



Numbness/Weakness/Gait instability

Developed by	American Academy of Neurology
How developed	In 2014, a survey identified the most common reasons for referral. In 2018, the content was reviewed and updated by experts. The templates were developed after review of the literature. In addition to a dedicated work group, multiple committees were asked to review and comment.
Additional essential patient information	<p>A brief summary of the case details pertinent to the referral, including family history. Please indicate in the summary if the patient has any of the following:</p> <ul style="list-style-type: none"> • Rapidly evolving weakness or gait disorder • Back or neck pain • Headaches • Current functional level • Cognitive changes • Tremor <p>Prior to the consult:</p> <ul style="list-style-type: none"> • Order Physical therapy for patients at risk of falls for cane, walker assessment. • If concerned about a neuropathy provide: <ul style="list-style-type: none"> ◦ Fasting glucose ◦ Vitamin B 12 ◦ SPEP with immunofixation • If weak or muscle pain: <ul style="list-style-type: none"> ◦ Hold statin ◦ Check CK levels ◦ Lab tests: <ul style="list-style-type: none"> ▪ Sedimentation rate or CRP ▪ TSH
Additional patient information, if available	<ul style="list-style-type: none"> • EMG (Value increased when directed to the appropriate anatomy or component of the peripheral nervous system) • MRI or CT
Alarm symptoms/conditions	Rapidly evolving gait disorder or weakness.
Tests/procedures to avoid prior to neurologic evaluation; if they have been performed, please forward results	<ul style="list-style-type: none"> • EMG • Imaging
Common rule-outs to consider prior to consults	None provided
Relevant "Choosing Wisely" elements	None provided
Healthcare professional and/or patient resources	<p>Healthcare Professional Information:</p> <p>http://www.nlm.nih.gov/medlineplus/ency/article/003174.htm</p> <p>http://www.aafp.org/afp/2010/0701/p61.html</p> <p>Patient Information:</p> <p>https://www.ninds.nih.gov/Disorders/All-Disorders/Headache-Information-Page</p>