



ACCP[®]

American College of Physicians
Leading Internal Medicine, Improving Lives

Virginia
Chapter

May 2026

Chapter News

Upcoming Important Dates

ACP Leadership Day

May 12 -13, 2026
Washington, DC

2026 Annual Meeting

September 25 - 26, 2026
Sheraton Norfolk Waterside Hotel

VCU Institute for Women's Health - Health of Women 2026 Conference

May 29, 2026
Hilton Richmond Hotel & Spa - Short
Pump
[Meeting information & registration](#)

2026 Annual Resident Student Meeting

September 26, 2026
Sheraton Norfolk Waterside Hotel

**Watch your inbox for your
Governor's Advisory Council Regional Election Ballot!
Deadline to vote: June 1, 2026**

Call for Chapter Award Nominations

Each year, the ACP Virginia Chapter recognizes our outstanding members with awards. Below are descriptions of the various awards. We invite you to nominate colleagues who are active ACP Virginia Chapter members and whom you feel may be worthy of such an honor. Please submit the nominee's CV and a letter of nomination using the **2026 Virginia ACP Chapter Award Nomination Form**. Be sure to include the nominees Chapter activities in the nomination letter. All nominations must be received by June 1, 2026.

Inpatient Internal Medicine Teaching Award

To be presented to a Virginia ACP Chapter member in good standing who exemplifies teaching excellence in the specialty of internal medicine in an inpatient academic hospital setting.

Inpatient Subspecialist Teaching Award

To be presented to a Virginia ACP Chapter member in good standing who exemplifies teaching excellence in an internal medicine subspecialty in an inpatient academic hospital setting.

Outpatient Internal Medicine Teaching Award

To be presented to a Virginia ACP Chapter member in good standing who exemplifies teaching excellence in the specialty of internal medicine in an outpatient academic setting.

Outpatient Subspecialist Teaching Award

To be presented to a Virginia ACP Chapter member in good standing who exemplifies teaching excellence in an internal medicine subspecialty in an outpatient academic setting.

Community Teaching Award

To be presented to a Virginia ACP Chapter member in good standing who exemplifies teaching excellence in a non-academic practice setting.

Mentorship Award

To be presented to a Virginia ACP Chapter member in good standing who has consistently volunteered his or her services to teach medical students and residents. This individual should have demonstrated outstanding teaching prowess, displayed exemplary characteristics of care and concern for individual patients at the bedside, and served as a role model and mentor.

Early Career Physician (ECP) Award

To be presented to a Virginia ACP Chapter member in good standing who falls within the description of the ECP category (within 16 years of graduation from medical school) and who demonstrates leadership and excellence in the field of internal medicine.

The Virginia ACP Laureate Award

To be presented to a Fellow of the Virginia ACP Chapter for distinguished achievement in the field of medicine in research, medical service, mentoring, teaching, and service to the chapter. The recipient is usually a senior member of the Chapter.

Paul Florentino Volunteerism Award

To be presented to a Virginia ACP Chapter member in good standing who demonstrates significant service contributions to the field of medicine in a non-compensated position and not in a position required for training.

Dr. Paul Florentino served as the Deputy Commander for Medicine of the National Naval Medical Center in Bethesda, Maryland until his untimely death in 2011. A longtime leader in the Virginia Chapter of The American College of Physicians, he was a former governor of the chapter. Paul's other passion was as a volunteer at the Whitman Walker Clinic in Washington, DC serving the needs of the LGBT community.

The Dr. George Abraham Diversity, Equity, and Inclusion (DEI) Advocacy Award

To be presented to a Virginia ACP Chapter member in good standing who leads in support of diversity, equity and inclusion in the profession and their community. The awardee would have demonstrated their desire to lessen health and healthcare disparities through clinical medicine, research and scholarly activities.

Dr. George M. Abraham, Past President of the ACP, is a Professor of Medicine at the University of Massachusetts Medical School, Chief of Medicine at Saint Vincent Hospital, Worcester, Massachusetts and Adjunct Professor at the Massachusetts University of Pharmacy and Health Sciences (MCPHS). He is board certified in Internal Medicine and Infectious Disease. He took over as President of the American College of Physicians on May 2, 2021 and ended his term on April 30, 2022. He is an Emeritus Chair of the Board of Governors and previously served as the Governor of the Massachusetts Chapter. As President, he championed the cause of DEI and wrote extensively about the same. In particular, over the year as President, he attempted to focus on all the different dimensions of inclusivity, including writing a series of columns in the ACP Internist on such topics as looking at DEI, being a "he for she," meritocracy, the international medical graduate (IMG), racial diversity, health equity, access to care, sexual orientation, and the three "Cs" of health care (corporatization, consolidation, and commodification). Consequently, he has been invited to and has spoken both nationally and internationally on DEI and continues to do so. His particular passion is for inclusivity, and he has chosen to focus on the international medical graduate community that forms 25 percent of the US physician workforce and over 30% of the ACP's membership.

Thank you for your time and consideration in our nomination process. If you are having difficulty securing an up-to-date CV, please email Sarah Wardrop (vaacp21@gmail.com). The Chapter will contact the nominee while preserving the confidentiality of the nominator and the award. If you have any questions, please contact Sarah Wardrop (vaacp21@gmail.com).

SAVE THE DATE

Virginia ACP Chapter
Annual Scientific Meeting

September 25-26, 2026

Sheraton Norfolk Waterside



Save the Date

2026 Resident and
Student Meetings

September 26, 2026

Sheraton Norfolk Waterside



ACP News

Introducing a Professional Development Program Designed for Women in Medicine

Through this member-exclusive, longitudinal program, you'll build essential leadership and communication skills, have access to personalized coaching, and connect with peers who share similar goals and experiences.

The program includes:

- Free quarterly virtual sessions focused on leadership, communication, and professional growth
- One-on-one and group career coaching opportunities
- Curated, on-demand resources to support your development

The first virtual session is on June 12 at 4:00 p.m.: The Art of Negotiation — Building Your Crucial Communication Skills.

[Learn More](#)

NYACP Book Club

Event Date:

June 4, 2026 - 7:00 PM to 8:00 PM

Chapter:

New York

What Art Does: An Unfinished Theory by Brian Eno and Bette Adriaanse

Join in the thought-provoking exploration of what makes something “art” and why art has been part of human life. According to the authors, it begins to answer the questions: What does art do? And why do we need it?

What ACP is Doing

ACP has been a strong voice advocating for the need to reduce stigma and help physicians know they are not alone. ACP's efforts include:

Advocating for System Change

- Promotes reducing stigma around physicians seeking mental health care
- Developed Patients Before Paperwork Initiative and Advocacy Toolkit to modernize license/credentialing applications.

National Partnerships

- Joined National Physician Suicide Awareness (NPSA) Day coalition with 150+ partners.
- Expanded efforts into a year-round campaign supporting mental health help-seeking and positive work environments.

Support for Physicians

- Goal: ensure physicians know they're not alone; seeking help = strength.
- Published policy paper on Physician Suicide Prevention and the Ethics and Role of a Healing Community.
- ACP offers a CME case study on physician suicide prevention and the ethics and role of the physician colleague and the healing community

Educational Resources

- Micro-learnings, covering topics such as:
 - Building support networks
 - Promoting psychological safety
 - Fostering belonging in communities
 - Peer coaching to support colleagues in need

Efforts to decrease burnout and prevent physician suicide are built into these ACP products and services, yet there is always an opportunity to find ways to highlight and better articulate those connections to ACP members. ACP has and will continue to advocate for healthy workplace conditions for physicians and their teams to reduce burnout, prevent suicidal behaviors and ideations, and increase overall physician well-being and professional fulfillment.

For more resources please visit the
[IM Emotional Support Hub](#)

Visit The New One-Stop Collection of ACP's Recent Advocacy Efforts

ACP advocates for you on policy changes that will make a difference in your daily work, your professional development, and your patients' health. For the latest advocacy efforts from ACP, visit the [new one-stop collection](#) featuring articles, statements, and ways you can take action on various campaigns.

Latest ACP Advocacy Updates:

- ACP shared its priorities with the presidential transition team, ahead of President Trump being sworn into office, and congressional leadership.
- ACP has also sent a letter to RFK Jr
- ACP has issued the following public statements:
 - Reiterated the importance of vaccines and evidence-based public health policies
 - Issued a joint statement with 5 other medical societies to protest the U.S. withdrawing from the World Health Organization
 - Reaffirmed our commitment to advancing equity
 - Issued a joint statement about the removal of data and guidance from federal websites
 - Issued a joint statement about protecting Medicaid

ACP has signed on to the following amicus briefs:

State of Nebraska, et al., v. U.S. Environmental Protection Agency, et al.; Alliance of Nurses for Healthy Environments, et al. This case challenges the EPA's authority to reduce emissions by accelerating the adoption of electric trucks. The amicus brief that ACP signed onto in the case argues that the rule will achieve significant emissions reductions that are expected to benefit human health.

The below briefs are still to be filed:

PFLAG, Inc., et al., v. Donald J. Trump, in his official capacity as President of the United States. This case was filed by PFLAG, GLMA, and a number of adolescents and their parents against the executive order that President Trump signed seeking to functionally ban gender affirming care for individuals under the age of 19. The amicus brief that ACP signed onto in the case argues that the widely accepted guidelines for treating gender dysphoria were developed through a robust and transparent process and provide for gender-affirming medical care when indicated.

ACP is also in the process of signing onto another brief in a separate case also against the executive order on gender affirming care.

ACP is implementing several grassroots advocacy campaigns via the ACP's Advocates for Internal Medicine network that address protecting access to care for Medicaid enrollees, supporting the Medicare Patient Access and Practice Stabilization Act; and supporting funding for the NHSC and THCGME Programs.

ACP has reminded members that they have access to the following clinical resources:

- Adult Immunization Resource Hub
- Sex and Gender Health Learning Hub
- In the Clinic from Annals of Internal Medicine
- DynaMedex®

Annals of Internal Medicine published "Potential Clinical and Economic Impacts of Cutbacks in the President's Emergency Plan for AIDS Relief Program in South Africa: A Modeling Analysis" (2/11/25)

Lastly, there are two additional external items that may be of interest to you. There is a Stand Up for Science 2025 rally scheduled for March 7, 2025, in Washington, D.C., and in cities across the country. Second, physicians who are concerned about patients who are immigrants could consider sharing the "Know Your Rights" resource from the National Immigration Law Center.

ACP's Strong Advocacy Efforts Addressing ACIP and Vaccine-Related Issues



Join more than 15,000 colleagues in the Advocates for Internal Medicine Network (AIMn) in advocating for the interests of internal medicine in Washington, D.C. The AIMn program is for ACP members interested in participating in federal advocacy. It is designed to help members engage with their federal lawmakers on policy issues important to ACP and internal medicine.

Enroll Now - after clicking the link, scroll down to the right where it says: Enroll in the Advocates for Internal Medicine Network and enter your information to join.

ACP Resource Hubs

2026 ACP Advocacy Priorities

I.M. Emotional Support Hub

Financial Well-being

Telehealth Resources

Integrating Behavioral and Mental Health into Primary Care

Practice Resources

Clinical Information Resources

Substance Use Disorder Education

AI Resource Hub

ACP offers educational webinars for ACP members on a variety of topics relevant to internal medicine.

These webinars provide an opportunity to learn, pose questions, and share ideas with others. Register for an upcoming webinar today. Can't make it to the live webinar? Access webinar recordings in the On-Demand Library.

ACP Online Upcoming Webinars

ACT NOW!

Renew your ACP membership today.



UNPAID DUES?

Act now and renew your ACP membership today!

If you haven't already, renew your ACP membership today to regain access to your member-exclusive educational and clinical benefits, valued at over \$6,000! As a valued member of ACP, your success is important to the internal medicine community.

Stay connected with the internal medicine community. Get free subscriptions to *Annals of Internal Medicine*[®] and *DynaMedex*[®]. You'll also get discounts on ACP MKSAPSM, Board Review courses, the annual Internal Medicine Meeting, and more. [If applicable, insert info about an upcoming chapter activity]

Don't let these valuable opportunities slip away—renew now and thrive with us!

Renew your membership today to explore all your member-exclusive benefits.

2025 Annual Meeting

CLAIM CME*

***expires 9/27/26**

Meeting Hub - Slides are available