

**2019 INTERNAL
MEDICINE
MEETING:**
PHILADELPHIA, PA

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DR. RHETT JACKSON
& DR. MARY ZOE
BAKER

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SPRING 2019 NEWSLETTER

Governor's Column

I hope this newsletter finds each of you in good health and ready for winter to be over. Although not natives of Oklahoma, my wife and I especially enjoy the Oklahoma spring (with the exception of the abundant pollen). There a number of exciting things happening in our State, many tied to warmer weather.

Since my last article, the Chapter continues to do well. Our membership numbers remain good both in big M members and among our medical students and internal medicine residents/fellows. As of February 2019, we have 344 big M members, 135 Resident/Fellow members, 160 medical student members and 16 affiliate members including physician affiliates. However, since 2017 our big M members has dipped from 361. In addition, our finances remain good and we keep a solid reserve for operational costs.

I specifically call your attention to several items of the newsletter. Most importantly are our newest members and affiliates. Forty-one new members are now part of our ACP family and we are excited about working with them to enhance their professional careers. We also recognize three new Fellows. We proudly have eight Masters of the College. Election to both Fellowship and Mastership recognizes outstanding contributions to our discipline and a commitment to professionalism, clinical care and to our patients. I encourage you to consider becoming a Fellow and helping us to identify prospective individuals for mastership. For those of you, who are new to ACP, please become involved in our state chapter by attending the fall meeting and participating in our committees. We also remember **Dr. Robert (Rusty) King**, a distinguished member of our chapter who passed away in November. We will admire and remember his passion for patient care and service.

Please make every effort to encourage your colleagues who are not members to join the ACP. This year's



Michael Bronze, MD, MACP

Governor's Column (continued)

meeting represents the 100th anniversary of the national meeting and specifically 100 years of education. Excitingly, **Vice Admiral Vivek Murthy, MD, MBA** will deliver the keynote address. He served as the 19th Surgeon General of the US, and during his tenure, he helped the nation address several critical public health issues including Zika virus and the expanding use of E-cigarettes among our youth. Furthermore, we will welcome several new Fellows to the College this spring and I hope to see at the Convocation ceremony. I also hope that you will join us for our dinner cruise on the Delaware River.

Just to remind you, I think it is important to reiterate the current strategic goals of the national ACP and its priority themes. A few of the goals of the ACP include: 1) establishing and promoting the highest clinical and ethical standards in patient care; 2) providing the most comprehensive education and information resources to all internists; 3) providing for the professional needs of members and to advance internal medicine as a career; and 4) unifying the multiple voices of internal medicine and its subspecialties advocating on behalf of patients, members and our profession. I hope that you agree how important each of these is as we care for patients.

Our fall scientific program was very successful and ably developed and led by **Dr. Krishna Baradhi** and the program planning committee. Each of our speakers presented excellent clinical material and I believe the meeting was a robust exchange of ideas, specifically on a topic that affects our patients. We were pleased to host **Dr. Sue Hingle**, who served as Chair of the Board of Regents. As always, the highlights of the meeting were the resident research presentations and the Doctors Dilemma. Congratulations to the Tulsa resident team for winning Doctors Dilemma and to all of our residents for their research presentations. We also congratulate **Drs. Mary Zoe Baker and Rhett Jackson** for being awarded the Laureate Award. Planning for the Fall Oklahoma ACP Scientific Meeting is already taking shape. This year, the meeting will occur in Oklahoma City at the Samis Education Center on October 4th and 5th. This year, our program-planning director is **Dr. Matlock Jeffries**, and he and the planning committee will create an excellent educational program. I hope that all of you will be able to attend.

Importantly, we congratulate **Dr. Robert Hauger** on his election as Governor-Elect. Robert is an outstanding internist who has been a powerful advocate championing for excellence in patient care. He will serve our membership well. Robert will transition to Governor this April. As I approach my final few months as Governor, I want to thank each of you for allowing me to serve in this role. It has been an uplifting and thoroughly enjoyable experience. I am indebted to your support and specifically to the Council and committee members for all of their efforts. Most of all, I am indebted to **Kathy Musson**, our executive director for all of her efforts and success in herding cats. She is an amazing administrator and an outstanding member of our community.

I hope to see all of you in Philadelphia. Thank you for all that you do to support internal medicine, our patients and the future internists of Oklahoma.

Philadelphia, PA

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IM Meeting 2019

APRIL 11TH - APRIL 13TH

The **2019 Internal Medicine Meeting** is quickly approaching. You will not want to miss it! IM 2019 marks the **100th Anniversary of the Internal Medicine Meeting**. IM 2019 is the most comprehensive conference in Internal Medicine, offering **over 170 courses** presented by the **best national lecturers** on a wide variety of clinical and practice management topics. Additionally, IM 2019 offers you **interactive and hands-on sessions** at the Waxman Clinical Skills Center where you can improve your physical examination skills, learn office-based procedures, explore the latest medical software, and much more. All of this, while **earning CME Credit and MOC Points!**

This year, we are heading to **Philadelphia!** Come enjoy the **City of Brotherly Love** and discover its rich history! Check out the **Liberty Bell** at **Independence Park**, eat at

Reading Terminal Market (America's oldest farmers' market), visit **America's first zoo**, tour any number of **Philly's museums**, and snap a pic at **LOVE Park**! **Philadelphia has something for everyone!**

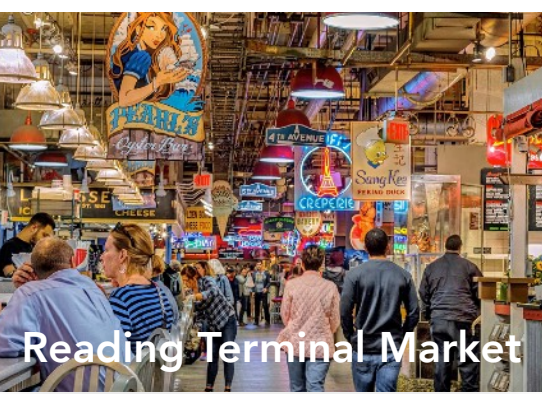
PLAN NOW on attending this year's ACP Internal Medicine 2019 Meeting in Philadelphia from **April 11th through April 13th** at the Pennsylvania Convention Center. Our Oklahoma Chapter has planned another special cruise for this year's chapter reception. **[Register online here.](#)**

Philadelphia, April 11th - 13th
REGISTER [HERE](#) FOR IM 2019

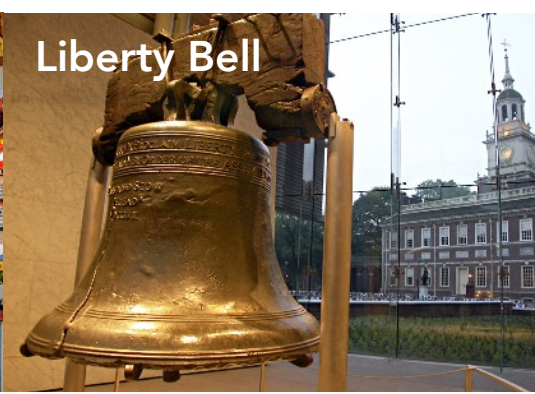
ACP Discounted Travel & Housing

[Hotel Discounts](#)

[Airline & Rental Car Discounts](#)



Reading Terminal Market



Liberty Bell



LOVE Park

Chapter Dinner Cruise

APRIL 12TH | SPIRIT OF PHILADELPHIA

OK Chapter Reception on the Delaware River

The Oklahoma Chapter is well-known for planning fun and unique chapter receptions during the annual Internal Medicine Meeting. In 2013, we cruised along the San Francisco Bay. In 2015, we set sail through Boston Harbor. In 2016, we had a perfect spot overlooking the National Mall and U.S. Capitol in Washington D.C. In 2017, we danced and dined on a yacht cruise through the San Diego Bay. In 2018, we took a steamboat on the Mississippi! We are thrilled to say we have done it once again for 2019!

We are cruising again! We invite you to join us as we cruise along the **Delaware River** while viewing the **Philadelphia skyline** on a **private chartered yacht exclusively for Oklahoma Chapter members and guests**. RSVP now for your spot at this year's Oklahoma Chapter Reception in Philadelphia during Internal Medicine 2019! We will cruise on the **Spirit of Philadelphia** and enjoy a **fabulous dinner buffet**! We have arranged a cost for you as an Oklahoma Chapter ACP Member and

your guest at **\$90 per person**. You will want to make your reservation as soon as possible! You will not want to miss this year's reception!

Our cruise sets sail on **Friday, April 12th**, from **6:30 PM through 8:30 PM**. You will board at 6 PM at Penn's Landing.

The **Chapter Dinner Cruise Reception** will include the following:

- Two-Hour Private Cruise.
- Buffet Dinner with Cash Bar.
- Socializing with OK Chapter Members.

You must RSVP by March 15th with payment by check received by April 1st. To RSVP, contact **Kathy Musson** by phone (405-850-8334) or **e-mail** (kmussonokc@gmail.com). Payment by check should be mailed to: OK-ACP, 6704 Eastwood Circle, Oklahoma City, OK 73132.



New ACP Members and Fellows

Please help us in welcoming our **Newest ACP Members and Affiliates** to the Oklahoma Chapter.

New ACP Members and Affiliates

Sobia Ahmad	Norman	Timothy E Legg	Tulsa
Defne Altan	Norman	Steven D Lester	Tulsa
Morgan Bayouth	Tulsa	Andrew McCasland	OKC
Craig M Beavers	Tulsa	Dennis K McIntyre	Enid
Erica C Becker	OKC	Judd Miller	Tahlequah
Deborah Beeson	Tulsa	Brienna Milleson	Tulsa
Jeremy Beyer	Tulsa	Serena Mitroo	Norman
Larry D Bowler Sr	Tulsa	Thuy-Phuong Nguyen	Warr Acres
Donna Bracciale	Tulsa	Ian Peake	Tulsa
Ami Dave	Tulsa	Robert Postlewait	Tulsa
Lincoln Dutcher	OKC	Arleen Jimenez Ramirez	OKC
Andrea Fernandez	OKC	David J Rosenbaum	Edmond
Evan Garrett	Tulsa	Laura Sanford	Talihina
Ashton M Gores	Tulsa	Natalie Santa-Pinter	Tulsa
Brooke Hill	OKC	Amanda K Schovanec	Broken Arrow
Jazeb Ifikhar	Tulsa	Joanne Skaggs	Norman
Lee Jennings	OKC	Caleb St. Laurent	OKC
Rachel John	Tulsa	Auston D Stiefer	Tulsa
Jyotsna Koduri	OKC	Derek Truong	Yukon
Brittany Ladd	OKC	John N Whelan	Tulsa
Sidney T Le	Yukon		

ACP Fellowship is an honor achieved by those recognized by their peers for personal integrity, superior competence in internal medicine, professional accomplishment, and demonstrated scholarship. The Oklahoma Chapter recognizes and congratulates the following physicians who were elected to Fellowship in the College.

New ACP Fellows (FACP)

Matthew B. Austin, DO, FACP	Tulsa
Archana M. Mahankali, MBBS, FACP	Broken Arrow
Jabraan S. Pasha, MD, FACP	Tulsa

Please help us congratulate these newest Fellows to the Chapter!

If you are a long time member of ACP, we hope that you will strive to professionally move toward Fellowship. For some, this will require work. It may require your involvement with the college and/or the local chapter. Have you been to the national or state meeting? For those already active in the college, you need to apply now. You have done the work and it is time to be recognized. FACP is a standard of professional excellence that your peers recognize.

ACP Chapter Eternal

Robert W. King, Jr., MD, FACP



Robert W. King, Jr., MD, FACP

Aug. 27, 1946 - Nov. 27, 2018

We extend our condolences to the family and friends of **Dr. Robert W. King, Jr.**, who went by “**Rusty**.” He passed away on November 27, 2018 after a short illness.

Dr. King was a long-time resident of Oklahoma City, attending Northwest Classen High School, graduating in the class of 1964. He attended Brown University and the University of Oklahoma. He graduated from the University of Oklahoma School of Medicine in 1971. He completed his residency in Internal Medicine and his Fellowship in Nephrology at the Medical College of Virginia in Richmond, VA.

He returned to Oklahoma City where he practiced Nephrology at St. Anthony Hospital. He was also Director of Medical Education. He was a volunteer faculty member for the OU School of Medicine and was honored by the medical students by being one of three nominated for the prestigious Aesculapian Award for excellence in teaching.

He was very proud of the day he was inducted as a Fellow of the American College of Physicians (ACP). He was instrumental in bringing organ transplants to Oklahoma City, and helped develop the UNOS organ distribution system. He was also one of the original founders of LifeShare organ sharing network, which still operates in Oklahoma City. In 1998, he moved to New Orleans, LA, where he worked as a National Medical Director for United Healthcare. He returned to Oklahoma City in 2007, where he focused his skills and talents on those in need.

His passion for service included volunteering on the board of the Bridge House recovery center in New Orleans, volunteering his medical services at the Little Flower Clinic in Oklahoma City and numerous other civic activities. His sometimes quiet personality was complimented by his astounding intellect, wonderful sense of humor, and unwavering love for others.

Leadership Day 2019

We have great news for members who are interested in public policy and advocacy! The 27th annual “**Leadership Day**” on Capitol Hill will be held **May 14-15, 2019**, at the **Mandarin Oriental Hotel in Washington, D.C.** In addition to having an opportunity to meet with your legislators and staff in Washington, D.C., you would be provided with in-depth briefings from White House officials, Capitol Hill staffers, and members of Congress; all of whom are among the top health care decision makers. ACP will also prepare you for your visit. Participants will receive a comprehensive orientation on ACP’s top legislative priorities. You can learn more about Leadership Day [here](#).

If you are interested in attending Leadership Day, please contact [Dr. Matlock Jeffries](#).

Your Chapter Service

Speak, call, or write to [myself](#) or one of your Oklahoma Chapter council members if you have interest in serving. We are always looking for membership willing to take up the banner in advocacy, membership, communication, and other areas of service. Do you have a new idea or a resolution to take to ACP nationally? We need to hear from you, our membership.

Medicine Day 2019

[Medicine Day 2019](#) will be held on Tuesday, April 16th. The OSMA will organize an afternoon event at the State Capitol followed by a Legislative Reception at the [Oklahoma State Medical Association](#) in Oklahoma City. Medicine Day is an annual legislative reception where attendees have the opportunity to talk with state lawmakers. Your ACP Chapter’s Advocacy Chair, Dr. Matlock Jeffries, plans to attend the event and hopes to see you there! It is a great opportunity for you to speak with your legislators about the important issues impacting health care in Oklahoma.



OU-Tulsa Receives Grant from ACP & SGIM

The American College of Physicians (ACP) and Society of General Internal Medicine (SGIM) were pleased to recently announce 20 funded institutions for this year's **ProudtobeGIM** grant cycle. The **University of Oklahoma School of Community Medicine** in Tulsa, Oklahoma, was one of these proud institutions.

The ProudtobeGIM campaign was launched in 2015 to expose medical students and residents to career opportunities in general internal medicine. The aim of the program is to inform students of the variety of amazing career options in general internal medicine and the multitude of opportunities to be a leader in patient care, research, health policy, and medical education.

This February, OU-Tulsa will be celebrating ProudtobeGIM Week by hosting 3 events open to students, residents, and internists.

- **February 25th | ProudtobeGIM Talks**
 - “TED Talk” style lectures by our very own **Governor-elect Dr. Robert Hauger** on “Burnout” and **Dr. Jabraan Pasha** on “Implicit Bias.”
- **February 27th | Dust Bowl**
 - A fun night of free bowling, drinks, appetizers, and socializing.
- **February 28th | The Gathering Place of Tulsa**
 - A scavenger hunt for students, residents, internists and their families followed by a brief panel discussion about work-life balance, why internists chose IM, and careers in academic medicine.

[See official flyer on next page for details.](#)



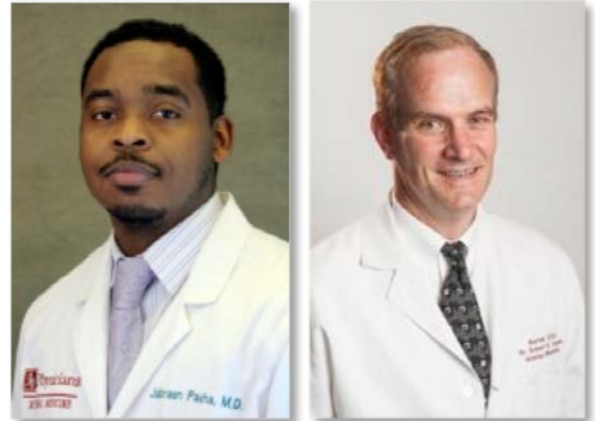
PROUD TO BE GIM

February 25th, 27th, & 28th | Tulsa, OK

ProudtobeGIM Talks

Monday 7:00-9:00PM

- Schusterman Learning Center at OU-Tulsa
- “Ted Talk” style lectures followed by Q&A
- Dr. Jabraan Pasha - “Implicit Bias”
- Dr. Robert Hauger - “Physician Burnout”
- Refreshments will be provided
- Chance to win a Littman Cardiology Stethoscope and other great prizes!



Dust Bowl

Wednesday 6:30-8:30PM

- Get overly competitive with fellow students, residents, and internists!
- Attendees must be age 21 or over
- Free bowling, drinks, and appetizers!

The Gathering Place

Thursday 6:00-8:00PM

- Family Friendly!
- Exciting scavenger hunt for students, residents, internists, and their families
- Panel of internists will talk about work/life balance and why they're ProudtobeGIM
- Chance to win fun prizes!



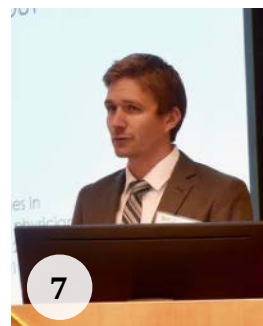
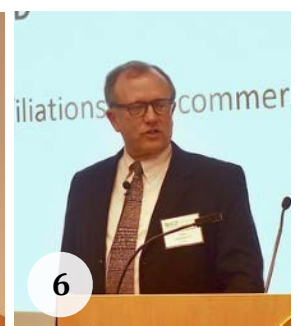
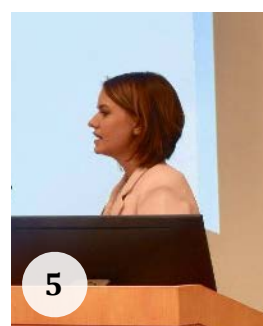
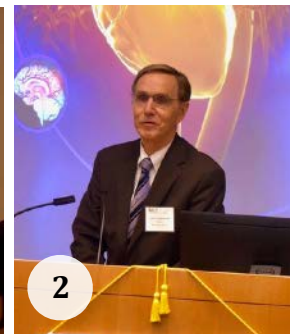
2018 OK Chapter Fall Scientific Session

Honored Guest Speakers

The 2018 Oklahoma Chapter Fall Scientific Session was another tremendous success. We would like to thank all of our guest speakers for all of their hard work and time. Special thanks to **Dr. Susan Thompson Hingle¹**, ACP's Immediate Past Chair of the Board of Regents, who delivered our keynote lecture on the importance of physician advocacy in addition to giving a wonderful lecture on Women's Health. **Dr. Jeffrey L. Anderson²**, Professor of Medicine of the University of Utah, gave a special lecture on atrial fibrillation, "What You Need to Know about Undiagnosed Atrial Fibrillation: An Under-recognized Stroke Risk Factor."

We had a variety of wonderful guest speakers from across Oklahoma delivering updates in internal medicine. **Dr. Krishna Baradhi³**, our 2018 Chair of the Fall Scientific Session, gave an update on hypertension. **Governor Michael Bronze⁴** spoke on updates in Hepatitis C treatment. **Dr. Audrey Corbett⁵** updated us on hospital medicine. **Dr. R. Hal Scofield⁶** gave us an update in diabetes care and the role of novel agents. **Dr. Brian Lich⁷** lectured on physician well-being and professional satisfaction. Lastly, **Gary Raskob, PhD⁸**, spoke on novel anticoagulants. We would like to thank all of our guest speakers for all of their hard work in making this another successful session!

You can [view and download](#) all of the Chapter meeting presentations from the Fall Scientific Session [here](#).



2018 OK Chapter Fall Scientific Session

OU-Tulsa Once Again Wins Medical Jeopardy

ACP Doctor's Dilemma, also known as Medical Jeopardy, is held each year at the state level during the annual Oklahoma Scientific Session and then again at an international level during the annual Internal Medicine meeting. Up to 50 teams of residents from around the world will compete for the title of world champion this year in Philadelphia.

This year, your Oklahoma Chapter will once again be represented at IM 2019 by the same **OU-Tulsa Team** that placed 2nd in the World during the 2018 international competition in New Orleans. Congratulations once again to **Kevin Smith (PGY3)**, **Chelsea Therrien (PGY3)**, **Janitzio Guzman (PGY3)**, and **Tristan Smith (PGY2)**. We expect great things from this team as they once again compete for the coveted Osler Cup!

You can test your knowledge on your smartphone by answering the same style questions used by ACP in the national Doctor's Dilemma Competition by clicking [here](#).

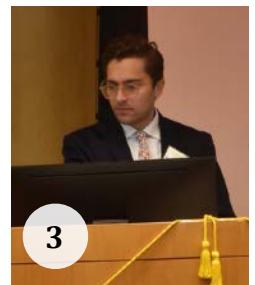
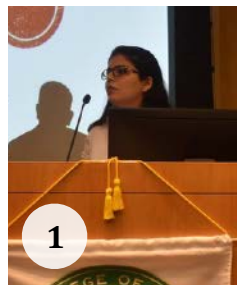
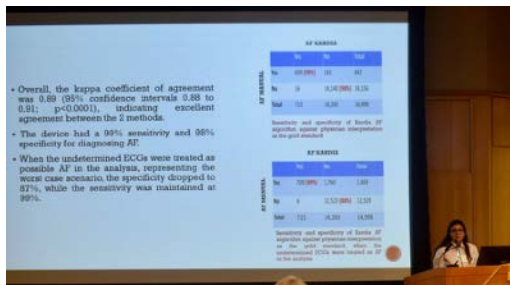


2018 OK Chapter Fall Scientific Session



Resident Oral Presentations

During the OK Chapter Fall Scientific Session, we had 4 residents from OU OKC and OU Tulsa that gave oral presentations. **Dr. Isma Nusrat Javed**¹ of OKC lectured on “Diagnostic Accuracy of a Smartphone-Based Atrial Fibrillation Detection Algorithm.” **Dr. Ryan Yarnall**² of Tulsa presented “Improving Recognition and Treatment of Depression in an Academic Internal Medicine Clinic.” **Dr. Blair Kirkpatrick**³ of OKC spoke on his QI project, “Improving TDaP/TD Vaccination Rates.” **Dr. Chelsea Therrien**⁴ of Tulsa presented her QI project, “Improving Guidelines – Directed AAA Screening in an Internal Medicine Resident Clinic.” Each resident received a \$150 cash award.



2018 OK Chapter Fall Scientific Session

Resident Awards for Posters and Presentations

A number of resident awards were presented during the 2018 OK Chapter Meeting.

For poster presentations in case vignettes, 1st place went to **Dr. Blake Jacobs**, and 2nd place was a tie between **Dr. Syed Talal** and **Dr. Divya Guruswamy**.

For poster presentations in research, 1st place went to **Dr. Mohamad Khattab**, 2nd place went to **Dr. Mohamad Hayat**, and 3rd place went to **Dr. Isma Nusrat Javed**.

For poster presentations in quality improvement, 1st place went to **Dr. Mohamad Khattab**.

For oral presentations, all four presenters — **Dr. Isma Nusrat Javed**, **Dr. Ryan Yarnall**, **Dr. Blair Kirkpatrick**, and **Dr. Chelsea Therrien** — received awards.



2018 OK Chapter Fall Scientific Session

Welcome Reception and Residents Reunion

We had a wonderful OK Chapter Welcome Reception and OU Residents Reunion during our Fall Scientific Session. Picture highlights can be found below.



2018 OK Chapter Fall Scientific Session

Governor Bronze Receives Special Meritorious Award

Special congratulations to **Governor Mike Bronze, MD, MACP**, for winning the Special Meritorious Award for outstanding service, dedication, and tireless efforts on behalf of Oklahoma Internists.



Laureate Award: Dr. Rhett Jackson & Dr. Mary Zoe Baker

This year, two outstanding members of the Oklahoma Chapter were presented the Laureate Award. Congratulations to **Dr. Rhett L Jackson** and **Dr. Mary Zoe Baker**! Unfortunately, Dr. Baker was unable to accept her award during the 2018 OK Chapter Meeting. However, both will once again be honored during IM 2019 in Philadelphia. The Laureate Award honors members of the College who have demonstrated by their example and conduct an abiding commitment to excellence in medical care, education, or research and in service to their community, their Chapter, and the ACP.



2019 IM Mobile App



Download the official **2019 ACP IM Meeting app** for **FREE** on your **Apple** or **Android** device. The app will give you up-to-date meeting information, enable you to build your own schedule, search for sessions, provides maps and floor plans, gives exhibitor information, and so much more! To download, just **click on the “App Store” or “Google Play” buttons above.**

Save the Date: 2019 Fall Scientific Session

Please mark your calendar for the **2019 Fall Scientific Session**, being held **October 4th through October 5th** at the **Samis Center** in **Oklahoma City, Oklahoma**. Every year, new and seasoned physicians meet at the Fall Scientific Session to recharge, rewind, reflect, and reconnect with their peers, chapter leaders, and great speakers. In addition to earning CME credits, the conference is about making personal connections and getting involved in your chapter. We hope you will join us! More details to come in the next newsletter.

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Nominating
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