice by incorporating major new developments in comprehensive cancer screening of women.
- Understand recent advances in heart health and HIV.
- Understand political advocacy and reform and clinical thinking with its implications for clinical practice and medical education.

## Who Should Attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine

## CME Accreditation and MOC Points

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of **6 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credit claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

## Going Green

To help us go "green," we are making our presentations available online only on the Chapter Web site.

# Additional Information

## Additional Fees

All registrations must be received by November 10, 2018, or a late registration fee of \$25 will be added. This includes on-site registrations. Save money by registering now!

## Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.



## Contact Us



### BY INTERNET

(Credit Card only)  
Visit us on the Web  
[www.acponline.org/chapters](http://www.acponline.org/chapters)



### BY MAIL

Make check or money order  
payable to ACP.  
AC002  
American College of Physicians  
190 N. Independence Mall West  
Philadelphia, PA 19106-1572



### BY FAX

(Credit Cards only)  
215-351-2799



### BY PHONE

Call 800-523-1546, ext. 2600,  
or 215-351-2600  
(M–F, 9 a.m.–5 p.m. ET)

# District of Columbia Chapter Registration Form CMB

Washington, DC • November 17, 2018

RM1951

ACP # (found on mailing label)

Name

☐ MD ☐ DO ☐ OTHER

Address

City

State

ZIP

Daytime Phone

Fax

E-mail

- ☐ Please check here to indicate a permanent change to your preferred address for all College mailings.
- ☐ Please exclude me from receiving mailings from the meeting exhibitors.



- ☐ Check here if you are disabled and require assistance. Please notify the DC Chapter in writing before your course. We'll be glad to help.

## Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, awards lunch for meeting attendee, all scientific sessions and materials, and CME documentation.

Categories	Register by November 10, 2018	After November 10, 2018
<input type="checkbox"/> ACP Member	\$150	\$175
<input type="checkbox"/> ACP Resident/Fellow Member +	\$25	\$25
<input type="checkbox"/> ACP Medical Student Member+	\$25	\$25
<input type="checkbox"/> Nonmember Physician	\$200	\$225
<input type="checkbox"/> Nonmember Resident*+	\$50	\$50
<input type="checkbox"/> Nonmember Medical Student+	\$50	\$50
<input type="checkbox"/> Nonmember Allied Health Professional	\$200	\$225

\*Nonmember Residents cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600, in order to get the correct registration rate.

**+Member Residents/Non-member Resident/Fellows-in-Training, and Students:** This meeting registration is free. The registration fee will be returned to you upon registration check-in at the meeting. If you are a "no show," this money will be forfeited.

If you are not an ACP Student member, you can [Join Now!](#) It's free!

**Please note: Members whose dues were not paid for the current fiscal year will receive the nonmember registration rate.**

# District of Columbia Chapter Registration Form CMB

Please indicate your attendance at the following:

- ☐ BR01—Continental Breakfast—8:00–8:30 a.m.
- ☐ RM1951L—Awards Luncheon ONLY (Choose this only if not attending the scientific meeting; the lunch is included for meeting attendees.)—Saturday, 12:30–2:00 p.m. \$55

Please note any food restrictions:

- ☐ Vegetarian
- ☐ Vegan
- ☐ Other (specify) \_\_\_\_\_

Grand Total \$ \_\_\_\_\_

## Payment Options

- ☐ Check enclosed.  
(Payable to **ACP**. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to: ☐  ☐  ☐  ☐ 

Card # \_\_\_\_\_

Exp. Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Security Code \_\_\_\_\_  
MM/YY (3- or 4-digit number found on front or back of card)

Signature: \_\_\_\_\_