

The South Dakota American College of Physicians is pleased to
announce its 2021 Awards

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**Early Career Physician of the Year
Jennifer Hasvold, MD**

This award honors an internist who is practicing in the state of South Dakota and is within sixteen years of graduation from medical school. The recipient demonstrates the ideals of the profession and maintains an active role in the SD ACP.

Dr. Jennifer Hasvold graduated, Magna Cum Laude, from Duke University with a B.A. in Political Science. She then graduated from medical school at the University of Michigan, Ann Arbor where she also completed her Combined Internal Medicine and Pediatrics Residency Program (2010-2014). She began her practice with Monument Health in Rapid City as an Internal Medicine Hospitalist, and as a Pediatrician at Founders Park (until December 2020). She has been a Clinical Assistant Professor at the University of South Dakota, Sanford School of Medicine since 2014. In December 2020 she took on the role of Pillar-3 Director coordinating required and elective rotations in the curriculum for Pillar-3 medical students. In addition she has been a supervisor and mentor of medical students rotating in the hospital. In her various roles she has earned numerous honors and awards including AOA (2010), David Rosen Award for Humanism (2014), CATCH planning grant recipient for School Based Health Center (2018), and the Leonard Tow Humanism Award (2019). She has multiple publications in peer reviewed journals, most recent being "Human metapneumovirus infection in hospitalized children" in *Respiratory Care* February 2020. She has been active in SD ACP and has earned her FACP. She presented "Updates in TIA and CVA Management" SD ACP meeting October 2019. She has also been involved in Complex Case Review, yearly series, Grand Rounds, Monument Health (2015-2019). She has a wonderful and supportive husband, Carson Phillips, who is a Family Medicine physician at Creekside Medical Center. She is the extremely proud mother of three beautiful children: Max (7), Sam (4) and Sylvan (1). When she is not



**Teacher of the Year
Tamera Lee Sturm, DO**

This award honors a member who exemplifies talent, enthusiasm, and professionalism in medical education. The recipient may demonstrate excellence in education at the medical student, graduate or continuing education level.

Dr. Tamera Sturm graduated from Augustana College (2002), and from Des Moines University Osteopathic Medical School (2006). She began at the University of Iowa IM Residency Program (July 2006) then transferred to the University of SD Internal Medicine Residency January 2007 to complete her program. She began practice as a Hospitalist at Avera McKennan December 2009, became the Hospitalist Recruiting/Retention Director in 2010 and the Hospitalist Physician Medical Director 2015. She has also been a SD E-Hospitalist licensed in SD and 7 surrounding states. She joined the University of SD Sanford School of Medicine Clinical faculty teaching medical students and residents 2010 to present. She is a member of the SD ACP. She has been described as a "great teammate" who is experienced, has a positive attitude, and strong communications skills". Throughout her time as a hospitalist, Dr. Sturm has been committed to IM resident and medical student education. She was instrumental in reshaping the IM Residency Teaching Service. She transitioned the teaching service from a structure where each resident rounded with an individual attending to a true "teaching-service". Since 2010, the teaching service has consisted of a senior resident, admitting residents, sub-interns and medical students. This has greatly enhanced the residents' and medical students' educational experience. She was recognized by the USD IM Residents as excellent teacher and clinician (2012-2013). She is known for providing consistent feedback to the residents, and every year is one of the highest rated attending physicians. When she is not working she enjoys time with family, basketball and fishing. She played basketball throughout high school and while at Augustana College she was voted MVP. All

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Laureate Award Tim Ridgway, MD FACP FASGE

This award honors Fellows or Masters of ACP who have demonstrated by their example and conduct an abiding commitment to excellence in medical care, education, or research, and in service to their community, their Chapter and the American College of Physicians.

Dr. Tim Ridgway is a native of Ravinia, SD, and received his undergraduate degree from Augustana College in Sioux Falls before earning his M.D. degree from Sanford School of Medicine of the University of South Dakota (Class of 1984). After completing a transitional internship, at what is now Avera McKennan Hospital and University Health Center in Sioux Falls, he attended the Mayo Graduate School of Medicine in Rochester, MN, where he completed his residency in Internal Medicine and received fellowship training in Gastroenterology.

Since 1991, South Dakota has benefited from Dr. Ridgway's gracious wisdom and outstanding leadership. He has been active in the SD ACP since becoming Fellow in 1991. He has regularly attended our annual scientific meetings, periodically moderating sessions and presenting some intriguing cases. Dr. Ridgway has served on the Executive Council (2008 - present) as Treasurer and participated in our strategic planning workshop. He has worked as a Staff Physician at Central Plains Clinic, Yankton Medical Clinic, USD Sanford Medical Center and at the Veterans Administration Hospital in Sioux Falls, where he serves as director of the Endoscopy Unit.

He was one of the first in the region to implement advanced pancreaticobiliary endoscopy and enteral stenting of the GI tract. He developed a program of endoscopic mucosal resection (EMR) at the VA Hospital as well as a chromoendoscopy protocol for surveillance of patients with inflammatory bowel disease. His career has been marked by his dedication to excellence and his collegiality. He has been described as "the ultimate physician", a "genuine advocate for medical students" and "a thoughtful man."

Dr. Ridgway is not only an expert in his field, he is also an expert in medical student education. Tim is actively involved in all phases of the medical school curriculum. He helped establish a Pillar-3 Mock Interview Program to prepare students for residency interviews. Due to its popularity, this is now a mandatory program. He also assists in teaching the GI Block for Pillar 1 students and has served as Sioux Falls campus dean overseeing all student activities on the Sioux Falls campus. He has been a popular teacher, active in mentoring and advising medical students.

He has also been involved in graduate medical education, providing advanced endoscopy training for fourth year surgical residents, which better prepares them for endoscopy practice in rural communities. Throughout his career, Dr. Ridgway has held numerous leadership positions including serving as Councilor for the Alpha Omega Alpha Medical Honor Society (2006-2019), President of the South Dakota State Medical Association, President and member of the Board of Directors of the South Dakota Foundation for Medical Care. Dr. Ridgway, inaugural recipient of the Dr. Charley F. and Elizabeth Gutch Chair in Medicine, served as Dean of Faculty Affairs, Executive Dean and now Vice President of Health Affairs University of South Dakota and Dean, Sanford School of Medicine.

Tim has received many well deserved accolades along the way, designated a Top Gastroenterologist in Sioux Falls by International Association of Healthcare Professionals (IAHCP) for 2018-2020 and one of the Best Doctors in America. He received the Presidential Award from the South Dakota State Medical Association, the Distinguished Alumnus from the Sanford School of Medicine, and was named SD ACP Teacher of the Year. He and his wife, Mary Pat, have three children, Jack, Mariel and Claire. They reside near Brandon, SD.