



Cognitive/Memory Difficulties

Developed by	American Academy of Neurology
How developed	In 2014, a survey identified the most common reasons for referral. In 2018, the content was reviewed and updated by experts. The templates were developed after review of the literature. In addition to a dedicated work group, multiple committees were asked to review and comment.
Additional essential patient information	<p>A brief summary of the case details pertinent to the referral, including relevant family history. Please indicate in the summary if the patient has any of the following:</p> <ul style="list-style-type: none"> • Rapidly, i.e. less than 6 months, progressive cognitive difficulties • Focal findings on examination • Associated abnormal movements • Use of muscle relaxants, opiate pain relievers, benzodiazepines, prescription sleep aids, anti-depressants, anxiolytics, neuroleptics, anti-epileptic, psychotropic, sedatives, hypnotics, narcotics and anti-cholinergic medications <p>Please provide:</p> <ul style="list-style-type: none"> • TSH • Vitamin B12 • Folic acid • CBC with differential • CMP
Additional patient information, if available	<ul style="list-style-type: none"> ▪ Head CT or MRI ▪ Screening Cognitive Test Results, including: <ul style="list-style-type: none"> o Mini-cog o MOCA o SLUMS ▪ Functional decline ▪ Quantitative depression screening
Alarm symptoms/conditions	Rapidly evolving cogitative disorder
Tests/procedures to avoid prior to neurologic evaluation; if they have been performed, please forward results	Imaging, EEG, neuropsych testing
Common rule-outs to consider prior to consults	Depression
Relevant "Choosing Wisely" elements	None provided
Healthcare professional and/or patient resources	<p>Healthcare Professional Information:</p> <p>Langa KM and Levine DA. JAMA. 2014; 312(23): 2551-2561.</p> <p>Peterson RC et al. Neurology. 2018;90:1-10</p> <p>Patient Information:</p> <p>http://www.alz.org/dementia/mild-cognitive-impairment-mci.asp</p>

HVC Pertinent Data Sets <https://www.acponline.org/clinical-information/high-value-care/resources-for-clinicians/high-value-care-coordination-hvcc-toolkit/pertinent-data-sets>