

# The American College of Physicians

Working *for you* and *with you*:  
Improving the Lives of Internists and  
their patients



2019

## ACP At a Glance



## 159,000 Members Strong

Leveraging the collective voice of our community to create a better place *for ourselves, our profession, and our patients* through medical education, practice transformation, advocacy, and engagement.

**How ACP Defines Internal Medicine**  
Internists apply scientific knowledge and clinical expertise to the diagnosis, treatment, and compassionate care of adults across the spectrum from health to complex illness.

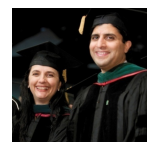
- Established in 1915
- A diverse global community of internists united by a commitment to excellence
- Includes internists, internal medicine subspecialists, residents and fellows in training, and medical students



3

## ACP Membership: Part of Every Stage of Your Professional Life

- Medical Student Member
- Resident/Fellow Member
- Member
- Fellow
- Physician Affiliate Member
- Non-Physician Affiliate Member  
(available in the U.S. only)



4

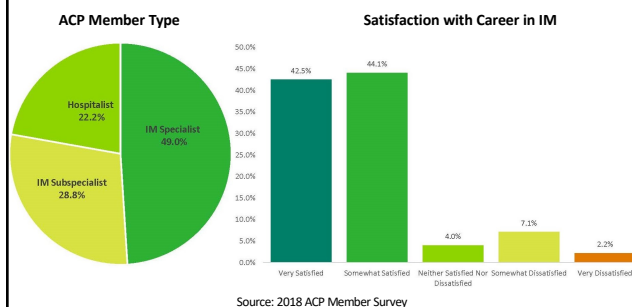
## ACP: A Global Community

- More than 15,000 ACP members reside outside the United States
- International chapters: Bangladesh, Brazil, Canada, Central America, Chile, Colombia, India, Japan, Mexico, Saudi Arabia, Southeast Asia, and Venezuela

## ACP's Focus At a Glance

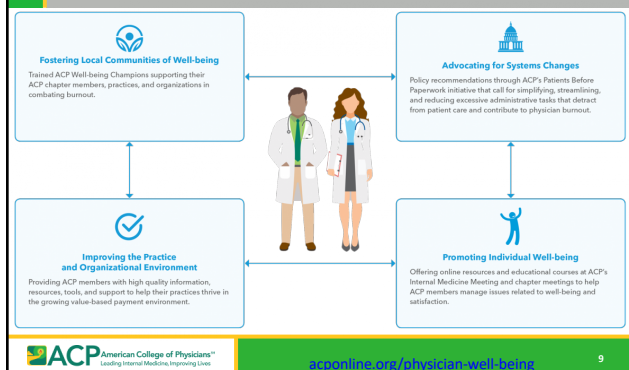
- The science of medicine
- The clinical practice of medicine
- The education and professional development of physicians
- The 'quadruple aim' of health care
- The future of internal medicine
- Professional satisfaction

## ACP Member Trends



*Working for you and with you:*  
Changing the Landscape of Health  
Care for the Better

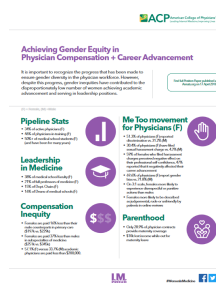
## ACP's Physician Well-being and Professional Satisfaction Initiative



## Women in Medicine

Promoting gender equity, eliminating the inequities in compensation and career advancement that physicians face is a longstanding goal of ACP.

- ACP has joined TIME'S UP Healthcare, a network of health care leaders organizing across industries to create safe, fair, and dignified workplaces for women.
- ACP is also a partner in the Women's Wellness through Equity and Leadership Project, which fosters the development of female physician leaders to build a healthier, more equitable work experience.



[acponline.org/advocacy/where-we-stand/women-in-medicine](http://acponline.org/advocacy/where-we-stand/women-in-medicine)

## Improving Physician Satisfaction and Patient Outcomes by Reducing Unnecessary Burdens

Unnecessary burdens lead to limited time with patients, too much paperwork, and work/life imbalance.

ACP addresses these issues by:

- Seeking improvement to systems and documentation requirements
- Identifying and prioritizing burdensome administrative tasks
- Assessing tasks for impact on outcomes
- Developing policy recommendations to enact change
- Engaging in ongoing outreach and stakeholder engagement

## Patients Before Paperwork Initiative



## Encouraging High Value Care

- Initiatives aim to improve health, avoid harms, and eliminate wasteful practices
- Updated HVC Curriculum for Educators and Residents, jointly developed with the Alliance for Academic Internal Medicine
  - Train physicians to be good stewards of limited health care resources
  - New cases, small group activities, and expanded discussions of medical decision-making and high-value quality improvement



## Adult Immunization Resource Hub

- *I Raise the Rates Initiative* is a collaborative, data-driven campaign to support patients, physicians, health care teams, systems, and communities in raising adult immunization rates and reducing vaccine preventable diseases.
- The program includes the latest vaccine recommendations, a practice assessment survey, patient education resources, and more.

[acponline.org/ai](http://acponline.org/ai)

## Working for you and with you: Excellence in Educational Resources

## Annals of Internal Medicine: One of the world's most highly cited medical journals

Current, evidence-based science at your fingertips.

- "Online first" articles - New content every week
- Annals on Call - Dr. Bob Centor's podcast with discussions on recently published articles
- The *Annals* Fresh Look blog: [freshlook.annals.org](http://freshlook.annals.org)
- *Annals* Story Slam events and videos
- *Annals* content and physician pledge on firearm safety: [go.annals.org/commit-now](http://go.annals.org/commit-now)



[annals.org](http://annals.org)

## MKSAP® 18: The go-to resource for board prep and lifelong learning

- **MKSAP 18** is completely new-from the ground-up; offers 275 CME credits
- **NEW:** Residency Tracker, a monitoring tool for Program Directors to assess the progress and proficiency of residents as they answer MKSAP 18 Digital questions
- **NEW:** refreshed with adaptive learning technology
- **NEW:** platform, dashboard, and search engine functionality
- Available in print, digital, and complete formats



## ACP Publications: Online and In Print

### ACP Publications Websites:

- [ACPInternist.org](http://ACPInternist.org)
- [ACPHospitalist.org](http://ACPHospitalist.org)

### Monthly Print Publications:

ACP Internist and ACP Hospitalist provide news and in-depth analysis of issues for inpatient and outpatient internists

### E-newsletters:

ACP Internist Weekly, ACP Hospitalist Weekly, ACP Advocate, ACP Diabetes Monthly, ACP Gastroenterology Monthly

ACP Internist<sup>WEEKLY</sup>  
ACP Hospitalist<sup>WEEKLY</sup>  
ACP Advocate  
ACP Diabetes<sup>MONTHLY</sup>  
ACP Gastroenterology<sup>MONTHLY</sup>

## DynaMed Plus™

Clinical content that is current, concise, and easy to search:

- Free access for members (through August 2019)
- Includes overviews and recommendations for more than 750 topics, 2,500 searchable images, and numerous calculators
- Mobile apps available for Android and iOS

[ACPOnline.org/DynaMedPlus](http://ACPOnline.org/DynaMedPlus)

## ACP JournalWise: Exclusive Member Benefit

ACP JournalWise searches and filters more than 120 top journals to deliver only the most relevant content to you.

- Free access for ACP members
- Personalize your alerts by selecting specialties and clinical topics you want to know about
- Choose the rating threshold and how often you want your alerts

[journalwise.acponline.org](http://journalwise.acponline.org)

ACP JournalWise 

## Online Learning Center

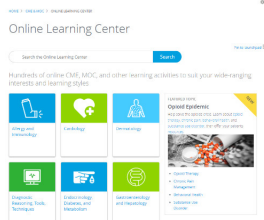
### A new centralized gateway for online learning activities

- More than 350 activities including:

- Video-based learning
- Webinars
- Interactive cases
- Quizzes

- CME and MOC eligible

[acponline.org/olc](http://acponline.org/olc)



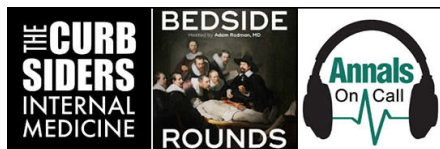
## Interactive Learning Modules on Opioids, Human Trafficking

- Opioids module provides a clinical case-based overview of CDC guideline on prescribing opioids for chronic pain.
- Online learning activity helps physicians recognize and respond to survivors of human trafficking in a clinical setting.
- Free to ACP members and CME, MOC eligible



## Podcasts by Internists, for Internists

Focusing on internal medicine-related topics, podcasts offer CME and MOC.



[acponline.org/podcasts](http://acponline.org/podcasts)

## Getting It Right: Cases to Improve Diagnosis

Cases designed to encourage diagnostic decision-making:

- Understanding the Diagnostic Process
- Partnering with Patients and Families in the Diagnostic Decision-Making Process
- Physician and Patient Factors in Diagnostic Decision-Making
- Recognizing and Responding to Diagnostic Errors



[acponline.org/olc](http://acponline.org/olc)

## Resources for Lifelong Learning Needs

ACP members enjoy free or substantially discounted resources to help them meet their educational goals:

### Board Basics 3

- ✓ Dozens of classic images, core content, and tips on how to take the ABIM exam

### Courses

- ✓ MOC Exam Prep Courses and Internal Medicine Board Review Courses
- ✓ Live review courses and recordings

## Resources for Educators

- Teaching Medicine Series (*Theory and Practice of Teaching Medicine, Teaching Methods, Teaching in the Hospital, Teaching in the Clinic, Teaching Clinical Reasoning, Mentoring in Academic Medicine, and Leadership in Medical Education*)
- *Annals of Internal Medicine* teaching tools
- Internal Medicine In-Service Training Examination for residents
- ACP Board Prep Curriculum for residents
- High Value Care Curriculum for trainees at all levels
- IM Essentials for medical students

*Working for you and with you:*  
Addressing Issues of Importance

## ACP Submits Comments Fee Schedule/QPP, reacts to Final Rules

## Evidence-Based Clinical Guidance

ACP continues to be a leader in developing evidence-based resources that help our members and the entire internal medicine community deliver the best possible care for patients.

Recent topics addressed include:

- Breast cancer screening for average-risk women
- Hepatitis B screening vaccination and care
- Guidance on glycemic control for patients with Type 2 diabetes



## Ethical Guidance

- Optimizing clinical learning around ethics and professionalism
- Ethics Manual 7<sup>th</sup> Edition Released in Jan. 2019
- Providing guidance on key ethical issues
  - Genetic testing
  - Telemedicine
  - End-of-life care
- Creating timely case studies
  - Addressing a Colleague's Unprofessional Behavior During Sign-Out
  - Secret Recordings of Office Visits by Patients



## Addressing Performance Measures

Recent papers from the Performance Measurement Committee include:

- An analysis of 18 items applicable to internal medicine within the 2019 CMS Merit-based Incentive Payment System.
- A review and recommendations for meaningful performance measures for preventive care
- Collaboration on "Time Out — Charting a Path for Improving Performance Measurement" where ACP advocated for an improved measure development process

## ACP Public Policy Development Process



## ACP's "Big Tent" Advocacy Agenda

### COLUMN A

- ✓ Expand access and coverage
- ✓ Improve public health
- ✓ Support research and science
- ✓ Oppose discrimination
- ✓ Reduce health care disparities
- ✓ Support primary care workforce
- ✓ Lower Rx drug prices

*The issues in column A affect the overall health and well-being of patients and the public.*

### COLUMN B

- ✓ Improve EHRs
- ✓ Reform and improve payments
- ✓ Improve Medicare's Quality Payment Program
- ✓ Improve quality measures
- ✓ Reform medical liability system
- ✓ Reduce crushing administrative burden

*The issues in column B affect the health, well-being, professional, and career satisfaction of our members*

## ACP Public Policy and Advocacy

- ACP advocates for changes that will make a difference in the daily lives of internists and our patients' health
  - Expanding access to affordable, high-quality care
  - Prohibiting discrimination that results in health care disparities
  - Reducing prescription drug costs
  - Addressing the opioid crisis

## Advocacy and Regulatory Wins

- ACP called for CMS to eliminate need to re-do medical students' input in the EHR
  - CMS reduced burdens only requiring documentation of changes in patient information
- ACP called for a reduction in Medicare paperwork at House subcommittee roundtables
- CMS finalized site-neutral payment for clinic visits
- CMS responsive to ACP recommendations
  - Two-year delay of changes to payments for E/M services
  - Continued higher payment for level 5 patient visits
- Virtual check-ins approved for reimbursement starting 2019
  - New add-on codes

## Advocacy and Regulatory Wins

- ACP led the charge to fix delay in medical student visas
- ACP called for Congress to fund essential health programs: NIH, CDC, and other ACP priorities
- ACP reaffirms leadership role at White House summit on Opioids
- Progress in the fight against the opioid crisis
  - Standardized electronic prior authorizations for prescription drugs under Medicare Part D
  - Increased access to Medication Assisted Treatment
- One of Our Own – Former ACP President Dr. Sandra Fryhofer elected to AMA Board of Trustees

## Public Policy Papers: Addressing Timely Issues

- Improving the Affordable Care Act's Insurance Coverage Provisions
- Reducing Firearm Injuries and Deaths
- Social Determinants of Health
- Women's Health Policy
- Patient Safety in the Office-Based Practice Setting
- Promoting Transparency and Alignment in Medicare Advantage
- Improving Health Care Efficacy and Efficiency Through Increased Transparency
- Gender Equity in Compensation and Career Advancement

### Journal of Internal Medicine Improving the Patient Protection and Affordable Care Act's Insurance Coverage Provisions: A Position Paper From the American College of Physicians

David C. Goren, MD, and David S. Basch, MD, for the Health and Public Policy Committee of the American College of Physicians

The passage of the Patient Protection and Affordable Care Act (ACA) in 2010 was a landmark event in U.S. health care policy. It was designed to address many of the most pressing issues in health care, including access, cost, and quality. The ACA has been a source of both praise and criticism, and its implementation has been a complex process. This position paper from the American College of Physicians (ACP) discusses the ACA's impact on the medical profession and offers recommendations for improving the ACA's insurance coverage provisions. The paper highlights the importance of maintaining the ACA's core principles, such as the individual mandate and community rating, while also addressing the challenges of implementation. It also discusses the need for ongoing monitoring and evaluation of the ACA's impact on the medical profession and the health care system as a whole.

## ACP Firearms Policy Sparks Movement #ThisIsOurLane

In response to the most recent ACP policy recommendations on reducing firearm-related injuries and deaths published in *Annals*, the NRA tweeted physicians should “stay in their lane.” ACP and physicians were quick to respond...

## Firearms Case Study: #ThisIsOurLane

## Firearms Case Study: national attention

## Working *for you and with you:* Practice Resources



## Helping You Transform Your Practice

- **ACP Practice Transformation Resources:**  
Information, resources, tools to successfully care for patients in the value-based payment environment
- **ACP Practice Advisor:**  
Online tool to help analyze and improve patient care, organization, and workflow



42

## Resources for the Quality Payment Program

- Information on the QPP rules and ACP's comments
- Basics on the QPP – what is it, what are the tracks, what is pick your pace? Also, Glossary and
- Latest Updates/News
- Links to further information – 10 Things You Should Know, FAQs, Additional Tools
- Member Forum for MACRA/QPP:  
[acponline.org/forums/macra-and-the-quality-payment-program](http://acponline.org/forums/macra-and-the-quality-payment-program)
- Questions: [macra@acponline.org](mailto:macra@acponline.org)  
[acponline.org/QPP](http://acponline.org/QPP)



43

## Other Value-Based Payment Information

- ACP's Support and Alignment Network Grant
- High Value Care Resources
  - HVC Care Coordination Toolkit
- Practice Redesign Support
- Quality Improvement and Registries
- Engaging Patients and Families

[acponline.org/practice-resources/business-resources/practice-transformation](http://acponline.org/practice-resources/business-resources/practice-transformation)



44

## ACP Advance

### Engage. Empower. Improve.

ACP Advance is a new quality improvement (QI) program to help physicians and organizations improve medical care. ACP Advance includes:

- QI curriculum and training program
- Physician-led coaching service
- Chronic care programs and resources



## Working *for you* and *with you*: Collaborating with Others for Positive Change

## The Future of MOC (Continuing Certification)

- The Continuing Board Certification: Vision for the Future Commission, established by the American Board of Medical Specialties (ABMS), released its draft report for public comment on December 11, 2018.

[visioninitiative.org/commission/draft-report](http://visioninitiative.org/commission/draft-report)

- The report includes the Commission's key findings and recommendations, and is open for public comment until Tuesday, January 15, 2019 at 11:00 p.m. CST.
- Feedback collected during the public comment period will help shape the Commission's final report and recommendations on future continuing certification (maintenance of certification) programs. The final report will be submitted to the ABMS Board of Directors in February 2019.
- ACP members are encouraged to submit comments.
- ACP will continue to advocate for programs that reflect our Principles of Accountability and that meet the needs of ACP members and their patients

## Collaboration with Legislators and Influencers

ACP advocates for policy changes that will make a difference in the daily lives of internists and ultimately our patients' health through:

- Policy papers
- Meetings on Capitol Hill
- Communications and collaborations with other organizations

## Collaboration with Physician Organizations

ACP collaborates with other physician organizations representing more than 560,000 physicians and medical students:

- American Academy of Family Physicians
- American Academy of Pediatrics
- American College of Obstetricians and Gynecologists
- American Osteopathic Association
- American Psychiatric Association



## Providing Feedback and Input on Regulatory Issues

ACP represents internists' views to regulatory agencies, including CMS and the Office of the National Coordinator for Health Information Technology

- Suggest changes to regulations and policies to reduce excessive administrative tasks/Quality Payment Program
- Help ACP members and internists in the shift in focus from volume to value, and to the new reporting requirements impacting reimbursement
- Recent activity includes participation on a Congressional Red Tape Round Table and a meeting with CMS Administrator Seema Verna

*Working for you and with you:*  
Involvement, Engagement, and  
Opportunities to Connect

## Internal Medicine Meeting 2020: Make Plans to Attend

Internal Medicine Meeting 2020  
April 23-25, 2020  
(Pre-Courses April 21-22, 2020)

Los Angeles Convention Center  
Los Angeles, CA



## Engagement Opportunities with ACP Chapters

### 86 Chapters and Regions across the United States and the world:

- Help influence state legislation
- Network with peers
- Mentor medical students, residents, and early career
- Committee
- Influence ACP policy
- Volunteerism: Be on the lookout for an upcoming email encouraging you to volunteer

## Become an ACP Fellow

**ACP Fellowship:** Fellowship in the College is an honor. FACP® is a distinction earned from colleagues who recognize your accomplishments and achievements in the practice of internal medicine



*Election to Fellowship recognizes excellence in the practice of internal medicine and is achieved through professional accomplishments within one, or across multiple pathways.*

For information and criteria:  
[ACPOne.org/FACP](http://ACPOne.org/FACP)

## Join Advocates for Internal Medicine Network (AIMn)

- Grassroots advocacy network designed to help ACP members engage with federal lawmakers on policy issues important to internists
- AIMn members receive legislative updates and alerts as key policy issues unfold, including sample messages to members of Congress
- Enroll at [cqcengage.com/acplac](http://cqcengage.com/acplac)



## Support the Next Generation of IM

- Promote the rewards of internal medicine as a career
- Recommend General IM to residents
- Invite internists to join ACP
- Sponsor a Member for Fellowship (FACP)

## Enhance Professional Development

- ACP Leadership Academy
- Ethics manual and case studies
- Mentoring and networking
  - at the chapter and national levels
- ACP Young Achievers Program
- Career Connection
  - a comprehensive listing of career opportunities for physicians

## Access Professional and Personal Benefits

## Get Connected

For ways to connect, and personalize your engagement with, visit [acponline.org](http://acponline.org).

- **MyACP**  
A personalized web experience, making it easier for members to access and discover pertinent ACP content and resources while visiting ACPOnline.org.
- **ACP Member Forums**  
ACP Member Forums allow ACP members to instantly participate in discussions on a range of clinical, professional, and practice-related topics.

## Follow ACP on Social Media

twitter.com/acpinternists  
twitter.com/AnnalsofIM

facebook.com/acpinternists  
facebook.com/annalsofim  
instagram.com/acpinternists

linkedin.com/groups/867307

youtube.com/imreport

## Get Involved, Make an Impact

- Join your local Internal Medicine community through ACP Chapters
- Develop skills through the ACP Engagement Program

## Thank you . . .

**...for your continued support of ACP and your  
commitment to internal medicine.**

