

Abnormal Liver Function Test (LFT) Results

<p>Developed by</p>	<p>American Gastroenterological Association (AGA) and the American Association for the Study of Liver Disease (AASLD)</p>
<p>How developed</p>	<p>A consensus panel was convened by the two organizations. Literature was reviewed (see below) and recommendations were established.</p> <ul style="list-style-type: none"> • Pratt DS, Kaplan MM. Evaluation of abnormal liver-enzyme results in asymptomatic patients. <i>N Engl J Med</i> 2000; 342:1266. • Freidman LS. Approach to the patient with abnormal liver biochemical and function tests. Up to Date; November 12, 2013. • Daniel S, Ben-Menachem T, Vasudevan G, et al. Prospective evaluation of unexplained chronic liver transaminase abnormalities in asymptomatic and symptomatic patients. <i>Am J Gastroenterol</i> 1999; 94:3010. • Ruhl CE, Everhart JE. Upper limits of normal for alanine aminotransferase activity in the United States population. <i>Hepatology</i> 2012; 55:447. • Sorbi D, McGill DB, Thistle JL, et al. An assessment of the role of liver biopsies in asymptomatic patients with chronic liver test abnormalities. <i>Am J Gastroenterol</i> 2000; 95:3206. • Minuk GY. Canadian Association of Gastroenterology Practice Guidelines: evaluation of abnormal liver enzyme tests. <i>Can J Gastroenterol</i>. 1998 Sep;12(6):417-421 • Friedman LS, Martin P, Munroz SJ. Liver function tests and the objective evaluation of the patient with liver disease. In: Zakim D, Boyer TD, ed. <i>Hepatology: a textbook of liver disease</i>. Vol 1. Philadelphia, WB Saunders, 1996: 791-833. • Limdi JK, Hyde GM. Evaluation of abnormal liver function tests. <i>Postgraduate Medical Journal</i> 2003; 79(932): 307-312. • Green RM, Flamm S. AGA technical review on the evaluation of liver chemistry tests. <i>Gastroenterology</i> 1 Oct 2002; volume 123 issue 4: 1367-1384.
<p>Additional essential patient information</p>	<ul style="list-style-type: none"> • Clinical history of liver disease <ul style="list-style-type: none"> • Duration of abnormal LFTs • Prior history of hepatitis or liver disease? • Does the patient have associated abdominal pain? • Does the patient engage in high-risk behavior? (e.g. alcohol abuse, multiple sexual partners, IV drug use, etc.) • List any new medications or supplements? • Laboratory studies <ul style="list-style-type: none"> • CBC including platelet count • Complete metabolic profile (electrolytes, renal function, AST, ALT, Alkaline Phosphatase, Bilirubin) • Protime/INR

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<p>Additional patient information, if available</p>	<ul style="list-style-type: none"> • Clinical history <ul style="list-style-type: none"> • Has the patient previously been vaccinated for Hepatitis A? {yes/no} • Has the patient previously been vaccinated for Hepatitis B? {yes/no} • Has the patient previously been treated for Hepatitis B or C? {yes/no} • If yes, which medications and when • Laboratory Tests <ul style="list-style-type: none"> • Acetaminophen level • ANA • AMA • Anti-smooth muscle antibody • Alpha Feto Protein (AFP) • Alpha-1 antitrypsin • Ceruloplasmin • Hepatitis A serologies (HAV total, IgG Ab, or IgM) • Hepatitis B serologies (HBsAg, HBsAb, HB core IgM) • Hepatitis C antibody • Hepatitis C RNA Viral Load • Hepatitis C genotype • Iron and TIBC • Ferritin • Liver/kidney microsomal antibodies • TIBC • HIV • Toxicology screen • TSH • Quantitative immunoglobulins • Paracentesis results • Imaging studies <ul style="list-style-type: none"> • RUQ Ultrasound with dopplers • Abdominal CT • Abdominal MRI • Liver Elastography • Nuclear scan • Endoscopic examination <ul style="list-style-type: none"> • EGD • ERCP
<p>Alarm symptoms/conditions</p>	<p>A patient with encephalopathy, gastrointestinal bleeding, coagulopathy or worsening ascites with pulmonary compromise should be referred for urgent evaluation.</p>
<p>Tests/procedures to avoid prior to consult</p>	<p>None provided</p>
<p>Common rule-outs to consider prior to consults</p>	<p>None provided</p>
<p>Relevant "Choosing Wisely" elements</p>	<p>None provided</p>

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<p>Healthcare professional and/or patient resources</p>	<p>Healthcare Professional Information</p> <p>http://www.uptodate.com/contents/approach-to-the-patient-with-abnormal-liver-biochemical-and-function-tests</p> <p>http://www.bcguidelines.ca/pdf/liver.pdf</p> <p>http://www.gastrojournal.org/article/S0016-5085(02)00240-8/fulltext</p> <p>Patient Information</p> <p>http://www.uptodate.com/contents/toxic-hepatitis-the-basics</p> <p>http://www.patient.co.uk/health/liver-function-tests</p> <p>http://www.medicinenet.com/liver_blood_tests/article.htm</p> <p>http://www.webmd.com/a-to-z-guides/liver-function-test-lft</p>
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