



Governor's Message

It was great to have an in-person annual meeting this past weekend in Greensboro. We had 183 participants, including medical students, resident physicians, Internal Medicine generalists and subspecialists, Hospitalists, Psychiatrists, and Nurse Practitioners all in attendance. Enthusiasm was high, and here is a brief summary of the highlights:

Educational topics included general sessions on psychiatric topics that are commonly managed by Internal Medicine physicians, including functional neurologic disorders, alcohol and addiction, catatonia, anxiety, and how to manage psychiatric conditions during pregnancy and the post-partum period. We heard Chief Resident case presentations and learned about a new home-and-away basketball rivalry between the UNC and Duke University Internal Medicine residency programs.





Wake Forest University won this year's Doctor's Dilemma competition and will represent NC at the national competition in San Diego. The final round was a test of their resilience - lots of shifting in their score, both positive and negative, but they built an insurmountable lead over the last few questions of the match.



We had 83 poster submissions. The winners of each division were:

Best Research: Ms. Kylie Nowicki, Medical Student @ ECU - Bacteria with Potential: Improving outcomes through probiotic use following Roux-en-Y Gastric Bypass

Best QI: Ms. Safia Ansari – Medical Student @ Campbell - A Comprehensive Review of Vaccine Uptake, Barriers, and Educational Interventions among

American Indian and Native Alaskan Popu

Best Student: Mr. Mohammad Malik, Medical Student @ Philadelphia Coll of Osteo Med - Paradoxical Embolism Entrapped in a Patent Foramen Ovale

Best High Value: Dr. Aaron Fried, Resident at UNC - Combatting work compression with improved workflow: The role of the Medicine Sweeper in an Internal Medicine residency program

3rd place Clinical Vignette: Ms. Kylie Nowicki, Medical Student @ ECU - Trust But Verify: An atypical case of porphyria-induced psychosis

2nd place Clinical Vignette: Dr. Krystie Murphy, Resident @ MAHEC – An unusual presentation of Guillain-Barré Syndrome in a post-COVID woman

1st place Clinical Vignette: Dr. Vasili Katsadourous, Resident @ Cone Health – Lactobacillus Endocarditis with ANCA Associated Glomerulonephritis: A Case Report

Best ECP: Dr. Ruth Pius – A CROSS-SECTIONAL ASSESSMENT OF CARDIOVASCULAR HEALTH AND ASSOCIATED FACTORS AMONG MEDICAL DOCTORS DURING THE COVID-19 PANDEMIC

Best overall: Dr. Vasili Katsadourous, Resident @ Cone Health - Lactobacillus Endocarditis with ANCA Associated Glomerulonephritis: A Case Report

The winners of each division are able to present their posters at the national meeting in San Diego in April



We are also pleased to announce that the national ACP was granted us two \$1000 stipends to support travel to the national meeting by Early Career Physicians. We are receiving this grant money because of our outreach efforts to maintain our membership. [Use this link to apply!](#)

At the Governor's reception, Dr Jack Whitlock of Boone was awarded the Dr.Gary Greenberg Volunteerism Award for his work providing care to the uninsured in Boone.



Dr. Matt Blackwell of Charlotte received this year's Laureate Award. Dr. Blackwell has many years of service to the NC ACP Council, and remained Chair of the Education Committee even after completing his terms on the Council.



We were grateful to have sponsors for this year's meeting contribute prizes. The \$50 Amazon gift card was awarded to Dr. Felix Ajounuma. Registration to next year's meeting was awarded to Ms. Laura Powell. A one night stay at the Grandover was awarded to Dr. Benjamin Mozie.

We look forward to seeing you next year, Fri 2/9/24 – Sat 2/10/24 at the Crabtree Marriott in Raleigh.

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