

**ACP Saudi Arabia Chapter Annual Meeting 2025: Shaping the Future of Internal Medicine in Saudi Arabia in collaboration with Dr. Sulaiman Al Habib Medical Group**

**December 11-13, 2025**

**Riyadh, Saudi Arabia**

**ACP Global Ambassador reflections by: Saba A. Hasan, MD, MACP**

The ACP Saudi Arabia Chapter Meeting was coordinated in collaboration with Dr. Sulaiman Al Habib Medical Group at the Dr. Sulaiman Al Habib Hospital in Al Sahafa, Riyadh, Saudi Arabia. I had the distinct honor of participating in this event in December 2025.

Day 1 of the conference had a soft start from 5:30 to 9:30 p.m. with hands-on clinical workshops and Doctor's Dilemma® to accommodate the medical residents and students after their work hours. They had eight concurrent workshops divided into two tracks for basic and advanced skills with the following topics: POCUS, ECG made simple, airway management, lumbar puncture, advanced POCUS, central line access, paracentesis, and thoracentesis. Each workshop session was 45 minutes. Doctor's Dilemma was held concurrently with workshop sessions. Thirteen residency programs from all over the country participated in the Doctor's Dilemma competition.

On Day 2 of the conference, the formal opening ceremony was held. Dr. Faisal Abaalkhail, the Saudi Arabia Chapter Governor, invited me as ACP guest to the podium. I congratulated him and his team, with special recognition of Dr. Rojina Fath Alrahman for her outstanding support of Chapter work, and presented Dr. Abaalkhail with a gift from ACP. Several local health care leaders in Riyadh and from other cities attended days 2 and 3 of the conference.

I had the opportunity to judge the Doctor's Dilemma and poster competition. There were 65 poster presenters--combination of medical students and residents. The posters were well made. The presenters made good oral presentations, and the judges were provided with iPads for scoring.

All scientific presentations were 15 minutes, done in groups of four, and followed by Q&A with a moderator. All presentations were very impressive in terms of quality of the talk, slides and delivery.

At the end of day 3, the conference poster winners and winning Doctor's Dilemma teams were recognized. In addition, the Chapter acknowledged all speakers with special gifts and plaques.

Chapter Council members were mostly residents, and their degree of engagement with Chapter activities, organization of the annual meeting, and their support of Dr. Abaalkhail and Chapter staff to ensure the meeting went smoothly was beyond impressive. In addition, they had a well-organized meeting booklet and an annual report booklet.

Dr. Abaalkhail took me and Dana, ACP Staff, out for sightseeing and multicourse dinners both nights along with his council members. They were all so hospitable and friendly and made us feel so welcomed.

I had the opportunity to meet several of the local health care leaders, many of whom were trained in Canada and the United States. In addition, I met aspiring medical students and residents interested in

moving to the United States for residency training. I am looking forward to connecting with their winning Doctor's Dilemma team at Internal Medicine Meeting 2026. It was such a proud moment for the Chapter.

I am thankful for another amazing opportunity that helped me learn about cultural norms, understand our international chapters and their membership challenges, and, most importantly, provided an opportunity to make new friends and connections.