

Thyroid Nodules: Biopsy Request

Developed by	The Endocrine Society (ES)
How developed	<p>The Endocrine Society utilized a task force made up of 5 members with special interest in the area of care coordination and referral process. The task force proposed the conditions for which pertinent data sets would be developed. These were then approved by the Clinical Affairs Core Committee (CACC) with oversight by a member of our Council (Board of Directors).</p> <p>The task force members were each assigned one or more of the conditions and developed the items for the PDS. The task force members reviewed these by email and by conference call, discussed as a group and modified them as needed. They were then submitted to the CACC for review and approval</p> <p>As part of the process, the task force referred to the published guidelines on the selected conditions as well as any pertinent Choosing Wisely recommendations.</p>
Additional essential patient information	<ul style="list-style-type: none"> • TSH • Thyroid ultrasound report and or images • Information regarding any anticoagulation • If patient is on warfarin, then PT/INR
Additional patient information, if available	<ul style="list-style-type: none"> • Thyroid imaging studies other than ultrasound [e.g., nuclear medicine scan, MRI, CT neck or chest (do not order contrast studies, as this may affect thyroid cancer treatment)] • Thyroid fine needle aspiration biopsy cytology +/- molecular marker • Thyroid antibodies or any other thyroid tests • Information related to anti-coagulation and/or bleeding disorder
Alarm symptoms/conditions	<ul style="list-style-type: none"> • Neck lymphadenopathy • Rapidly enlarging neck mass • Thyroid nodule in pregnancy • Family history of thyroid cancer
Tests/procedures to avoid prior to consult	None provided
Common rule-outs to consider prior to consult	None provided
Relevant "Choosing Wisely" elements	None provided
Healthcare professional and/or patient resources	<p>Healthcare Professional Information:</p> <p>http://thyroidguidelines.net/revise/nodules</p> <p>https://www.aace.com/files/thyroid-guidelines.pdf</p> <p>Patient Information:</p> <p>http://www.thyroid.org/what-are-thyroid-nodules/</p> <p>http://www.hormone.org/diseases-and-conditions/thyroid/thyroid-nodules</p>