



Kidney Health

A Webinar Series

Join Texas ACP for a four-part CME webinar series on kidney health featuring Donald E. Wesson, MD MBA.

Each webinar offers one CME credit.



featuring Donald E. Wesson, MD, MBA

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Dr. Wesson is immediate Past President of the Baylor Scott & White Health and Wellness Center in Dallas, TX and is now Professor of Medicine, Dell Medical School-The University of Texas at Austin and the University of Texas Southwestern Medical Center, Dallas, TX. He is a long-time advocate for improving the health of communities through focused, data driven population health initiatives. Dr. Wesson is a thought-leader in academic medicine and an internationally recognized researcher in kidney acidifying mechanisms. He has authored and published more than 150 scientific papers regarding kidney physiology, more than a dozen books about kidney disease and hypertension, 18 chapters in scientific textbooks and many other publications on cigarette smoking and its effects on kidneys.

Pricing

One Webinar | \$30 for ACP Members or \$40 for Non-Members

All Four Webinars Bundle | \$100 for ACP Members or

\$130 for Non-Members

Free to All Residents/Fellows/Students

Registration



Scan or select the following link to register today!

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Questions?

Email office@txacp.org with questions.

Importance of Treating the Metabolic Acidosis of Chronic Kidney Disease

June 10th, 2025 | 7:00AM - 8:00AM

Chronic metabolic acidosis is a common complication of chronic kidney disease (CKD). Despite guidelines recommending when and how it should be treated, most candidate patients with CKD are not being treated. Published data support that treatment of metabolic acidosis in patients with CKD improves muscle and bone health and might slow CKD progression.

Kidney Harm Caused by Our Modern Acid-Producing Diets

July 8th, 2025 | 7:00AM - 8:00AM

Modern diets, which are high in acid-producing animal foods and low in base-producing fruits and vegetables, lead to increased acid excretion by the kidneys. Over time, this chronic acid load can damage the kidneys and contribute to chronic kidney disease (CKD). Reducing dietary acid through more plant-based foods may help protect kidney function and slow CKD progression.

Dietary Fruits and Vegetables Promote Kidney Health

August 12th, 2025 | 7:00AM - 8:00AM

Diets high in fruits and vegetables (F&V) are recommended first-line management for the two major causes of chronic kidney disease (CKD) in the US, diabetes and hypertension. Unfortunately, such diets are under-prescribed for the management of diabetes and hypertension and when prescribed, are under-implemented. Such diets not only improve management of these two causes of CKD, they also improve kidney health in individuals with CKD due to diabetes and/or hypertension.

Gaining Community Trust Facilitates Evidence-Based Treatments for Chronic Kidney Disease

September 9th, 2025 | 7:00AM - 8:00AM

Chronic kidney disease (CKD) disproportionately impacts under-resourced and minoritized communities, with stark income and ethnic disparities in the U.S. Because CKD develops silently over decades and often isn't diagnosed until late stages, effective prevention requires studying early-stage CKD in high-risk, asymptomatic individuals. Building trust within these communities—who often have justified mistrust of healthcare systems—is essential for successful research and intervention efforts.