## Please join us Tuesday, November 7<sup>th</sup> at 7:00 PM EST Webinar

## High Value in Wellbeing



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The provision and education around High Value Care is well described and prioritized regularly via the Quadruple Aim. However, this paradigm has much less often been applied to clinician-wellbeing and professional satisfaction activities and programs where similar value and costs can be attributed. In this session, we will apply a similar principle of "high-value" in existing wellbeing activities by guiding participants through a series of thought exercise that will identify and evaluate common practices that have unproven value.

## **Objectives:**

- 1. Participants will be able to define and apply lower- and higher-value in the context of wellbeing and professional satisfaction activities and programming.
- 2. Participants will be able to review and expound upon accepted higher value frameworks and strategies that can direct wellbeing efforts away from lower value states and activities.
- 3. Participants would have the framework and tools to then actively inform and design wellbeing and professional satisfaction programming within their own sphere of influence

Please contact <a href="mailto:jwrassman.acpohio@gmail.com">jwrassman.acpohio@gmail.com</a> for the Zoom Link to register.