

# Massachusetts Chapter







# 2016 Massachusetts Chapter Scientific Meeting Physician Heal Thyself

November 19, 2016

Massachusetts Medical Society 860 Winter Street Waltham, Massachusetts



### Massachusetts Chapter Meeting Highlights

- Special Guest ACP President Nitin Damle, MD, FACP
- Updates on Cardiology and Gastroenterology
- "The Health Effects of Global Climate Change" — presented by Nitin Damle, MD, FACP
- Early Career Physician Panel: "Physician Wellness"
- Town Hall
   Meeting and
   National ACP
   Update with the
   ACP President
- "Medicine in the Inferno: Creating the Human Element Amidst the Spacesuits, the Chlorine, and the Death in an Ebola Treatment Unit"
- "Physician Wellness and the Healing Power of Art"
- Mentoring tables during lunch
- Resident/ Fellow Oral Presentations
- Doctor's Dilemma and Poster Competition in the morning
- Chapter awards presentation

This educational activity has been designated for 5.75 CME credits.

### **GOVERNOR'S LETTER**

Dear Colleague,

I invite you to join me and your colleagues in internal medicine at the next annual meeting of the Massachusetts Chapter of the American College of Physicians (ACP), being held Saturday, November 19, 2016, at the Massachusetts Medical Society headquarters.

This meeting is not just for ACP members. I want to particularly invite non-members and those that have attended a national ACP meeting or other medical specialty meetings, as this meeting provides an opportunity to hear the latest in health care and public policy, especially as it pertains to your practice and our profession locally.

In addition to earning 5.75 CME credits, you will also do the following:

- Learn about clinical pearls around challenging issues
- Earn Maintenance of Certification (MOC) points
- Join your colleagues in discussing physician wellness and connecting art and medicine
- Greet old friends, meet new ones, and develop a network of colleagues in our area

Between scientific sessions, please visit the college table. You will find information on new ACP programs, products, and services. This is a particularly exciting time as a number of electronic resources are available for your handheld devices — at no additional cost to members. We also invite you to visit with our exhibitors for their latest information.

To ensure your place at this invaluable meeting, register now by visiting www.acponline.org/chapters/ma/news\_meet.htm and completing the easy online registration form. You may also complete the form at the back of this brochure and send it by mail or fax. This meeting brings a unique blend of health policy and clinical practice updates, all in one place. Please contact us with any questions.

I look forward to seeing you in Waltham.

Sincerely,

George M. Abraham, MD, MPH, FACP ACP Governor, Massachusetts Chapter

# **Program Schedule**

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	"PHYSICIAN, HEAL THYSELF!!"
	Saturday, November 19, 2016
7:30 a.m.	Poster Competition
8:30 a.m.	Doctor's Dilemma (new time)
10:45 a.m.	Welcome George M. Abraham, MD, MPH, FACP Governor, Massachusetts Chapter
11:00 a.m.	<b>Update in Gastroenterology and Hepatology</b> Norton J. Greenberger, MD, MACP
11:30 a.m.	<b>Update in Cardiology</b> Joseph P. Carrozza Jr., MD, FACC, FACP
Noon	The Health Effects of Global Climate Change Nitin Damle, MD, FACP, ACP President
12:30 p.m.	<b>Lunch, Business Meeting, and Awards Presentation</b> George M. Abraham, MD, MPH, FACP
	ACP Update Nitin Damle, MD, FACP
2:00 p.m.	Resident/Fellow Oral Presentations
2:30 p.m.	Medicine in the Inferno: Creating the Human Element Amidst the Spacesuits, the Chlorine, and the Death in an Ebola Treatment Unit Steven C. Hatch, MD, MS
3:00 p.m.	Break
3:15 p.m.	ECP Panel Discussion — Physician Wellness Moderator: Ebrahim Barkoudah, MD, FACP Panelists: Diane W. Shannon, MD, MPH Robert M. Fishman, DO, FACP Gopal K. Yadavalli, MD, FACP
4:15 p.m.	Physician Wellness and the Healing Power of Art Joel T. Katz, MD, MACP
5:00 p.m.	ACP President's Reception to honor ACP President Nitin Damle, MD, FACP

### **Meeting Information**

### **Faculty**

Joseph P. Carrozza Jr., MD, FACC, FACP Chief of Cardiovascular Medicine, Steward St. Elizabeth's Medical Center; Vice President, Steward Cardiovascular Network; Professor of Medicine, Tufts University School of Medicine

Nitin Damle, MD, MS, FACP Senior/Managing Partner, South County Internal Medicine, Inc.; Clinical Associate Professor of Medicine, Alpert Medical School, Brown University; President, American College of Physicians

Robert M. Fishman, DO, FACP Private Practice of Internal Medicine, South Hadley, MA; President, Valley Health Partners PHO, Holyoke, MA; Attending Physician, Department of Medicine, Holyoke Medical Center; Adjunct Clinical Assistant Professor (Preceptor), New York College of Osteopathic Medicine

Norton J. Greenberger, MD, MACP Clinical Professor, Harvard Medical School; Senior Physician, Brigham and Women's Hospital, Division of Gastroenterology

Steven Hatch, MD, MS
Assistant Professor of Medicine,
Division of Infectious Diseases
and Immunology, UMass Memorial
Medical Center

Joel T. Katz, MD, MACP Associate Professor of Medicine, Harvard Medical School; Program Director, Internal Medicine Residency Program, Vice Chair for Medical Education, Brigham and Women's Hospital

**Diane W. Shannon, MD, MPH**Author and freelance health care writer

Gopal Yadavalli, MD, FACP Program Director, Internal Medicine Residency, Boston University and Boston Medical Center

**Planning Committee** 

George M. Abraham, MD, MPH, FACP Ebrahim Barkoudah, MD, MPH, FACP Elisa I. Choi, MD, FACP Thomas L. Higgins, MD, FACP Larissa J. Lucas, MD, FACP Stuart B. Mushlin, MD, FACP Orlando L. Torres, MD, MS, CPE, FACP Valerie Pronio-Stelluto, MD, MACP

### Laureate Award

It is with distinct pleasure that the Massachusetts Chapter will present the Laureate Award again this year. Laureate Award winners are long-standing and loyal supporters of the College who have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known. The award will be presented during lunch.

# Residents' and Medical Students' Activities

The selected posters, prepared by resident and medical student members from Poster Day, will be presented and judged at the meeting for final awards. Oral presentations prepared by residents will also be presented. Winners will receive cash prizes and be eligible for entrance into the national competition held during Internal Medicine 2017 in San Diego, CA.

New this year — Doctor's Dilemma will be held in the *morning* of the Annual Chapter Meeting beginning at 8:30 a.m. For more information and to submit your residency program teams, contact Lynda Layer at llayer@mms.org by October 3.

If you are interested in becoming a member of the College, please contact the Member and Customer Service Department at (800) 523-1546, ext. 2600, or (215) 351-2600 (Monday–Friday, 9 a.m.–5 p.m. ET).

Attendance at chapter meetings can help all ACP members meet the qualifications for advancement to fellowship. It is especially important for those applying under the pathway that calls for five years of activity as a member.

### Who Should Attend

- General internists
- Subspecialty internists
- Family practitioners
- Hospitalists
- Fellows in subspecialty training
- Allied health practitioners
- Residents (internists in training)
- Medical students interested in internal medicine

### **Learning Objectives**

At the conclusion of this activity, participants will be able to:

- Apply updated knowledge of gastroenterology and hepatology to clinical practice
- Apply updated knowledge of cardiology to clinical practice
- Analyze the health effects of global climate change as it relates to primary care
- Improve clinical practice by incorporating new developments in issues related to physician wellness

### **CME Accreditation**

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of **5.75** *AMA PRA Category* **1** *Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **MOC Statement**

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 5.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credit claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

### **Directions**

Massachusetts Medical Society, 860 Winter Street, Waltham

### From Boston

Head west on the Massachusetts Turnpike/I-90 to Exit 15. Keep right beyond the tollbooth and follow the signs for I-95/128 North. Follow 95/128 North for approximately two miles to Exit 27A-27B (Winter Street). Off the exit ramp, keep right and go over 128 and follow Winter Street for approximately one mile. You'll pass the reservoir on your right, and the road will curve sharply to the right. Immediately after the curve, you'll see the Waltham Woods sign on the left. See below for further directions.

### From Points West

Head east on the Massachusetts Turnpike/I-90 to Exit 14. Keep left beyond the tollbooth and follow the signs for I-95/128 North. Follow 95/128 North for approximately two miles to Exit 27A–27B (Winter Street). Off the exit ramp, keep right and go over 128 and follow Winter Street for approximately one mile. You'll pass the reservoir on your right, and the road will curve sharply to the right. Immediately after the curve, you'll see the Waltham Woods sign on the left. See below for further directions.

### From Points North

Head south on Route 128/I-95 to Exit 27B (Winter Street). Off the exit ramp, keep right and follow Winter Street for approximately one mile. You'll pass the reservoir on your right, and the road will curve sharply to the right. Immediately after the curve, you'll see the Waltham Woods sign on the left. See below for further directions.

### From Points South

Head north on Route 128/I-95 to Exit 27A-27B (Winter Street). Off the exit ramp, keep right, go over 128, and follow Winter Street for approximately one mile. You'll pass the reservoir on your right, and the road will curve sharply to the right. Immediately after the curve, you'll see the Waltham Woods sign on the left. See below for further directions.

### At Waltham Woods

Take a left at the Waltham Woods sign on Winter Street, and follow the road up the hill (approximately 1/3 mile). The MMS headquarters building will be directly in front of you. (Note that parking and the main entrance are at the back of the building.)

### **How to Register**

### **Online**

Visit us on the web and register at www.acponline.org/chapters/ma/news meet.htm.

### Mail

To register by mail, complete the registration form at the back of this brochure and mail it to ACP at the address below. Be sure to list your daytime phone number in case we need to notify you of any changes. Please reproduce the form for additional registrations (one form per registrant).

### AC002

American College of Physicians 190 N. Independence Mall West Philadelphia, PA 19106-1572

### Fax

Register 24 hours a day via fax at (215) 351-2799.

Fax forms must include credit card number, expiration date, security code number, and signature. Do not mail a copy of the form because it may result in a duplicate registration and you will be charged twice.

### **Phone**

Call (800) 523-1546, ext. 2600, or (215) 351-2600 (Monday–Friday, 9 a.m.–5 p.m. ET).

Be sure to have your credit card number, expiration date, and security code number available before calling.

### **Payment Options**

Payment in full is required. Make check or money order payable to ACP. Must remit in U.S. funds drawn on a U.S. bank. If paying by credit card, please provide the credit card number, expiration date, security code, and authorizing signature.

### Cancellations/Refunds

All cancellation requests must be received by Member and Customer Service in writing at custserv@acponline.org. Cancellations will not be accepted by telephone.

### **Satisfaction Guarantee**

We offer a satisfaction guarantee — if meeting attendees are not satisfied with their experience at the meeting, they may write for a refund of their registration fee.

### **Special Needs**

If you have a disability or any special dietary needs, please contact Lynda Layer by phone at (781) 434-7317 or email llayer@mms.org.

### Questions?

For registration information, contact ACP Member and Customer Service (Monday–Friday, 9 a.m.–5 p.m. ET) toll-free at (800) 523-1546, ext. 2600, or direct at (215) 351-2600. You may also email custserv@acponline.org or fax (215) 351-2799.

If you need more information on the meeting schedule or location, please contact Lynda Layer by phone at (781) 434-7317 or email llayer@mms.org.

For more information about ACP or the Massachusetts Chapter, contact Richard M. Dupee, MD, FACP, by phone at (781) 235-9089, or email rdupee@tuftsmedicalcenter.org.

## **Registration Form**

**CMB** 

American College of Physicians Massachusetts Chapter Scientific Meeting November 19, 2016

RM1735

November 19, 2016		
This form may be photocopied.		
ACP # (found on mailing label)		
Name	□мр	□po
City State ZIP		
Daytime Phone		
Fax		
Email		
Please check here to indicate a permanent change to your preferred at College mailings.	ddress fo	r all
Please exclude me from receiving mailings from the meeting exhibitors	s.	
Payment Options:		
Please refer to the next page for all of your registration and payment opti forget you can register and pay online at www.acponline.org/about-acp/regions/united-states/massachusetts-chapter/news-meetings. If you are faxing this form, please indicate your payment preference and complete t	/chapters e mailing of the form b	or oelow.
GRAND TOTAL (from belo		
Check enclosed. (Payable to ACP. Must remit in U.S. funds drawn on U	J.S. bank.	)
Charge to: Visa MasterCard American Express Discover		
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Exp. Date/ Security Code MM / YY (3- or 4-digit number found on front or back	k of card)	
Signature:		
Email your questions to custserv@acponline.org		
Please check here if you have any special dietary needs, and be sure to Chapter.	o contact	the
We encourage participation by all individuals. Check here if you are dis require assistance. Advance notification is essential in order for us to so Please notify the Massachusetts Chapter in writing at least 30 days bef We'll be glad to help.	erve you	better.
Registration Fees:	RI	/I 1735
Check one category that best applies. Registration fee includes continent lunch, all scientific sessions and materials, and CME documentation.	:al breakfa	ast,
ACP Categories		
Member		\$50
Resident/Fellow Member		\$25
Medical Student Member		
Affiliate Member (Allied Health Professional)		\$50
Nonmember Categories		
Nonmember Physician		
Nonmember Resident*		
Nonmember Medical Student		
Nonmember Allied Health Professional		
*Nonmember Residents must register by contacting the chapter staff at (781) 434-73 the correct registration rate.		er to get
GRAND TOTAL (enter on previous pag	ge) \$	
EVENT REGISTRATION — Mentoring Tables at Lunch		
Yes, I would like to participate in the Mentoring Collaborative Program	n during l	unch.

 $\hfill \Box$  Yes, I will attend the ACP President's Reception.



Leading internal integration, improving Lives 860 Winter Street

**Permit No. 59673** 

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2016 MASSACHUSETTS CHAPTER SCIENTIFIC MEETING

November 19, 2016 Massachusetts Medical Society Waltham, Massachusetts