

Pulse Check - Reflections and Humanism in Medicine – Submission Guidelines

“In a cardiac arrest, check your own pulse first” not only reminds us not to panic, but also to listen to our body and tend to our own needs as care givers. Many of us find balance in the arts and we are looking to share your story, be it personal or related to experiences with patients but always reflective. Submit your original work (essays, fiction, poetry, personal narrative suited for a story slam, art, photography, music, video) that depicts humanism or another element of reflective practice within internal medicine. Submissions selected will be displayed or invited to perform at the annual ACP VA Chapter Residents’ Day.

Submissions can either be emailed directly to acpvirginiaresidents@gmail.com or a link to a file sharing service (i.e. .Dropbox) can be shared with this Google account so content can be uploaded. Please follow the naming convention for your files as described below.

Writing an essay, fiction, poetry, personal narrative suited for a story slam?

There is no limit on the length of written pieces but it should take no more than 5 minutes to read your piece. Please make sure submissions are devoid of patient identifiers.

Submissions should include:

- Original piece with a title
- Brief bio of the author (<100 words) including position and institution.

Please name your files according to this example: For a poem or story called “Post-Call Rounds” by Dr. Intern, you would send the piece as a separate file named “PostCall _Poem_Intern.doc and send the Biography named “PostCall_Bio_Intern.doc”.

Submitting art in a visual format or music?

We welcome any creative media so if you have any questions, just email us. Please make sure submissions are devoid of patient identifiers.

Submissions should include:

- Original piece or a picture of the piece if painting or sculpture
- Title of the work (up to 8 words and/or 40 characters)
- Brief bio of the author (<100 words) including position and institution.
- 140 character caption if appropriate and desired for the media (picture, sculpture, photo, video)
- Optional short essay about what the piece means to you (up to 150 words)

Please follow this naming convention for your files: For submission of a photograph called “Post-Call Rounds” by Dr. Intern, you would send the piece as a separate file named “PostCall _Photo_Intern.jpg and send the essay named “PostCall_Intern.doc”.

If you have any questions regarding file format or suitable submissions, please do not hesitate to email us at acpvirginiaresidents@gmail.com.