

**Department of Internal Medicine Grand Rounds: Block of Physician Wellness
Domenici Auditorium, 12:30 to 1:30 on date listed**

**The Science of What We Eat and How We Eat it:
The #1 Therapy to Reduce All-cause Mortality and Increase the Joy of Life.**

January 24, 2019

David Rakel, MD

Professor and Department Chair, Department of Family and Community Medicine

**Topic: The Interdependent Relationship Between Workplace Culture and
Professional Wellbeing**

May 30, 2019

Lisa Marr, MD, FACP

Professor of Internal Medicine, Division Chief of Palliative Care, Faculty Wellness Director

We All Make Mistakes: Supporting Each Other During Adverse Events

June 27, 2019

Joyce Phillips, MD

Professor Emeritus, Department of Anesthesia

Overall goals of block:

- Promote a culture where there is the expectation that we care for our colleagues and ourselves
- Foster ongoing dialogue on physician wellness and eliminating burnout
- Demonstrate Department of Internal Medicine leadership in physician health and wellness
- Identify and discuss system and cultural changes needed to promote professional fulfillment

Off-site: Follow this link to UNM Grand Rounds to listen to the webcast or the archived talk: <https://medicine.unm.edu/>. To receive CME credit for listening offsite: CME credit is given when watching live in a group setting and a sign in sheet is provided and sent JaPatton@salud.unm.edu. Previous wellness Grand Rounds are available at <https://medicine.unm.edu/> as well.

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