

Newsletter

The NHACP chapter has been active during this legislative session in the state with many Members testifying in person or online and we continue to work on the national level talking to our legislative leaders about issues important to practicing physicians and our patients. As I enter my last year as your Governor, I am so honored to have been able to witness all the incredible work being done by Internal Medicine Physicians throughout our state. The NHACP chapter is here for you. Please do reach out to us if you have any suggestions, questions, local issues that need attention of national ACP, or just to let us know how you are doing.

2025 Internal Medicine Meeting



In April 2025 ACP had its annual meeting in New Orleans. The education program was fantastic as always, but what really made it great was meeting so many great internal medicine physicians from across the country.

Join us next year in San Francisco, CA!

Meet up in San Francisco, CA, April 16-18, 2026, at the annual marquee educational event for internal medicine physicians and subspecialists around the globe.



During the meeting NHACP had a wonderful reception with good food, good laughs, and even had a few visitors from other chapters who didn't want to miss out on the fun. Unfortunately, it was so much fun that I forgot to take any photos!! A lot of good networking occurred with people making connections from across the state. Please be on the lookout for our reception invite as we get closer to our time in San Francisco in April 2026!

In another collaboration with other chapters; New Hampshire, Michigan, Wisconsin, and Kentucky held another networking event for early career physicians attending the national meeting. People appeared to have a great time and were able to share with each other their experiences as ECPs.



NEW HAMPSHIRE CHAPTER

Winner of a 2024 Chapter Excellence Award | Silver Level

Kenton E. Powell, MD, FACP

GOVERNOR

Chapter Award Recipient

John Palmer

Chapter Award Recipient





Convocation is a great way to kick off the meeting, as we acknowledge award winners and the chapters new Fellows and Masters. Congratulations to Dr Dmitry Tarasevich who walked at convocation as a new Fellow in the College, Dr John “Phil” Palmer for the Chapter Service Award, and Dr William “Bill” Palmer for his Mastership Award. It was a nice evening celebrating with family and friends, the great accomplishments of Members of the college.

Leadership Day 2025



In late April the NH Delegation; Dr William Palmer, Dr Sarah Danziger, Dr Elaine Silverman (Governor Elect), and myself participated in ACP's Leadership Day with one day of advocacy training followed by a day speaking with our Members of Congress regarding issues, chosen by national ACP, that impact internal medicine physicians. A special thank you to Rep. Chris Pappas and Rep Maggie Goodlander for taking some time to talk with us and take a photo but we also appreciate the time the staff of all our National Delegation took to hear about the issues. The specific asks this year included:

1. Co-sponsor and pass H.R. 879, the Medicare Patient Access Practice Stabilization act, a bipartisan bill that would stop the 2.83 percent cut in Medicare payments this year while providing a 2% increase in payment for the remainder of 2025
2. Protect Medicaid Coverage
3. Protect and invest in Public Health Initiatives, Research, and Health Workforce



JEDI Corner

By Pam Trio MD

Healthcare Disparity – Talking about Social Determinants of Health

Last week, at the Rural Health Symposium hosted by Dartmouth University and Dartmouth Health, I learned that only about 20% of health outcomes are directly attributable to healthcare variation. Roughly 40% can be attributed to social determinants of health, and 30% are attributable to health behaviors which can certainly have overlap (ex: living in a food desert impacts what dietary decisions families make).



This striking statistic is attributed to Krieger et al in 2017, meaning we have known this to be true in healthcare for almost a decade. Given this finding, it is critical that we continue to attempt to understand and mitigate the potentially negative impacts of social drivers of health disparity. Many physicians and institutions have attempted to do so in an enormous variety of ways.

Below, we spotlight an effective approach from the Pediatrics department at Boston Medical Center, which focusses on recognition and discussion of social drivers of health within the same “Morbidity and Mortality” model that physicians are trained in to discuss medical decision making as contributing to health outcomes.

1. Health Equity and the Fallacy of Treating Causes of Population Health as if They Sum to 100.

Krieger N. American Journal of Public Health. 2017;107(4):541-549. doi:10.2105/AJPH.2017.303655.

Highlighting an Intervention to Address Health Equity Disparity from an Academic Medical Center.

[Health Equity Rounds — Root-Cause and Solutions-Oriented Discussions of Medical Racism | New England Journal of Medicine](#)

The department of pediatrics at Boston Medical Center noted that physicians have minimal opportunities to engage in meaningful discussion and problem solving aimed at addressing adverse effects of bias and medical racism.

“HER is a longitudinal, case-based, solutions-oriented conference series that addresses the effects of bias, structural racism, and other forms of systemic oppression on health and health care.¹ Similar to a morbidity and mortality conference, HER aims to elucidate root causes of adverse events, but with a particular focus on inequities in care delivery, outcomes, and experiences of care, as well as a commitment to recognizing potential harms in commonplace occurrences and “business as usual.””

Programs have been expanded to multiple institutions across the US and Canada. The HER program has been implemented in 65 institutions.

At BMC, implementation of this program led to a normalization of conversations about medical racism and provided a vocabulary for identifying and discussing this problem, as well as increased institutional policy changes and engagement in advocacy work.

Example Discussion Topics:

Curricular Objectives

Identify and analyze the effects of bias, racism, and other forms of systemic oppression in clinical scenarios.

Describe the historical context and current role of structural racism and its effect on health and the health care system.

Employ evidence-based tools to recognize and mitigate personally held biases.

Use newly learned strategies to reduce the effect of bias on patient care and combat structural racism at the institutional and societal levels.

Sample Conference Topics

Covid-19 vaccine uptake

Pharmacoequity

Intergenerational trauma

Health care and the school-to-prison pipeline

Reproductive justice

Racial disproportionality in the child welfare system

Inequities exposed by the 2022 infant-formula shortage

Bias in electronic health records documentation

Prenatal substance exposure

Stigma and sickle cell disease

Disability justice

Medical mistrust vs. distrust

Immigration policy and family health

Health insurance coverage policies

Medical record “safety flags” and public safety agencies’ role in health care settings

Palliative care disparities

Inclusive health care for LGBTQ+ adolescents

Microaggressions within the health care workforce

Race-based vs. race-conscious diagnostic algorithms and treatment guidelines

Perinatal urine drug testing

The war on drugs

Family separation at the U.S. southern border

Let's Have Some Fun



New Hampshire
Chapter

NHACP SOCIAL CRUISE

CRUISE LAKE SUNAPEE WITH US

\$25/pp for Members
Children under 10 free
Brunch will be served
1 drink ticket provided
(cash bar to follow)



Saturday

June 14, 2025



Time

11.00 AM - 1.00 PM

Please arrive at 10:30 AM

1 Lake Ave, Sunapee, NH 03782

JOIN US



603-224-1909



catrina.watson@nhms.org



Let's have a good time! Please join us for a cruise on Lake Sunapee on June 14th. Please contact Catrina with any questions. You may register at the link below.

Registration is required!

Two Capital Plaza, Ste. 401, Concord, NH, 03301 603-224-1909 * 603-226-2432 catrina.watson@nhms.org

<https://store.acponline.org/ebiz/events-calendar/meeting-details/productid/341106557>
[\[r.mail.acpmembership.org\]](mailto:acpmembership.org)

Committees

We need your help! Help make a difference. We have several committees that represent different aspects of medicine. These committees are open to all members including resident and student members. Each committee is chaired by a member of the Governor's Council with the plan to work with members of the committee to drive change, host events, advocate, etc. Please reach out to myself or our Executive Director Catrina Watson if you have any interest in serving on a committee. Our current committees open to members:

- Health & Public Policy: (legislation)
- Membership
- Women in Medicine
- Education
- Young Physician/Early Career
- Resident/Fellow
- Communications
- Diversity, Equity, and Inclusion
- Hospitalist

Follow us on Instagram: @acpnewhampshire

Hold The Date: Our Annual Scientific Meeting will be held on Oct 17th, 2024 at Hilton Garden Inn, Lebanon, NH.

More information on our website: www.acponline.org/about-acp/chapters-regions/united-states/new-hampshire-chapter

Thank you for everything you do for NH patients and thank you for allowing me to represent you with the American College of Physicians. We look forward to hearing from you.

Kent Powell MD, FACP

Governor, NHACP