



ACP[®]
American College of Physicians
Leading Internal Medicine, Improving Lives

Wisconsin
Chapter

2023

SCIENTIFIC MEETING

*FOSTERING EXCELLENCE IN
INTERNAL MEDICINE*



SEPTEMBER 8-9, 2023

Wilderness Resort and Glacier Canyon Conference Center
45 Hillman Rd., Wisconsin Dells, WI 53965

This event has been designated for a maximum of 14.25 AMA PRA Category 1 Credit(s)[™]

Program Co-Chairs:

Pinky Jha, MD, FACP and Andrew D. Calvin, MD, MPH, FACP, FASE

MEETING HIGHLIGHTS

1. Point of Care Ultrasound Workshop
2. MKSAP Module
3. College Updates
4. Update on Heart Failure
5. Update on Perioperative Medicine
6. Update on the Management of Atrial Fibrillation
7. Critical Care Updates for the Non-Intensivist
8. Adult Immunization Updates
9. Gun Violence
10. Thieves Market
11. Management of Refractory Hypertension
12. Articles that Changed My Practice
13. Addressing Physician Burnout
14. Narrative Medicine Workshop - The Parallel Chart
15. Financial Planning
16. PLUS Additional Programming for Resident/Fellow Members and Medical Student Members
 - a. Resident and Medical Student Oral Presentations and Poster
 - b. Doctor's Dilemma® Competition
 - c. FOUR Workshops: Career Advice, A Successful Research Career, JEDI and Financial Planning

Dear Colleague,

I invite you to join me and our colleagues in internal medicine at the next scientific meeting of the Wisconsin Chapter of the American College of Physicians, being held September 8-9, at the Wilderness Hotel and Glacier Canyon Conference Center.

This meeting is not just for ACP members. I particularly want to invite nonmembers to join us for this important clinical update and to learn about the benefits of membership at the same time.

In addition to earning up to 14.25 AMA PRA Category 1 Credit(s)[™], by attending this meeting you will:

- Gain insight into recent medical advances.
- Discuss local and national public health issues affecting the practice and teaching of internal medicine.
- Greet old friends, meet new friends, and develop a network of colleagues in your area.

Between scientific sessions, please visit the College information table. You will find information on new ACP programs, products, and services. There's always something new at the College table—stop by and see for yourself.

To ensure your place at this invaluable meeting, complete the registration form at the back of this brochure and send it in today - or register online. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

I look forward to seeing you in Wisconsin Dells.

Sincerely,

Ann M. Maguire, MD, MPH, FACP

Governor, Wisconsin Chapter of the American College of Physicians



SCHEDULE AT A GLANCE

FOSTERING EXCELLENCE IN INTERNAL MEDICINE

FRIDAY, SEPTEMBER 8, 2023

7:30am

Registration Desk Opens

8:00am - 12:00pm

Point of Care Ultrasonography for Hospitalists and Advanced Practice Providers Workshop

Abhilash Koratala, MD, FASN; Paul A. Bergl, MD, FACP; Andrew D. Calvin, MD, MPH, FACP, FASE; Leah Cotter, DO; Sheila Swartz, MD

8:00am - 12:00pm

ACP MKSAP Modules: Guiding You From Clinical Practice to ABIM Exam

Devin Madenberg, DO, FACP; Hari R. Paudel, MD; FNU Shweta, MBBS

11:00am - 1:00pm

Governor's Council Meeting

1:30 - 1:40pm

Opening Remarks and Introduction of College Representative

Ann M. Maguire, MD, MPH, FACP

1:40 - 2:30pm

Advocacy, the ACP, and You

Stephen D. Sisson, MD, MACP

2:30 - 3:00pm

Update: Medical Management of Heart Failure

Andrew D. Calvin, MD, MPH, FACP, FASE and Danielle Firkus, Pharm.D., R.Ph., BCPS

3:00 - 3:30pm

Update: Perioperative Medicine

Barbara Slawski, MD, MS, SFHM

3:30 - 3:45pm

Break and Exhibits

3:45 - 4:45pm

Edwin L. Overholt Resident and Medical Student Oral Presentations - Session I

4:45 - 5:00pm

Break and Exhibits

5:00 - 6:00pm

Scott Sprtel Residents' Doctor's Dilemma® Competition

6:00 - 8:00pm

Resident Displayed Poster Presentations: Welcome Reception, Visit Exhibits and View Posters

SATURDAY, SEPTEMBER 9, 2023

7:30 - 8:20am

Town Hall and Breakfast

8:20 - 8:30am

Comments from the Governor

Ann M. Maguire, MD, MPH, FACP

8:30 - 9:00am

Management of Refractory Hypertension

Richard A. Dart, MD, MACP

9:00 - 9:30am

Articles That Changed My Practice This Year

Jeffrey L. Jackson, MD, MPH, FACP

9:30 - 10:15am

Coffee with the College

Featuring Stephen D. Sisson, MD, MACP

9:30 - 9:45am

Break and Exhibits

Purple Boxes Contain Resident and Medical Student Track

SCHEDULE AT A GLANCE *continued*

SATURDAY, SEPTEMBER 9, 2023 *continued*

9:45 - 10:15am

Update: Management of Atrial Fibrillation

Vaibhav Vaidya, MBBS

10:15 - 10:45am

Critical Care Updates for the Non-Intensivist 2023

Paul A. Bergl, MD, FACP

10:45 - 11:00am

Break and Exhibits

11:00 - 11:30am

Adult Immunization Update: The Latest and Greatest from ACIP

Jonathan Temte, MD, PhD, MS

11:30am - 12:00pm

Aiming For Better: Addressing Gun Safety in the Clinic

Siobhan D. Wilson, MD, PhD, FACP

12:00 - 12:30pm

Thieves Market

Rachel K. Bernard, MD, MPH, FACP

12:30 - 2:00pm

George Magnin Wisconsin Chapter Awards Luncheon

Wellness Presentation: This Cape Feels a Little Tight - Addressing Physician Burnout

Himanshu Agrawal MD, DF-APA and Sarah Thordsen, MD, FACC

2:00 - 2:30pm

Resident and Medical Student Workshop: The Secret of My Success

Stephen D. Sisson, MD, MACP

2:00 - 3:00pm

Financial Planning for Practicing Physicians

Mark Ziety, CFP®, AIF®

2:30 - 3:00pm

Resident and Medical Student Workshop: Advice for a Successful Research Career

Mary M. Horowitz, MD, MACP

2:30 - 4:00pm

Narrative Medicine - The Parallel Chart

Abigail Bales, MD, FACP and Michelle Wildgen

3:00 - 3:45pm

Resident and Medical Student Workshop: Justice, Equity, Diversity and Inclusion (JEDI)

Moderated by: Leonard E. Egede, MD, MS

Panelists: Farah Kaiksow, MD; Andrew E. Petroll, MD, MS; M Eugene Pruitt, MD

3:30 - 4:30pm

Edwin L. Overholt Resident and Medical Student Oral Presentations - Session II

3:45 - 4:30pm

Resident and Medical Student Workshop: A Financial Blueprint for Residents and Students

Mark Ziety, CFP®, AIF®

4:30 - 6:00pm

Student Displayed Poster Session and Mentoring Reception

6:00pm

Adjourn

MEETING INFORMATION

FACULTY

Himanshu Agrawal MD, DF-APA

Associate Professor
Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

Abigail Bales, MD, FACP

Associate Clinical Professor
UW School of Medicine and Public Health
Madison, WI

Paul A. Bergl, MD, FACP

Intensivist
Gundersen Health
Clinical Adjunct Assistant Professor
UW School of Medicine and Public Health
La Crosse, WI

Rachel K. Bernard, MD, MPH, FACP

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Andrew D. Calvin, MD, MPH, FACP, FASE

Associate Professor of Medicine
Mayo Clinic
Eau Claire, WI

Laeh Cotter, DO

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Milwaukee, WI

Richard A. Dart, MD, MACP

Emeritus Researcher
Marshfield Clinic
Marshfield, WI

Leonard E. Egede, MD, MS, FACP

Professor of Medicine
Inaugural Milwaukee Community Chair in
Health Equity Research
Chief of the Division of Internal Medicine
Director of the Center for Advancing
Population Science (CAPS)
Medical College of Wisconsin
Milwaukee, WI

Danielle Firkus, Pharm.D., R.Ph., BCPS

Pharmacist
Mayo Clinic
Eau Claire, WI

Blair Golden, MD

Assistant Professor
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Mary M. Horowitz, MD, MACP

Robert A. Uihlein, Jr. Professor of
Hematologic Research
Director, Center for International Blood &
Marrow Transplant Research
Associate Director, Cancer, Linda T. and
John A. Mellowes Center for Genomic
Sciences and Precision Medicine
Froedtert and the Medical College of
Wisconsin
Milwaukee, WI

Jeffrey L. Jackson, MD, MPH, FACP

Professor
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Milwaukee, WI

Farah Kaiksow, MD

Assistant Professor
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Madison, WI

Prabhav V. Kenkre, MD

Hospitalist
UW School of Medicine and Public Health
Madison, WI

Abhilash Koratala, MD, FASN

Associate Professor
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Milwaukee, WI

Amalia J. Lyons, MD, FACP

Associate Professor
Froedtert and the Medical College of
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Milwaukee, WI

MEETING INFORMATION

FACULTY

Devin Madenberg, DO, FACP

Director of Point-of-Care Ultrasound Curriculum
Director of Procedure Team Elective,
Internal Medicine Residency Program
Medical College of Wisconsin
Milwaukee, WI

Ann M. Maguire, MD, MPH, FACP

Governor
Wisconsin Chapter, American College of Physicians
Associate Professor
Froedtert and the Medical College of Wisconsin
Milwaukee, WI

Ridhwi D. Mukerji, MD, FACP

Aspirus Health
Wisconsin Rapids, WI

Hari R. Paudel, MD

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Milwaukee, WI

Andrew E. Petroll, MD, MS

Professor
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Medical Director
Inclusion Clinic - Froedtert Hospital
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M Eugene Pruitt, MD

Associate Professor
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Past President
Cream City Medical Society
Milwaukee, WI

FNU Shweta, MBBS

Infectious Disease Specialist
Mayo Clinic
Eau Claire, WI

Stephen D. Sisson, MD, MACP

President-elect
American College of Physicians
Vice President, Clinical Operations, Office of Johns Hopkins Physicians
Professor of Medicine
Johns Hopkins Medicine
Baltimore, MD

Barbara Slawski, MD, MS, SFHM

Professor
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Milwaukee, WI

Sheila Swartz, MD

Assistant Professor
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Jonathan Temte, MD, PhD, MS

Associate Dean for Public Health and Community Engagement
UW School of Medicine and Public Health
Madison, WI

Sarah E. Thordsen, MD, FACC

Assistant Professor
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Milwaukee, WI

Vaibhav Vaidya, MBBS

Electrophysiologist
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Eau Claire, WI

Michelle Wildgen

2023 Writer-In-Residence
Wisconsin Institute for Discovery
Madison, WI

Siobhan D. Wilson, MD, PhD, FACP

Internist
UW School of Medicine and Public Health
Madison, WI

Mark Ziety, CFP®, AIF®

Wisconsin Medical Society
Madison, WI

MEETING INFORMATION

PROGRAM COMMITTEE

Pinky Jha, MD, FACP,
Program Co-Chair
Froedtert and the
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Milwaukee, WI

Andrew D. Calvin, MD,
MPH, FACP, FASE,
Program Co-Chair
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Richard A. Dart, MD,
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Marshfield Clinic
Marshfield, WI

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Amalia J. Lyons, MD,
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Milwaukee, WI

MEETING INFORMATION



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Narrative Medicine Session at ACP-WI Annual Scientific Meeting —The Parallel Chart—

Sponsored by the ACP-WI Women's Committee

September 9, 2023 • 2:30 - 4:00pm

UW's Center for Healthy Minds has identified four pillars of well-being: awareness, insight, purpose and connection. A writing process can foster all of them: encouraging you to observe your work and world more closely; examine and consider the nuances of your feeling about your subject; and to use writing, directly or indirectly, to articulate what is important to you and why. Finally, sharing your work with others in a writing group or workshop allows you to connect with others, whether their perspectives are similar or differ. In this 90-minute workshop, we will discuss ways writing can provide a place for reflection and self-care while also honing a useful skill. We'll also write and discuss an in-class prompt. For any questions, contact info@acpwi.org.

**1.5 AMA PRA
Category 1 Credit(s)TM**

Registration Fees

*\$25 for Attendings and
Retired Physicians*

*\$10 for Medical
Students and Residents*

PRESENTER

Michelle Wildgen

Michelle Wildgen has facilitated a writing group with the UW Palliative Care Fellows since 2017. She has more than two decades of editorial experience with an award-winning literary journal and has taught at UW-Madison and the Madison Writers' Studio, which she cofounded. Her work has appeared in places like the New York Times Book Review and Modern Love column, Oprah Magazine, and RealSimple.com. Her fourth novel, WINE PEOPLE, will be published in August.



**Register for this workshop
through the 2023 Annual Scientific
Meeting form.**

PRE-MEETING COURSES

Friday, September 8, 2023

8:00am - 12:00pm

Point of Care Ultrasonography (POCUS) for Hospitalists and Advanced Practice Providers
Abhilash Koratala, MD, FASN; Paul A. Bergl, MD, FACP; Andrew D. Calvin, MD, MPH, FACP, FASE; Leah Cotter, DO; Sheila Swartz, MD

8:00am - 12:00pm

ACP MKSAP Modules: Guiding You From Clinical Practice to ABIM Exam
Devin Madenberg, DO, FACP; Hari R. Paudel, MD; FNU Shweta, MBBS

PRE-COURSE LEARNING OBJECTIVES - POCUS WORKSHOP

1. Define POCUS and describe the scope of hospitalist-performed POCUS.
2. Describe the common abnormalities encountered on lung, focused cardiac, kidney and lower limb venous ultrasound.
3. Acquire the psychomotor skills necessary for basic image acquisition.

Point of care ultrasonography (POCUS) is intended to answer focused clinical questions at the bedside and guide patient management. Over the past several years, it has evolved as a valuable adjunct to physical examination. However, training opportunities in diagnostic POCUS remain sparse at this time, especially for practicing physicians and advanced practice providers. Through this course, we intend to introduce the attendees to some high yield POCUS applications and provide hands-on experience so that they gain confidence to start scanning at their respective institutions. One-on-one mentored hands-on POCUS experiences are the only way to learn both the psychomotor and the cognitive pattern-recognition aspects of ultrasound. The course will be split roughly 50/50 between didactics and hands-on experiences.

PRE-COURSE LEARNING OBJECTIVES - MKSAP MODULE

The learning objectives of MKSAP 19 are designed to:

- Close gaps between actual care in your practice and preferred standards of care, based on best evidence
- Diagnose disease states that are less common and sometimes overlooked or confusing
- Improve clinical management decisions that affect patient safety and quality of care
- Determine when to refer patients for care by medical subspecialists, surgeons, and other members of the health care team
- Pass the ABIM Certification Examination
- Pass the ABIM Maintenance of Certification Examination

Questions from ACP's Medical Knowledge Self-Assessment Program (MKSAP®) will be paired with discussion of commonly encountered problems and help you prepare for both the boards and real-life practice.

PRE-COURSE NOTE

Questions from ACP's Medical Knowledge Self-Assessment Program (MKSAP®) will be paired with discussion of commonly encountered problems and help you prepare for both the boards and real-life practice.

WHO SHOULD ATTEND THE PRE-COURSE?

- Internists Participating in the ABIM Maintenance of Certification Program
- Family Practitioners
- General Internists
- Subspecialty Physicians

MEETING INFORMATION

GENERAL MEETING LEARNING OBJECTIVES

1. Apply updated knowledge of internal medicine to clinical practice
2. Understand recent developments in internal medicine
3. Improve clinical practice by incorporating major new developments in subspecialty medicine

WHO SHOULD ATTEND

- General Internists
- Subspecialty Internists
- Family Practitioners
- Fellows in Subspecialty Training
- Hospitalists
- Allied Health Practitioners
- Residents
- Medical Students Interested in Internal Medicine

CME ACCREDITATION

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for physicians. The ACP designates this live activity for a maximum of 14.25 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ADDITIONAL INFORMATION

MOTHER'S ROOM:

ACP-WI has reserved the Woodland Boardroom to serve as a Mother's Room for the duration of the Annual Scientific Meeting. Please let ACP-WI staff know if you require any additional accommodations.

QUESTIONS?

If you have questions about the chapter, the meeting program, or have a disability or any special needs, please contact Veronica DeMore by telephone at 414-488-3910 or e-mail info@acpwi.org.

To register for the meeting, complete the attached registration form and return it with your fee made payable to: ACP Wisconsin Chapter 6737 W. Washington Street, Suite 4210, Milwaukee, WI 53214 [OR REGISTER ONLINE: www.acpwi.org](#)

HOTEL ACCOMMODATIONS

We have reserved a block of rooms at the following rates until **August 8, 2023**. When making your reservation, be sure to mention that you will be attending the ACP Annual Scientific Meeting. The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by calling the hotel directly at 800-867-9453. Our Group Reservation number is **953749**.

Single/Double:

Double Queen Couch Glacier Canyon Lodge,
\$109 for Thursday
\$119 for Friday and Saturday

Wilderness Hotel and Glacier Canyon Conference Center

45 Hillman Road
Wisconsin Dells, WI 53965

Visit www.wildernessresort.com for details on directions, parking and areas of interest.

REGISTRATION FORM (page 1)

September 8-9, 2023

RM4206

ACP # _____

Name _____

☐ MD ☐ DO ☐ OTHER

Address _____

City _____

State _____

ZIP _____

Daytime Phone _____

Fax _____

Email _____

- ☐ Check here if you are in need of an accommodation, require assistance or require accommodations for breastfeeding. Please call the ACP-WI office at (414) 488-3910 and/or submit a description of your needs to info@acpwi.org. The Wisconsin Chapter of the American College of Physicians is committed to making its activities accessible to all individuals and fully comply with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof.

Please indicate if you would like to serve as Annual Meeting judge or presenter. The Annual Meeting Planning Committee will contact you, if selected.

- ☐ Yes, I would like to serve as a judge for the displayed poster and/or oral presentations at the 2023 Annual Scientific Meeting.
- ☐ Yes, I am interested in presenting at a future meeting on _____

(print desired topic).

To help our team plan accordingly, please indicate if you will be attending the George Magnin Wisconsin Chapter Awards Luncheon on Saturday, September 9th.

- ☐ I will be attending the George Magnin Awards Luncheon.
- ☐ I will NOT be attending the George Magnin Awards Luncheon.

PAYMENT

- ☐ My check is enclosed

Please make your check payable to **ACP** and mail to:

American College of Physicians, 190 N. Independence Mall West, Philadelphia, PA 19106-1572

Amount Due:

- ☐ Pay By Credit Card: We cannot accept emailed credit card information. Please FAX (251-351-2799) or mail - or register online.
- ☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Name on Card: _____

Card Number: _____ Exp. Date: _____ CVC: _____

Authorized Signature: _____

CONTACT US

BY INTERNET (Credit Card only)
Visit us on the Web
www.acponline.org/chapters

BY MAIL
Make check or money order payable to ACP.
AC002
American College of Physicians
190 N. Independence Mall West
Philadelphia, PA 19106-1572

BY FAX (Credit Cards only)
215-351-2799

BY PHONE
Call 800-ACP-1915,
or 215-351-2600
(M-F, 9 a.m. - 5 p.m. ET)

REGISTRATION FORM (page 2)

Registration Fees

Check one category that best applies and circle the price that corresponds with your selection. Chapter Meeting registration fee includes all scientific sessions and materials, and CME documentation. Please list the corresponding amount on the reverse side in the "Amount Due" box.

ONLINE REGISTRATION

www.acpwi.org

Categories	POCUS Workshop	MKSAP Module	Narrative Medicine Session
<input type="checkbox"/> ACP Member, FACP, MACP	\$400	\$175	\$25
<input type="checkbox"/> Nonmember Physician	\$450	\$225	\$25

Categories	Chapter Meeting Only	Chapter Meeting & POCUS Workshop	Chapter Meeting and MKSAP Module	Narrative Medicine Session
<input type="checkbox"/> ACP Member, FACP, MACP	\$200	\$575	\$350	\$25
<input type="checkbox"/> ACP Resident/ Fellow Member	No Fee	\$400	\$175	\$10
<input type="checkbox"/> ACP Medical Student Member	No Fee	N/A	N/A	\$10
<input type="checkbox"/> ACP Affiliate Member	\$200	\$575	\$350	\$25
<input type="checkbox"/> Nonmember Physician	\$250	\$675	\$450	\$25
<input type="checkbox"/> Nonmember Resident*	No Fee	\$450	\$175	\$10
<input type="checkbox"/> Nonmember Medical Student	No Fee	N/A	N/A	\$10
<input type="checkbox"/> Nonmember Allied Health Professional	\$250	\$675	\$450	\$25

*Nonmember Residents & Nonmember Students cannot register online and must register by contacting Customer Service at 800-ACP-1915, in order to get the correct registration rate.

**Nonmember Students: Joining ACP as a medical student is free! Join Now!

Please note: Members whose dues were not paid for the current fiscal year will receive the nonmember registration rate.

DONATIONS REQUESTED

SUPPLY DRIVE FOR ST. BAKHITA HOUSE

In partnership with Franciscan Peacemakers Clare Community, St. Bakhita Catholic Worker House helps provide supportive community housing for women who are survivors of sexual exploitation. Women making that transition benefit from the spiritual nourishment and community-building that are part of the Catholic Worker tradition.

They live by Catholic social teachings found in the Beatitudes; they provide housing and hospitality for women who are survivors of sexual exploitation; they support that transition by building a community of people of all ages and backgrounds who work together to deepen their understanding of Catholic social principles; and they bear witness to these social justice teachings through our work in the greater Milwaukee community. They do this by our living witness and through offering opportunities for the laity of all ages to engage in prayer, liturgy and educational events.

We ask that you review the list below and consider purchasing items to bring with you to the Annual Scientific Meeting, or send directly to St. Bakhita via their Amazon Wish List (link below).

Any donation, no matter how small, will be deeply appreciated.

- Paper Towels
- Toilet Paper
- Coffee
- Costco Gift Cards
- Pick N Save Gift Cards
- Tide Pods
- Air Freshner
- Pump Soap
- Clorox Bathroom Cleaning Spray
- Clorox Wipes
- Ammonia
- Purple Fabulouso
- Vinegar
- Pine Sol
- Printer Ink (Black)
- Printer Paper
- Stamps
- Cooking Oil

Please see below for the link to the Amazon Wish List:

https://www.amazon.com/hz/wishlist/ls/Y3J2LFLG0KEH/ref=nav_wishlist_lists_1