

# *Lead On American College of Physicians: Working for You and With You*

*Fall 2021*

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## Financial Disclosure

- Has no relationships with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients.



# Content Overview

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- Lead On ACP: Transforming the Landscape of Health Care for the Better: Slides 13-21
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- Lead On ACP: Resources to Help Your Practice: Slides 45-48
- Lead On ACP: Involvement, Engagement, and Opportunities to Connect : Slides 49-63

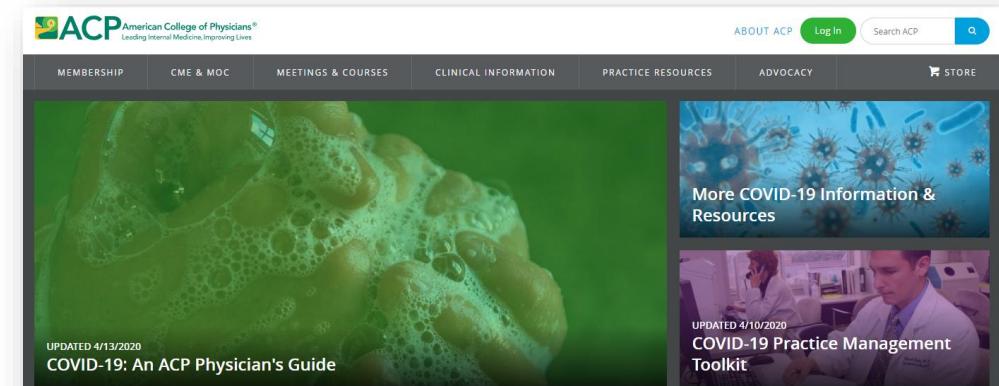


# Lead On ACP: COVID-19 Pandemic



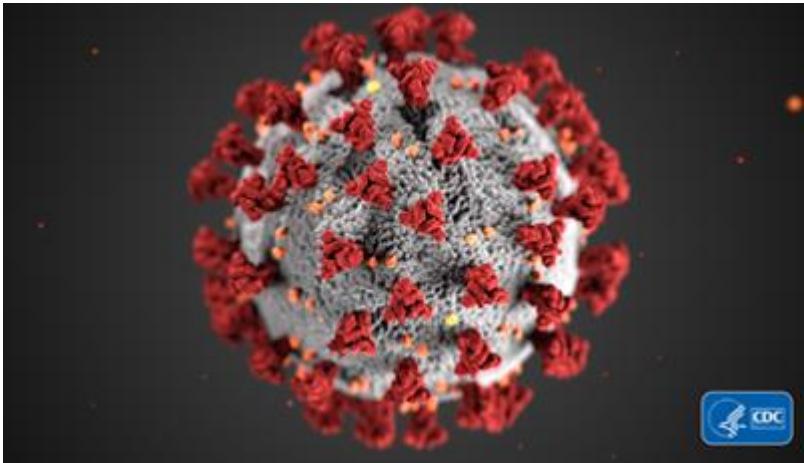
# Supporting Internal Medicine During COVID-19 Pandemic

- Comprehensive COVID-19 Resource Hub: [www.acponline.org/novel-coronavirus](http://www.acponline.org/novel-coronavirus)
- Clinical and practical tools and information, updated regularly
- ACP policies and recommendations to address new situations and circumstances
- Vigorously advocating to address ACP member and patient needs
- Frequent publication of new *Annals of Internal Medicine* content
- Webinars and podcasts on timely issues
- Member discussion forum
- Regular update emails to ACP members



## **COVID-19 Content collection in *Annals of Internal Medicine***

*Annals* is publishing a growing collection of research articles, commentaries, essays, podcasts, and graphic narratives related to COVID-19 is freely available to the public at the *Annals of Internal Medicine* website.



**Annals  
of Internal Medicine®**

[www.acpjournals.org/coronavirus](http://www.acpjournals.org/coronavirus)



# COVID-19 Vaccine Resources

- Statements on approved vaccines
- *Annals of Internal Medicine* and ACP Vaccine forums:
  - Forum I: What Physicians Need to Know
  - Forum II: Promoting COVID-19 Vaccination
  - Forum III: Allocation and Distribution
  - Forum IV: Practical Clinical Considerations
  - Forum V: Evaluation and Care of Patients With Persistent Symptoms Following Acute SARS-CoV-2 Infection
- Policies on:
  - Vaccine Distribution and Payment
  - Ethical Allocation of Vaccines
  - Mask Wearing in Public
- Educational resources and toolkits



# ACP 'Living' Practice Points

A constantly updated section of advice and high value care practices based on the best available evidence derived from assessment of scientific work.

Recently published Practice Points:

- **The Development of Living, Rapid Practice Points: Summary of Methods From the Scientific Medical Policy Committee of ACP**
- **What is the Antibody Response and Role in Conferring Natural Immunity Following SARS-CoV-2 Infection?**
- **Should Remdesivir Be Used for the Treatment of Patients With COVID-19?**
- **What is the effectiveness of N95 respirators, surgical masks, and cloth masks in healthcare and community settings for prevention of COVID-19?**

The screenshot shows the homepage of the Annals of Internal Medicine website. At the top, there is a navigation bar with links for 'ACP Journals' and a search bar labeled 'Enter words / phrase'. Below the navigation bar, the title 'Annals of Internal Medicine®' is displayed. Underneath the title, there are links for 'LATEST', 'ISSUES', 'IN THE CLINIC', 'JOURNAL CLUB', 'MULTIMEDIA', 'CME / MOC', and 'AUTHORS / SUBMIT'. A sub-navigation bar below these links includes 'Clinical Guidelines' and the date '25 May 2021'. The main content area features a large thumbnail image of a document and the article title: 'The Development of Living, Rapid Practice Points: Summary of Methods From the Scientific Medical Policy Committee of the American College of Physicians'. Below the title, it says 'FREE'. Further down, author information is listed: 'Amir Qaseem, MD, PhD, MHA', 'Jennifer Yost, RN, PhD', 'Mary Ann Force, MD', and 'View all authors'. There is also a link for 'Author, Article and Disclosure Information'. At the bottom of the article summary, there is a URL 'https://doi.org/10.7326/M20-7641', a 'CME Point-of-Care' badge, and links for 'Abstract', 'PDF', 'Tools', and 'Share'.



# COVID-19 Practice Management Resources

- **Telehealth Billing & Coding**—Addressing protocol for video visits, remote monitoring, telephone calls, workflow modifications, CPT and ICD10 codes, modifiers, allowed technologies, and testing.
- **State & Private Payer Policies**—Information on payer and state-specific policy updates and flexibilities related to phone calls, testing, cost sharing, prescriptions, and enrollment.
- **Practice Financial Assistance**—Tips for accessing financial assistance, managing personnel shortages, and other issues.
- **Practice Management Issues**— Managing supplies, testing, personnel, medico-legal concerns, and looking toward re-opening.

## COVID-19 Practice Management Resources

This toolkit is intended to help practices now and in the coming weeks make adjustments due to COVID-19. Any new clinical guidance for physicians will be posted on ACP's [COVID-19 resource page](#).

### What's New

- The [Relief Fund Payment](#), which is part of the CARES Act providing funds to hospitals and healthcare entities to support expenses or lost revenues due to the COVID-19 public health emergency, will arrive via direct deposit beginning April 10. This is a payment, not a loan, so it will not need to be paid back. There are some restrictions attached, such as the requirement to accept in-network fees for services provided to patients for COVID-19 related testing and treatment (no balance billing).
- [COVID-19 Telehealth Program](#), another funding opportunity from the CARES Act and managed by the FCC, will offer funding to pay for technology needed to conduct telehealth, such as web-enabled BP monitors, Internet connectivity, or internet-connected devices. Applications will begin on Monday, April 10 at noon (ET). Applicants will need to first obtain an FCC Registration Number (FRN). For more details about the program, click [here](#).
- The [Paycheck Protection Program \(PPP\)](#) was recently passed into law and authorizes the provision of forgivable loans to small businesses, including physician practices, to pay their employees during the COVID-19 crisis. These [FAQs](#) from the US Department of Treasury offer further guidance.
- The Centers for Medicare and Medicaid Services (CMS) has also initiated an [Accelerated and Advance Payment Program](#) for "providers," including physician practices. This program is intended to provide necessary funds when there is a disruption in claims submission and/or claims processing, such as during this COVID-19 national emergency.



## ACP Advocacy and Policies Developed in response to COVID-19

- ACP Supports Wearing of Masks to Reduce Transmission of COVID-19/Expanding the Wearing of Masks in Community Settings to Reduce Transmission of COVID-19
- ACP-endorsed bills designed to help International Medical Graduates progress/Supports Waiving MCAT Exam for 2021 Medical School Applicants
- Partial Resumption of Economic, Health Care and Other Activities While Mitigating COVID-19 Risk and Expanding System Capacity/Coverage for COVID-19 testing and treatment through the [CARES Act](#)
- Harassment Based on Race or Ethnic Origin is Never Okay
- Increased production of Personal Protective Equipment (PPE) after Defense Production Act (DPA) invoked by the administration/Physicians Can Bring their Own PPE and Speak Out on COVID-19 Care Conditions
- Pay parity for telehealth and telephone call services from [Medicare](#) and many private payers
- [Payments to practices](#) that won't need to be repaid under the Provider Relief Fund. And additional funds that can be accessed as loans through Medicare Advanced and Accelerated Payments, and the Paycheck Protection Program



# COVID-19 Ethics Content from ACP

Over the past year, COVID-19 related ethics content included:

- ACP Statement on Global COVID-19 Vaccine Distribution and Allocation: On being Ethical and Practical
- Ethical Allocation of Vaccines During Pandemics Including COVID-19
- Policy on Non-Discrimination in the Stewardship and Allocation of Resources During Health System Catastrophes including COVID-19
- Protecting Patient and Physician Health and Safety During the COVID-19 Pandemic
- A wake-up call for healthcare: emerging ethical lessons from COVID-19 (Joint ACP/AMA) statement published in Modern Healthcare



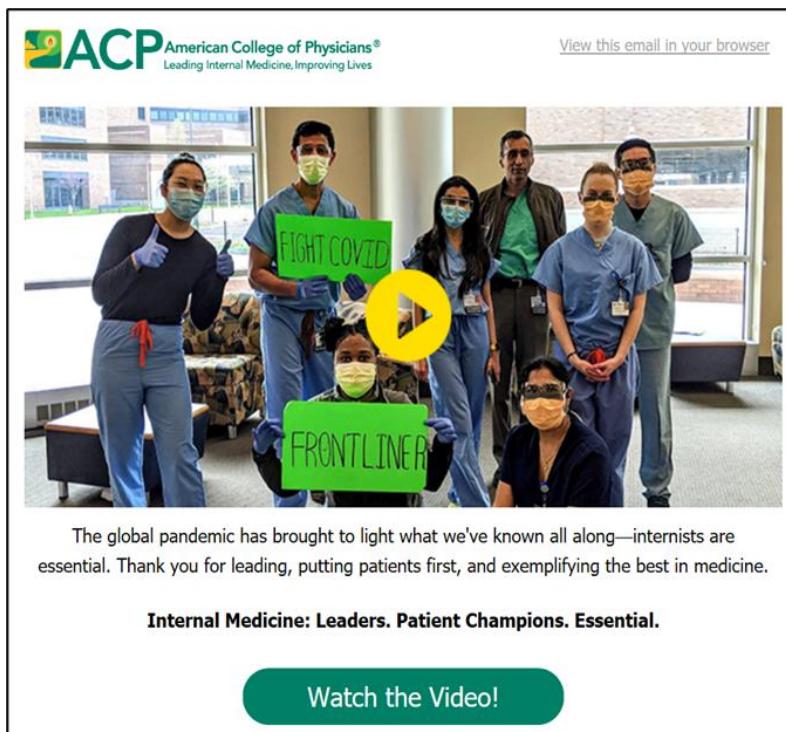
New ACP policy on the ethical allocation of vaccines during pandemics including COVID-19

[www.acponline.org/ethics](http://www.acponline.org/ethics)



# Recognizing the Essential Role of Internists during COVID-19

The COVID-19 pandemic has brought to light what we've known all along—internists are essential. We thank internists and the entire internal medicine community for leading, putting patients first, and exemplifying the best in medicine. You Are I.M. Essential, and You Make Us I.M. Proud!



# Lost On The Frontline: Honoring Our Internists



## Who We Are

Leadership

History

Annual Report

Get Engaged

Support ACP

COVID-19: In Memoriam

ACP Recognizes Members Who Lost Their Lives Due to COVID-19

Diversity, Equity, and Inclusion (DEI)

I.M. Proud

HOME > ABOUT ACP > WHO WE ARE > COVID-19: IN MEMORIAM

## COVID-19: In Memoriam

ACP honors internal medicine physicians and ACP colleagues who served our profession and the health of their patients and lost their lives due to the COVID-19 pandemic. We extend our gratitude to them, and our deepest condolences to their families and loved ones.

To submit the name and related information of an ACP member who has lost their life due to the pandemic, please fill out our form.

*Updated January 27, 2021*



Dr. Sudheer Singh Chauhan  
The Jamaica Hospital Medical Center, Richmond Hill, New York.  
[Obituary](#)

Dr. John C. Coman  
New York Presbyterian Queens Medical Group; Bayside Primary Care, Bayside, NY

We mourn the loss of our friend and colleague Dr. John Coman. John battled for several weeks before succumbing to COVID 19. This wimpy virus that can be easily killed by soap and water, but causes death and destruction to the human body.



Dr. Stephan L. Kamholz  
Maimonides Medical Center, Brooklyn, NY

Dr. Kamholz served on ACP's Board of Regents from 2006-12 and as NY Downstate Region II Governor from 1996-2000. Dr. Kamholz also served on numerous committees at ACP and as Chair, Council of Subspecialty Societies from 2006-12. Some of the committees Dr. Kamholz served on included Awards Committee, IM Scientific Program Committee, Health and Public Policy Committee, Medical Practice and Quality Committee and Strategic Planning Committee.

[Obituary](#)

Dr. James A. Mahoney  
SUNY Downstate Medical Center/Kings County Hospital  
[Obituary](#)



# Lead On ACP : Transforming the Landscape of Health Care for the Better



# Lead On ACP - Diversity, Equity and Inclusion

- Established Diversity, Equity, Inclusion Committee
- Updated “Diversity, Equity and Inclusion” policy
- Co-sponsored a grant program, Building Trust through Diversity, Health Care Equity, and Inclusion in Internal Medicine Training, with the ABIM, ABIM Foundation, AAIM, and the Josiah Macy Jr. Foundation. Awarded funding to support projects that incorporate DEI into the fabric of IM education and training, promote trust and health equity, and benefit both medical professionals and the diverse patients they serve.
- Established Anti-Harassment policy and reporting process, including approach to professional behavior at ACP events
- Surveyed current/past leaders to help assess DEI needs
- Supported ACP Chapters establishing local DEI/Women in Medicine committees and programming

Visit [ACP's Diversity, Equity and Inclusion](#) page to watch our video, detailing ACP's activities around DEI.



# **ACP's Organizational Commitment to be Anti-Racist, Diverse, Equitable, and Inclusive**

- ACP has made an organizational commitment to being an anti-racist organization dedicated to policy, advocacy and action to confront and eliminate racism, racial disparities, discrimination, bias and inequities in health and health care and within its own organization.
- ACP strives to embody a diverse, inclusive and equitable organization that facilitates effective and respectful interaction among individuals who hold a broad range of views, and respect, empathy and understanding of others.
- ACP is studying, listening, and developing evidence-based solutions to create an equitable and inclusive organizational culture, and to guide its interactions with members, staff, and others.

[www.acponline.org/dei](http://www.acponline.org/dei)



## **ACP's Comprehensive Framework to Address Disparities and Discrimination in Health Care**

**ACP advocates for changes that will make a difference in the daily lives of internists and our patients' health in a variety of ways. Recent papers include:**

- d “A Comprehensive Policy Framework to Understand and Address Disparities and Discrimination in Health and Health Care: A Policy Paper from the American College of Physicians” was published in *Annals of Internal Medicine* and included:
  - Understanding and Addressing Disparities and Discrimination in Education and in the Physician Workforce
  - Understanding and Addressing Disparities and Discrimination Affecting the Health and Health Care
  - Understanding and Addressing Disparities and Discrimination in Law Enforcement and Criminal Justice Affecting the Health of At-Risk Persons and Populations



# ACP Efforts to Support Primary Care

ACP is engaged in several collaborations and initiatives to support, advance, and improve the future of primary care, much of which is delivered by internal medicine specialists.

- **New Primary Care Paradigm:** A collaborative of seven of the nation's largest primary care physician organizations, including ACP, that have joined together to change the way primary care is delivered, financed and developed.
- **Implementing High-Quality Primary Care: Rebuilding the Foundation of Health Care:** An ACP sponsored report by the National Academies of Sciences, Engineering, and Medicine that analyzes the challenges facing primary care and lays out an implementation plan for strengthening primary care medicine for patients and physicians.
- **Primary Care for America:** A public affairs campaign co-founded by ACP and 11 other organizations focused on demonstrating primary care's value, necessity for increased investment, and the importance of change in delivery and payment models.



**Primary Care for America**



# ACP's Physician Well-being and Professional Fulfillment Initiative

A variety of ACP multimedia Well-Being and Professional Fulfilment resources are now eligible for CME credit and FREE to ACP Members

Recently Added Resources Include:

- **The Importance of Clinician Educators**
- **Addressing and Supporting Physician Mental Health during Challenging Times**
- **Mini But Mighty Skills for Well-being**
- **Positive Psychology in Times of Crisis**
- **Optimizing Well-being, Practice Culture, and Professional Thriving in an Era of Turbulence**



## I.M. Emotional Support Hub

A collection of resources aimed at helping ACP members improve their emotional well-being including direct access to:

- **Free Counseling-** Therapy Aid Coalition & Emotional PPE Project
- **Peer Support-** Physician Support Line
- **ACP Webinars with CME**
- **Meditation**
- **Science Based Tips for Managing Stress**
- **Suicide Prevention Networks**



[www.acponline.org/practice-resources/physician-well-being-and-professional-fulfillment/im-emotional-support-hub](http://www.acponline.org/practice-resources/physician-well-being-and-professional-fulfillment/im-emotional-support-hub)



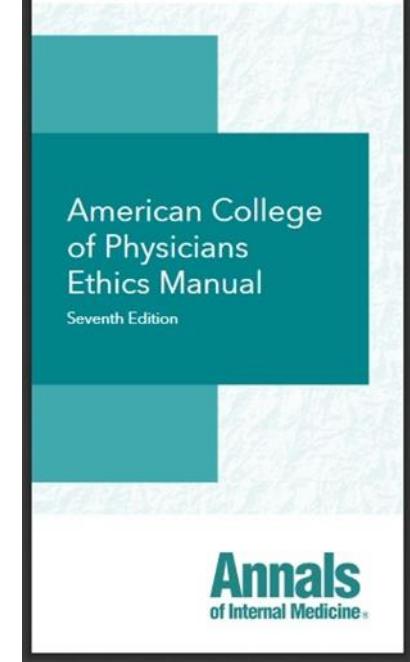
# Ethical Guidance from ACP

## Ethics Statement and Policy Papers:

- Ethics, Determination of Death, and Organ Transplantation in Normothermic Regional Perfusion (NRP) with Controlled Donation after Circulatory Determination of Death (cDCD)
- Global COVID-19 Vaccine Distribution and Allocation: On Being Ethical and Practical
- Physician Suicide Prevention and the Ethics and Role of a Healing Community
- Ethical Guidance for Electronic Patient-Physician Communication

## New ACP Case Studies:

- Ethics, Electronic Health Record Integrity and the Patient-Physician Relationship
- Ethics, Professionalism, and the Physician Social Media Influencer
- Pandemic Treatment Resource Allocation Ethics and Nondiscrimination



American College  
of Physicians  
Ethics Manual  
Seventh Edition

**Annals**  
of Internal Medicine

[acponline.org/ethics](http://acponline.org/ethics)

The seventh edition of  
the [ACP Ethics Manual](#) is  
also available [Spanish](#).



# The Future of MOC (Continuing Certification)

- ABIM plans to develop a longitudinal assessment as an option in addition to their point-in-time examinations aligned with recommendations put forth by the American Board of Medical Specialties' Continuing Board Certification: Vision for the Future Commission and with ACP's comments submitted to the Commission.
- Based on the feedback received on the new draft standards for continuing certification, ABMS will develop the final draft standards for continuing certification
- ACP is committed to ongoing professional development and lifelong learning and to representing our members' needs for continuing certification programs consistent with our professional accountability principles.

For more detailed information visit

[www.acponline.org/cme-moc/moc/learn-more-about-moc/acps-role-professional-accountability](http://www.acponline.org/cme-moc/moc/learn-more-about-moc/acps-role-professional-accountability)



# **Lead On ACP: Excellence in Educational Resources**



# *Annals of Internal Medicine*

One of the most highly read and cited medical journals in the world;  
current, evidence-based science at your fingertips

- Audio on demand
  - Annals On Call, Annals Latest podcasts
- Annals Fresh Look blog
- Annals Story Slam
- Annals Beyond the Guidelines
- Annals Consult Guys
- Annals Graphic Medicine
- Annals for Educators
- Annals for Hospitalists



*Annals of Internal Medicine* has achieved its highest Impact Factor ever, 25.391. Annals remains the highest cited and ranked internal medicine journal in the category of *Medicine, General and Internal*. Moreover, Annals is widely read, with over a million page views each month and receives significant coverage in general media.



# MKSAP®19: New edition of trusted board prep & lifelong learning program

## New Features:

- “MKSAP Complete Green” format offering all the same digital features without any print components
- Earn-As-You-Go CME, allowing CME and MOC to be earned with every question answered
- MKSAP Quick Qs—a simulated Boards-style exam experience with concise questions mapped to the ABIM blueprint
- Enhanced multimedia—including animated whiteboards, clinical video shorts, and heart sounds
- Customized learning plans
- Newly integrated Board Basics study guide



[www.acponline.org/mksap19](http://www.acponline.org/mksap19)



# Evidence-Based Clinical Guidance

Over the past year, ACP published the following clinical recommendations in *Annals of Internal Medicine*:

- Appropriate Use of Point-of-Care Ultrasound in Patients with Acute Dyspnea in Emergency Department or In-patient Setting
- Appropriate Use of High Flow Nasal Oxygen in Hospitalized Patients for Initial or Post-Extubation Management of Acute Respiratory Failure
- Appropriate Use of Short Course Antibiotics in Common Infections
- World Health Organization Guidelines on Treatment of Hepatitis C Virus Infection: Best Practice Advice
- Joint ACP/AAFP guideline for treatment of non-low back pain from musculoskeletal injuries in adults
- Testosterone treatment in adult men with age-related low testosterone

**ACP has been named to the Cochrane U.S. Network that consists of some of the country's leading institutions in the research and practice of evidence-based medicine**



# Addressing Performance Measures

ACP is working actively in the field of performance measurement because we recognize its importance in the changing health care environment and want to shape its impact on Internal Medicine.

The Performance Measurement Committee applies criteria to assess the validity of performance measures for healthcare. This tool has been created to help you filter the reviewed performance measures.

Annals of Internal Medicine

IDEAS AND OPINIONS

## Recommending Caution in Patient-Reported Outcome-Based Performance Measurement

Amir Qaseem, MD, PhD, MHA; Samantha Tierney, MPH; Eileen D. Barrett, MD, MPH; Catherine H. MacLean, MD, PhD; Andrew Dunn, MD, MPH; and Nick Fitterman, MD; for the Performance Measurement Committee of the American College of Physicians\*

[acponline.org/performance-measures](http://acponline.org/performance-measures)



***Coming Soon:***  
**ACP and the American Heart Association Open Access Case Report Journal: *Annals of Internal Medicine: Clinical Cases***

- A new digital, open-access, peer-reviewed journal co-published by ACP and the American Heart Association (AHA).
- Set to include case reports, case series, and image/video cases relevant to clinicians across the spectrum of medicine.
- Will begin publishing on a bi-monthly basis in the coming months.

**Annals of Internal Medicine**  
**CLINICAL**  
**CASES**<sup>SM</sup>



# Online Learning Center: ACP's Gateway to CME

Centralized gateway to more than 350 online CME/MOC learning activities. Includes video-based learning, journal articles with quizzes, interactive cases, and podcasts. Also find information about your state's CME requirements and find relevant activities that will help you complete those goals.

The screenshot shows the ACP website's navigation bar at the top, featuring the ACP logo, "American College of Physicians®", and the tagline "Leading Internal Medicine, Improving Lives". To the right are links for "ABOUT ACP", "Log In", "Search ACP", and a magnifying glass icon. Below the navigation bar is a horizontal menu with tabs: "MEMBERSHIP", "CME & MOC" (which is currently selected), "MEETINGS & COURSES", "CLINICAL INFORMATION", "PRACTICE RESOURCES", "ADVOCACY", and "STORE". Underneath the menu, a breadcrumb trail shows "HOME > CME & MOC > ONLINE LEARNING CENTER". The main content area features a large title "Online Learning Center" and a subtitle "Explore a wide-ranging library of online CME and MOC activities, aimed at improving your knowledge and practice." To the right of the text is a graphic of a laptop displaying a bookshelf full of books. Further to the right is the ACCME accreditation logo, which includes a stylized "A" inside a square with a laurel wreath, the text "ACCME ACCREDITED WITH COMMENDATION", and a small checkmark icon.



# New ACP Learning Hubs: Pain Management & Obesity Management

## Pain Management [Learning Hub](#)

- Series on treating patients living with chronic pain that provides the ability to earn up to 23 hours of CME credits and MOC points. The series features pain assessment, diagnostic differentials, multimodality management plans, and patient-centered communication. Consists of 7 Core modules, 3 case studies, and three lecture videos.

## Obesity Management [Learning Hub](#)

- A series for practical guidance on treating patients with obesity. Consists of 3 web-based interactive learning activities on lifestyle modification, pharmacotherapy, and bariatric surgery, with CME/MOC credit free for ACP members.
- *Weight Can't Wait: A Guide for the Management of Obesity in the Primary Care Setting*- Downloadable guide developed by Stop Obesity Alliance and endorsed by ACP.
- The DEI Shift Podcast: Obesity Mini-Series

**Pain Management Learning Hub**

ACP's new peer-to-peer learning materials are designed to advance skills in pain assessment and management. Topics include:

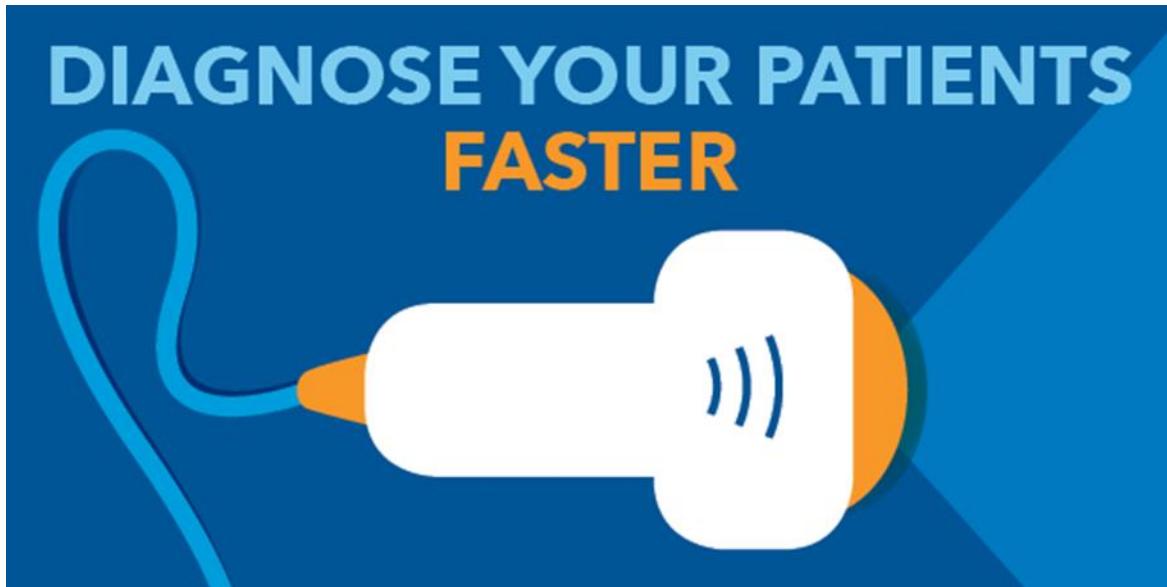
- Pain Fundamentals
- Pain Assessment
- Pain Management Principles
- Nonpharmacologic Therapies
- Nonopioid Pharmacotherapy
- Opioid Therapy
- Opioid Use Disorder
- Knee Pain
- Low Back Pain



American College of Physicians  
Leading Internal Medicine. Improving Lives.

## Point-of-Care Ultrasound Education

ACP recognizes the important role of POCUS to improve diagnostic capabilities in internal medicine, and offers comprehensive ultrasound training for inpatient and outpatient medicine.



- **POCUS modules are available in ACP's Online Learning Center:** Modules include Obtaining Adequate Clinical Images for Interpretation, Lung Ultrasound, Deep Venous Thrombosis, Urinary System, Abdominal Free Fluid, and Focused Cardiac Imaging

[acponline.org/POCUS](http://acponline.org/POCUS)

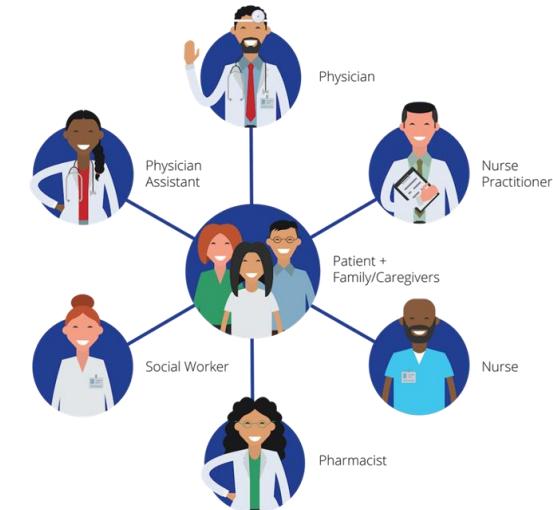


# ACP's Patient and Interprofessional Partnership Toolkits

Patient-centered, interprofessional educational toolkits:

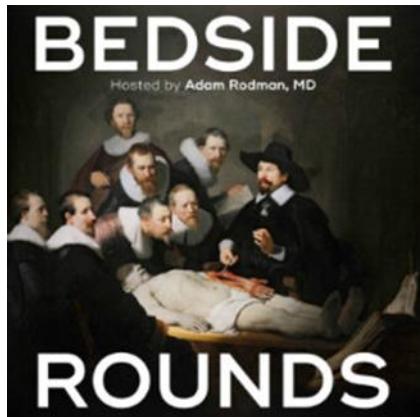
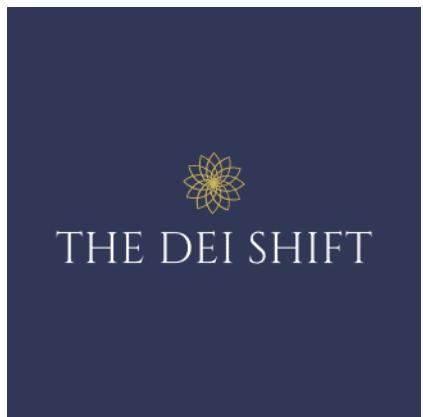
- **The General Team Care Toolkit** shares best practices and real-life examples of successful, team-based clinical care models that include internal medicine physicians working with NPs, nurse practitioners, physician assistant PAs, and other members of the health care team.
- **The Engaging Informal Caregivers Toolkit** shares training, best practices, and resources to help physicians partner with caregivers to improve health outcomes.

[www.acponline.org/practice-resources/patient-and-interprofessional-education](http://www.acponline.org/practice-resources/patient-and-interprofessional-education)



# Podcasts by Internists, for Internists

Focusing on internal medicine-related topics, free podcasts offer CME and MOC.



[acponline.org/podcasts](http://acponline.org/podcasts)



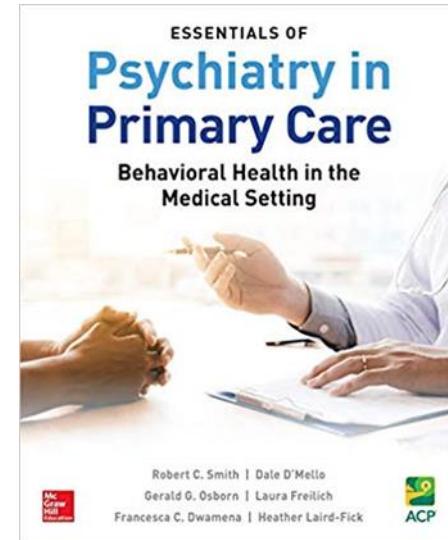
# ACP Publications: Online and In Print

**Monthly Print Publications:** *ACP Internist* and *ACP Hospitalist* provide news and in-depth analysis of issues for inpatient and outpatient internists

**ACP Publications online:** ACPIInternist.org, ACPHospitalist.org

**E-newsletters:** *ACP Internist Weekly*, *ACP Hospitalist Weekly*, *ACP Advocate*, *ACP Diabetes Monthly*, *ACP Gastroenterology Monthly*

**ACP Books:** ACP specializes in publishing titles for internal medicine physicians and subspecialists, medical students, residents, and other health care professionals.



## DynaMed® - free benefit of ACP membership

DynaMed provides point-of-care clinical decision-making support.

- Seamless access with ACP member log-on credentials
- Bulleted overviews and recommendations for more than 750 topics, 2,500 searchable images, and numerous calculators
- Track CME credits and MOC points
- Mobile apps available for Android and iOS
- **New** DynaMed® editorial features offer enhanced clinical guidance
  - Navigate controversial situations with **Clinicians' Practice Points**. These provide guidance and opinion from DynaMed expert physician editors on optimal clinical practice in the absence of robust evidence.
  - Review key takeaways with **Evidence Synopses**. Brief summaries that answer questions using a structured review of best evidence.
  - Get a more rigorous assessment of evidence. **DynaMed Commentaries** offer important caveats about methodological and technical aspects of clinical studies.



## ACP JournalWise: Exclusive Free Member Benefit

**ACP JournalWise searches more than 120 top journals to deliver only the most relevant content to you. Specialists filter and rate the clinical newsworthiness and relevance of each article so that you never miss anything important.**

- Personalize your alerts by selecting specialties and clinical topics
- Choose how you receive your alerts and how often
- Create folders to save and share articles



[journalwise.acponline.org](http://journalwise.acponline.org)



# **Resources for Lifelong Learning, Educators**

ACP members enjoy free or substantially discounted resources to help them meet their educational goals:

## **ACP Virtual Live: Internal Medicine Board Review**

- Prep source for the ABIM Maintenance of Certification exam
- Live chat and faculty Q & A with polling and peer statistics

## **ACP Internal Medicine Meeting Event Recording**

- 5 hours of Internal Medicine Meeting 2021 lectures and associated Q&A. Full list
- Additional 25 bonus CME sessions
- Up to 3 years of access to over 100 hours of high-quality, CME eligible content
- Ability to watch each lecture, answer a brief quiz, and claim CME credits and MOC points as they go

## **High Value Care Case Curriculum**

- Interactive 10-15 minute cases that can be completed on a desktop, laptop, tablet, and smartphone
- CME/MOC is free to ACP members



# Lead On ACP: *Advocacy in Action*



## **COVID-19 shows us *Better is Possible.***

## **ACP's New Vision shows how.**

- Imagine a **New Vision for Better Health Care**, in which
  - *Every American has affordable coverage,*
  - *At a cost that they and the country can afford,*
  - *With essential services covered at no cost to patients,*
  - *With payment and delivery systems reformed to focus on value to patients and support the value of the care provided by internists and*
  - *Overcoming barriers to care including social determinants and discrimination in care, and investment in public health, are prioritized*
- Imagine that this vision, and the policies to attain it, were in place when COVID-19 hit our country.

Visit [www.annals.org](http://www.annals.org) to read ACP's New Vision, or visit [www.acponline.org/new-vision](http://www.acponline.org/new-vision) for information

Join ACP in stating that the status quo is unacceptable and make your voice heard. Help spread the word on social media by using **#ACPVision4HealthCare**



# ACP envisions a health care system where:

Everyone has coverage for and access to the care they need, at a cost they and the country can afford.

Social factors that contribute to poor and inequitable health (social determinants) are ameliorated; barriers to care for vulnerable and underserved populations are overcome; and no person is discriminated against based on characteristics of personal identity.

Payment and delivery systems put the interests of patients first, by supporting physicians and their care teams in delivering high-value and patient-centered care.

Spending is redirected from unnecessary administrative costs to funding health care coverage and research, public health, and interventions to address social determinants of health.

Clinicians and hospitals deliver high-value and evidence-based care within available resources, as determined through a process that prioritizes and allocates funding and resources with the engagement of the public and physicians.



# Better is Possible: Ensure Coverage for All

**Single payer and public choice models both have advantages and disadvantages but are better than our current system**

## Under a **single payer** plan:

- Everyone would have the same coverage through the public plan.
- Lower administrative costs, more equitable care.
- More disruptive: limited or no role for private insurance.

## Under a **public choice** model:

- Everyone would have coverage, either through public plan or regulated private insurance.
- Administrative savings as more people enrolled in a public plan but less than single payer.
- More equitable than current system but less than under single payer.
- More market regulation required.
- Less disruptive—individuals and employers could enroll in public plan, or keep private

Shortages and longer waits for elective appointments *could* occur if either approach is *underfunded* or *payments are set too low*. But under our current system, millions already do not have access to affordable care.

ACP examined market-based approaches; **none would achieve our vision where everyone has coverage for and access to the care they need, at a cost they and the country can afford.**



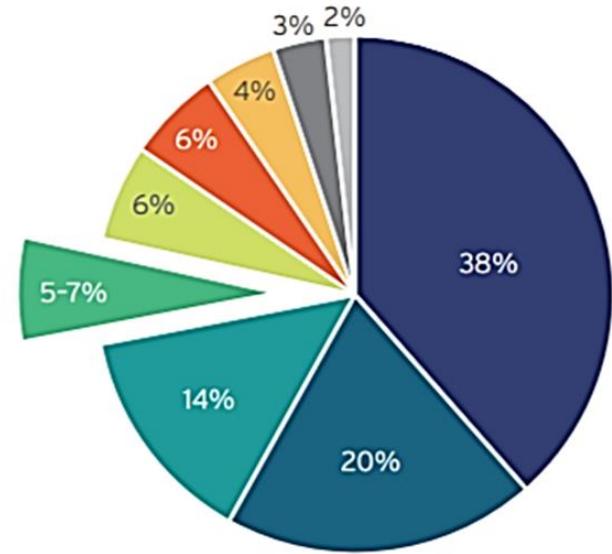
# Better is possible: Invest in Primary Care

- Only between 5% and 10% of health care dollars are spent on primary care, but greater use of primary care is associated with decreased health expenditures, higher patient satisfaction, fewer hospitalizations and emergency department visits, and lower mortality.
- State-level analyses show an association between investment in primary care and reductions in emergency department visits, total hospitalizations, and hospitalizations for ambulatory care-sensitive conditions.
- U.S. markets with larger numbers of primary care physicians have lower costs and higher quality of care.

FIGURE 1.1

## Health Care Spending

- Hospital care
- All other physician and professional services
- Prescription drugs and other medical nondurables
- Primary care
- Nursing home care
- Other health, residential, and personal care
- Dental services
- Home health care
- Medical durables



# Better is Possible: Health Care Delivery and Payment

*Value must always be defined with patients and families at the center*

*All patients, families, and caregivers and their clinical care teams [should] be provided with transparent, understandable, actionable, and evidence-based quality, cost, and price information*

*Health care delivery and payment [should] be redesigned to support physician-led, team-based care delivery models*

*There is not a one-size-fits-all approach to reforming delivery and payment systems to increase value, and a variety of approaches should be considered, evaluated, and expanded*

*Prioritize inclusion of underserved patient populations in all value-based payment models*



# Better is Possible: Reduce Barriers to Care, Address Social Determinants



***ACP believes that greater resources must be devoted to addressing environmental health, and that strategies are needed to address, prevent, mitigate, and adapt to the health consequences of climate change.***

***ACP supports focusing funding priority and policy interventions on promoting critical public health objectives, including but not limited to policies and actions to:***

- Reduce smoking and tobacco-related preventable illnesses, including the health risks associated with the growing use of electronic nicotine delivery systems by teenagers.
- Reduce and treat substance use disorders.
- Reduce the rate of maternal mortality in the United States, especially for African American women.
- Reduce firearm-related injuries and deaths.
- Improve access to and the availability of high-quality nutritional food.



## **ACP Advocates for Changes**

**ACP advocates for changes that will make a difference in the daily lives of internists and our patients' health in a variety of ways. Recent policies include:**

- Health Information Privacy, Protection, and Use in the Expanding Digital Health Ecosystem
- Policy Recommendations to Promote Prescription Drug Competition
- Policy on Racism and Health: A Comprehensive Policy Framework to Understand and Address Disparities and Discrimination in Health and Health Care
- Policy on Racism and Health: Understanding and Addressing Disparities and Discrimination in Education and in the Physician Workforce
- Prescription Drug and Public Health: Racism and Health in the United States

Read ACP Advocate for in-depth coverage of advocacy and regulatory news

**Visit [acponline.org/advocacy](http://acponline.org/advocacy) for more about how ACP is working for you**



# Lead On ACP: Resources to Help Your Practice



# Resources to Help Independent Practices Thrive

A range of resources designed to help practices with the business side of medicine, including:

- Regulatory rules
- Payment and coding
- Enhanced patient care



ACP resources help  
independent practices **thrive.**



Vist [acponline.org/practiceresources](http://acponline.org/practiceresources) for more information.



[www.acponline.org/practice-resources/independent-practice-resources](http://www.acponline.org/practice-resources/independent-practice-resources)

# Coding Resources

**Online collection of medical coding resources for physicians and office staff pertaining to:**

- E/M code changes and implementation
- ICD-10 billing codes
- Videos
- Forms
- Knowledge on how to handle future payment difficulties with Medicaid, Medicare, and private payer insurance

## Coding

Beginning and advanced medical coding resources for physicians and office staff, including resources pertaining to ICD-10 billing codes, videos, forms, and tools.

- [New E&M Coding Implementation Check List](#) PDF (login required)
- [Summary of 2021 E/M Changes](#)
- [Evaluation and Management Service Codes: Selecting and Documenting Appropriate Levels for Office or Other Outpatient Services](#) PDF (login required) - This document describes how to use the E/M codes (MDM vs time) as well as prolonged services and payment allowances for COVID-19 vaccinations
- [Evaluation and Management Service Codes: Selecting and Documenting Appropriate Levels of Service](#) - This coding card has been updated to include new E/M coding rules, telehealth, chronic care, preventive and other outpatient service codes. (Revised April 2021)
- [2021 Office E/M Coding Changes Voiceover Presentation](#) (login required)- This 16-min video explains how E/M coding changed in 2021 and walks through how to code using MDM vs time at each level, including examples.

- [Summary of Physician Fee Schedule Proposed Rule 2021](#) PDF
- [COVID-19 Diagnosis and Testing Codes](#)
- [Telehealth Coding and Billing Guidance](#)
- [E&M Documentation by Ancillary Staff](#) PDF (beginning 2019)
- [Advanced Care Planning](#) PDF



# Collaboration with Physician Organizations

**ACP collaborates with other physician organizations representing more than 560,000 physicians and medical students:**

- American Academy of Family Physicians
- American Academy of Pediatrics
- American College of Obstetricians and Gynecologists
- American Osteopathic Association
- American Psychiatric Association



# **Lead On ACP: Involvement, Engagement, and Opportunities to Connect**



# 161,000 Members Strong. Join Us. We are Stronger Together.

Leveraging the collective voice of our community to create a better place for ourselves, our profession, and our patients through medical education, practice transformation, advocacy, and engagement.



- Established in 1915 as a diverse global community of internists united by a commitment to excellence.
- Includes internists, internal medicine subspecialists, residents and fellows in training, and medical students.
- ACP is the largest medical specialty organization in the U.S. with members in more than 145 countries worldwide.
- There are currently 17 international ACP chapters. More than 19,000 members reside outside the U.S.



## Show Your IM Pride



[acponline.org/IMProud](http://acponline.org/IMProud)

Let the world know that you're proud to be an internist. Use the **#IMProud** hashtag and tag ACP with @ACPIternists on social media.

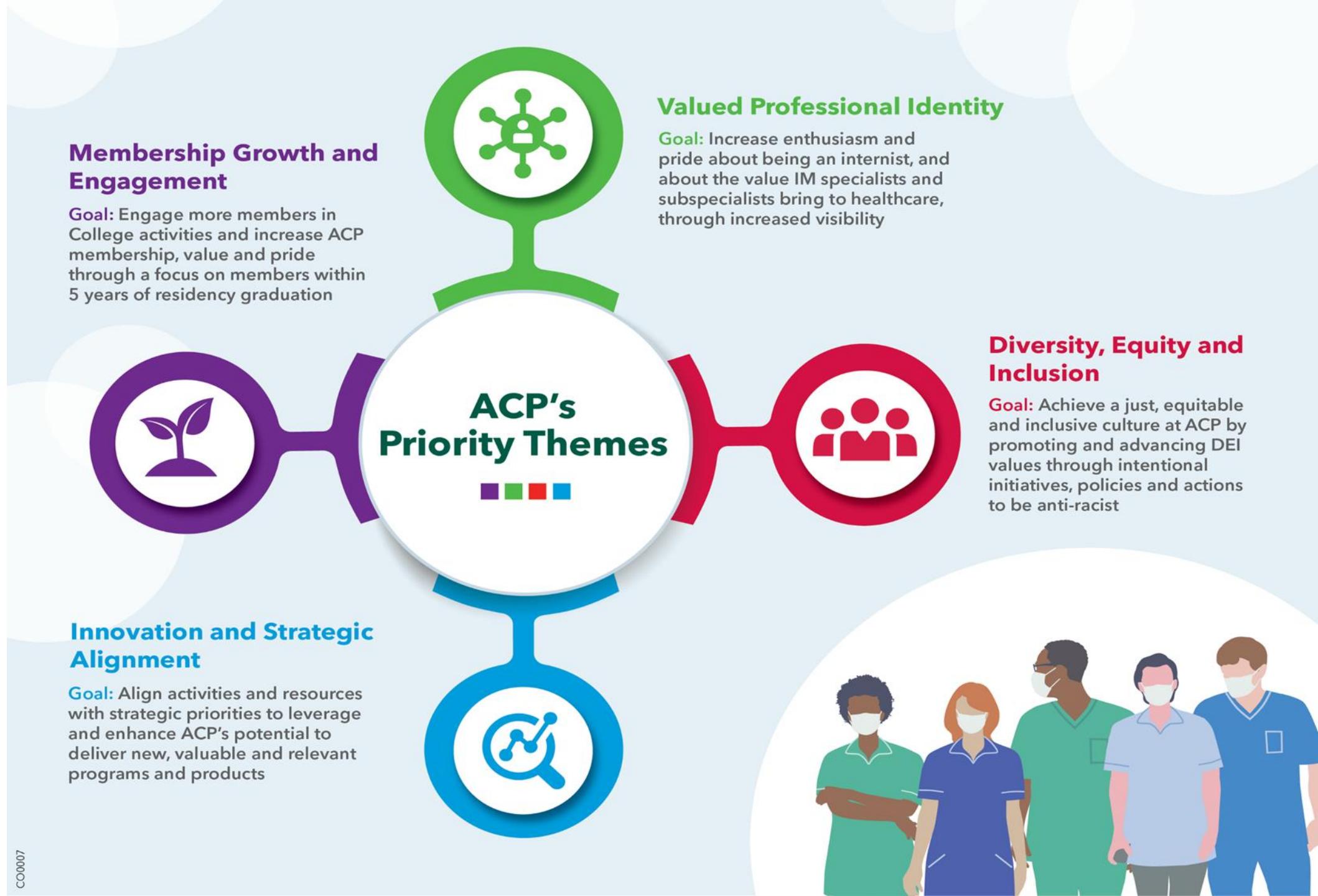


# ACP: Supporting You During Every Stage of Your Professional Life

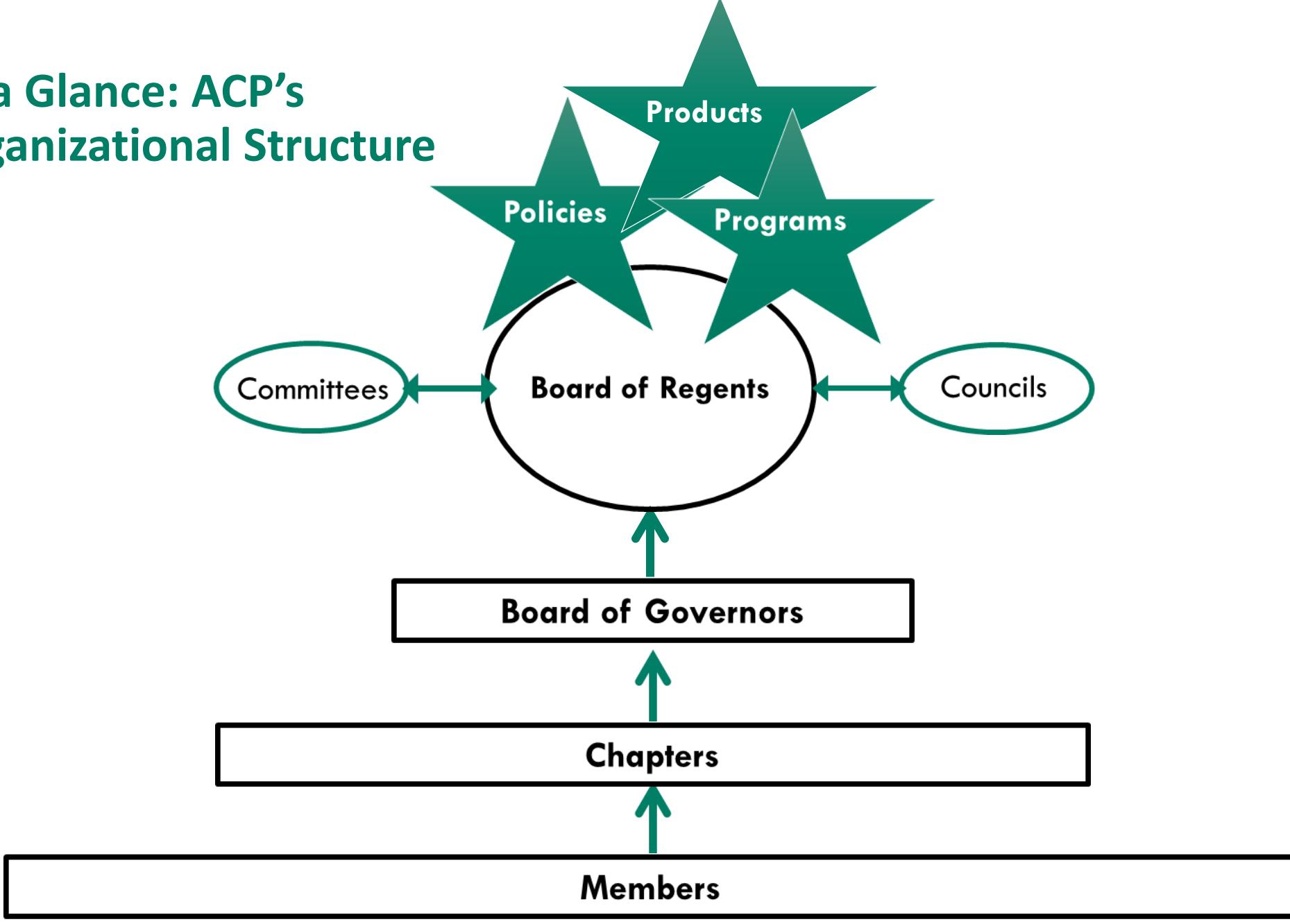


- Medical Student Member
- Resident/Fellow Member
- Member
- Fellow
- Physician Affiliate Member
- Non-Physician Affiliate Member (available in the U.S. only)





# At a Glance: ACP's Organizational Structure



# Engagement Opportunities with National ACP

- **Fellowship:** Recognizes excellence in the practice of internal medicine and is achieved through professional accomplishments
- **Support the Next Generation of IM:** Recommend internal medicine as career to students, residents
- **Member Forums:** ACP members can instantly engage with colleagues on clinical topics, education and training, and practice issues through online discussions
- **ACP Member Engagement Program:** Enables members to contribute to College activities while providing meaningful opportunities to use current skills and knowledge and to gain new ones



# Chapter Member Engagement

Chapter involvement is an opportunity for internists to give back to their community, take part in educational opportunities, help influence state legislation, and network and learn from the experience. Explore the many ways to get involved with chapters.



## **Micro Volunteer Commitment = several hours**

### **Recognize your peers**

- Nominate colleagues for national and local awards
- Help advance Members to Fellowship
- Review resolutions in the spring and fall

### **Grassroots Engagement**

- Write a chapter-sponsored resolution
- Present testimony at the state government level

## **Moderate Volunteer Commitment = 8-20 hours over a year**

### **Governance/Leadership**

- Chapter Meeting Program Committee
- Serve on Committee/Task Force/Workgroup
- Advocacy – lead local delegation in state and/or federal policy

### **Chapter Meeting(s)/Event(s)**

- Abstract Poster Judge/Reviewer
- Meeting Presenter/Speaker
- Host Breakfast/Networking Event
- Host Chapter Story Slam
- Host Wellbeing event
- Doctors Dilemma Question Writer

## **Significant Volunteer Commitment = 2-4 hours per month over 1-2 years**

### **Governance/Leadership**

- Serve on Governor's Advisory Council
- Committee Chair (Awards, Chapter Meeting, DEI, Health & Public Policy, etc.)
- Treasurer
- Well-being Champion
- Mentorship Opportunity



# Chapter Outreach



## Volunteerism Spotlight - Pratik Vekaria

### Sharing a Physician's Trusted Advice with the Community

By taking the time to help educate community members in non-clinical settings, Rastikumar Vekaria, M.D., tries to use his education to better the health of the community. Georgia ACP recently spoke to Vekaria, chief medical resident at Redmond Regional Medical Center, about the many ways he is able to provide health education at community events, and why this is an important volunteer service to provide.

**How did you become involved in providing community-based health education?**

My residency program encourages us to participate in volunteer services as an opportunity to give back to the community. Whenever there is an opportunity to educate the community about health, we try to get involved. The Floyd County Sheriff's Office hosts an annual Cops for Kids sports tournament to raise money for the Special Olympics. We participate, but one the event was to spread awareness about developmental disabilities and to encourage community like we should be more inclusive for the people with developmental disabilities.



## Join Advocates for Internal Medicine Network (AIMn)

- Grassroots advocacy network designed to help ACP members engage with federal lawmakers on policy issues important to internists
- AIMn members receive legislative updates and alerts as key policy issues unfold, including sample messages to members of Congress
- Enroll at [cqrcengage.com/acplac](http://cqrcengage.com/acplac)



ACP | Advocates for  
Internal Medicine  
Network



## IMpower: Focused on residents and fellows-in-training

- A combination of podcasts, self-paced learning modules, chapter articles and ideas for local programs, check-lists/top ten lists, and email
- Non-clinical topics such as decision-making as a resident, financial planning, maintaining well-being during residency, and developing communication skills
- Topics and content specific to the training year



Follow #IMpower to connect with other resident/fellow members

Visit: [acponline.org/IMpower](http://acponline.org/IMpower)



# Enhance Your Professional Development

- **ACP Leadership Academy**
  - Formal leadership education courses
  - Free ACP webinar series
  - Certificate of Physician Leadership
- **Mentoring and networking at the chapter and national levels**
- **ACP Young Achievers Program**
- **Career Connection, a comprehensive listing of career opportunities for physicians**



# Financial Services for ACP Members

- **ACP Group Insurance Program:** AGIA Affinity offers Group Insurance options for ACP members, including life insurance, accidental death and dismemberment, long-term care, disability income, auto insurance, and homeowners insurance.
- **Student Debt Refinancing Program:** ACP Members can refinance existing private and federal loans through SoFi and are eligible to receive a 0.125% rate discount upon refinancing their student and Parent PLUS loans through [sofi.com/ACP](http://sofi.com/ACP).

[www.acponline.org/membership/additional-membership-benefits](http://www.acponline.org/membership/additional-membership-benefits)



## Stay Connected with ACP

- Visit MyACP on [acponline.org](http://acponline.org). to customize your engagement with ACP.
- Follow ACP on social media



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**Thank you . . .**

**...for your continued support of ACP and your commitment to internal medicine.**

