

Dear ACP South Carolina Chapter Members,

I would like to begin this newsletter with congratulations and thanks!

Another academic year concluded in June, and I want to wish the graduating students, residents, and fellows hearty congratulations on all your accomplishments as you transition to the next phase of your professional life. I encourage all of you to continue your relationship with the ACP and your local chapters because of the extensive resources and support the membership provides.

I also want to thank all the members for making the last year for the chapter a success.

Some of our accomplishments include:

POCUS ULTRATHON Course – one day point-of-care ultrasound course where students and residents from across the state have didactic lectures and hands-on instruction on bedside POCUS. Our chapter was recognized nationally with the ACP **Evergreen Award** by the ACP for this impactful program.

Leadership Day 2025 – a contingent of chapter members including three “Learners” went to Washington DC and met with South Carolina lawmakers to advocate for our patients and for improvements in the practice of medicine in our state and across the country.

Wellness Retreat - In June, the SC Chapter council held a productive wellness retreat in Columbia. We discussed the state of our chapter and strategies that could improve the programming and value that we provide for our members.



Chapter Excellence Award – the ACP reviews chapters' management, financial stewardship and programming annually. We were awarded Gold for last year's (2023-2024) activities.

All these accomplishments were possible because of your membership and engagement in the various activities and programs we provide. Thanks to everyone and I ask for your continued support. You can provide financial support to the great chapter programs via the recently launched donation page on ACP store. Visit [donation page for the South Carolina Chapter](#). I also ask that you share the work we are doing as you encourage your colleagues to become members of the South Carolina Chapter of the ACP.

Engagement - I would like to encourage all of you to increase your involvement in our ACP chapter. One important way is to become a council member and serve on one of our several committees. We have urgent personnel needs on the leadership council that I am asking for your help filling. These include:

- Chair, Chapter Annual Scientific Meeting
- Advocacy Committee members
- Internal Medicine Interest Group members
- Council of Resident and Fellow members
- Council of Student Members

There are other committees that we are seeking member participation on so please contact me, (saundersps@outlook.com) or any of our chapter council members if you are interested.

Advocacy - The ACP has always been at the forefront of advocacy for better care of our patients, access to care and improved working conditions for our

members and physicians in general. There is an increased need for advocacy on topics such as Telemedicine, Immunization/vaccines, physician payment reform, visa issues related to IMGs, to name a few. For the latest advocacy efforts from ACP, visit our new one-stop collection featuring articles, statements and ways you can take action on various campaigns at <https://www.acponline.org/advocacy/where-we-stand/latest-acp-advocacy>. You may also visit [ACP's Legislative Action Center](#) to learn more and take action.

The ACP's effectiveness in advocacy depends on your support and engagement. Please join over 15,000 internal medicine colleagues in the [Advocates for Internal Medicine Network](#) to receive timely updates and opportunities to engage directly with federal lawmakers.

Our chapter has had a small advocacy footprint at the state level. We are working on increasing our state advocacy, so we are requesting as many members as possible from across the state to join an ad hoc committee whose goal is to represent our chapter in the advocacy arena. We also plan to be a resource for our state lawmakers. If interested, contact to me at saundersps@outlook.com or Jilian Sansbury (rinehartjl@gmail.com).

Student and Resident Corner - First, I want to extend a warm welcome to the new students, residents and Fellows in our state. For the previous ACP members, I hope that you maintain your membership and engagement in the ACP and the state. For the others, I extend an invitation for you to join our chapter and the national ACP. There continues to be numerous resources that could improve the quality of your educational experience so take the opportunity to utilize them. Medical students are not charged membership dues, so they enjoy a wide variety of benefits for free! Resident/Fellow members pay reduced national dues rates and do not have to pay chapter dues. Resident/Fellow members enjoy [benefits](#) specific to this stage in their career, including opportunities to present abstracts, access electronic products, and receive discounts on many of ACP's programs, products, and services.

Wellbeing - The demands of medical school and residency can be overwhelming, making it essential to foster a supportive environment that helps mitigate burnout and promote well-being. Resources from the ACP can be found at [ACP's Resident Well-being Learning Hub](#).

Updates on Educational Resources



ACP MKSAP is here!

ACP MKSAP will deliver a state-of-the-art interface along with updated study tools and features to support your learning.

- **More content:** Includes 16 syllabus sections covering the breadth of internal medicine with more images and multimedia than ever before.
- **More questions:** Nearly 2,000 questions will be available at the launch, with new questions added each year.
- **More features:** New features include a strikethrough option when answering questions; an enhanced highlighting tool; and more custom quiz options, including an LKA simulated custom quiz template. ACP MKSAP CORE allows you to unlock additional bonus questions as well as earn badges and a certificate to document your learning.

ACP MKSAP focuses on individualized learning and convenience, in a perpetually updated format with hundreds of new multiple-choice questions added each year. With your ACP MKSAP subscription, you'll always have access to the latest clinical information and self-assessment questions you need to navigate your lifelong learning journey.

When reserving your ACP MKSAP subscription, choose either a 1- or 3-year subscription: [Order Now](#)

Advancement to FACP - The ACP recognizes members for excellence in internal medicine, continued professional development, and a commitment to leading internal medicine and improving lives – Fellows (FACP)! There will be a fellowship mentoring breakfast at our annual Chapter Scientific Meeting during which your questions about fellowship in the college can be addressed. You can also review the details online at [Advancing to ACP Fellowship | ACP Online](#).



Wellness Corner

August is National Wellness Month!

Explore the curated tools and resources available at the [I.M. Emotional Support Hub](#), designed to help you connect with peer support and provide practical strategies to help you navigate challenges.



In The News

August is National Immunization Awareness Month!

The ACP is [urging](#) adults to get all recommended immunizations for protection against preventable diseases such as influenza, RSV, pneumonia, and COVID-19. ACP's [Adult Immunization Resource Hub](#) includes information to assist physicians and their teams to assess, understand and improve adult immunization rates and patient outcomes in their clinical settings. The hub includes helpful resources and links to ACP's latest vaccine-related advocacy efforts.

Stay Current on ACP News

ACP is making it even easier for our members to stay informed about College news with the launch of a new RSS feed. Designed to make it easier for you to stay on top of our latest updates, the RSS feed delivers real-time updates directly to your preferred RSS reader, offering instant access to the latest ACP news.

[Learn More](#)



Save The Date

SC Chapter Annual Scientific Meeting

The South Carolina Chapter of the American College of Physicians Annual Meeting will be held **October 17-18, 2025, at the Hyatt Place Charleston Historic District, 560 King St. Charleston, SC.** Registration is now open.

For this chapter meeting, the American College of Physicians designates this live activity for a maximum of **10 AMA PRA Category 1 credit(s)™**. To view the full meeting program and **register online**, visit the Chapter website at [2025 South Carolina ACP Annual Meeting and Registration](#). We are giving

you the option again this year to attend in person or virtual. However, I hope to see you all in Charleston.

In closing, thanks for what you continue to do for our patients, colleagues and the ACP. Do not hesitate to utilize the numerous resources for all membership categories that are available on the ACP website www.acponline.org.

In Service,

Steve Saunders, MBBS, FACP
ACP Governor, South Carolina Chapter
