

Guidelines International Network Standards for Clinical Practice Guidelines

Title of the Guideline	Pharmacologic Treatments With Lifestyle Modifications in Nonpregnant Adults with Overweight or Obesity in Outpatient Settings: A Living Clinical Guideline From the American College of Physicians (April 2026)
Name of the Developing Organisation	American College of Physicians
Publication Date	June 16, 2026

Effective August 2013, G-I-N is requesting voluntary reporting on the G-I-N Guideline Standards¹ when a guideline is submitted for inclusion in the G-I-N Library.

Is your organisation willing to complete the form to provide information to a reader about your guideline?

YES

NO

If Yes, please complete the checklist on the next page.

G-I-N Standards & Description¹	Standard Achieved?	If Yes, Page number(s)/document where the information is available
<p><u>Composition of Guideline Development Group</u></p> <p>Guideline development panel includes diverse and relevant stakeholders, such as health professionals, methodologists, experts on a topic, and patients.</p>	<p>X YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>See <i>Appendix: Committee Composition and Stakeholder Involvement</i>.</p> <p>See ACP guidelines and guidance statements methods paper (citation under additional comments)</p>
<p><u>Decision-making Process</u></p> <p>Guideline describes the process used to reach consensus among the panel members and, if applicable, approval by the sponsoring organisation. This process was established before the start of guideline development.</p>	<p>X YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>See <i>Appendix: Detailed Methods</i></p> <p>See ACP guidelines and guidance statements methods paper (citation under additional comments)</p>
<p><u>Conflicts of Interest (disclosure)</u></p> <p>Guideline includes disclosure of the financial and nonfinancial conflicts of interest for members of the guideline development group.</p>	<p>X YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>See <i>Disclosures section</i> in the article</p> <p>See ACP disclosures of interests and management of conflicts of interest methods paper (citation under additional comments)</p>
<p><u>Conflicts of Interest (resolution)</u></p> <p>Guideline describes how any identified conflicts were recorded and resolved.</p>	<p>X YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>See <i>Disclosures section</i> in the article</p> <p>See ACP disclosures of interests and management of conflicts of interest methods paper (citation under additional comments)</p>

G-I-N Standards & Description¹	Standard Achieved?	If Yes, page number(s)/document where the information is available
<p><u>Scope of a Guideline</u></p> <p>Guideline specifies its objective(s) and scope.</p>	<p><input checked="" type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>See <i>Purpose and Scope</i> section in the article</p>
<p><u>Methods</u></p> <p>Guideline clearly describes the methods used for the guideline development in detail.</p>	<p><input checked="" type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>See <i>Clinical Guideline Development Process</i> section in the article</p> <p>See <i>Appendix: Detailed Methods</i></p> <p>See ACP guidelines and guidance statements methods paper (citation under additional comments)</p>
<p><u>Evidence Reviews</u></p> <p>Guideline uses systematic evidence review methods to identify and evaluate evidence related to the guideline topic.</p>	<p><input checked="" type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>See <i>Summary of the Evidence</i> section in the article</p> <p>See <i>Appendix: Systematic Review on Benefits and Harms</i></p> <p>See supporting evidence reviews publications in the additional comments below</p>
<p><u>Guideline Recommendations</u></p> <p>Guideline recommendation clearly stated and based on scientific evidence of benefits; harms; and, if possible, costs.</p>	<p><input checked="" type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>See <i>Recommendations</i> and <i>Rationale</i> sections in the article</p>

		See ACP guidelines and guidance statements methods paper (citation under additional comments)
<p>Rating of Evidence</p> <p>Guideline uses a rating system to communicate the quality and reliability of the evidence.</p>	<p>X YES</p> <p><input type="checkbox"/> NO</p> <p><input type="checkbox"/> Somewhat</p>	<p>See <i>Clinical Guideline Development Process</i> section and Figure in the article</p> <p>See ACP guidelines and guidance statements methods paper (citation under additional comments)</p>
G-I-N Standards & Description¹	Standard Achieved?	If Yes, page number(s)/document where the information is available
<p>Rating of Recommendations</p> <p>Guideline uses a rating system to communicate the quality and reliability of the strength of its recommendations.</p>	<p>X YES</p> <p><input type="checkbox"/> NO</p> <p><input type="checkbox"/> Somewhat</p>	<p>See Figure and <i>Recommendations</i> section in the article</p> <p>See ACP guidelines and guidance statements methods paper (citation under additional comments)</p>
<p>Peer Review and Stakeholder Consultations</p> <p>Review by external stakeholders conducted before guideline publication.</p>	<p>X YES</p> <p><input type="checkbox"/> NO</p> <p><input type="checkbox"/> Somewhat</p>	See <i>Appendix: Detailed Methods</i>
<p>Guideline Expiration and Updating</p> <p>Guideline includes an expiry date and/or describes the process that the guideline groups will use to update recommendations.</p>	<p>X YES</p> <p><input type="checkbox"/> NO</p> <p><input type="checkbox"/> Somewhat</p>	See <i>Appendix: Living Guideline Process</i>

<p>Financial Support and Sponsoring Organisation</p> <p>Guideline discloses financial support for the development of both the evidence review as well as the guideline recommendations.</p>	<p>X YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>See <i>Financial Support</i> section in the article</p>
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Additional Comments

Guideline:

- Qaseem A, Cross JT, Harrod CS, et al. Pharmacologic treatments with lifestyle modifications in nonpregnant adults with overweight or obesity in outpatient settings: A living clinical guideline from the American College of Physicians (April 2026). *Ann Intern Med.* 16 June 2026. [Epub ahead of print]. doi:10.7326/ANNALS-25-02714
- Visual Guideline - Pharmacologic treatments with lifestyle modifications in nonpregnant adults with overweight or obesity in outpatient settings: a visual clinical guideline from the American College of Physicians. *Ann Intern Med.* 16 June 2026. [Epub ahead of print]. doi:10.7326/ANNALS-25-02714-VG

Supporting Evidence Reviews:

- Damen JAA, Idema DL, Vernooij RWM, et al. Benefits and harms of pharmacologic treatments in adults with overweight or obesity: a living systematic review and network meta-analysis for the American College of Physicians. *Ann Intern Med.* 16 June 2026. [Epub ahead of print]. doi:10.7326/ANNALS-24-03764
- Jenniskens K, Huis in 't Veld LF, Lokerse ME, et al. Cost effectiveness of pharmacologic treatments in adults with overweight or obesity: a systematic review for the American College of Physicians. *Ann Intern Med.* 16 June 2026. [Epub ahead of print]. doi:10.7326/ANNALS-24-03766

Methods papers:

Qaseem A, Kansagara D, Lin JS, et al, for the Clinical Guidelines Committee of the American College of Physicians. [The Development of Clinical Guidelines and Guidance Statements by the Clinical Guidelines Committee of the American College of Physicians: Update of Methods.](#) *Ann Intern Med.* 2019; 170:863–870. [Epub ahead of print 11 June 2019]. [PMID: 31181568]. doi: 10.7326/M18-3290

Qaseem A, Wilt TJ, for the Clinical Guidelines Committee of the American College of Physicians. [Disclosure of Interests and Management of Conflicts of Interest in Clinical Guidelines and Guidance Statements: Methods From the Clinical Guidelines Committee of the American College of Physicians.](#) *Ann Intern Med.* 2019; 171:354–361. [Epub ahead of print 20 August 2019]. doi: 10.7326/M18-3279