

# **December 2025**

# **Chapter News**

2025 Annual Meeting

<u>CLAIM CME\*</u>

\*expires 9/27/26

Meeting Hub - Slides are available

Upcoming Virginia ACP Meeting Dates

#### 2026 Annual Meeting

September 25 - 26, 2026 Sheraton Norfolk Waterside Hotel

## **Other Important Dates**

#### **MSV Whites Coats on Call**

February 12, 2026 Richmond Register here

#### **IMM 2026**

April 16 - 18, 2026 San Francisco, CA

VCU Institute for Women's Health - Health of Women 2026 Conference

May 29, 2026

Hilton Richmond Hotel & Spa - Short Pump

# **ACP Peer Coaching**

Connect with Your ACP National Peer Coaching Team!

Have Coaching Questions? Interested in learning more about ACP's Physician Peer Coaching Program?

To support members in their professional development and to enhance the value of ACP membership, we launched the member-exclusive Physician Peer Coaching Program in the fall of 2024. This program offers a range of 1:1 and group coaching options to meet career, quality improvement, and well-being needs. Coaching Subject Matter Expert (SME) Presentations: available both prerecorded and live (more details to come) Coaching Program Consultation Office Hours: offering dedicated time for Q&A (more details to come)

For any coaching-related questions or support, please reach out to us at coaching@acponline.org.



Join more than 15,000 colleagues in the Advocates for Internal Medicine Network (AlMn) in advocating for the interests of internal medicine in Washington, D.C. The AlMn program is for ACP members interested in participating in federal advocacy. It is designed to help members engage with their federal lawmakers on policy issues important to ACP and internal medicine.

<u>Enroll Now</u> - after clicking the link, scroll down to the right where it says: Enroll in the Advocates for Internal Medicine Network and enter your information to join.

#### **What ACP is Doing**

ACP has been a strong voice advocating for the need to reduce stigma and help physicians know they are not alone. ACP's efforts include:

#### **Advocating for System Change**

- Promotes reducing stigma around physicians seeking mental health care
- Developed <u>Patients Before Paperwork Initiative</u> and <u>Advocacy Toolkit</u> to modernize license/credentialing applications.

#### **National Partnerships**

- Joined National Physician Suicide Awareness (NPSA) Day coalition with 150+ partners.
- Expanded efforts into a <u>year-round campaign</u> supporting mental health helpseeking and positive work environments.

#### **Support for Physicians**

- Goal: ensure physicians know they're not alone; seeking help = strength.
- Published policy paper on <u>Physician Suicide Prevention and the Ethics and Role</u> of a <u>Healing Community</u>.
- ACP offers a <u>CME case study</u> on physician suicide prevention and the ethics and role of the physician colleague and the healing community

#### **Educational Resources**

- Micro-learnings, covering topics such as:
  - Building support networks
  - Promoting psychological safety
  - Fostering belonging in communities
  - Peer coaching to support colleagues in need

Efforts to decrease burnout and prevent physician suicide are built into these ACP products and services, yet there is always an opportunity to find ways to highlight and better articulate those connections to ACP members. ACP has and will continue to advocate for healthy workplace conditions for physicians and their teams to reduce burnout, prevent suicidal behaviors and ideations, and increase overall physician well-being and professional fulfillment.

For more resources please visit the IM Emotional Support Hub

# Visit The New One-Stop Collection of ACP's Recent Advocacy Efforts

ACP advocates for you on policy changes that will make a difference in your daily work, your professional development, and your patients' health. For the latest advocacy efforts from ACP, visit the <a href="new one-stop collection">new one-stop collection</a> featuring articles, statements, and ways you can take action on various campaigns.

#### Latest ACP Advocacy Updates:

- ACP shared its priorities with the presidential transition team, ahead of President Trump being sworn into office, and congressional leadership.
- ACP has also sent a letter to RFK Jr
- ACP has issued the following public statements:
- Reiterated the importance of vaccines and evidence-based public health policies
- Issued a joint statement with 5 other medical societies to protest the U.S. withdrawing from the World Health Organization
- Reaffirmed our commitment to advancing equity
- Issued a joint statement about the removal of data and guidance from federal websites
- Issued a joint statement about protecting Medicaid

ACP has signed on to the following amicus briefs:

State of Nebraska, et al., v. U.S. Environmental Protection Agency, et al.; Alliance of Nurses for Healthy Environments, et al. This case challenges the EPA's authority to reduce emissions by accelerating the adoption of electric trucks. The amicus brief that ACP signed onto in the case argues that the rule will achieve significant emissions reductions that are expected to benefit human health.

#### The below briefs are still to be filed:

PFLAG, Inc., et al., v. Donald J. Trump, in his official capacity as President of the United States. This case was filed by PFLAG, GLMA, and a number of adolescents and their parents against the executive order that President Trump signed seeking to functionally ban gender affirming care for individuals under the age of 19. The amicus brief that ACP signed onto in the case argues that the widely accepted guidelines for treating gender dysphoria were developed through a robust and transparent process and provide for gender-affirming medical care when indicated.

ACP is also in the process of signing onto another brief in a separate case also against the executive order on gender affirming care.

ACP is implementing several grassroots advocacy campaigns via the ACP's Advocates for Internal Medicine network that address protecting access to care for Medicaid enrollees, supporting the Medicare Patient Access and Practice Stabilization Act; and supporting funding for the NHSC and THCGME Programs.

ACP has reminded members that they have access to the following clinical resources:

- Adult Immunization Resource Hub
- Sex and Gender Health Learning Hub
- In the Clinic from Annals of Internal Medicine
- DynaMedex<sup>®</sup>

Annals of Internal Medicine published "Potential Clinical and Economic Impacts of Cutbacks in the President's Emergency Plan for AIDS Relief Program in South Africa: A Modeling Analysis" (2/11/25)

Lastly, there are two additional external items that may be of interest to you. There is a Stand Up for Science 2025 rally scheduled for March 7, 2025, in Washington, D.C., and in cities across the country. Second, physicians who are concerned about patients who are immigrants could consider sharing the "Know Your Rights" resource from the National Immigration Law Center.

# <u>ACP's Strong Advocacy Efforts Addressing ACIP</u> and Vaccine-Related Issues

### **ACP Resource Hubs**

**2025 ACP Advocacy Priorities** 

I.M. Emotional Support Hub

**Financial Well-being** 

**Telehealth Resources** 

<u>Integrating Behavioral and Mental Health into Primary</u>

<u>Care</u>

**Practice Resources** 

**Clinical Information Resources** 

**Substance Use Disorder Education** 

**Al Resource Hub** 

ACP offers educational webinars for ACP members on a variety of topics relevant to internal medicine.

These webinars provide an opportunity to learn, pose questions, and share ideas with others. Register for an upcoming webinar today. Can't make it to the live webinar? Access webinar recordings in the <u>On-Demand Library</u>.

ACP Online Upcoming Webinars

# ACT NOW! Renew your ACP membership today. ACP

#### **UNPAID DUES?**

#### **Act now and renew your ACP membership today!**

If you haven't already, <u>renew your ACP membership today</u> to regain access to your member-exclusive educational and clinical benefits, valued at over \$6,000! As a valued member of ACP, your success is important to the internal medicine community.

Stay connected with the internal medicine community. Get free subscriptions to Annals of Internal Medicine® and DynaMedex®. You'll also get discounts on ACP MKSAP™, Board Review courses, the annual Internal Medicine Meeting, and more. [If applicable, insert info about an upcoming chapter activity]

Don't let these valuable opportunities slip away—<u>renew now</u> and thrive with us!

Renew your membership today to explore all your member-exclusive benefits.