

# Minnesota Internal Medicine Meeting 2016



**October 27–28, 2016**

Minneapolis Convention Center (Rooms M100 and M101)  
Minneapolis, MN

[Register Online Today!](#)

*Minnesota-ACP Internal Medicine Meeting: 2016*

The scientific meeting has been designated for a maximum of 15.5 CME credits.  
(8 CME on October 27 and 7.5 CME on October 28)



## Minnesota Chapter

# Meeting Highlights

- Two MOC SEP modules
- Pain Management
- Hospital Medicine and General Internal Medicine Tracks
- Updates on Heart Valves, Hypertension, Opioid and Pain Management, GERD/PPI, and Osteoporosis
- Updates on Anticoagulants, Perioperative Management, Agitated Delirium in Hospitalized Patients, and Ultrasound
- Preventing Burnout
- Doctor's Dilemma™
- Interactive Learning

Dear Colleague,

Join me and your colleagues in internal medicine at the 2016 Minnesota Internal Medicine Meeting, being held on October 27–28, 2016, at the Minneapolis Convention Center.

This is a place for you to recharge, rewind, reflect, and reconnect with your peers, chapter leaders, and great speakers. Make your connection to the Minnesota Chapter's rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, family physicians, nurse practitioners, physician assistants, residents, and medical students.

In addition to earning CME credits, this conference is about making personal connections. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a clinician but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at [www.acponline.org/about-acp/chapters-regions/united-states/minnesota-chapter/news-meetings](http://www.acponline.org/about-acp/chapters-regions/united-states/minnesota-chapter/news-meetings).

I look forward to seeing you in Minneapolis.

Sincerely,

**John Bundrick, MD, FACP**  
**ACP Governor, Minnesota Chapter**



# Schedule at a Glance

## *Fostering Excellence in Internal Medicine*

Thursday, October 27, 2016

**8:00 a.m.**

### **Pain Management**

Charles Reznikoff, MD, FACP

Erin Krebs, MD, MPH, FACP

**12:15 p.m.**

### **Lunch and Networking**

**1:00**

### **SEP 1 Session: Inpatient Internal Medicine**

Meltiady Issa, MD, FACP

**3:15**

### **SEP 2 Session: Outpatient Internal Medicine**

Heather Thompson, MD

Friday, October 28, 2016

**7:00 a.m.**

### **Women's Breakfast (All are welcome)**

Sally Berryman, MD, FACP

## General Internal Medicine Track

**8:00 a.m.**

### **Advances in Heart Valves**

Paul Sorajja, MD, FACC, FAHA

**8:30**

### **Pulmonary Hypertension**

Marc Pritzker, MD, FACC

**9:00**

### **GERD/PPI Management**

Michael Shaw, MD

**9:30**

### **Osteoporosis Update**

Kristine Ensrud, MD, MPH, FACP

**10:00**

### **Break**

**10:15**

### **Hypertension Update**

Areef Ishani, MD

**10:45**

### **Heme Pearls**

Carrie Thompson, MD, MS

## Hospitalist Track

**8:00 a.m.**

### **Sepsis**

William Browne, MD, FACP

**8:30**

### **Perioperative Medicine**

Karen Mauck, MD, FACP

**9:00**

### **Perioperative Management of Patients Taking Oral Anticoagulants**

Khuong Vuong, MD

**9:30**

### **Agitated Delirium in Hospitalized Patients**

Eduardo Colon, MD

**10:00**

### **Break**

**10:15**

### **Point-of-Care Ultrasound Cases**

David M. Tierney, MD, FACP

**10:45**

### **Hospital Admissions and ICD-10**

Jamie Newman, MD, FACP

# Schedule at a Glance

Friday, October 28, 2016 (cont.)

## Joint Sessions

**11:15**

### **Opioid Update**

Erin Krebs, MD, MPH, FACP

**11:45**

### **Advocacy**

Robert Doherty

**12:15 p.m.**

### **Awards, Lunch, College Rep**

Heather Gantzer, MD, FACP

**1:30**

### **Inpatient Update**

A. Scott Keller, MD, FACP

**2:00**

### **Outpatient Update**

Steve Hillson, MD, FACP

**2:30**

### **Burnout**

Corey Martin, MD

**3:15**

### **Poster Viewing and Break**

**3:30**

### **Doctor's Dilemma™**

Andrew Olson, MD, FACP

**4:30**

### **Thieves' Market**

John Bundrick, MD, FACP

**5:30**

### **Awards, Food, and Networking**



# Meeting Information

## Faculty

**William Browne, MD, FACP**, University of Minnesota, Minneapolis

**John Bundrick, MD, FACP**, Mayo Clinic, Rochester

**Eduardo Colon, MD**, Hennepin County Medical Center, Minneapolis

**Robert Doherty**, American College of Physicians, Washington, DC

**Kristine Ensrud, MD, MPH, FACP**, VA Medical Center, Minneapolis

**Heather Gantzer, MD, FACP**, ACP and Park Nicollet, Minneapolis

**Steve Hillson, MD, FACP**, Hennepin County Medical Center, Minneapolis

**Areef Ishani, MD**, VA Medical Center, Minneapolis

**Meltiady Issa, MD, FACP**, Mayo Clinic, Rochester

**A. Scott Keller, MD, FACP**, Mayo Clinic, Rochester

**Erin Krebs, MD, MPH, FACP**, VA Health System, Minneapolis

**Corey Martin, MD**, Allina Health System-Buffalo Clinic, Buffalo

**Karen Mauck, MD, FACP**, Mayo Clinic, Rochester

**Jamie Newman, MD, FACP**, Mayo Clinic, Rochester

**Andrew Olson, MD, FACP**, University of Minnesota, Minneapolis

**Marc Pritzker, MD, FACC**, University of Minnesota, Minneapolis

**Charles Reznikoff, MD, FACP**, Hennepin County Medical Center, Minneapolis

**Michael Shaw, MD**, Park Nicollet, St Louis Park

**Paul Sorajja, MD, FACC, FAHA**, Abbott Northwestern, Minneapolis

**Carrie Thompson, MD, MS**, Mayo Clinic, Rochester

**Heather Thompson, MD**, University of Minnesota, Minneapolis

**David M. Tierney, MD, FACP**, Allina Health System, Abbott Northwestern, Minneapolis

**Khuong Vuong, MD**, Health Partners, St. Paul

## Program Committee

**Co-Chairs: Mary Miley, MD, FACP, and Andrew Olson, MD, FACP**  
**Chris Aakre, MD**

**Brad Benson, MD, FACP**

**John Bundrick, MD, FACP**

**Heather Gantzer, MD, FACP**

**Katherine Helgen, MD, FACP**

**Steve Hillson, MD, FACP**

**Amy Holbrook, MD, FACP**

**Meltiady Issa, MD, FACP**

**Anya Jamrozy, MD, FACP**

**James Langland, MD, FACP**

**Kyle Lehenbauer, MD, FACP**

**Catherine Nguyen, DO**

**Charles Reznikoff, MD, FACP**

**Benji Mathews, MD, FACP**

**Joyce Sanchez, MD, FACP**

**Katherine Cairns, MPH, MBA**

## Special Acknowledgement

2016 Conference assistance provided by Jason Szostek, MD, FACP and the Internal Medicine and Medicine-Pediatric residency programs at HCMC, Mayo, U of M and Abbott Northwestern.





# Meeting Information

## Resident/Fellow Members' Activities

Clinical vignettes and posters prepared by Resident/Fellow Members and Medical Student Members will be presented at the meeting. Winners will receive \$200 and a travel stipend and be eligible for entrance into the national competition held during Internal Medicine Meeting 2017. Contact Dr. Andrew Olson at [Minnesota.ACP@gmail.com](mailto:Minnesota.ACP@gmail.com) for information about entering the Resident/Fellow Members' Competition. Deadline for submissions is September 23, 2016.

A reception will be held on October 28 for Medical Students and Internal Medicine Residents participating in the poster competition and Doctor's Dilemma™ event. Winning abstracts will be published in *Minnesota Medicine* in 2017.



## Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.
- Understand recent advances in internal medicine.
- Apply updated knowledge on use of opioids and pain management, increasing resilience and decreasing clinician burnout, and other relevant topics for care of patients in the clinic and hospital

## Who should attend?

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine

## CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of **11.5 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American College of Physicians designates this live activity, the SEP modules, for a maximum of **4 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



# Maintenance of Certification

## Pre-Courses: ABIM SEP Modules Session for Maintenance of Certification

October 27, 2016

1:00 p.m.

### SEP 1 Session: Inpatient Internal Medicine

Meltiady Issa, MD, FACP

3:15

### SEP 2 Session: Outpatient Internal Medicine

Heather Thompson MD

## SEP Faculty

**Meltiady Issa, MD, FACP**, Mayo Clinic, Rochester

**Heather Thompson MD**, University of Minnesota, Minneapolis

## SEP Learning Objectives

- Participate in group discussion to determine answers to multiple-choice questions.
- Apply updated knowledge of internal medicine to clinical practice.
- Understand recent advances in internal medicine.
- Complete an ABIM SEP Module toward partial fulfillment of the ABIM's Maintenance of Certification.

## SEP CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of **4 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Who Should Attend the SEP Pre-Course?

- Internists participating in the ABIM Maintenance of Certification Program
- General internists
- Family practitioners
- Subspecialty physicians

## SEP Note

The Minnesota Chapter will provide you with a learner's copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM's Maintenance of Certification program, you also must order the module\* directly from the ABIM by visiting [www.abim.org/online](http://www.abim.org/online). After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit. For more information about the ABIM's Maintenance of Certification program, visit [www.abim.org/moc](http://www.abim.org/moc) or call ABIM at 800-441-ABIM (2246).

This module is eligible for 20 MOC points through ABIM.

\*If you are already enrolled in the ABIM Maintenance of Certification program, there is no additional fee for this official version of the module. If you are not enrolled, you may attend the Learning Session; however, you must enroll before receiving Maintenance of Certification points for the knowledge module. To enroll, visit [www.abim.org/online](http://www.abim.org/online).

# Additional Information

## Questions?

- For registration information, contact ACP Customer Service (M–F, 9 a.m.–5 p.m. ET) toll-free at 800-523-1546, ext. 2600, or direct at 215-351-2600. You may also e-mail [custserv@acponline.org](mailto:custserv@acponline.org) or fax 215-351-2799.
- If you have questions about the chapter, the meeting program, or have a disability or any special dietary needs, please contact Minnesota-ACP by telephone at 651-492-1994, or e-mail [Minnesota.ACP@gmail.com](mailto:Minnesota.ACP@gmail.com)

## Hotel Accommodations

We have reserved a block of rooms at the following rates until September 25, 2016. When making your reservation, be sure to mention that you will be attending the ACP Minnesota Chapter meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by **calling the hotel directly at 612-746-4600**.

Single/Double: \$202/night

**The Hotel Ivy**  
**201 S. 11th St.**  
**Minneapolis, MN 55403**

## Additional Information

- Mall of America for holiday shopping:  
[www.mallofamerica.com/home/](http://www.mallofamerica.com/home/)
- Minneapolis/St. Paul Information:  
[www.visit-twincities.com/](http://www.visit-twincities.com/)
- Science Museum of Minnesota:  
[www.smm.org](http://www.smm.org)
- Guthrie Theater tour:  
[www.guthrietheater.org](http://www.guthrietheater.org)
- Minnesota Timberwolves:  
[www.nba.com/timberwolves/tickets](http://www.nba.com/timberwolves/tickets)
- Minnesota Gophers:  
[www.mygophersports.com](http://www.mygophersports.com)
- Minnesota WILD and STARS tickets:  
[wild.nhl.com/club/page.htm?id=75355](http://wild.nhl.com/club/page.htm?id=75355)

## Directions/Parking

Visit this link for driving and parking directions:  
[www.minneapolis.org/minneapolis-convention-center/overview/directions-parking](http://www.minneapolis.org/minneapolis-convention-center/overview/directions-parking)



Visit us online for details on hotel reservations, directions, parking, and areas of interest.

## Additional Fees

All registrations must be received by October 14, 2016, or a late registration fee of \$25.00 will be added. This includes on-site registrations. Save money by registering now!

## Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a chapter meeting, they may write and request a refund of their registration fee.



# Additional Information

## Registration Information

For questions about the meeting schedule or location, please contact:

Katherine Cairns  
651-492-1994

### Late Registration & Onsite Fees

All registrations must be received by October 14, 2016, or a late registration fee of \$25.00 will be added.

This includes on-site registrations. Save money by registering now!

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## Contact Us



### BY INTERNET

(Credit Card only)  
Visit us on the Web  
[www.acponline.org/chapters](http://www.acponline.org/chapters)



### BY MAIL

Make check or money order  
payable to ACP.  
AC002  
American College of Physicians  
190 N. Independence Mall West  
Philadelphia, PA 19106-1572



### BY FAX

(Credit Cards only)  
215-351-2799



### BY PHONE

Call 800-523-1546, ext. 2600,  
or 215-351-2600  
(M–F, 9 a.m.–5 p.m. ET)

# Minnesota Chapter Registration Form

CMB

Minneapolis, MN • October 27–28, 2016

RM1731

ACP # \_\_\_\_\_

Name \_\_\_\_\_

☐ MD ☐ DO ☐ OTHER

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

ZIP \_\_\_\_\_

Daytime Phone \_\_\_\_\_

Fax \_\_\_\_\_

E-mail \_\_\_\_\_

☐ Please exclude me from receiving mailings from the meeting exhibitors.



☐ Check here if you are disabled and require assistance. Please notify the Minnesota Chapter in writing before Oct. 14, 2016. We'll be glad to help.

## Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation. (See pricing grid below)

Membership category	Pain Management (PM) course only: Thursday RM1731A	SEP course only: Thursday RM1731B	SEP and PM Course: Thursday RM1731C	Chapter meeting only: Friday RM1731	Combined PM, SEP, and Chapter meeting Thursday and Friday RM1731D
<input type="checkbox"/> Master/Fellow/Member	\$95	\$175	\$250	\$185	\$400
<input type="checkbox"/> Nonmember Physician	\$95	\$200	\$275	\$200	\$450
<input type="checkbox"/> Allied Health Professional (Member and Nonmember NP, PA, Allied Health)	\$50	\$100	\$150	\$75	\$125
<input type="checkbox"/> Retired Master/Fellow/Member	\$50	NA	NA	\$100	\$150
<input type="checkbox"/> ACP Resident/Fellow	No Fee	NA	NA	No Fee	NA
<input type="checkbox"/> Nonmember Resident	\$50	NA	NA	\$50	NA
<input type="checkbox"/> ACP Medical Student Member*	No Fee	NA	NA	No Fee	NA
<input type="checkbox"/> Exhibitor				\$600	

\*Nonmember Residents and Medical Students cannot register online and must register by contacting Customer Service at 800-523-1546, ext. 2600 in order to get the correct registration rate.

☐ To help us go "green" we are making our presentations available online only on the Chapter Web site. *Optional:* You will receive a printed copy if you check here and include \$20.

☐ BR01–Women's Breakfast–Friday, October 28, 2016

Grand Total \$ \_\_\_\_\_

## Payment Options

☐ Check enclosed. (Payable to ACP. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to: ☐ VISA ☐ MasterCard ☐ American Express ☐ Discover

Card # \_\_\_\_\_

Exp. Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Security Code \_\_\_\_\_  
MM/YY (3- or 4-digit number found on front or back of card)

Signature: \_\_\_\_\_