

## Bleeding and Bruising

Developed by	American Society of Hematology (ASH)
How developed	The Pertinent Data Sets were developed by an ASH HVCC work group, reviewed by the Society's Committees on Practice and Quality, and then reviewed and approved by the ASH Officers.
Additional essential patient information	<p><b>Notes to Referring Clinician</b></p> <ul style="list-style-type: none"> <li>Prior to the consult, discontinue use of aspirin and non-steroidal anti-inflammatory drugs (NSAIDs) for 7-10 days if that can be safely done.</li> </ul> <p><b>Relevant History</b></p> <ul style="list-style-type: none"> <li>Description of bleeding history (location, duration, frequency, treatment)</li> </ul> <p><b>Relevant Findings (Labs/Studies)</b></p> <ul style="list-style-type: none"> <li>CBC, aPTT, PT, creatinine, LFTs</li> <li>Previous hemostatic work up results, including in family members</li> </ul>
Additional patient information, if available	None Provided
Alarm symptoms/conditions	None Provided
Tests/Procedures to avoid prior to consult	<p><b>Consider deferring the following to the hematologist. If already performed, please include reports:</b></p> <ul style="list-style-type: none"> <li>Detailed coagulation work-up</li> <li>Coagulation factor levels</li> <li>Platelet function studies</li> </ul>
Common rule-outs to consider prior to consults	None Provided
Relevant "Choosing Wisely" elements	<ul style="list-style-type: none"> <li>Don't administer plasma or prothrombin complex concentrates for non-emergent reversal of vitamin K antagonists (i.e., outside of the setting of major bleeding, intracranial hemorrhage or anticipated emergent surgery).</li> </ul>
Healthcare professional and/or patient resources	<p>Healthcare Professional Information:</p> <p>UpToDate – <i>Easy bruising</i>: <a href="http://www.uptodate.com/contents/easy-bruising?source=search_result&amp;search=bruising+adult&amp;selectedTitle=1%7E150">http://www.uptodate.com/contents/easy-bruising?source=search_result&amp;search=bruising+adult&amp;selectedTitle=1%7E150</a></p> <p>Patient Information:</p> <p>ASH Patient Webpage on Bleeding Disorders  <a href="http://www.hematology.org/patients/blood-disorders/5219.aspx">http://www.hematology.org/patients/blood-disorders/5219.aspx</a></p> <p>UpToDate – <i>Patient information: Taking care of bruises (The Basics)</i>  <a href="http://www.uptodate.com/contents/taking-care-of-bruises-the-basics?source=search_result&amp;search=bruising+adult&amp;selectedTitle=3%7E150">http://www.uptodate.com/contents/taking-care-of-bruises-the-basics?source=search_result&amp;search=bruising+adult&amp;selectedTitle=3%7E150</a></p>