

Osteoporosis

Developed by	American College of Rheumatology (ACR) and The Endocrine Society (ES)
How developed	Developed initially through separate ACR and TES Task Forces, and combined through consensus discussion.
Additional essential patient information	<ul style="list-style-type: none"> • Full report of bone densitometry (DEXA) • Is there a history of adult fracture? • Serum calcium • Serum creatinine • Vitamin D 25-OH
Additional patient information, if available	<ul style="list-style-type: none"> • CBC • TSH • 24 hour urinary calcium • Chemistry panel • Serum Protein Electrophoresis • Parathyroid hormone level • Celiac panel • Testosterone level in men with low bone density • CTx or NTx
Alarm symptoms/conditions	<ul style="list-style-type: none"> • Recurrent fracture • T-score <-4.0 • Painful vertebral fracture • Refractory or intolerant to medical therapy
Tests/procedures to avoid prior to consult	None provided
Common rule-outs to consider prior to consults	None provided
Relevant "Choosing Wisely" elements	None provided
Healthcare professional and/or patient resources	<p>Healthcare Professional Information:</p> <p>Osteoporosis in Men Clinical Practice Guideline http://www.endocrine.org/~media/endosociety/Files/Publications/Clinical%20Practice%20Guidelines/FINAL-Osteoporosis-in-Men-Guideline.pdf</p> <p>Patient Information:</p> <p>http://www.rheumatology.org/Practice/Clinical/Patients/Information_for_Patients/</p> <p>Osteoporosis and Bone Health Patient Fact Sheets http://www.hormone.org/diseases-and-conditions/bone-health http://www.rheumatology.org/Practice/Clinical/Patients/Diseases_And_Conditions/Osteoporosis/</p>