



Join us for the *Writers Wellness Workshop*

monthly starting September 7, 2022

Stories Heal and Reveal: A Radical Listening and Reflective Writing Workshop

During these workshops we will practice radical listening, reflective writing, and sharing of stories. We can build on these expressions and insights by coaching on next steps and further exploration of thought.

The innovative tool of narrative medicine has been proven to aid with burnout prevention for physicians, impact team cohesion, and improve deep listening skill. In groups, sharing of stories leads to a greater connection and a sense of inclusion and belonging.

Experience with narrative medicine leads to better healthcare for the patient by enhancing listening skills of the physician, facilitating meaning making in reflection, improving team relationships, and honoring innovation and creativity.

It helps us shed our fear of something new and facilitates empathy.

Participants will gain knowledge of how they might take this concept back to their colleagues and organizations if they so choose.

Occurs the first Wednesday of each month 8pm eastern on zoom.

Link: <https://us02web.zoom.us/meeting/register/tZUodeupqj0tGdxnZrySNusvzAEIWR700Xk>

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