



Altered Mental State

Developed by	American Academy of Neurology
How developed	In 2014, a survey identified the most common reasons for referral. In 2018, the content was reviewed and updated by experts. The templates were developed after review of the literature. In addition to a dedicated work group, multiple committees were asked to review and comment.
Additional essential patient information	<ul style="list-style-type: none"> • A brief summary of the case details pertinent to the referral. Please indicate in the summary if the patient has any of the following: • Acute or subacute progressive altered consciousness • Focal findings on exam • Evidence of infection • Provide: <ul style="list-style-type: none"> • CBC with differential • CMP • TSH • U/A • Drug screen • Culture if necessary • MRI or CT including • EEG
Additional patient information, if available	None provided
Alarm symptoms/conditions	Consider acute hospital workup, including LP, if the patient has the following: <ul style="list-style-type: none"> • Acute or subacute progressive altered consciousness • Focal findings on exam • Evidence of infection
Tests/procedures to avoid prior to neurologic evaluation; if they have been performed, please forward results	None
Common rule-outs to consider prior to consults	<ul style="list-style-type: none"> • Hypothyroidism • Drug abuse
Relevant "Choosing Wisely" elements	None provided
Healthcare professional and/or patient resources	<p>Healthcare Professional Information: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3613203/</p> <p>Patient Information: https://www.uofmhealth.org/health-library/confu</p>

