



2026 IM-ITE®

The ACP Internal Medicine In-Training Examination® is a web-based self-assessment exam designed for residency programs to assess the progress of their residents during training and in preparation for the initial certification exam.

About the Exam

The IM-ITE® is developed by a committee of expert physicians and is used by residency programs to assess their residents' strengths and areas in need of remediation, during training and in preparation for their initial certification exam. It is modeled after the American Board of Internal Medicine's certification exam. The exam is administered annually during a strictly monitored window.

The exam is designed to:

- Give residents an opportunity for self-assessment.
- Give program directors the opportunity to evaluate their programs.
- Identify areas in which residents need extra assistance.

About the 2026 administration

Programs will have the option for in-person testing or remote proctoring and testing or a combination of both, using third-party software (Zoom, MS Teams, or Webex).

Important dates for the 2026 IM-ITE

- Regular registration will begin April 29, 2026.
- The 2026 Internal Medicine In-Training Examination (IM-ITE®) will be offered from Thursday, August 13, 2026 – Friday, September 4, 2026.

Registration Fee:

- Regular registration - April 29, 2026 through July 13, 2026: \$145 per registrant
- Late registration - Starting July 14, 2026: additional \$30 per registrant
- Note: Programs with prior years' IM-ITE registration fee balances will be unable to register their residents for the exam until the fees owed are paid in full.

The MyNBME® Services Portal provides programs the ability to update and manage the exam without contacting ACP or the NBME:

- Self-service administrative and registration tool.
- Ability to list multiple administrators and proctors per program.
- Ability to update and add registrants until exam day.
- Quick retrieval of current and prior year score reports.
- Easy access to all pre-registration and administrative documents.
- Ability to update registrant demographic data when verifying roster.

Before the Exam

- The goal of the IM-ITE® is to gauge progress in training. For the most accurate assessment, residents are advised not to augment their study habits for this exam.
- Special accommodations for those who need them must be approved by ACP ahead of time. Residents should alert their program director or coordinator of any special requests as soon as possible. *See information about Special Accommodations below.*
- A few weeks prior to the testing window, residents will be able to take the online practice exam to familiarize themselves with the online testing process.

Exam Day

- The total testing time will be 9 hours.
- There will be 7 hours devoted to the exam itself, plus several 10-minute breaks and a lunch hour.
- The exam will consist of 300 questions.
- There is no penalty for guessing an answer. Only questions answered correctly are counted toward the score.
- The exam will cover several subspecialties as well as general internal medicine.

After the Exam

- Preliminary score reports will be sent to program directors approximately 10 business days after the exam window closes.
- Final scores and feedback will be made available in the MyNBME portal for distribution to examinees roughly 5 weeks after the exam window.
- Programs will receive a report that shows the percentage of questions correct for each examinee as well as each examinee's percentile rank.
- Residents will also receive a report listing the educational objectives of questions they answered incorrectly.

Examinees Requiring Special Accommodations:

- All special accommodation requests and materials are due to ACP for approval no later than July 24, 2026. The “Disability and Authorization Form” can be found in the MyNBME registration portal by clicking Manage Exams on the top header.
- All examinees must submit a request to ACP each year; however, those approved in 2025 will only need to return the authorization form.
- All questions concerning special accommodations, “Stop the Clock” requests, and any other time-related requests should be made before July 24, 2026: im-ite@acponline.org.
- ACP IM-ITE staff is available during regular office hours, Monday - Friday, 9am-5pm ET.

Still Have Questions?

- For helpful information and FAQ's, visit the IM-ITE web page: www.acponline.org/imate
- For technical assistance prior to your exam, contact the NBME at 215-243-3919 or nbmewebtest@nbme.org (e.g., Workstation certification issues).
- For technical assistance on test day, contact the NBME that will be available 24/7 during the exam window at 215-243-3707.
- For questions concerning registration fee payment, invoices, receipts, or discrepancies, please contact ACP Member and Product Support at 1-800-ACP-1915 (toll-free USA/ Canada) or 1-215-351-2600. They are available Monday - Friday, 9am-5pm ET, excluding holidays.

For all other questions, email ACP IM-ITE staff at IM-ITE@acponline.org. They are available Monday - Friday, 9am-5pm ET, excluding holidays.