



Fall 2023 ECHO Clinic

# Health Equity and Cardiovascular Risk

**FACILITATOR:** Goutham Rao, MD, FAHA  
Department of Family Medicine and Community Health  
Case Western Reserve University School of Medicine

**DATE:** Thursdays, 8 - 9 a.m.  
**September 14 to December 7, 2023**

**Register Now!**

**FREE 12-week series. Space is limited.**

**[cardi-oh.org/echo/register](https://cardi-oh.org/echo/register)**

## How It Works

Cardi-OH ECHO utilizes Zoom to conduct virtual clinics with primary care providers in Ohio.

This hub-and-spoke model connects physicians, nurses and other clinicians with a multidisciplinary panel of experts who provide the specialized knowledge they need to care for patients with complex conditions.

Each clinic will include a brief didactic session followed by an interactive discussion of de-identified case studies, and will offer a whole-person approach to diabetes and cardiovascular risk management.

## Why Join Cardi-OH ECHO

- Professional development and continued learning
- Expanded knowledge network and collegiality with practices across the state
- Increased efficiency and joy of practice
- Improved patient retention, health outcomes, and satisfaction
- No-cost CME credits available

## Testimonial

"[Cardi-OH ECHO] is a practice changer. By sharing challenging case studies in real-time with peers and experts across the state, I have significantly improved my ability to provide better patient care. Even after participating for years, I still find this the best way to learn the latest diagnostics and treatments from passionate teachers statewide."

*L. Austin Fredrickson, MD, FACP  
Northeast Ohio Medical University*

In partnership with:



*Founded in 2017, the mission of Cardi-OH is to improve cardiovascular and diabetes health outcomes and eliminate disparities in Ohio's Medicaid population.*

**Questions?**

**✉ [ECHO@Cardi-OH.org](mailto:ECHO@Cardi-OH.org)**

**🌐 [Cardi-OH.org](https://Cardi-OH.org)**

# Additional Information



## Eligibility Requirements

- Must be a Medicaid provider
- Must be a Primary Care Provider (e.g., Family Medicine, Internal Medicine, Geriatrics, OB/GYN, Pediatrics)
- Must have a clinical office with an Ohio address

## Participation Requirements

- Each practice will present at least 2 case studies during the 12-week virtual clinic
- Each practice will submit all case studies prior to the start of the series (Due August 31, 2023)
- Participants will work with the Clinic Coordinator to determine a mutually agreed-upon date for case study presentations
- Participants will complete surveys as a part of program evaluation and submit a signed Statement of Collaboration

## Other Things to Know

- Participants are encouraged to be visible on video while in the session
- Cardi-OH ECHO will support practices' use of web conference technology (i.e., webcam, microphone/telephone audio, Zoom software) including a 1-on-1 tech check prior to the beginning of the 12-week clinic
- All sessions will be recorded and photographed (an edited version of the recording will be made available on our website)

## By registering, you confirm your acknowledgment and consent to participate in Cardi-OH ECHO and agree to:

- Participate collegially in regularly scheduled Cardi-OH ECHO Clinics by presenting cases, providing comments, and asking questions
- Keep confidential any patient information provided by other participants during a clinic
- Complete periodic surveys to help improve services to clinicians and other partners
- Use required software including, but not limited to, Zoom and Box
- Provide clinical updates and de-identified outcome data on patients as needed
- Be solely responsible for the treatment of your patients and understand that all clinical decisions rest with you regardless of recommendations provided by other Cardi-OH ECHO participants
- Ensure that your patients are aware of your participation in Cardi-OH ECHO and that their de-identified information may be shared

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Ohio State Medical Association (OSMA) and The MetroHealth System. The Ohio State Medical Association (OSMA) is accredited by the ACCME to provide continuing medical education for physicians. The MetroHealth System designates this educational activity for a maximum of 12.00 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Other Healthcare Professionals: check with your professional association as these credits might be applicable for hours towards licensure renewal.

For information on Project ECHO®, visit [echo.unm.edu](http://echo.unm.edu).

*Founded in 2017, the mission of Cardi-OH is to improve cardiovascular and diabetes health outcomes and eliminate disparities in Ohio's Medicaid population.*

Questions?

✉ [ECHO@Cardi-OH.org](mailto:ECHO@Cardi-OH.org)

🌐 [Cardi-OH.org](http://Cardi-OH.org)