

ACP[®]

American College of Physicians
Leading Internal Medicine, Improving Lives

Virginia Chapter

September 2025

Chapter News

[Register Today!](#)

Annual Scientific Meeting

Virginia Chapter ACP
September 26-27, 2025
Hilton Richmond
Hotel & Spa - Short Pump

full day Friday, half day Saturday

11.5 hrs of CME credit
and MOC points



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Chapter

2025 Annual Scientific Meeting

The Annual Meeting is just weeks away and registration is open. We are returning to the Hilton in Short Pump September 26-27 for a full day Friday, half day Saturday meeting. This year we are excited to offer several meeting options. We will offer a virtual option and one day registration options. All of the choices are on the registration page, linked below!

Darilyn Moyer, MD MACP, CEO and Executive VP of ACP will give the Moss Lecture, which is the opening session of the meeting. Dr. Moyer is followed by an outstanding roster of speakers on Friday and Saturday.

Make your plans now! We look forward to seeing you next month.

Meeting Highlights

- Substance Use Disorders
- AI in the exam room
- Supplements
- Lipidology
- Aging Skin
- MSK: Hand
- MASLD
- Geriatrics
- Best Papers
- Challenging Gyn Exams
- And more!

Meeting Hub and Registration

Hilton Richmond Hotel & Spa/Short Pump

Group rate valid until September 2, 2025

Hotel Reservations

2025 Annual Resident and Student Meetings

The Annual Resident and Student meetings will run concurrently with the Annual Scientific Meeting on Saturday, September 27th at the Hilton in Short Pump. All residents and students are also invited to attend the Annual Scientific Meeting. We had a great number of abstracts submitted, which are currently being reviewed. Notifications will be sent to the contact author in the next couple of weeks. Registration is open!

- Attendance is free for all residents & students, A \$25 fee is collected upon registration and refunded by check at the meeting registration desk.

Join Us!

2025 Annual Resident and Student Meetings

**Saturday, September 27, 2025
Hilton Richmond Hotel & Spa/Short Pump**

**Abstract Competitions
Workshops
Doctor's Dilemma**

Meeting is free, includes breakfast and lunch!



Meeting Hub & Registration

GIVE BACK TO THE COMMUNITY HOSTING US!

While we are in Richmond for the 2025 Annual Scientific Meeting, please consider supporting the fund drive campaign for Health Brigade of Richmond.

In 1970, a small community clinic opened – in conjunction with the free university movement and patterned after similar efforts in San Francisco’s Haight-Ashbury neighborhood – in Richmond’s historic Fan District. Health Brigade, formerly Fan Free Clinic, became the first free clinic in the Commonwealth of Virginia.

Over 30% of Richmonders live below the poverty level. That means, 1 in 3 of our neighbors is faced with the difficult decision of whether they buy food, pay rent or obtain medical care. Health Brigade fills a unique role in the community by providing a full range of exceptional health care services to low-income or uninsured persons. Health Brigade is committed to serving the most marginalized populations in the community—not only those with few resources, but also those most oppressed and stigmatized. Health Brigade uses an integrated person-centered care model, offering coordinated services for a healthy mind, body and spirit because we believe that EVERYONE, especially those least served, deserve quality care.*



Scan the QR code
to donate today!

*Source: www.healthbrigade.org

National Voter Registration Day

September 16, 2025

We're officially less than 1 week out from National Voter Registration Day (NVRD) on September 16th- a nationwide, nonpartisan celebration of democracy and the single biggest day of the year to help our communities get registered and ready to vote. It's a day that drives thousands of new registrations across the country, and it's the perfect opportunity to spark action with your colleagues and patients.

In Virginia, the decisions that shape our health start long before we reach the clinic- they're made at the ballot box. But too many folks still aren't registered to vote. The October 24 voter registration deadline coming fast, this is a chance to change that.

Here are 3 simple ways you can do:

- Check your own voter registration status at vote.health/virginia**
- Send a staff-wide reminder email: [You can make a copy of this template](#) or use the PDF below**
- Host a voter engagement event or table on or around NVRD**

This is a chance to ensure the people we serve have a voice in the decisions that shape their health and lives.

One week. One goal. Let's get VA vote-ready!

Virginians: Your vote impacts your health

80% of what impacts your health happens outside of your doctor's office. It's determined by where you live, the quality of your schools, your job opportunities, and the laws that govern your community.

That's why health groups say voting can help our communities stay healthy. When it's easier for patients to vote, doctors and nurses can help patients like you stay healthier in and outside of the exam room. Voting also helps all of us have a voice in the laws affecting health in our cities, state, and across the country.



Nationally

The 2024 election changed Medicaid. National elections determine how much money goes to our communities. The people we elect decide whether we strengthen Medicaid or risk losing the healthcare coverage used by nearly 1.9 million Virginians.



In Virginia Health outcomes are dramatically different from one state to the next. The Virginia General Assembly enacted significant healthcare changes. In 2018, the Virginia General Assembly approved a state budget that included Medicaid Expansion.¹



Locally

Local elections can have the most direct impact on healthcare. For example, county officials and school staff in Henrico County launched Henrico CARES in 2024 increase access to high quality mental health services in schools.²

¹Ballotpedia - https://ballotpedia.org/Medicaid_spending_in_Virginia

²

Henrico County - <https://henrico.gov/news/2024/03/henrico-cares-signals-call-to-action-to-strengthen-youth-mental-health-services/>



Scan this QR code to get ready to vote today.
Your vote is your health's best advocate.



ACP Peer Coaching

Connect with Your [ACP National Peer Coaching Team](#)!

Have Coaching Questions? Interested in learning more about ACP's Physician Peer Coaching Program?

To support members in their professional development and to enhance the value of ACP membership, we launched the member-exclusive Physician Peer Coaching Program in the fall of 2024. This program offers a range of 1:1 and group coaching options to meet career, quality improvement, and well-being needs. Coaching Subject Matter Expert (SME) Presentations: available both prerecorded and live (more details to come) Coaching Program Consultation Office Hours: offering dedicated time for Q&A (more details to come)

For any coaching-related questions or support, please reach out to us at coaching@acponline.org.



Join more than 15,000 colleagues in the Advocates for Internal Medicine Network (AIMn) in advocating for the interests of internal medicine in Washington, D.C. The AIMn program is for ACP members interested in participating in federal advocacy. It is designed to help members engage with their federal lawmakers on policy issues important to ACP and internal medicine.

[Enroll Now](#) - after clicking the link, scroll down to the right where it says: Enroll in the Advocates for Internal Medicine Network and enter your information to join.

National Physician Suicide Awareness Day

September 17, 2025

Approaching Physician Suicide as a Problem Requiring Healthcare System Change

ACP recognizes Physician Suicide as a complex problem requiring system change and has compiled an annotated list of resources on various types of programs and research in this area.

While overall research and data on this subject remains sparse, the most consistent finding is a lack of agreement amongst experts, researchers, and physician leaders on the causes of physician suicide, how to report it, and what can be done to prevent it. Although this is a complex topic that cannot be distilled to simple binary debates, there continues to be discussion around the importance of pre-existing conditions/personal responsibility versus systemic issues, privacy concerns, lack of accurate data and the demand for more time and resources devoted to this topic. One suggestion was to encourage reporting of physician suicides to the CDC's National Violent Death Reporting System (NVDRS) to build a more accurate and robust dataset.

In addition to these concerns, there has been positive progress on the advocacy front, such as The Dr. Lorna Breen Health Care Provider Protection Act. It is legislation supporting health workers' mental health and wellbeing and must be reauthorized by Congress so that its programs, including developing suicide prevention resources tailored to the unique working conditions of health workers; supporting evidence-informed programs to reduce health worker burnout and improve working conditions; and providing innovative training materials for healthcare leaders to address the specific operational factors and burdens driving burnout of their workforce can continue.

What ACP is Doing

ACP has been a strong voice advocating for the need to reduce stigma and help physicians know they are not alone. ACP's efforts include:

Advocating for System Change

- Promotes reducing stigma around physicians seeking mental health care
- Developed Patients Before Paperwork Initiative and Advocacy Toolkit to modernize license/credentialing applications.

National Partnerships

- Joined National Physician Suicide Awareness (NPSA) Day coalition with 150+ partners.
- Expanded efforts into a year-round campaign supporting mental health help-seeking and positive work environments.

Support for Physicians

- Goal: ensure physicians know they're not alone; seeking help = strength.
- Published policy paper on Physician Suicide Prevention and the Ethics and Role of a Healing Community.
- ACP offers a CME case study on physician suicide prevention and the ethics and role of the physician colleague and the healing community

Educational Resources

- Micro-learnings, covering topics such as:
 - Building support networks
 - Promoting psychological safety
 - Fostering belonging in communities
 - Peer coaching to support colleagues in need

Efforts to decrease burnout and prevent physician suicide are built into these ACP products and services, yet there is always an opportunity to find ways to highlight and better articulate those connections to ACP members. ACP has and will continue to advocate for healthy workplace conditions for physicians and their teams to reduce burnout, prevent suicidal behaviors and ideations, and increase overall physician well-being and professional fulfillment.

For more resources please visit the
[IM Emotional Support Hub](#)

Visit The New One-Stop Collection of ACP's Recent Advocacy Efforts

ACP advocates for you on policy changes that will make a difference in your daily work, your professional development, and your patients' health. For the latest advocacy efforts from ACP, visit the [new one-stop collection](#) featuring articles, statements, and ways you can take action on various campaigns.

Latest ACP Advocacy Updates:

- ACP shared its priorities with the presidential transition team, ahead of President Trump being sworn into office, and congressional leadership.
- ACP has also sent a letter to RFK Jr
- ACP has issued the following public statements:
 - Reiterated the importance of vaccines and evidence-based public health policies
 - Issued a joint statement with 5 other medical societies to protest the U.S. withdrawing from the World Health Organization
 - Reaffirmed our commitment to advancing equity
 - Issued a joint statement about the removal of data and guidance from federal websites
 - Issued a joint statement about protecting Medicaid

ACP has signed on to the following amicus briefs:

State of Nebraska, et al., v. U.S. Environmental Protection Agency, et al.; Alliance of Nurses for Healthy Environments, et al. This case challenges the EPA's authority to reduce emissions by accelerating the adoption of electric trucks. The amicus brief that ACP signed onto in the case argues that the rule will achieve significant emissions reductions that are expected to benefit human health.

The below briefs are still to be filed:

PFLAG, Inc., et al., v. Donald J. Trump, in his official capacity as President of the United States. This case was filed by PFLAG, GLMA, and a number of adolescents and their parents against the executive order that President Trump signed seeking to functionally ban gender affirming care for individuals under the age of 19. The amicus brief that ACP signed onto in the case argues that the widely accepted guidelines for treating gender dysphoria were developed through a robust and transparent process and provide for gender-affirming medical care when indicated.

ACP is also in the process of signing onto another brief in a separate case also against the executive order on gender affirming care.

ACP is implementing several grassroots advocacy campaigns via the ACP's Advocates for Internal Medicine network that address protecting access to care for Medicaid enrollees, supporting the Medicare Patient Access and Practice Stabilization Act; and supporting funding for the NHSC and THCGME Programs.

ACP has reminded members that they have access to the following clinical resources:

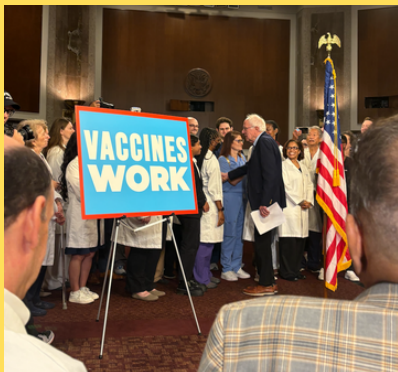
- Adult Immunization Resource Hub
- Sex and Gender Health Learning Hub
- In the Clinic from Annals of Internal Medicine
- DynaMedex®

Annals of Internal Medicine published "Potential Clinical and Economic Impacts of Cutbacks in the President's Emergency Plan for AIDS Relief Program in South Africa: A Modeling Analysis" (2/11/25)

Lastly, there are two additional external items that may be of interest to you. There is a Stand Up for Science 2025 rally scheduled for March 7, 2025, in Washington, D.C., and in cities across the country. Second, physicians who are concerned about patients who are immigrants could consider sharing the "Know Your Rights" resource from the National Immigration Law Center.

ACP's Strong Advocacy Efforts Addressing ACIP and Vaccine-Related Issues

Members in Action



VA ACP Chapter member, **Cindy Anderson** of Vienna, joined numerous other "white coats" at the public press conference, *Vaccines Work*, held by Senator Sanders on September 9th!

ACP Resource Hubs

2025 ACP Advocacy Priorities

I.M. Emotional Support Hub

Financial Well-being

Telehealth Resources

Integrating Behavioral and Mental Health into Primary Care

Practice Resources

Clinical Information Resources

Substance Use Disorder Education

AI Resource Hub

ACP offers educational webinars for ACP members on a variety of topics relevant to internal medicine.

These webinars provide an opportunity to learn, pose questions, and share ideas with others. Register for an upcoming webinar today. Can't make it to the live webinar? Access webinar recordings in the On-Demand Library.

ACP Online Upcoming Webinars

ACT NOW!

Renew your ACP membership today.



UNPAID DUES?

Act now and renew your ACP membership today!

If you haven't already, renew your ACP membership today to regain access to your member-exclusive educational and clinical benefits, valued at over \$6,000! As a valued member of ACP, your success is important to the internal medicine community.

Stay connected with the internal medicine community. Get free subscriptions to *Annals of Internal Medicine*® and *DynaMedex*®. You'll also get discounts on ACP MKSAPSM, Board Review courses, the annual Internal Medicine Meeting, and more. [If applicable, insert info about an upcoming chapter activity]

Don't let these valuable opportunities slip away—renew now and thrive with us!

Renew your membership today to explore all your member-exclusive benefits.

2024 Annual Meeting

CLAIM CME*

*expires 9/27/25

Meeting Hub - Slides are available

Upcoming Virginia ACP Meeting Dates

2025 Annual Meeting

September 26 - 27, 2025

Hilton Short Pump - Richmond

2025 Resident and Student Meetings

September 27, 2025

Hilton Short Pump - Richmond

VA ACP Journal Club

October 16, 2025

7 - 7:30pm

[Register here](#)

2026 Annual Meeting

September 25 - 26, 2026

Sheraton Norfolk Waterside Hotel

Other Important Dates

MSV Annual Meeting

October 24 - 26, 2025

Hilton Norfolk The Main

[Meeting Information](#)

IMM 2026

April 16 - 18, 2026

San Francisco, CA