# Rhode Island Chapter Scientific Meeting 2016



### March 30, 2016

Warren Alpert Medical School of Brown University Providence, RI

### Register Online Today!

### Fostering Excellence in Internal Medicine

This activity is approved for AMA PRA Category 1 Credit.

The exact number of credits is in the appropriate statements within the brochure.

This year's meeting is jointly provided by the Warren Alpert Medical School of Brown University and the American College of Physicians, Rhode Island Chapter.



### Meeting Highlights

- 2015 Update in Internal Medicine SEP Module
- Strategies to Prevent Physician Burnout
- Meeting Your Rhode Island Licensure Requirements
- What's New and Controversial in Bariatric Medicine
- Awards Presentations
- Resident/Fellow Forum Competition

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the Rhode Island Chapter of the American College of Physicians, being held March 30, 2016, at the Warren Alpert Medical School of Brown University in Providence.

This is a place for you to recharge, rewind, reflect, and reconnect with your peers, chapter leaders, and great speakers. Make your connection to the Rhode Island Chapter's rich source of knowledge content and networking by attending our premier meeting for general internists, subspecialty internists, hospitalists, allied health practitioners, residents, and medical students.

In addition to earning CME credits, this conference is about making personal connections and getting involved in your chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at www.acponline.org/about\_acp/chapters/ri.

I look forward to seeing you in Providence.

Sincerely,

Audrey Kupchan, MD, FACP ACP Governor, Rhode Island Chapter

### Schedule at a Glance

### Fostering Excellence in Internal Medicine

Wednesday, March 30, 2016

10:00 a.m.-Noon

**MOC Module: 2015 Update in Internal Medicine** 

Louis Rubenstein, MD, FACP and Iris Tong, MD, FACP

11:00-Noon

Catch up with Colleagues, Poster Preview,

and Visit Exhibits

Noon

**Luncheon/Networking** 

12:30-1:00 p.m.

**Welcome and Business Meeting** 

Presentation of 2016 Laureate &

**Governor's Awards** 

Audrey Kupchan, MD, FACP

1:00-1:25

**Health Disparities in Rhode Island** 

Nicole Alexander-Scott, MD, MPH

1:25-1:45

**Preventing Physician Burnout** 

Audrey Kupchan, MD, FACP

1:45-2:00

**Break and Visit Exhibits** 

2:00-4:00

**Concurrent Breakout Sessions** 

**Session A:** 

**Meeting Rhode Island Licensure Requirements** 

2:00-2:30

**Outpatient Palliative Care** 

Kate M. Lally, MD, FACP

2:30-3:00

**Update in Opioid Prescribing** 

John P. Femino, MD, FASAM

3:00-3:30

**Difficult End-of-Life Case Discussions** 

Maria Soriano-Pisaturo, MD

3:30-4:00

Infection Control: Management of Hepatitis C

Lynn E. Taylor, MD, FACP

**Session B:** 

What's New and Controversial in Bariatric Medicine?

2:00-2:30

**Updates in Bariatric Surgery** 

G. Dean Roye, MD

2:30-3:00

Consequences of Bariatric Surgery: What the

**Generalist Should Know** 

Siva Vithiananthan MD, FACS, FICS

3:00-3:30

**Current Diets and Their Evidence** 

Rena R. Wing, PhD

3:30-4:00

**Diet Medications** 

Kathleen Morton, MD

4:00-4:30

**Break and Visit Exhibits** 

4:30-6:00

**Podium Presentations** 

**Resident/Fellow Members Forum Competition** 

6:00-6:45

**Reception and Viewing of Posters** 

6:45-7:00

**Presentation of Awards and Closing Remarks** 

Audrey Kupchan, MD, FACP









### Faculty and Program Committee

### **Faculty**

**Nicole Alexander-Scott, MD, MPH,** Assistant Professor of Health Services, Policy and Practice, Assistant Professor of Pediatrics, Assistant Professor of Medicine, Warren Alpert Medical School; Director, Rhode Island Department of Health, Providence

**John P. Femino, MD, FASAM,** Medical Director and President, Meadows Edge Recovery Center, North Kingstown

**Audrey Kupchan, MD, FACP,** Audrey Kupchan, MD, FACP, Governor, ACP, Rhode Island Chapter, Internist, Coastal Medical, East Providence

**Kate M. Lally, MD, FACP,** Assistant Professor of Medicine (Clinical), Warren Alpert Medical School; Director of Palliative Care, Care New England Health System, Warwick

**Kathleen Morton, MD,** Internist, Coastal Medical, East Providence

**G. Dean Roye, MD,** Assistant Professor of Surgery, Warren Alpert Medical School; Rhode Island Hospital, Providence

**Louis Rubenstein, MD, FACP,** Medical Director, Hospitalist Service, South County Hospital, Wakefield

**Maria Soriano-Pisaturo, MD,** Roger Williams Medical Center, Providence

**Lynn E. Taylor, MD, FACP,** Assistant Professor of Medicine, Division of Infectious Diseases, Warren Alpert Medical School, The Miriam Hospital, Providence

**Iris Tong, MD, FACP,** Assistant Professor, Department of Medicine, Warren Alpert Medical School; Director, Women's Primary Care, Women's Medicine Collaborative, Providence

**Siva Vithiananthan MD, FACS, FICS,** Associate Professor of Surgery (Clinical), Warren Alpert Medical School; The Miriam Hospital, Providence

**Rena R. Wing, PhD,** Professor of Psychiatry and Human Behavior, Warren Alpert Medical School; Director of the Weight Control & Diabetes Research Center, The Miriam Hospital, Providence

### **Program Committee**

Daniel Asiedu, MD, FACP Priva Bansal, MBBS Thomas Bledsoe, MD, FACP J. Russell Corcoran, MD, FACP Kwame Dapaah-Afriyie, MBcHB, FACP Yul Ejnes, MD, MACP Rebekah Gardner, MD, FACP Ross Hilliard, MD Jennifer Jeremiah, MD, FACP Audrey Kupchan, MD, FACP Brian Ott, MD, FACP Roy Poses, MD, FACP Ben Sapers, MD, FACP Fred J. Schiffman, MD, MACP Parul Shah, MD, FACP Walter Thayer, MD, FACP

Iris Tong, MD, FACP

### **Meeting Information**

#### Resident/Fellow Members' Activities

Clinical vignettes, posters, and research papers prepared by Resident/Fellow Members and Medical Students will be presented at the meeting. Winners will receive monetary prizes and be eligible for entrance into the national competition held during Internal Medicine Meeting 2017. Contact Hilary Sweigart at hfsweigart@gmail.com for information about entering the Resident/Fellow Members' Competition. Deadline for submissions is January 30, 2016.

### **Learning Objectives**

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of palliative care, opioid prescribing, and long-term complications following bariatric surgery to clinical practice.
- Review recent advances in treatment of hepatitis C, weight loss medications, and bariatric surgery.
- Improve clinical practice by incorporating new developments in preventing physician burnout, navigating ethical issues at the end of life, and choosing among diets for weight loss.

# CME Accreditation (Program: 1:00-4:00 p.m.)

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Warren Alpert Medical School of Brown University and the American College of Physicians, Rhode Island Chapter. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 2.75 AMA PRA Category 1 Credits $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.



#### Who should attend

- General internists
- Subspecialty internists
- Family practitioners
- · Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Medical students interested in internal medicine

### **Chapter Awards**

It is with distinct pleasure that the Rhode Island Chapter presents this year's Irving Addison Beck Laureate Award. Laureate Award winners are long-standing and loyal supporters of the College who have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known. The award will be presented at 12:30 p.m. during the Annual Scientific Meeting.

The Milton Hamolsky Lifetime Achievement Award will also be presented.

### Maintenance of Certification

#### Pre-course: ABIM SEP Modules Session for Maintenance of Certification

### March 30, 2016

### 10:00 a.m. 2015 Update in Internal Medicine

### **SEP Faculty**

**Louis Rubenstein, MD, FACP,** Medical Director, Hospitalist Service, South County Hospital, Wakefield

**Iris Tong, MD, FACP,** Assistant Professor, Department of Medicine, Warren Alpert Medical School; Director, Women's Primary Care, Women's Medicine Collaborative, Providence

### **SEP Learning Objectives**

- Identify correct answers to ABIM's MOC questions.
- Apply updated knowledge of internal medicine to clinical practice.
- Understand recent advances in internal medicine.
- Complete an ABIM SEP Module toward partial fulfillment of the ABIM's Maintenance of Certification.

#### **SEP CME Accreditation**

The Warren Alpert Medical School of Brown University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 2 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Who Should Attend the SEP Pre-Course?

- Internists participating in the ABIM Maintenance of Certification Program
- General internists
- Family practitioners
- Subspecialty physicians

#### **SEP Note**

The Rhode Island Chapter will provide you with a learner's copy of the ABIM module(s) at the meeting. If you are enrolled in the ABIM's Maintenance of Certification program, you also must order the module\* directly from the ABIM by visiting www.abim.org/online. After the Learning Session, submit your answers online to the ABIM for Maintenance of Certification credit. For more information about the ABIM's Maintenance of Certification program, visit www.abim.org/moc or call ABIM at 800-441-ABIM (2246).

\*If you are already enrolled in the ABIM Maintenance of Certification program, there is no additional fee for this official version of the module. If you are not enrolled, you may attend the Learning Session; however, you must enroll before receiving Maintenance of Certification points for the knowledge module. To enroll, visit www.abim.org/online.

### **Additional Information**

#### Questions?

- For registration information, contact ACP Customer Service (M–F, 9 a.m.–5 p.m. ET) toll-free at 800-523-1546, ext. 2600, or direct at 215-351-2600. You may also e-mail custserv@acponline.org or fax 215-351-2799.
- If you have questions about the chapter, the meeting program, or have a disability or any special dietary needs, please contact Hilary Sweigart by e-mail at hfsweigart@gmail.com.

### **Directions/Parking**

Parking included in registration fee.

Parking available in the garage adjacent to the Medical School Building. Enter through the Eddy or Elm Street Entrance and take a ticket from the machine. You will receive a free parking voucher at the conference registration desk.

### **Registration Information**

For questions about the meeting schedule or location, please contact:

Hilary Sweigart hfsweigart@gmail.com



Visit us online for details on hotel reservations, directions, parking, and areas of interest.

#### **Contact Us**



#### BY INTERNET

(Credit Card only)
Visit us on the Web
www.acponline.org/chapters



Make check or money order payable to ACP. AC002 American College of Physicians 190 N. Independence Mall West Philadelphia, PA 19106-1572



(Credit Cards only) 215-351-2799



#### **BY PHONE**

Call 800-523-1546, ext. 2600, or 215-351-2600 (M–F, 9 a.m.–5 p.m. ET)

### Providence, Rhode Island ● March 30, 2016

RM1660

ACP # (found on mailing labe	el)		
Name			□ MD □ DO □ OTHER
Address			
City		State	ZIP
Daytime Phone	Fax	E-mail	
<ul> <li>□ Please check here to indicate a permanent change to your preferred address for all College mailings.</li> <li>□ Please exclude me from receiving mailings from the meeting exhibitors.</li> </ul>		☐ Check here if you are disabled and require assistance.  Please notify the Rhode Island Chapter in writing before your course. We'll be glad to help.	

### **Registration Fees**

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Categories	Meeting and SEP (RM1660)
□ ACP Member	\$125
☐ ACP Resident/Fellow Member (formerly Associate members)	No Fee
□ ACP Medical Student Member	No Fee
□ Nonmember Physician	\$135
□ Nonmember Resident*	No Fee
□ Nonmember Medical Student	No Fee
□ Nonmember Allied Health Professional	\$135

<sup>\*</sup>Nonmember Residents must register by contacting Customer Service at 800-523-1546, ext. 2600, or in order to get the correct registration rate.

To help us go "green" we are making our presentations available online only on the Chapter Web site.

Please indicate your attendance at the following:	
□ SEP Pre-Course–2015 Update in Internal Medicine–10:00 a.m. □ LNCH–Luncheon–Noon	Payr
☐ BRKOUT1—Outpatient Palliative Care—2:00 p.m. ☐ BRKOUT2—Updates in Bariatric Surgery—2:00 p.m.	□ Cheo (Paya
☐ BRKOUT3–Update in Opioid Prescribing–2:30 p.m. ☐ BRKOUT4–Consequences of Bariatric Surgery: What the Generalist Should Know–2:30 p.m.	□ Char
□ BRKOUT5–Difficult End-of-Life Case Discussions–3:00 p.m. □ BRKOUT6–Current Diets and Their Evidence–3:00 p.m.	Card #
☐ BRKOUT7–Infection Control: Management of Hepatitis C–3:30 p.m.	Exp. Da
☐ BRKOUT8—Diet Medications—3:30 p.m.	Signatı
Grand Total \$	

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### Rhode Island Chapter Registration Form

**CMB** 

### SEP Pre-Courses Only—Requires separate registration if attending SEP alone.

If attending SEP and other meeting components, please register above. One registration fee includes both the SEP and main meeting activities.

This registration is for those only attending the SEP pre-course at 10:00 a.m. Registration does not include any components of the chapter meeting, such as lunch.

Membership Categories	SEP Course (RM1660A)	
	2015 Update in Internal Medicine, 10:00 a.m.	
□ ACP Member	\$125	
□ Nonmember Physician	\$135	
☐ Nonmember Allied Health Professional	\$135	