



South Dakota Chapter 2023 Award Recipients



Early Career Physician of the Year Mahum Shahid, MD

This award honors an Internal Medicine Physician who is practicing in the state of South Dakota and is within sixteen years of graduation from medical school. The recipient demonstrates the ideals of the profession and maintains an active role in the SDACP.

Dr. Mahum Shahid works as a hospitalist at Avera McKennan Hospital and as the Director of Program Diversity and Early Career Development for Women in Internal Medicine for the Internal Medicine Residency Program at the University of South Dakota (USD). She graduated from the Internal Medicine Residency Program at USD in 2021 and has been serving as the Wellbeing Champion for ACP South Dakota since 2022. She is currently a member of the USD GME committee that is developing a wellbeing curriculum for the residents and fellows. She strongly believes that engaged and resilient physicians are the backbone of healthcare systems and physician wellbeing should be recognized as an investment-worthy quality metric. Mahum is also pursuing a Masters in Healthcare Quality and Safety at Harvard Medical School.



Early Career Physician of the Year Amanda Sedlacek, MD

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Dr. Amanda Sedlacek completed a degree in Biology and Psychology at the University of South Dakota. She then completed an Honor's year under the direction of Dr. Doug Martin surrounding Matrix Metalloproteinase and the effect of sex steroids on blood pressure. In 2010, Amanda transitioned to Des Moines University to pursue a Master of Science in Anatomy. She led a 60-person cadaver lab and reflected that the connection with many different people was enjoyable. As a result of that connection, she decided to pursue a career in medicine at Des Moines University of Osteopathic Medicine. She completed medical school in 2015 and was awarded the Gold Humanism Award, which is a peer award based upon clinical and professional merits. Amanda was then accepted into her Internal Medicine residency at St. Josephs of Warren, Ohio and completed in 2018. This was followed by a Fellowship of Palliative and Hospice Medicine at Akron, Ohio. She joined the Yankton Medical Clinic, P.C. practice in 2019 and became a vital resource to the community during the COVID-19 pandemic. In 2020, she became the American Academy of Hospice and Palliative Medicine Primary Care SIG director. She became the director of Sanford School of Medicine's Interdisciplinary Palliative Care seminar in 2021 and has helped to grow the course to include approximately 300 undergraduate and graduate students while helping them lay a solid foundation for Palliative and Hospice Care.



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Volunteerism Award Jennifer Hasvold, MD FACP

This award is bestowed upon a member who has initiated or been involved in volunteer programs or provided exemplary volunteer service. The volunteer activity may include education and teaching endeavors, service to the underprivileged, or work with community service organizations, and should be medically related.

Dr. Jennifer Hasvold grew up in South Dakota and studied Political Science and Health Policy at Duke University. She received her M.D. from the University of Michigan in 2010 and completed her residency there in Internal Medicine and Pediatrics in 2014. Since 2014 she has worked as a hospitalist at Monument Health where she has the privilege of taking care of patients from across western South Dakota. In 2016 she joined the board of Asniya, a non-profit that works to build healthier communities by fostering an interest in health and healthcare professions among American Indian youth and young adults. She loves working with and expanding educational opportunities for students in her role as clinical assistant professor and Pillar 3 Director with the University of South Dakota Sanford School of Medicine.



Volunteerism Award Kelly Evans-Hullinger, MD FACP

This award is bestowed upon a member who has initiated or been involved in volunteer programs or provided exemplary volunteer service. The volunteer activity may include education and teaching endeavors, service to the underprivileged, or work with community service organizations, and should be medically related.

Dr. Kelly Evans-Hullinger is a general internal medicine physician from Brookings, SD. In addition to practicing primarily primary care internal medicine, she is Clerkship Director for Internal Medicine at Sanford School of Medicine, Councilor for Alpha Omega Alpha South Dakota Chapter, and directs the course for Cardiovascular Physical Diagnosis at SSOM. In 2020 she along with three Brookings colleagues took over for mentor Dr. Rick Holm, the original Prairie Doc. She volunteers with the On Call with the Prairie Doc team, doing a television show, radio show, and newspaper essays, with the mission of providing unbiased, accurate medical information to the public. Kelly enjoys reading, running, and playing golf in her free time. She is the proud mom of Teddy and Zoey (7) along with husband Brodie Hullinger.



Teacher of the Year
Russ Wilke, MD FACP

This award honors a member who exemplifies talent, enthusiasm, and professionalism in medical education. The recipient may demonstrate excellence in education at the medical student, graduate, or continuing education level.

Dr. Russ Wilke completed his residency in IM at the University of Wisconsin and went on to pursue 2 additional years of research training in Preventive Medicine at the Mayo Clinic, in Rochester MN. Russ then joined the Marshfield Clinic in Central Wisconsin practicing Internal Medicine while he slowly built a clinical research program in the emerging field of Pharmacogenetics. He trained numerous medical students and residents as an inpatient attending physician at St. Joseph's Hospital, and some of his trainees went on to pursue advanced training at prestigious institutions (e.g., working with the Framingham study cohort at Boston University). Russ, along with his colleagues were the first team to identify gene variants associated with statin-induced muscle side effects. He was eventually recruited to Vanderbilt University Medical Center in Nashville, where he built an NIH-funded research program characterizing genetic determinants of serious adverse drug reactions. He trained staff at all levels, including fellows in clinical pharmacology, and many of those fellows have generated high-impact publications in *Nature*, *Science*, and *JAMA*, on their way to establishing faculty positions at major institutions. In 2013, Russ joined the Internal Medicine practice group at Sanford Health. Working together with colleagues and leaders within the SD and ND Chapters of the ACP, he has helped move genetic testing into routine practice in the context of primary care. As a Professor of Internal Medicine at the USD/SSOM Russ has consistently mentored medical students and residents as they learn the basic "nuts and bolts" of clinical research, and many of his trainees have leveraged these interactions to successfully compete for additional training opportunities at academic medical centers around the U.S. Russ served as Chair of Internal Medicine at Sanford School of Medicine for 5 years. He is currently Vice Chair of the Department.



Laureate Award
Cathy Leadabrand, MD FACP

This award honors Fellows or Masters of ACP who have demonstrated by their example and conduct an abiding commitment to excellence in medical care, education, or research, and in service to their community, their Chapter, and the American College of Physicians.

Dr. Cathy Leadabrand completed her undergraduate medical training and Primary Care/Internal Medicine residency at the University of Nebraska Medical Center in Omaha. In 1999, she relocated to Watertown, South Dakota where she practiced general internal medicine at Brown Clinic. Cathy transitioned to practicing hospital medicine in 2014 at Prairie Lakes Health System. She served as the Prairie Lakes Hospice Medical Director for several years and is board certified in Hospice and Palliative Care. Since 2017, she has been a hospitalist at Brookings Health System in Brookings, SD. Cathy is known for her teamwork, patient advocacy, and commitment to Internal Medicine, especially in South Dakota. When asked to write about her job, Cathy shared "With the help of the care team and students, I enjoy journeying with my patients throughout the health/disease trajectory: prevention, diagnosis, treatment, recovery, and palliation." She is a dedicated Internal Medicine Physician with patients commenting on her excellent care and colleagues noting her evidence-based and thorough approach to medicine. Cathy has been a loyal and engaged member of the South Dakota ACP Chapter.