



ACP[®]

American College of Physicians
Leading Internal Medicine, Improving Lives

Virginia Chapter

November 2025

Chapter News

Annual Scientific Meeting

The 2025 Annual Meeting at the Hilton in Short Pump was held on September 26-27th. It was a great meeting filled with outstanding talks! Thank you to the Program Planning Committee and the fantastic slate of meeting faculty who shared their expertise with us.

Don't forget! Click to **[CLAIM YOUR CME!](#)**

Was there a topic that you would like to see added to the educational agenda for next year? Please include that on your evaluation of the meeting when you claim your CME. The Planning Committee uses the topic suggestions on the evaluation to create the following year's meeting agenda.

If you did not have an opportunity to make a donation to the Health Brigade while you were at the meeting, the link is still live. See page 5.

Mark your calendars now for the 2026 Annual Scientific Meeting. We will be at the Sheraton Norfolk Waterside Hotel on September 25 -26th.

Annual Resident and Student Meetings

The Annual Resident and Student meetings ran concurrently with the Annual Scientific Meeting on Saturday, September 27th at the Hilton in Short Pump. The day was filled with great oral and poster presentations of scholarly work from around the Commonwealth. The exciting conclusion of the weekend was the Doctor's Dilemma Competition.

Congratulations to all of the winning abstracts, which are listed.

And, Congratulations to the **Carilion Clinic Doctor's Dilemma Team**, who won the contest in Richmond and will move on to compete in the National Doctor's Dilemma Competition. The Carilion Clinic team will represent the Virginia Chapter in San Francisco at IMM 2026.

2025 Abstracts Winners

Students - Poster Session

1st place

Bridging the PrEP Gap in Portsmouth, Virginia: A Patient-Centered, Systems-Based Approach to HIV Prevention

Bailey Steelman, Rodrene Durant FNP, Jessica Loring DNP, Michelle Winz MPH, Kavita Imrit-Thomas DO, Eastern Virginia Medical School, Norfolk.

2nd place

A Decade of Disease Stability in Advanced Squamous Cell Lung Carcinoma with Brain Metastases: A Case Report

Shawn Dziepak, Mark Johnston, Sydney Moriarty DO, Barry S. Brown, DO, Edward Via Virginia College of Osteopathic Medicine, Blacksburg.

3rd place

Transplant referral and preventative care use by life expectancy among patients starting hemodialysis

Maxwell Malter, Claire Maher, Ben Lobo, PhD, Jennie Ma, PhD, Julia Scialla, MD, MHS, University of Virginia, Charlottesville.

Residents - Oral Sessions

High Value Care

1st place

Palliative Care Consultations Reduce Inpatient Costs and Length of Stay: A Retrospective Analysis in a Rural Community Hospital

Alexander Nguyen, Adam Rasoul, MD, Augusta Health, Fishersville.

Quality Improvement

1st place

Effectiveness of A New Standardized Diabetes Order Set on Inpatient Glycemic Management

Madeline Evans, Eric B. Schafer, Deki Tsering, Maxwell F. Martin, Margaret M. Wovkulich, Jeffrey A. Beall, Connor J. Rossier, Michael R. Schmitt, Stéphanie B. Mayer, Bahnsen P. Miller, Virginia Commonwealth University Health System, Richmond.

Research

1st place

What Is the Best FIT? Comparing Completion Rates between the Fecal Immunochemical Test and the FIT-DNA Test

Olivia Becker, David Callender, MD, Andrew Wolf, MD, University of Virginia, Charlottesville.

2nd place

Extramedullary Manifestations of Acute Myeloid Leukemia: A Single Center's Experience

Alexander Mink, Virginia Commonwealth University Health System, Richmond.

3rd place

Pursuing Pharmacoequity in HIV Care: State-Level Gaps in Access to Cardiovascular Medications through AIDS Drug Assistance Programs

Elizabeth Panther, Jonathan Crowe, MD, MPH, MSc, Tim Horn, MS; Amy Killelea, JD, Erin Rogers, PhD, MPH, Feng Liu, PhD, Jessica Keim-Malpass, RN, PhD, CPNP-AC, Amber Steen, MA, Kathleen McManus, MD, MSCR, FIDSA, University of Virginia, Charlottesville.

Clinical Vignette

1st place*

Clostridial Myonecrosis of Multiple Sites: A Case Report

Alexander Mink, Tim Johnson, Virginia Commonwealth University Health System, Richmond.

2nd place

Why Do I Look Different, Doc? A Case of Cushing's Syndrome from Prophylactic Dexamethasone Mouthwash in a Breast Cancer Patient on Everolimus

Noemi Garg, Akram Alkrekshi, MD, Dmitriy Stasishin, DO, Elaine M. Walsh, MB BCh PhD, Georgetown University, Washington DC.

3rd place

An eye from a foot! Endophthalmitis from disseminated MRSA bacteremia

Kainuo Wu, Carilion Clinic-Virginia Tech, Roanoke.

* - The 1st place CV oral presentation receives an automatic entry into the National Poster Competition at IMM 2026.

Resident - Poster Session

1st place

Unravelling a Thyroid Mass Mystery: From CEFTEs to NUT Carcinoma

Jacqueline Rose, Joyce Chen MD, Mustafa Shehadeh MD, Jordan Sleep DO, George Washington University, Washington, DC.

2nd place

Wrong Headache : A Case of Cladophialophora brain abscess

Richard Antoun, Kelly E. Gordon, MS4; Sydney A. Stayrook, DO, Carilion Clinic-Virginia Tech, Roanoke.

3rd place

The Stroke That Wasn't: Appendicitis Presenting as Acute Neurological Deficits in an Elderly Patient with Parkinson's Disease

Matthew Feldman, Trang Le, MD, David Friedel, MD, Virginia Commonwealth University Health System, Richmond.

GIVE BACK TO THE COMMUNITY HOSTING US!

While we are in Richmond for the 2025 Annual Scientific Meeting, please consider supporting the fund drive campaign for Health Brigade of Richmond.

In 1970, a small community clinic opened – in conjunction with the free university movement and patterned after similar efforts in San Francisco’s Haight-Ashbury neighborhood – in Richmond’s historic Fan District. Health Brigade, formerly Fan Free Clinic, became the first free clinic in the Commonwealth of Virginia.

Over 30% of Richmonders live below the poverty level. That means, 1 in 3 of our neighbors is faced with the difficult decision of whether they buy food, pay rent or obtain medical care. Health Brigade fills a unique role in the community by providing a full range of exceptional health care services to low-income or uninsured persons. Health Brigade is committed to serving the most marginalized populations in the community—not only those with few resources, but also those most oppressed and stigmatized. Health Brigade uses an integrated person-centered care model, offering coordinated services for a healthy mind, body and spirit because we believe that EVERYONE, especially those least served, deserve quality care.*



Scan the QR code
to donate today!

*Source: www.healthbrigade.org

ACP Peer Coaching

Connect with Your [ACP National Peer Coaching Team](#)!

Have Coaching Questions? Interested in learning more about ACP's Physician Peer Coaching Program?

To support members in their professional development and to enhance the value of ACP membership, we launched the member-exclusive Physician Peer Coaching Program in the fall of 2024. This program offers a range of 1:1 and group coaching options to meet career, quality improvement, and well-being needs. Coaching Subject Matter Expert (SME) Presentations: available both prerecorded and live (more details to come) Coaching Program Consultation Office Hours: offering dedicated time for Q&A (more details to come)

For any coaching-related questions or support, please reach out to us at coaching@acponline.org.



Join more than 15,000 colleagues in the Advocates for Internal Medicine Network (AIMn) in advocating for the interests of internal medicine in Washington, D.C. The AIMn program is for ACP members interested in participating in federal advocacy. It is designed to help members engage with their federal lawmakers on policy issues important to ACP and internal medicine.

[Enroll Now](#) - after clicking the link, scroll down to the right where it says: Enroll in the Advocates for Internal Medicine Network and enter your information to join.

What ACP is Doing

ACP has been a strong voice advocating for the need to reduce stigma and help physicians know they are not alone. ACP's efforts include:

Advocating for System Change

- Promotes reducing stigma around physicians seeking mental health care
- Developed Patients Before Paperwork Initiative and Advocacy Toolkit to modernize license/credentialing applications.

National Partnerships

- Joined National Physician Suicide Awareness (NPSA) Day coalition with 150+ partners.
- Expanded efforts into a year-round campaign supporting mental health help-seeking and positive work environments.

Support for Physicians

- Goal: ensure physicians know they're not alone; seeking help = strength.
- Published policy paper on Physician Suicide Prevention and the Ethics and Role of a Healing Community.
- ACP offers a CME case study on physician suicide prevention and the ethics and role of the physician colleague and the healing community

Educational Resources

- Micro-learnings, covering topics such as:
 - Building support networks
 - Promoting psychological safety
 - Fostering belonging in communities
 - Peer coaching to support colleagues in need

Efforts to decrease burnout and prevent physician suicide are built into these ACP products and services, yet there is always an opportunity to find ways to highlight and better articulate those connections to ACP members. ACP has and will continue to advocate for healthy workplace conditions for physicians and their teams to reduce burnout, prevent suicidal behaviors and ideations, and increase overall physician well-being and professional fulfillment.

For more resources please visit the
[IM Emotional Support Hub](#)

Visit The New One-Stop Collection of ACP's Recent Advocacy Efforts

ACP advocates for you on policy changes that will make a difference in your daily work, your professional development, and your patients' health. For the latest advocacy efforts from ACP, visit the [new one-stop collection](#) featuring articles, statements, and ways you can take action on various campaigns.

Latest ACP Advocacy Updates:

- ACP shared its priorities with the presidential transition team, ahead of President Trump being sworn into office, and congressional leadership.
- ACP has also sent a letter to RFK Jr
- ACP has issued the following public statements:
 - Reiterated the importance of vaccines and evidence-based public health policies
 - Issued a joint statement with 5 other medical societies to protest the U.S. withdrawing from the World Health Organization
 - Reaffirmed our commitment to advancing equity
 - Issued a joint statement about the removal of data and guidance from federal websites
 - Issued a joint statement about protecting Medicaid

ACP has signed on to the following amicus briefs:

State of Nebraska, et al., v. U.S. Environmental Protection Agency, et al.; Alliance of Nurses for Healthy Environments, et al. This case challenges the EPA's authority to reduce emissions by accelerating the adoption of electric trucks. The amicus brief that ACP signed onto in the case argues that the rule will achieve significant emissions reductions that are expected to benefit human health.

The below briefs are still to be filed:

PFLAG, Inc., et al., v. Donald J. Trump, in his official capacity as President of the United States. This case was filed by PFLAG, GLMA, and a number of adolescents and their parents against the executive order that President Trump signed seeking to functionally ban gender affirming care for individuals under the age of 19. The amicus brief that ACP signed onto in the case argues that the widely accepted guidelines for treating gender dysphoria were developed through a robust and transparent process and provide for gender-affirming medical care when indicated.

ACP is also in the process of signing onto another brief in a separate case also against the executive order on gender affirming care.

ACP is implementing several grassroots advocacy campaigns via the ACP's Advocates for Internal Medicine network that address protecting access to care for Medicaid enrollees, supporting the Medicare Patient Access and Practice Stabilization Act; and supporting funding for the NHSC and THCGME Programs.

ACP has reminded members that they have access to the following clinical resources:

- Adult Immunization Resource Hub
- Sex and Gender Health Learning Hub
- In the Clinic from Annals of Internal Medicine
- DynaMedex®

Annals of Internal Medicine published "Potential Clinical and Economic Impacts of Cutbacks in the President's Emergency Plan for AIDS Relief Program in South Africa: A Modeling Analysis" (2/11/25)

Lastly, there are two additional external items that may be of interest to you. There is a Stand Up for Science 2025 rally scheduled for March 7, 2025, in Washington, D.C., and in cities across the country. Second, physicians who are concerned about patients who are immigrants could consider sharing the "Know Your Rights" resource from the National Immigration Law Center.

ACP's Strong Advocacy Efforts Addressing ACIP and Vaccine-Related Issues

ACP Resource Hubs

2025 ACP Advocacy Priorities

I.M. Emotional Support Hub

Financial Well-being

Telehealth Resources

Integrating Behavioral and Mental Health into Primary Care

Practice Resources

Clinical Information Resources

Substance Use Disorder Education

AI Resource Hub

ACP offers educational webinars for ACP members on a variety of topics relevant to internal medicine.

These webinars provide an opportunity to learn, pose questions, and share ideas with others. Register for an upcoming webinar today. Can't make it to the live webinar? Access webinar recordings in the On-Demand Library.

ACP Online Upcoming Webinars

ACT NOW!

Renew your ACP membership today.



UNPAID DUES?

Act now and renew your ACP membership today!

If you haven't already, renew your ACP membership today to regain access to your member-exclusive educational and clinical benefits, valued at over \$6,000! As a valued member of ACP, your success is important to the internal medicine community.

Stay connected with the internal medicine community. Get free subscriptions to *Annals of Internal Medicine*® and *DynaMedex*®. You'll also get discounts on ACP MKSAPSM, Board Review courses, the annual Internal Medicine Meeting, and more. [If applicable, insert info about an upcoming chapter activity]

Don't let these valuable opportunities slip away—renew now and thrive with us!

Renew your membership today to explore all your member-exclusive benefits.

2025 Annual Meeting

CLAIM CME*

*expires 9/27/26

Meeting Hub - Slides are available

Upcoming Virginia ACP Meeting Dates

ECP - Financial Planning hot Topics with Edelman Financial

November 12, 2025

12noon - Zoom

[Register here](#)

2026 Annual Meeting

September 25 - 26, 2026

Sheraton Norfolk Waterside Hotel

Other Important Dates

IMM 2026

April 16 - 18, 2026

San Francisco, CA

VCU Institute for Women's Health - Health of Women 2026 Conference

May 29, 2026

Hilton Richmond Hotel & Spa - Short Pump