

Ohio ACP E-Pulse

The E-Newsletter of the Ohio Chapter of the ACP



New Year Edition

It is hard to believe 2019 has come to a close and we are already several days into a new decade. Before we get too far into the new year, we wanted to give you a brief update on some chapter happenings in this month's E-Pulse. We are fortunate – we remain financially strong, we have a strong and active Governor's Advisory Council, we have opportunities to participate in top-notch national and local ACP educational offerings and most importantly, we have outstanding members. Thanks again for your ongoing support of the best chapter in the Land!

We also wanted to give a special 'shout out' to Rachanan Raghupathy who was selected to serve on the National ACP Council of Student Members. Congrats!

Craig Nielsen, MD, FACP

Chapter Financial Update

The Ohio Chapter continues to be fiscally sound, having 1.6 months of operating expenses in reserve. As such, the Governor's Advisory Council has decided to continue to keep chapter dues at the current rate. Your dues help to fund student and resident travel to the Internal Medicine Meeting and Leadership Day on Capitol Hill.

Governor's Advisory Council Updates

At the October 2019 Town Hall the following people were elected to council seats:

Kimberly McBennett, MD, PhD, FACP was elected vice president of the chapter.

Benjamin Kinnear, MD, FACP was elected to his second full term on

Council.

Debra Leizman, MD, FACP and Chair of the Awards Committee was elected to her first term on Council.

Joel Kammeyer, MD, FACP was appointed Chair of the Membership Committee.

The following were appointed as Ex-Officio members in 2019. Each represents their institution while serving on Council:

Shakuntala (Rita) Kothari, MD, FACP – Cleveland Clinic

Kevin Goist, MD FACP – The Ohio State University

Isaac Kirstein, MD, FACP – Ohio University College of Osteopathic Medicine

Dean Bricker, MD, FACP – Wright State University

National Council News

Rachana Raghupathy, M.D. Candidate, Class of 2022 from Northeast Ohio Medical University has been selected to serve on the National ACP Council of Student Members. This is a two-year term beginning April of 2020. Congratulations Rachana!

Save the Date

The 2020 Ohio/Air Force Annual Chapter Meeting will be held October 29-30 at the Greater Columbus Convention Center. This year's meeting promises to be bigger and better than ever. The planning committee is expanding student and resident tracks to give our younger members more time to spend

Mark Your Calendar

April 23-25, 2020 Internal Medicine Meeting in Los Angeles, CA

Friday, April 24th – Ohio/Military Chapters combined reception

May 12-13, 2020 Leadership Day on Capitol Hill

News from the College

Internists Concerned Proposed Ohio Legislation Would Harm Patients, Infringe on Patient-Physician Relationship

Washington, DC (December 4, 2019) —The American College of Physicians (ACP) fears that recent legislation introduced in the Ohio state legislature that orders physicians to re-implant ectopic pregnancies, which is clinically not possible, will threaten patient health and subject physicians to criminal prosecution for providing standard of care, reproductive health care services.

“Ectopic pregnancies can be life-threatening and traumatic for patients. Re-implanting an embryo into a woman’s uterus would be a medically impossible procedure and could harm the patient,” said Robert McLean, MD, MACP, president, ACP. “ACP stands behind its policy position that the patient-physician relationship, including access to reproductive health care services, should in no way be restricted by a government body.”

Additionally, the proposed bills would criminalize physicians for providing reproductive health services, going against ACP policy. In a 2018 position paper, [“Women’s Health Policy in the United States,”](#) ACP calls for women to have sufficient access to evidence-based family planning and sexual health information. This would include comprehensive reproductive health services, such as treatment for ectopic pregnancy. It also stresses the importance of respecting patient autonomy on matters affecting patients' individual health and reproductive decision-making rights, including about types of contraceptive methods they use and whether or not to continue a pregnancy as defined by existing constitutional law.

“As a physician, I am deeply concerned that the legislation introduced in Ohio may interfere with providing women with medically optimal care,” continued Dr. McLean. “ACP opposes government restrictions that would challenge a woman's right to continue or discontinue a pregnancy.”

“It seems unwise and dangerous to legislate for a theoretical, non-evidenced procedure that is not recommended by any medical society and could put our patients in harm’s way,” added Craig D. Nielsen, MD, FACP, governor, Ohio Chapter, ACP. “This is not a legislative road we should travel down.”

Protecting women’s health care is more important than ever—ACP rejects political interference in the patient-physician relationship and urges the Ohio state legislature, as well as national health care leaders, to embrace policies

protect patients and their families, not legislation that threatens public health.

Contact: Julie Hirschhorn, (202) 261-4523, jhirschhorn@acponline.org

January Webinars from ACP Leadership Academy

The ACP Leadership Academy will present two webinars in January. Webinars are open to all ACP members, and attendees will have the opportunity to ask questions following the presentations. We encourage chapters to promote these webinars to their members. Please contact us at lead@acponline.org with any questions.

Gender-Based Differences in Burnout

Wednesday, January 8, 2020

3:00–4:00 p.m. ET

The American College of Physicians and American Medical Women's Association (AMWA) present "Gender-Based Differences in Burnout." In this free 1-hour webinar, Connie Newman, MD, FACP, and Kim Templeton, MD, explore the institutional and societal factors that contribute to burnout; discuss how burnout can differ between female and male physicians; and present strategies to reduce physician burnout.

[Register Now](#)

Mindfulness in Medicine: What Physicians Need to Know

Tuesday, January 14, 2020

3:00–4:00 p.m. ET

Mindfulness is an evidence-based approach to mitigating physician burnout, not only building calm but also enhancing focus, heightening compassion for self and others, and shifting limiting thought patterns. In this dynamic webinar, Gail Gazelle, MD, FACP, MCC, CMMT, will provide an overview of various conceptualizations of mindfulness, review research on its effectiveness, and provide practical strategies readily incorporated into the physician's workday.

[Register Now](#)

If you have any questions please contact [Susan Koger](#).

Update Your Social Media Profile Picture to Include ACP's I.M. Proud Frame

Given ACP's ongoing I.M. Proud campaign, you might be interested in updating your personal Facebook and / or Twitter profile picture with ACP's I.M. Proud frame. Below are instructions for Facebook and Twitter.

For Facebook:

1. Make sure you are logged in to your account.
2. Click [here](#).
3. You can now position and resize the frame.
4. Scroll down to select how long you want the frame to be active on your profile picture.
5. Click the Use as Profile Picture button.

For Twitter:

1. Make sure you are logged in to your account.
2. Click [here](#).
3. Click the Login to Add Twibbon button.
4. Click Login with Twitter button.
5. Click the Authorize App button.
6. Click the Add to Twitter button.
7. You can now position and resize the frame.
8. Click the Add the Twibbon to Twitter button.
9. Click the View on Twitter button.

Americans with Disabilities Act: How to Help Patients Stay Employed

The Americans with Disabilities Act (ADA) requires employers to create workarounds—called “reasonable accommodations”—for workplace difficulties caused by a medical condition. To get reasonable accommodations, patients sometimes need a letter from a doctor. Join Aaron Konopasky, JD, PhD, Senior Attorney-Advisor at the Equal Employment Opportunity Commission, to learn what to say so that patients get what they need to stay productive, safe, and employed through periods of illness and injury.

[Click here to view webinar](#)