

3rd International Congress of General Medicine

May 29-31, 2025

Puebla, Mexico

ACP Global Ambassador reflections by: Irma Luisa Ceja Martínez, MD, FACP

The 3rd International Congress of General Medicine, held from May 29 to 31, 2025, at the Centro Expositor in Puebla, Mexico, was a comprehensive academic event designed for national and international general practitioners seeking to stay current in general medical practice. The Congress aimed to enhance clinical knowledge and improve the overall quality of patient care through evidence-based education and professional exchange.

Objectives

- To promote continuous medical education and professional certification through updated clinical knowledge, thereby contributing to higher standards in patient care.
- To provide an academic platform for ongoing development of physicians' knowledge, skills, and clinical competencies, delivered through a diverse program that included symposia, roundtable discussions, and hands-on workshops.

The Congress welcomed a total of 2,557 participants, of whom 90% were licensed medical professionals and 10% were medical students. International representation included participants from Guatemala, with broad national attendance from across multiple Mexican states, including but not limited to: Puebla, Aguascalientes, Coahuila, Colima, Chiapas, Chihuahua, México City, Guanajuato, Guerrero, Hidalgo, Jalisco, Estado de México, Michoacán, Morelos, Nuevo León, Oaxaca, Querétaro, San Luis Potosí, Tabasco, Tamaulipas, Yucatán, Veracruz, and Zacatecas. National and international speakers were in attendance from Mexico, Italy, Spain, and the United States of America. Several national speakers are also members and Fellows of ACP.

As a representative of the American College of Physicians, I had the opportunity to engage with fellow physicians, share insights on best practices in internal medicine, and discuss opportunities for collaboration in continuous medical education between ACP and health care professionals in Mexico.

I gave two talks, one about gender equity in diagnosis and treatment and a second about intimate partner violence and its impact in cardiovascular disease. I also had the opportunity to invite physicians attending one of my talks to visit acponline.org and apply for membership.