



ACP[®]
American College of Physicians
Leading Internal Medicine, Improving Lives

**Wisconsin
Chapter**

2024 | SCIENTIFIC MEETING

FOSTERING EXCELLENCE IN INTERNAL MEDICINE



SEPTEMBER 6-7, 2024

Wilderness Resort and Glacier Canyon Conference Center
45 Hillman Rd., Wisconsin Dells, WI 53965

This event has been designated for a maximum of
16.00 AMA PRA Category 1 Credit(s)[™] and 16 MOC Points.

Program Co-Chairs: *Andrew D. Calvin, MD, MPH, FACP, FASE,*
Pinky Jha, MD, FACP and Hari Paudel, MD

MEETING HIGHLIGHTS

1. Point of Care Ultrasound Workshop
 2. Moving from Race-based to Race-conscious Care
 3. Buprenorphine Prescribing
 4. Update on the Diagnosis and Management of Delirium
 5. Obesity Management Update
 6. Climate Change
 7. Immunization
 8. Health Care Implications of the Rapidly Aging Incarcerated Population
 9. Coaching Dinner
 10. Story Slam
 11. Lipid Management
 12. Perioperative Medicine
 13. Update on Hospital Medicine
 14. Integrated Behavioral Health
 15. Thieves' Market
 16. Uncompensated Work
 17. Giving Feedback
- PLUS Additional Programming for Resident/
Fellow Members and Medical Student
Members
- a. Point of Care Ultrasound Workshop for Residents
 - b. Resident and Medical Student Oral Presentations and Posters
 - c. Applying to Residency and Applying to Fellowship Panels
 - d. Doctor's Dilemma® Competition

Dear Colleague,

I invite you to join me and our colleagues in internal medicine at the next scientific meeting of the Wisconsin Chapter of the American College of Physicians, being held September 6-7, at the Wilderness Hotel and Glacier Canyon Conference Center. This meeting is not just for ACP members. I particularly want to invite nonmembers to join us for this important clinical update and to learn about the benefits of membership at the same time.

In addition to earning up to 16.00 AMA PRA Category 1 Credit(s)[™] and 16 MOC Points, by attending this meeting you will:

- Gain insight into recent medical advances.
- Discuss local and national public health issues affecting the practice and teaching of internal medicine.
- Greet old friends, meet new friends, and develop a network of colleagues in your area.

Between scientific sessions, please visit the College information table. You will find information on new ACP programs, products, and services. There's always something new at the College table—stop by and see for yourself.

To ensure your place at this invaluable meeting, complete the registration form at the back of this brochure and send it in today - or register online. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

I look forward to seeing you in Wisconsin Dells.

Sincerely,

Ann M. Maguire, MD, MPH, FACP

Governor, Wisconsin Chapter of the American College of Physicians



SCHEDULE AT A GLANCE

FOSTERING EXCELLENCE IN INTERNAL MEDICINE

FRIDAY, SEPTEMBER 6, 2024

7:30am

Registration Desk Opens

8:00am - 12:00pm

Exploring through the Sonic Waves:
POCUS for Internists
(Additional Fee Required)

*Andrew D. Calvin, MD, MPH, FACP, FASE;
Paul A. Bergl, MD, FACP; Leah Cotter,
DO, MA; Vikas Koppurapu, MD; Devin
Madenberg, DO, FACP; Kyle Olson, MD;
Sheila Swartz, MD, MPH; Ali Zaied, MD*

8:00am - 9:30am

Diagnostic Excellence: Moving from
Race-Based to Race-Conscious Care
Andrea Schnell, MD

10:00am - 11:30am

Buprenorphine Prescribing in Primary
Care
*Laura Hawks, MD, MPH; Tony Davis-
Maxwell, MD*

10:30am - 12:30pm

Governor's Council Meeting
(By Invitation Only)

11:30am - 1:00pm

Update on the Diagnosis and
Management of Delirium
*Blair Golden, MD; Eduard Vasilevskis,
MD, MPH, FHM*

1:00pm - 1:10pm

Opening Remarks and Introduction of
College Representative
Ann M. Maguire, MD, MPH, FACP

1:00pm - 4:00pm

Exploring through the Sonic Waves:
POCUS for Residents (Additional Fee
Required)
*Andrew D. Calvin, MD, MPH, FACP, FASE;
Paul A. Bergl, MD, FACP; Leah Cotter,
DO, MA; Vikas Koppurapu, MD; Devin
Madenberg, DO, FACP; Kyle Olson, MD;
Ali Zaied, MD*

1:10pm - 1:40pm

Obesity Management Update
Samantha Pabich, MD, MPH

1:40pm - 2:10pm

Protecting Health in a Warming World:
Patient Education Strategies
Victoria Gillet, MD

2:10pm - 2:25pm

Break and Exhibits

2:25pm - 2:55pm

Vaccinating Adults: Practical Pearls
Paul Hunter, MD

2:55pm - 3:25pm

Health Care Implications of the Rapidly
Aging Incarcerated Population
Farah Kaiksow, MD, MPP, FACP

3:25pm - 3:40pm

Break and Visit Exhibits

3:40pm - 4:10pm

Edwin L. Overholt Medical Student Oral
Presentations
*Moderated by: Farah Kaiksow, MD, MPP,
FACP*

4:10pm - 5:10pm

Welcome Reception and Visit Exhibits

5:30pm - 7:30pm

Coaching Dinner: The Art of Relationship
Building and Maintenance (Additional
Fee Required)
*Brett Linzer, MD, FACP, FAAP; Amalia
Lyons, MD, FACP*

7:30pm - 9:00pm

Story Slam - Celebration of Submissions
from ACP-Wisconsin's Narrative
Medicine Competition
Moderated By: Abigail Bales, MD, FACP

*Purple Boxes Contain Resident and Medical Student Track

SCHEDULE AT A GLANCE *continued*

SATURDAY, SEPTEMBER 7, 2024

7:30am - 8:20am

Town Hall and Breakfast

- Governor's Report: *Ann Maguire, MD, MPH, FACP*
- College Update: Questions and Answers: *Rebecca Andrews, MS, MD, FACP, Chair-elect, American College of Physicians Board of Regents*

8:00am - 11:45am

Resident Displayed Posters

8:20am - 8:30am

Comments from the Governor
Ann M. Maguire, MD, MPH, FACP

8:30am - 9:00am

Lipid Management
Andrew D. Calvin, MD, MPH, FACP, FASE

9:00am - 9:30am

Perioperative Medicine Updates
Waitz Ngan, MD

9:30am - 9:45am

Break, View Resident Posters and Visit Exhibits

9:45am - 10:15am

Update on Hospital Medicine - Greatest Hits
Sam Murray-Bainer, MD

10:15am - 10:45am

Integrated Behavioral Health - Reduce Stigma and Increase Equity
Mary Alvarez, MD

10:45am - 11:00 AM

Break, View Resident Posters and Visit Exhibits

11:00am - 11:30am

Thieves Market
Bianca Mulaikal, DO; Haley Probst, MD

11:30am - 11:45am

Break, View Resident Posters and Visit Exhibits

**Purple Boxes Contain Resident and Medical Student Track*

11:45am - 12:45pm

George Magnin Wisconsin Chapter Awards Luncheon

12:00pm - 5:00pm

Medical Student Displayed Posters

12:45pm - 1:30pm

Matching Pay to Work Effort: Solutions to Uncompensated Work and Inequities in Compensation
Sponsored ACP-WI Women's Committee and ACP-WI Wellness Committee
Rebecca Andrews, MS, MD, FACP; Julie Mitchell, MD, FACP; Ann Nattinger, MD, MPH, MACP

1:30pm - 1:45pm

Break, View Resident Posters and Visit Exhibits

1:45pm - 2:30pm

Resident Workshop: Fellowship and Stages of Your Career

1:45pm - 2:30pm

Medical Student Workshop: Applying for Residency

1:45pm - 2:30pm

Tips for Giving Effective Clinical Feedback for Learners
John Hayes, DO

2:30pm - 2:45pm

Break, View Resident Posters and Visit Exhibits

2:45pm - 4:45pm

Edwin L. Overholt Resident Oral Presentations
Moderated by: Farah Kaiksow, MD, MPP, FACP

4:45pm - 5:15pm

Reception and Medical Student Poster Viewing

5:15pm - 6:15pm

Scott Sprtel Residents' Doctor's Dilemma® Competition
Moderated By: Eduard Vasilevskis, MD, MPH, FHM

MEETING INFORMATION

FACULTY

Mary Alvarez, MD

Assistant Professor
Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

Rebecca Andrews, MS, MD, FACP

Chair-elect, Board of Regents
American College of Physicians
Professor of Medicine
University of Connecticut
School of Medicine
UConn Health
Farmington, CT

Abigail Bales, MD, FACP

Associate Clinical Professor
University of Wisconsin School of
Medicine and Public Health
Madison, WI

Paul A. Bergl, MD, FACP

Intensivist and Medical ICU Director
Gundersen Health
Emplify Health
Clinical Adjunct Assistant Professor
University of Wisconsin School of
Medicine and Public Health
La Crosse, WI

Andrew D. Calvin, MD, MPH, FACP, FASE

Associate Professor of Medicine
Mayo Clinic
Eau Claire, WI

Leah Cotter, DO, MA

Assistant Professor
Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

Tony Davis-Maxwell, MD

Assistant Professor
Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

Blair Golden, MD

Assistant Professor
University of Wisconsin School of
Medicine and Public Health
Madison, WI

Laura Hawks, MD, MPH

Assistant Professor
Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

John Hayes, DO

Assistant Professor
Medical College of Wisconsin
Milwaukee, WI

Paul Hunter, MD

Professor
University of Wisconsin School of
Medicine and Public Health
Madison, WI

Farah Kaikow, MD, MPP, FAP

Assistant Professor
UW School of Medicine and Public Health
Madison, WI

Vikas Koppurapu, MD

Pulmonologist
Gundersen Health
La Crosse, WI

Brett Linzer, MD, FACP, FAAP

Internist
ProHealth Care
Waukesha, WI

Amalia J. Lyons, MD, FACP

Associate Professor
Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

MEETING INFORMATION

FACULTY

Devin Madenberg, DO, FACP

Director of Point-of-Care Ultrasound
Curriculum

Director of Procedure Team Elective,
Internal Medicine Residency Program
Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

Ann M. Maguire, MD, MPH, FACP

Governor
Wisconsin Chapter, American College of
Physicians
Associate Professor
Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

Julie Mitchell, MD, FACP

Anthem, Inc.
Adjunct Professor
Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

Bianca Mulaikal, DO

Resident
Medical College of Wisconsin
Milwaukee, WI

Sam Murray-Bainer, MD

Assistant Professor
University of Wisconsin School of
Medicine and Public Health
Madison, WI

Ann Nattinger, MD, MPH, MACP

Professor
Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

Waitz Ngan, MD

Assistant Professor
Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

Kyle Olson, MD

Assistant Professor
Hospitalist
Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

Samantha Pabich, MD, MPH

Internist
Aurora Advocate
Clinical Assistant Adjunct Professor
University of Wisconsin School of
Medicine and Public Health
Milwaukee, WI

Haley Probst, MD

Resident
University of Wisconsin School of
Medicine and Public Health
Madison, WI

Andrea Schnell, MD

Clinical Associate Professor
University of Wisconsin
Madison, WI

Sheila Swartz, MD, MPH

Associate Professor
Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

Eduard Vasilevskis, MD, MPH, FHM

Division Chief of Hospital Medicine
University of Wisconsin School of
Medicine and Public Health
Madison, WI

Ali Zaied, MD

Pulmonologist
Mayo Clinic
Eau Claire, WI

MEETING INFORMATION

PROGRAM COMMITTEE

Andrew D. Calvin, MD, MPH, FACP, FASE

Mayo Clinic
Eau Claire, WI

Pinky Jha, MD, FACP, Program Co-Chair

Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

Hari Paudel, MD, Program Co-Chair

Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

Abigail Bales, MD, FACP

University of Wisconsin School of
Medicine and Public Health
Middleton, WI

Sanjay Bhandari, MD

Froedtert and the Medical College of
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Milwaukee, WI

David F. Bleidorn, MD, FACP

Gundersen Health
La Crosse, WI

Richard A. Dart, MD, MACP

Marshfield Clinic
Marshfield, WI

Veronica DeMore

ACP Wisconsin Chapter Staff
Milwaukee, WI

Blair Golden, MD

University of Wisconsin School of
Medicine and Public Health
Madison, WI

Farah Kaiksow, MD, MPP, FACP

University of Wisconsin School of
Medicine and Public Health
Madison, WI

Jennifer L. Kilpatrick, CAE

ACP Wisconsin Chapter Executive
Milwaukee, WI

Sophie Kramer, MD, FACP

University of Wisconsin School of
Medicine and Public Health
Madison, WI

Amalia J. Lyons, MD, FACP

Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

Ann M. Maguire, MD, MPH, FACP

Froedtert and the Medical College of
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Milwaukee, WI

Ridhwi D. Mukerji, MD, FACP

Aspirus Health
Wisconsin Rapids, WI

Margaret R. Paulson, DO, FACP

Mayo Clinic
Menomonie, WI

Christine S. Seibert, MD, MACP

University of Wisconsin School of
Medicine and Public Health
Madison, WI

Bipin Thapa, MD, MS, FACP

Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

MEETING INFORMATION



Join Us for an Exclusive Resident POCUS Workshop!

Friday, September 6, 2024
1:00pm - 4:00 pm



Course Directors:

Andrew Calvin, MD, MPH, FACP, FACC, FASE & Paul Bergl, MD, FACP

COST: \$50

Modern internal medicine requires the integration of complex data to achieve the best outcomes for patients with complex diseases. With advances in imaging technology, point-of-care ultrasound (POCUS) can now provide answers to important clinical questions in real-time.

Join our group of expert faculty to learn the foundational knowledge, get hands-on training, customized application, and mentorship as we offer POCUS training specifically for internal medicine residents. Whether you have never held a probe or have some experience, we want to meet you where you are to advance your proficiency with this exciting technology.

WORKSHOP HIGHLIGHTS:

- Interactive Sessions Led by Experienced Instructors
- Practical Training with State-of-the-Art Equipment
- Case-Based Learning to Enhance Diagnostic Proficiency
- Networking Opportunities with Peers and Experts
- Certificate of Completion Provided

WHO SHOULD ATTEND?

This workshop is tailored for Internal Medicine residents who wish to enhance their ultrasound skills and improve patient care through POCUS.

REGISTRATION DETAILS:

Secure your spot today! Limited seats available. Visit the Annual Meeting Registration Page at www.acpwi.org to register.

Don't miss this opportunity to sharpen your POCUS skills!
Join us for a transformative learning experience.

MEETING INFORMATION



Wisconsin
Chapter

The Art and Skill of Relationship Building and Maintenance

Experience coaching in a fun and interactive session led by Brett Linzer, FACP, FAAP and Amalia Lyons, MD, FACP. Learn how kindness, clarity, vulnerability and action can be used to foster excellent relationships at work and home. A light meal will be served.

WHEN: Friday, September 6, 2024

TIME: 5:30pm – 7:30pm

LOCATION:

Wilderness Resort and Glacier Canyon Conference Center
45 Hillman Rd., Wisconsin Dells, WI 53965

ROOM: Sandstone 893

REGISTRATION FEE: \$25.00

Register by visiting: www.acpwi.org
Please sign up by Friday, August 23rd.

SESSION FACULTY:

Dr. Brett Linzer, FACP, FAAP is a medical student and physician coach who works full time as an Internist/Pediatrician in Oconomowoc, WI. He has mentored and coached medical students for 21 years as part of the faculty of the Medical College of Wisconsin.

Dr. Amalia Lyons, FACP is ACP Wellness Champion and completed ACP Advance Coaching Program. She has been an associated program director for 10 years and more recently a student coach at the Medical College of Wisconsin. Dr. Lyons is a primary care physician at MCW.



PRE-MEETING COURSES

Friday, September 6, 2024

8:00am - 12:00pm

Point of Care Ultrasonography (POCUS) for Hospitalists and Advanced Practice Providers

Andrew D. Calvin, MD, MPH, FACP, FASE; Paul A. Bergl, MD, FACP; Leah Cotter, DO, MA; Vikas Koppurapu, MD; Devin Madenberg, DO, FACP; Kyle Olson, MD; Sheila Swartz, MD, MPH; Ali Zaied, MD

PRE-COURSE LEARNING OBJECTIVES - POCUS WORKSHOP

- 1. Define POCUS and describe the scope of hospitalist-performed POCUS.**
- 2. Describe the common abnormalities encountered on lung, focused cardiac, kidney and lower limb venous ultrasound.**
- 3. Acquire the psychomotor skills necessary for basic image acquisition.**

Point of care ultrasonography (POCUS) is intended to answer focused clinical questions at the bedside and guide patient management. Over the past several years, it has evolved as a valuable adjunct to physical examination. However, training opportunities in diagnostic POCUS remain sparse at this time, especially for practicing physicians and advanced practice providers. Through this course, we intend to introduce the attendees to some high yield POCUS applications and provide hands-on experience so that they gain confidence to start scanning at their respective institutions. One-on-one mentored hands-on POCUS experiences are the only way to learn both the psychomotor and the cognitive pattern-recognition aspects of ultrasound. The course will be split roughly 50/50 between didactics and hands-on experiences.

MEETING INFORMATION

GENERAL MEETING LEARNING OBJECTIVES

1. Apply updated knowledge of internal medicine to clinical practice
2. Understand recent developments in internal medicine
3. Improve clinical practice by incorporating major new developments in subspecialty medicine

WHO SHOULD ATTEND

- General Internists
- Subspecialty Internists
- Family Practitioners
- Fellows in Subspecialty Training
- Hospitalists
- Allied Health Practitioners
- Residents
- Medical Students Interested in Internal Medicine

CME ACCREDITATION

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for physicians. The ACP designates this live activity for a maximum of 16.00 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ADDITIONAL INFORMATION

MOTHER'S ROOM:

ACP-WI has reserved the Woodland Boardroom to serve as a Mother's Room for the duration of the Annual Scientific Meeting. Please let ACP-WI staff know if you require any additional accommodations.

QUESTIONS?

If you have questions about the chapter, the meeting program, or have a disability or any special needs, please contact Veronica DeMore by telephone at 414-488-3910 or e-mail info@acpwi.org.

To register for the meeting, complete the attached registration form and return it with your fee made payable to: ACP Wisconsin Chapter 6737 W. Washington Street, Suite 4210, Milwaukee, WI 53214 [OR REGISTER ONLINE: www.acpwi.org](#)

HOTEL ACCOMMODATIONS

We have reserved a block of rooms at the following rates until **August 6, 2024**. When making your reservation, be sure to mention that you will be attending the ACP Annual Scientific Meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 800-867-9453. Our Group Reservation number is **953749**. You can also book online by visiting: <https://secure.wildernessresort.com/irmng/index.html?resort=05&glr=953750>

Single/Double:

Double Queen Couch Glacier Canyon Lodge,
\$119 for Thursday
\$139 for Friday and Saturday

Wilderness Hotel and Glacier Canyon Conference Center

45 Hillman Road
Wisconsin Dells, WI 53965

Visit www.wildernessresort.com for details on directions, parking and areas of interest.

REGISTRATION FORM (page 1)

September 6-7, 2024

RM2506

ACP # _____

Name _____ ☐ MD ☐ DO ☐ OTHER

Address _____

City _____ State _____ ZIP _____

Daytime Phone _____ Fax _____ Email _____

☐ Check here if you are in need of an accommodation, require assistance or require accommodations for breastfeeding. Please call the ACP-WI office at (414) 488-3910 and/or submit a description of your needs to info@acpwi.org. The Wisconsin Chapter of the American College of Physicians is committed to making its activities accessible to all individuals and fully comply with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof.

Please indicate if you would like to serve as Annual Meeting judge or presenter. The Annual Meeting Planning Committee will contact you, if selected.

- ☐ Yes, I would like to serve as a judge for the displayed poster and/or oral presentations at the 2024 Annual Scientific Meeting.
- ☐ Yes, I am interested in presenting at a future meeting on _____ (print desired topic).

To help our team plan accordingly, please indicate if you will be attending the George Magnin Wisconsin Chapter Awards Luncheon on Saturday, September 7th.

- ☐ I will be attending the George Magnin Awards Luncheon.
- ☐ I will NOT be attending the George Magnin Awards Luncheon.

PAYMENT

☐ My check is enclosed
Please make your check payable to **ACP** and mail to:
American College of Physicians, 190 N. Independence Mall West, Philadelphia, PA 19106-1572

☐ Pay By Credit Card: We cannot accept emailed credit card information. Please FAX (251-351-2799) or mail - or register online.

☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Amount Due:

Name on Card: _____

Card Number: _____ Exp. Date: _____ CVC: _____

Authorized Signature: _____

CONTACT US

BY INTERNET (Credit Card only)
Visit us on the Web
www.acponline.org/chapters

BY MAIL
Make check or money order payable to ACP.
AC002
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572

BY FAX (Credit Cards only)
215-351-2799

BY PHONE
Call 800-ACP-1915,
or 215-351-2600
(M-F, 9 a.m. - 5 p.m. ET)

REGISTRATION FORM (page 2)

Registration Fees

Check one category that best applies and circle the price that corresponds with your selection. Chapter Meeting registration fee includes all scientific sessions and materials, and CME documentation. Please list the corresponding amount on the reverse side in the "Amount Due" box.

ONLINE REGISTRATION: www.acpwi.org

Categories	POCUS Workshop	Coaching Dinner
<input type="checkbox"/> ACP Member, FACP, MACP	\$400	\$25
<input type="checkbox"/> ACP Resident Member	N/A	\$25
<input type="checkbox"/> Nonmember Physician	\$450	\$25

Categories	Chapter Meeting Only	Chapter Meeting & POCUS Workshop	Chapter Meeting & POCUS Workshop for Residents	Coaching Dinner
<input type="checkbox"/> ACP Member, FACP, MACP	\$250	\$625	N/A	\$25
<input type="checkbox"/> ACP Retired/ Emeritus Member	\$100	\$475	N/A	\$25
<input type="checkbox"/> ACP Resident/ Fellow Member	No Fee	N/A	\$50	\$25
<input type="checkbox"/> ACP Medical Student Member	No Fee	N/A	N/A	\$25
<input type="checkbox"/> ACP Affiliate Member	\$250	N/A	N/A	\$25
<input type="checkbox"/> Nonmember Physician	\$350	\$775	N/A	\$25
<input type="checkbox"/> Nonmember Resident*	No Fee	N/A	\$50	\$25
<input type="checkbox"/> Nonmember Medical Student**	No Fee	N/A	N/A	\$25
<input type="checkbox"/> Nonmember Allied Health Professional	\$350	N/A	N/A	\$25
<input type="checkbox"/> Guest Registration	\$25	N/A	N/A	N/A

*Nonmember Residents & Nonmember Students cannot register online and must register by contacting Customer Service at 800-ACP-1915, in order to get the correct registration rate.

**Nonmember Students: Joining ACP as a medical student is free! [Join Now!](#)

Please note: Members whose dues were not paid for the current fiscal year will receive the nonmember registration rate.

DONATIONS REQUESTED

PERIOD POVERTY DONATIONS

Period Poverty refers to the challenges many face in paying for menstrual hygiene products. For the 2024 ACP-Wisconsin charitable donation drive we want to highlight both donations of period and incontinence products as well as awareness of the challenges of period poverty.

Menstrual hygiene products, including tampons, pads, reusable menstrual cups, and other products, are important health tools for managing periods for the more than 800,000,000 people globally who menstruate on any given day. The average person who menstruates uses between 10 to 35 pads or tampons per cycle, and uses up to 16,800 products over the course of their lifetime. However, many are unable to afford or otherwise lack access to these basic necessities. In one study, 64 percent of low-income women were unable to afford needed menstrual hygiene products in the past year. Additionally, menstrual hygiene products are generally not covered by public health and nutritional programs and are not exempt from sales tax in Wisconsin.

ACP has long believed that women should have access to affordable, comprehensive, and nondiscriminatory health care coverage over the course of their life. Our ACP-Wisconsin chapter sent a Voter Voice in early 2024 in support of a bill that would have created a sales and use tax exemption for incontinence and menstrual hygiene products. Please continue to let your legislators know that we support improved access to these essentials.

In addition, please bring to our chapter meeting donations of products to address period poverty such as:

- tampons
- menstrual pads
- menstrual cups: <https://saalt.com/>
- period underwear: <https://period.co/>

Alternately, consider in-kind or monetary donations to the following organizations that provide incontinence and hygiene products to those in need:

Milwaukee: <https://www.milwaukeeidiapermission.org/period-program>

Madison: <https://babiesandbeyondwi.org/>

Green Bay: <https://jakesnoh.org/>

Appleton: <https://monthliesproject.com/>

Wausau: <https://neighborsplace.org/Content/Donate-Goods.cfm>

LaCrosse: <https://www.nhagainstabuse.org/>