



Call for participants!

We are seeking ACP Resident/Fellow and Early Career Physicians to participate in a FREE structured professional and leadership development program, hosted by ACP leaders and physician coaches.

What's in it for you?

A chance to develop leadership skills at an early stage so you will be ready when opportunities come your way!

Coaching and mentorship related to professional and leadership development from ACP leaders.

Opportunity to learn from peers across the country and develop relationships for collaboration and support.

Connection with a community of like-minded physicians

Curriculum:

Five educational sessions, followed by group coaching sessions on the topics.

DESIGNING A CAREER PATH THAT SUPPORTS YOUR VALUES AND STRENGTHS (May 2023)

Determine your “why” and your strengths, identify and protect your priorities (includes boundaries), and learn PERMA

HOW TO ASK FOR AND GET WHAT YOU NEED (June 2023)

Learn to successfully negotiate, manage difficult conversations, and practice non-violent communication

HOW TO PROMOTE YOUR BEST SELF (July 2023)

Learn skills for interviews and applications, maximize visibility, and incorporate Emotional Intelligence

FOSTERING FOR OTHERS AND CREATING FOR YOURSELF A SENSE OF BELONGING ON YOUR TEAMS (August 2023)

Articulate belonging, explore circles of influence and control, celebrate the value of different skills and perspectives on a team, and determine expectations

PLANNING FOR TRANSITIONS AND BEYOND (September 2023)

Learn strategies to get unstuck, implement reflective self-coaching techniques to set goals and expectations, and learn what supports you in times of change

Requirements

The time commitment is approximately 3 hours/month, and the program will run from May-September 2023.

You will have five educational sessions, followed by group coaching sessions on the topics.

Meeting times will be set prior to the start of the program and will include options to facilitate flexibility with your schedule.

In addition to the time commitment, we request completion of de-identified surveys prior to the course and upon completion to document the experience of our participants, and to help us to assess the effectiveness of this program and to help us adjust for future programs.

A certificate of completion will be awarded to those who attend at least 9 of the 12 meeting sessions.

You will be encouraged to take what you learn and share it with your community in a structured way.



Interested persons should submit the following information via this [google form](https://forms.gle/GYJBkimu3TEBaTid7): <https://forms.gle/GYJBkimu3TEBaTid7>

- Name, preferred contact email, chapter, and career stage
- What 3 things would you like to get out of a professional development/ leadership program geared towards RFM/ECP?
- What 3 things are currently getting in the way of you living your best life?
- Why are you interested in participating in this program now?
- Applications close end of day May 3, 2023

Questions? Contact Marion McCrary MD at mlmmccrary@gmail.com