

ACP Puerto Rico Chapter Newsletter



April 2026 Edition- In this Issue

- Governor's Farewell Message
 - Meet the Incoming Governor
 - 2026 Puerto Rico Chapter Annual Meeting
 - 2026 Chapter Award Recipients
 - Wellness Corner
 - Save the Dates - Upcoming Events
-

Governor's Farewell Message

As I conclude my four-year term as Governor of the Puerto Rico Chapter of the American College of Physicians, I do so with immense pride and deep gratitude. Serving in this role has been one of the greatest honors of my professional life, and I am sincerely thankful for the trust and support you have extended throughout this journey.

Over the past four years, our Chapter has achieved an extraordinary milestone—being recognized as a Gold Chapter for four consecutive years. This distinction represents the highest honor among ACP chapters and reflects our unwavering commitment to excellence in education, innovation, and service. This achievement belongs to all of you.

Together, we have not only sustained excellence but also expanded our vision. We introduced new initiatives to celebrate and nurture the future of medicine, including the Student, Resident, and Mentor of the Year Awards. These programs highlight the dedication, talent, and leadership within our community, ensuring that excellence continues across generations.

We also embraced innovation with the addition of the Medical Student Doctors' Dilemma Program, creating a platform for critical thinking, collaboration, and engagement among future physicians. Watching these initiatives grow has been truly rewarding.

None of this would have been possible without the remarkable individuals who served alongside me during these four years—our Council Members. Your passion, commitment, and collaborative spirit are the foundation of our success. I extend my deepest gratitude to each of you, as well as to my family for their unwavering support.

As I step aside, I do so with full confidence in the bright future of this Chapter. I look forward to witnessing continued growth, innovation, and excellence.

Thank you for allowing me the privilege to serve.

With sincere appreciation,
Dr. Edwin Alicea, FACP



ACP Puerto Rico Chapter Newsletter

Meet the Incoming Governor- Puerto Rico Chapter

Congratulations to the Puerto Rico Chapter Governor-elect (GE), Milton D. Carrero Quiñones, MD, FACP. Our new GE will complete a year of training as a Governor-elect and start their four-year term as Governor in the Spring of 2026. As Governor, Dr. Carrero Quiñones will serve as the official representative of the College for our Chapter, providing a link between members at the local level and leadership at the national level. In the meantime, Dr. Carrero Quiñones will be working closely with Dr. Alicea (the current governor) and College staff to learn about the College and their duties as Governor. To learn more about the new GE, read their bio below.

Milton D. Carrero Quiñones, MD, FACP



Medical School Education: Zaragoza, Spain

Post-Doctoral Training: Internal Medicine Specialist, Mayagüez Medical Center-Ponce School of Medicine Educational Consortium 1985-1988; Course, End of Life Care 2019

Board Certifications: Internal Medicine

Present Employment Position: Internal Medicine Program Director; Internal Medicine Department Chair; Medical Director; Governing Board Member, Mayagüez Medical Center; Internal Medicine Private Practice

ACP Chapter and Leadership Activities: Promoter, Fellowship & Membership; Co-author, Research Presentation; Abstracts Revision & Submission; Coordinator, Scientific Activities; Sponsor, Resident ACP Membership

ACP National Activities: Membership 1995; Fellowship 1995; Laureate Award, Puerto Rico 2021

Other Appointments/Activities: Community Service During Tropical Storms and Earthquakes; Internal Medicine Program Director, Mayagüez Medical Center (MMC) since 2001; Medical Director, MMC since 2000; Internal Medicine Department Chair, MMC; Governing Board Member, MMC; Professor, Ponce Health Sciences University; Internal Medicine Clerkship Coordinator, Ponce Health Sciences University

Areas of Professional Interest and Expertise: Internal Medicine Teaching; Research; Hospital Leadership

ACP Puerto Rico Chapter Newsletter

2026 Puerto Rico Chapter Annual Meeting

On March 20–21, 2026, the Puerto Rico Chapter held its Annual Meeting at the Sheraton Convention Center in San Juan, Puerto Rico. Over 150 physicians participated in an enriching 13 CME credit Internal Medicine Bootcamp, led by distinguished local faculty.

This dynamic two-day program was designed for Internal Medicine specialists and subspecialists, featuring was design as a comprehensive, multispecialty internal medicine bootcamp, providing practical clinical updates across high-impact areas including cardiology, obesity management, pulmonology, diabetes, gastroenterology, sleep medicine, and rapidly evolving pharmacologic therapies. Faculty included regional experts, subspecialists, and master clinicians who delivered clinically applicable updates to improve patient outcomes across primary care and specialty practices

We extend our sincere thanks to Dr. Hilton Franqui and the Scientific Committee for organizing this outstanding educational program.

Business Meeting Highlights

The Chapter's Business Meeting provided a meaningful opportunity to celebrate our achievements and recognize outstanding leadership within our community.

During this meeting, we were honored to recognize several distinguished colleagues whose contributions exemplify the highest standards of our profession. We extend our sincere congratulations to Dr. Alex González Bóssolo, recipient of the ACP Laureate Award, in recognition of his outstanding career, leadership, and dedication to excellence in medicine.

We also proudly recognized Dr. Carlos González Oppenheimer, who has been named Master of the American College of Physicians, a prestigious distinction honoring a lifetime of service, teaching, and leadership in the field of medicine.

In addition, we celebrated the recipients of the Medical Student of the Year, Resident of the Year, and Mentor of the Year Awards, whose dedication, achievements, and commitment to excellence continue to strengthen our profession and inspire future generations of physicians.

We further recognized Council Members with the Governor's Chapter Service Award, acknowledging their exceptional dedication and invaluable contributions to the Chapter's success over the past four years.

We are also proud to announce that the Puerto Rico Chapter received the 2025 Gold Excellence Award for the fourth consecutive year, reaffirming our continued commitment to excellence in chapter leadership, education, and innovation.

ACP Puerto Rico Chapter Newsletter

2026 Award Recipients

- **Dr. Alex González Bóssolo** – Laureate Award
 - **Mr. Gabriel Soto Silva** – Medical Student of the Year
 - **Dr. Cristina Pérez González** – Resident of the Year
 - **Dr. Mario Robles Franceschini** – Mentor of the Year
-

Governor's Chapter Service Awards

This recognition honors council members for their exceptional dedication and service:

- **Hilton Franqui-Rivera, MD, FACP, FACC, FHRS**
Scientific Committee Chair
- **Luzimar Conaway, MD, FACP**
Wellness Champion Chair
- **William Marrero, MD, FACP**
Early Career Physicians Committee Chair



Dr. William Marrero, Dr. Alex González, Dr. Edwin Alicea, Dr. Mario Robles
Dr. William Rodríguez & Dr. Luzimar Conaway

ACP Puerto Rico Chapter Newsletter

Meet Our Awardees

2026 Laureate Awardee



Alex González Bóssolo, MD, ECNU, FACP

Dr. Alex González Bóssolo, MD, ECNU, FACP, a distinguished Puerto Rican endocrinologist, is the recipient of the Laureate Award from the American College of Physicians, one of the highest honors granted by this institution to internists who have demonstrated excellence in clinical practice, academic leadership, and exemplary service to the profession.

Born in San Juan, Puerto Rico, Dr. González Bóssolo completed his bachelor's degree at the University of Puerto Rico (2008) and earned his Doctor of Medicine degree from the Universidad Central del Caribe School of Medicine (2012). He completed his residency in Internal Medicine at the University Hospital of the University of Puerto Rico Medical Sciences Campus (2015) and subsequently completed his subspecialty training in Endocrinology, Diabetes, and Metabolism at San Juan City Hospital (2018).

Board certified by the American Board of Internal Medicine in Internal Medicine and in Endocrinology, Diabetes, and Metabolism, as well as a Diplomate of the American Board of Clinical Lipidology and certified in Endocrine Certified Neck Ultrasound (ECNU), Dr. González Bóssolo has established a clinical practice of excellence focused on the comprehensive management of diabetes, obesity, thyroid diseases, and cardiovascular risk.

He currently serves as Chair of the Division of Endocrinology, Diabetes, Metabolism and Nutrition at Hospital Pavia Santurce, and as Associate Program Director at San Juan City Hospital, actively contributing to the training of new generations of physicians. He was recently appointed President of the Medical Faculty at Hospital Pavia Santurce, a role that recognizes his leadership, strategic vision, and strong professional trajectory, strengthening the institution's commitment to academic excellence and community service. His commitment to medical education also extends to his role as Lecturer at Universidad Central del Caribe.

An active member of the American College of Physicians since 2016, he has served as Chair of the Early Career Committee (2018–2022) and currently as Treasurer of the Puerto Rico Chapter (2022-2026), standing out for his organizational leadership and dedication to strengthening the local medical community. His participation also includes professional societies such as the Endocrine Society, the American Association of Clinical Endocrinologists, and the National Lipid Association.

This Laureate Award recognizes not only Dr. González-Bóssolo outstanding academic and scientific career, but also his professional integrity, his commitment to health equity, and his vocation of service to the medical community and to the patients of Puerto Rico. This recognition celebrates an internist who embodies the values of clinical excellence, ethical leadership, and dedication to the continuous advancement of internal medicine.

ACP Puerto Rico Chapter Newsletter

Medical Student of the Year

Resident of the Year

Winner:



- Dr. Cristina Pérez González – Hospital Damas

Nominees:

- Dr. Maria Ginés Rosario – San Juan City Hospital
 - Dr. Cristina Rubí Calderón – VA Caribbean Healthcare System
 - Dr. Alejandro Carmona Casillas – University District Hospital
 - Dr. Yomara Huertas Gómez – Hospital San Lucas
 - Dr. Gonzalo J. Martínez – Hospital Pavia Arecibo
 - Dr. Leanette Guzmán Rivera – Mayagüez Medical Center
-

ACP Puerto Rico Chapter Newsletter

Mentor of the Year

Winner:



- Dr. Mario Robles Franceschini – VA Caribbean Healthcare System

Nominees:

- Dr. Dariel Irizarry de Jesús – Hospital Damas
 - Dr. Myriam García González – Mayagüez Medical Center
 - Dr. José Torres Cintrón – Hospital Pavia Arecibo
 - Dr. Nicole Rassi Stella – University District Hospital
 - Dr. Jenniffer Ramírez Gómez – San Juan City Hospital
 - Dr. Gisela Feliciano Díaz – Hospital San Lucas
-

ACP Puerto Rico Chapter Newsletter

Wellness Corner

By Luzimar Conaway, MD, FACP – Chapter Wellness Champion



I am truly grateful for the opportunity to serve as Wellness Champion for the American College of Physicians over the past three years. Promoting physician wellness has been both a meaningful and deeply rewarding experience.

During this time, we organized a variety of initiatives designed to support well-being, including nature walks, photography, painting, knitting, and music therapy sessions. We also hosted educational conferences addressing important topics such as burnout, sleep health, obesity, and cardiovascular disease in women.



These efforts created valuable opportunities for connection, reflection, and self-care among our colleagues. Physician wellness is essential—by taking time to care for ourselves, we are better equipped to care for our patients and the communities we serve.





ACP Puerto Rico Chapter Newsletter

Save the Date

Puerto Rico Reception – Internal Medicine Meeting 2026

 April 17, 2026, | 6:00 PM
 San Francisco Marriott Marquis

Clinical Vignettes & Research Competition + 2026 Doctors' Dilemma

 November 11, 2026
 Complejo Ferial, Ponce, Puerto Rico

Join us for this exciting event celebrating academic excellence and the future of Internal Medicine. Stay tuned for registration details and submission guidelines.

Stay Connected

Your participation is important—follow us on our social media channels for updates and upcoming opportunities.



Editorial Committee – April 2026

- Edwin Alicea, MD, FACP
- Luzimar Conaway, MD, FACP
- Rina Vega