

60+ Event Ideas for Your Internal Medicine Interest Group (IMIG)

1. Welcome club meeting
2. Orientation meeting with new IMIG leadership
3. Participation in student activities/interest fair
4. Explore subspecialty and general internal medicine lecture series
5. Journal club
6. Community event (i.e. student run health clinic, nutrition fair, local health screenings, 5K run)
7. Match/ERAS meeting/panel, post-Match panel with MS4s, “Meet the Matched”
8. Mock residency interviews
9. Mixer to match students with research opportunities (MS1’s summer research)
10. Mentorship program between medical students and IM residents (MS1s with residents)
11. Clinical skills workshops:
 - a. Intubation
 - b. Paracentesis
 - c. EKG
 - d. Ultrasound
 - e. X-Ray or CT interpretation
 - f. Basic ventilator support
 - g. Central lines
 - h. Joint aspiration
 - i. Phlebotomy (venipuncture and arterial blood glass techniques)
 - j. Stitches
 - k. Auscultation
 - l. Cath lab simulator
 - m. IV use
 - n. Nasogastric tubes
12. Teaching advocacy in medicine
13. Mystery IM case studies
14. Sub-specialty fairs with IM physicians/residents to match medical students to shadowing opportunities and research
15. Attend morning report or grand rounds at a local hospital

16. Boxed lunch socials with IM faculty
17. Mock objective clinical skills exam (prepare MS2s for Step exam)
18. Ethics and professionalism lunch talk
19. Club fundraiser
20. IM jeopardy
21. Combined meeting with pharmacy group
22. Women in medicine event
23. Dinner with subspecialist physicians
24. Med-peds panel
25. Sub-specialty "speed dating"
26. Preparing for clerkships event
27. Ethics case discussion about end-of-life care
28. Value-based care game show
 - a. Brief overview of value-based medicine, then a "Price is Right"-style game where students attempt to guess the price of a variety of charges from the hospital.
29. Step exam preparation
30. Social nights (i.e. potlucks, BBQs, cookouts)
31. Infectious disease movie night
 - a. Learn about infectious disease by watching a relevant movie
 - b. Host a question and answer panel after the showing to get students interested in major topics in infectious disease
32. Mock standardization patient clinical exams
 - a. Provide practice opportunity for M1s to practice clinical reasoning and exam skills
33. Essential medical jargon for pre-clinical years
34. Acid base imbalance
 - a. Comprehensive lecture on the biochemistry and pathophysiology of acid base imbalances and compensatory mechanisms for first- and second-year medical students.
35. Hospitalist versus outpatient practice
36. Transgender health panel
37. Physical exam workshop
38. Practical physical exam module
39. How to use an electronic medical system
40. How to write a progress note
41. How to give a good oral presentation
42. Preventative medicine series
43. Treating patients with intellectual or developmental disabilities
44. Hospice care and treating terminally ill patients
45. Infectious disease in the wilderness
 - a. Speak about common infections that can be acquired in common outdoor settings, such as camping and hiking/backpacking, and share tips on how to provide acute care in those settings with limited resources
46. MD/PhD Panel "IM as a Gateway to Research" a panel of physician scientists discussing their paths to where they are now, pearls and problems in pursuing research as a component of one's career, and advocating for internal medicine as a gateway to research
47. Primary care in underserved areas
 - a. Lunch lecture about working in internal medicine in underserved areas

- b. The speaker will address issues related to primary care access and how internal medicine physicians can work to improve access to care
- 48. Discussion on bedside manner, relating to patients, breaking bad news, and handling difficult situations.
- 49. Approach to antibiotics on the wards:
 - a. Invite interested medical students (especially those in the M3 and M4 years) to learn practical tips of how to come up with a legitimate antibiotic regimen for patients admitted to the general medicine floors
 - b. Empiric treatments versus tailored treatments for a variety of conditions will be discussed
- 50. Soft-skills workshop
 - a. This may include communication, negotiation (with departments or patients), leadership (of a medical team or practice), or time management (throughout the day or career balance)
- 51. Primary care panel held in conjunction with family medicine and geriatrics interest groups
- 52. How to succeed in IM rotation
- 53. Career talks
 - a. Host physicians practicing in Internal Medicine or related subspecialties of Internal Medicine to discuss their role as a clinician, research they are involved in, their journey through medical training, work-life balance, etc.
- 54. Invite pulmonary/critical care fellow or physician to come speak about current management and treatment of COVID-19.
- 55. Create an IMIG newsletter to distribute to medical students at your school
- 56. Stump the Resident – present a mystery case to a PGY3 IM resident and have them talk through their thought process in front of a student audience
- 57. Discussion about health care and incarceration: how physicians can provide better care for people currently or previously incarcerated
- 58. Invite speakers from [Amyloidosis Speakers Bureau](#)
- 59. How to take a thorough and precise H&P and how to translate into a written versus oral presentation
- 60. How to interpret labs and create a plan for any given problem
- 61. Discussion: promoting HIV care in the primary care setting; activism for HIV-affected community