Puerto Rico Chapter 2021 Laureate Award



Milton Carrero MD, FACP

Dr. Milton Carrero was born in Mayagüez, Puerto Rico. He studied college at the Recinto Universitario de Mayagüez and obtained his Doctor in Medicine degree from the University of Zaragoza. He completed his residency in Internal Medicine at the Dr. Ramón Emeterio Betances University Hospital, Mayagüez Medical Center, where he was recognized as Resident of the Year, and joined the faculty upon graduating. In 1991, he became Associate Program Director of the Internal Medicine residency, and Program Director in 2001. He has remained as Program Director for 20 years now. Under his leadership, the Internal Medicine Residency program received an Elite Residency Program Acknowledgement from the ACP in 2018 and 2019.

Dr. Carrero was named Chair of the Department of Internal Medicine of the Dr. Ramon Emeterio Betances University Hospital in 2003, a position he still holds. He has been Assistant Professor of Medicine at the UPR School of Medicine and is a Professor of the Ponce School of Medicine. He has served the medical community of the Mayagüez area in many roles, including as Chair of Internal Medicine and Medical Director at San Antonio Hospital, Medical Director of the Mayagüez Medical Center, Assistant Professor of the Family Medicine Residency at Bella Vista Hospital, and member of the Mayagüez Medical Center Governing Board. He has served in multiple hospital and residency committees. He has also served in the Puerto Rico College of Physicians and Surgeons as Vice President and President of the Mayagüez District, General Secretary and President of the Medical Senate.

Dr. Carrero is certified by the American Board of Internal Medicine and has a certification in Education in Palliative and End-of Life Care. He is a Fellow of the American College of Physicians.

He is a usual attendee at ACP meetings, and has served as member of the Scientific Committee, member of the Board of Directors, and judge in the Research Competitions. His residents are a fixture in the ACP meetings, as he promotes attendance, mentors presentations and cheers their Jeopardy team.

For his community involvement and humanitarian qualities, Dr. Carrero was chosen for the Humanitarian Award of the Mayagüez Medical Center Faculty.

A Mayagüezan with a life of service to his community, Dr. Carrero has promoted excellence in the practice of Internal Medicine through his dedication to teaching, his leadership as a program director, his involvement in professional organizations and institutions, and his role modeling as a humanistic and compassionate physician. For his achievements, the Puerto Rico Chapter of the American College of Physicians has chosen Dr. Milton Carrero as the Chapter Laureate Awardee for 2021.