



Invites you to a Women Physicians' Retreat

“Supporting Each Other to Thrive and Excel”

Women physicians, from all specialties, are welcome.

Saturday, 9/23/17, from 9 am – 4 pm

Blue Ball Barn, 1914 W Park Dr, Wilmington, DE 19803

9:30 - 10:00 am	Registration
10:00 – 11:00 am	Wellness Lecture
11:00 -11:30 am	Break & Vendors
11.30 am – 12:00 pm	Chair Yoga
12:00 – 1:00 pm	Lunch & Vendors
1:00 - 2:00 pm	Nature Walk/Art Tour/Vendors
2:00 - 3:00 pm	Workshop: Mentorship vs Sponsorship of Women
3:00 - 4:00 pm	Story Slam -- <i>Story slams are events that celebrate storytelling by inviting participants to share brief stories with the audience. These presentations are no longer than 10 minutes.</i>

Registration: \$40 (Lunch and Nature Walk Included)

Optional activities: Manicure: \$15

Chair Massage: \$20

Yes, I would like to share a 10-minute story, on a topic of my choice, during Story Slam ____

Please register by Monday, September 18.

Dress Code: Casual, please wear comfortable shoes for the Nature Walk