

Asthma

Developed by	The American Academy of Allergy, Asthma & Immunology (AAAAI) and the American College of Allergy, Asthma and Immunology (ACAAI)
How developed	Prepared by task force of the AAAAI and the ACAAI with approval by both organizations.
Additional essential patient information	Description of symptoms, including: <ul style="list-style-type: none"> • Severity, control, and limitations • Treatments tried including current and past medications • Diagnostic tests performed • Past medical and surgical history including other atopic disorders • Occupational or environmental risks • Family history of allergic diseases
Additional patient information, if available	<ul style="list-style-type: none"> • Spirometry or PFT results • Radiographic study results (CXR, CT of sinus or chest, GI studies, etc.) • Relevant bloodwork (total & specific IgE, cbc, vitamin D3, alpha-1 anti-trypsin, etc.) • Previous allergy evaluation (skin tests, specific IgE tests) • Related notes from other care providers and specialists
Alarm symptoms/conditions	Serious infections: sepsis, CNS infections, quickly worsening symptoms
Tests/procedures to avoid prior to consult	None provided
Common rule-outs to consider prior to consults	None provided
Relevant "Choosing Wisely" elements	Don't diagnose or manage asthma without spirometry
Healthcare professional and/or patient resources	<p>Healthcare Professional Information:</p> <p>http://www.nhlbi.nih.gov/guidelines/asthma/</p> <p>Attaining Optimal Asthma Control: A Practice Parameter. J Allergy Clin Immunol 2005;116:S3-11</p> <p>http://www.allergyparameters.org/app/download/7916604970/2005+Attaini ng+Asthma+Control.pdf?t=1370120184</p> <p>Healthcare Professional and Patient Information:</p> <p>http://www.aaaai.org</p> <p>http://www.acaai.org</p>