

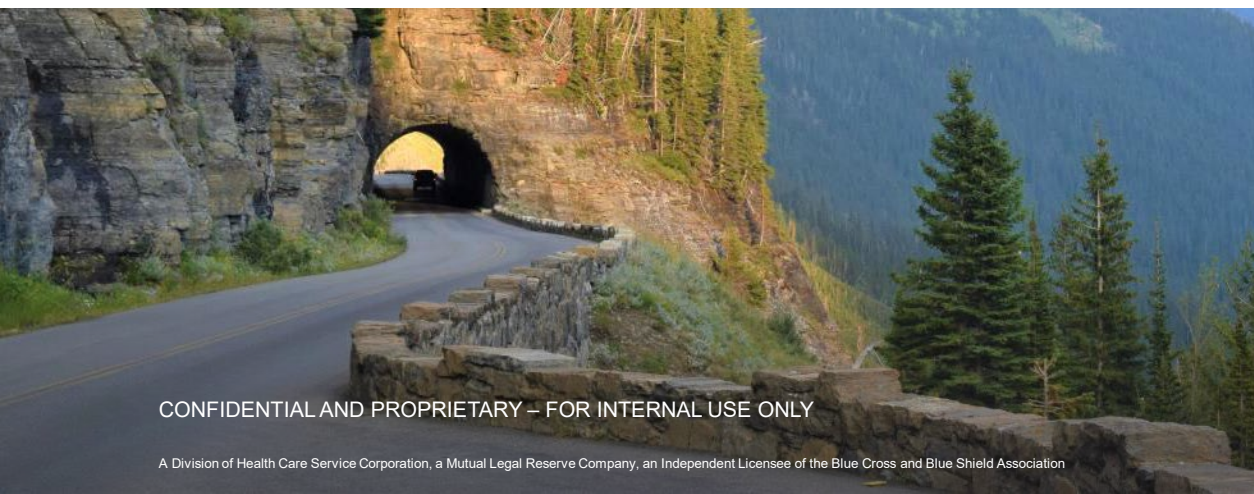


BlueCross BlueShield
of Montana



Addressing Opioid Abuse

September 14, 2019



CONFIDENTIAL AND PROPRIETARY – FOR INTERNAL USE ONLY

A Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association



STRATEGIC INITIATIVES

Clinical

- Risk Identification & Outreach
- Concurrent DUR
- Controlled Substance Integration
- Fraud Investigation Unit

Policy

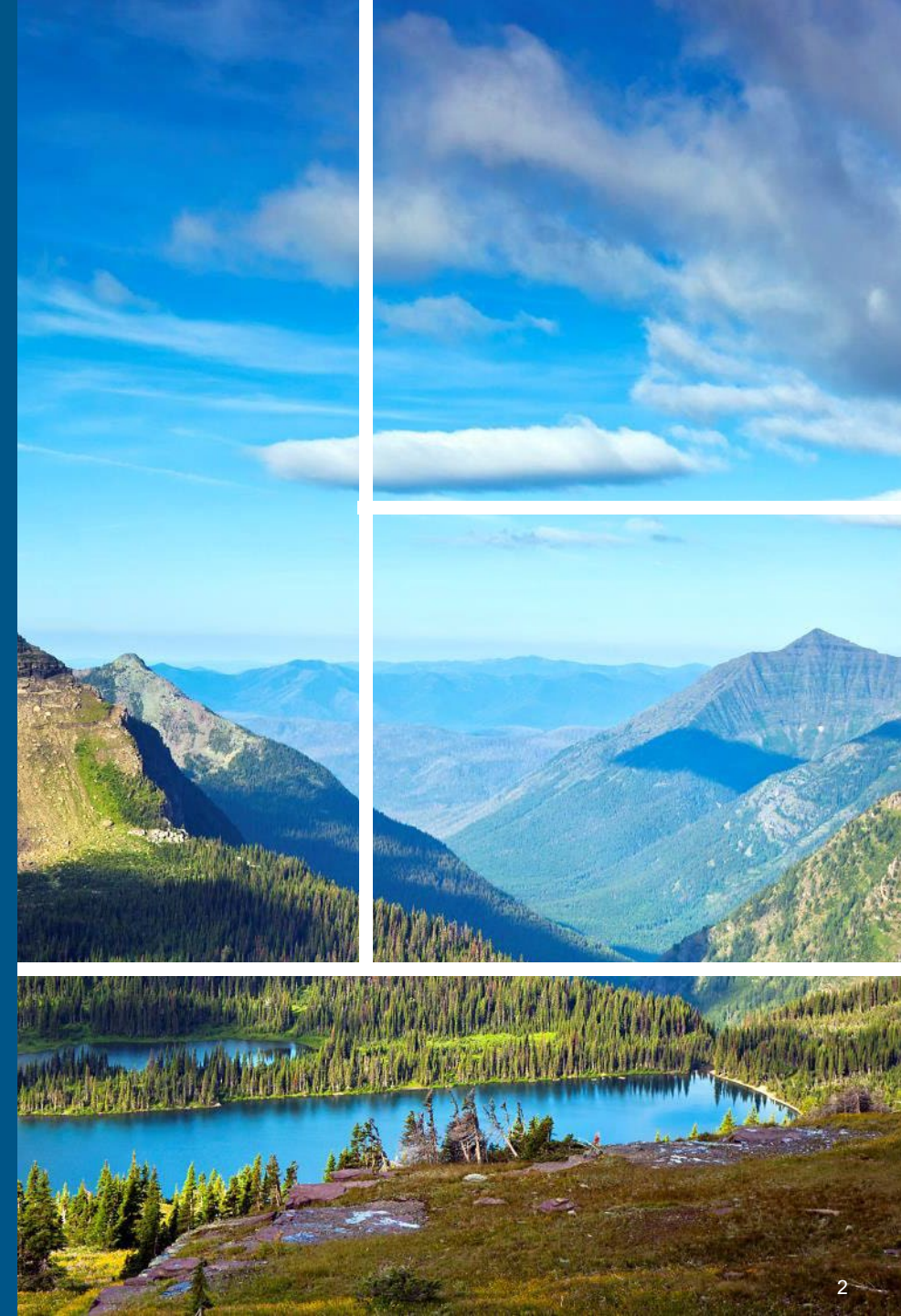
- Substance Abuse
- Mental Health

Education

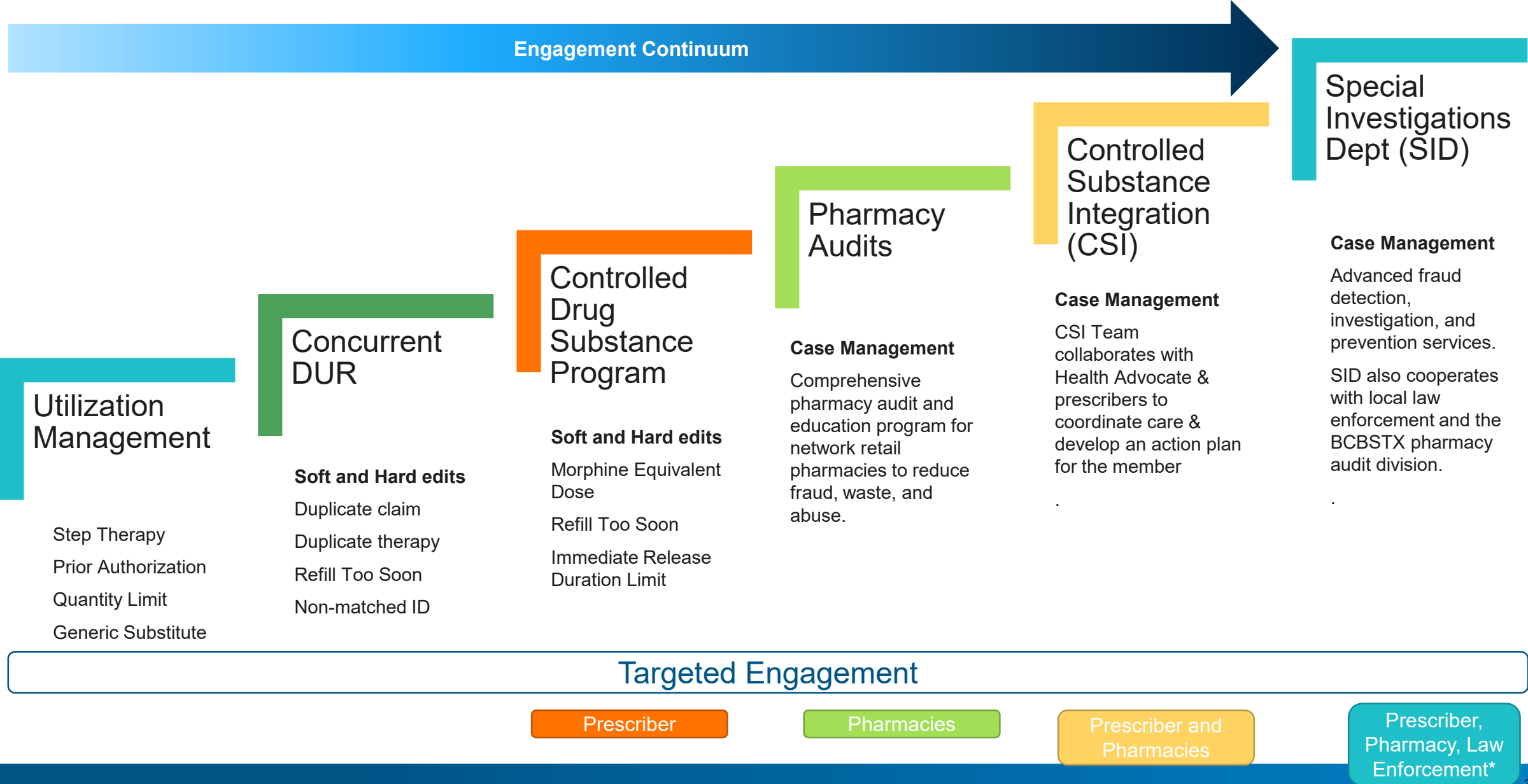
- Big Blue Sky Initiative
- Opioid Summit

Investment

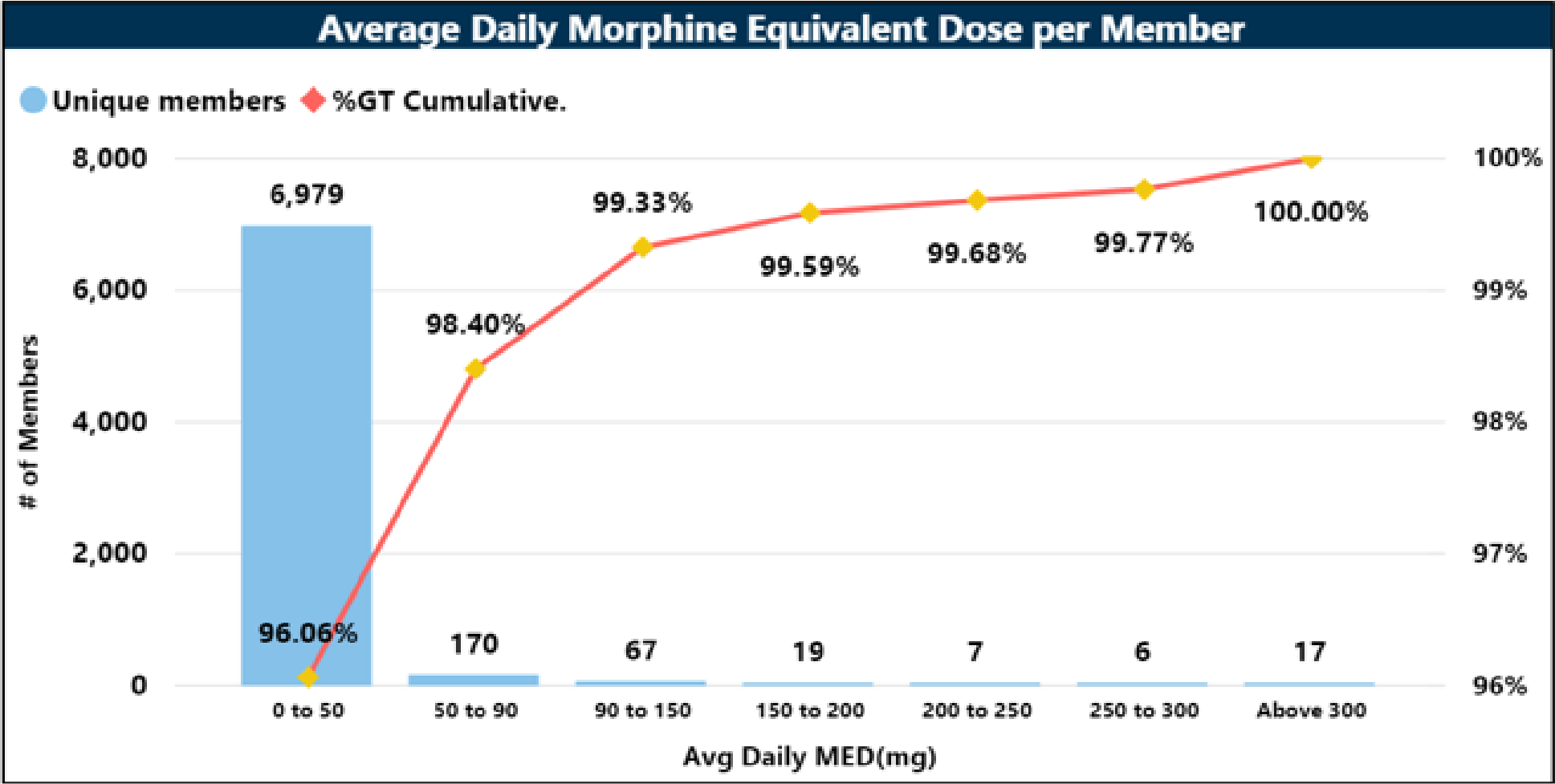
- Like-minded nonprofits
- Social determinants of health



INTEGRATED CONTROLLED SUBSTANCE MANAGEMENT



BCBSMT MED OPIOID SUMMARY*



96%

of Opioid Rx's
≤ 50 mg per day

84%

of Opioid filling
members with ≤ 3
opioid Rx's per
year

99%

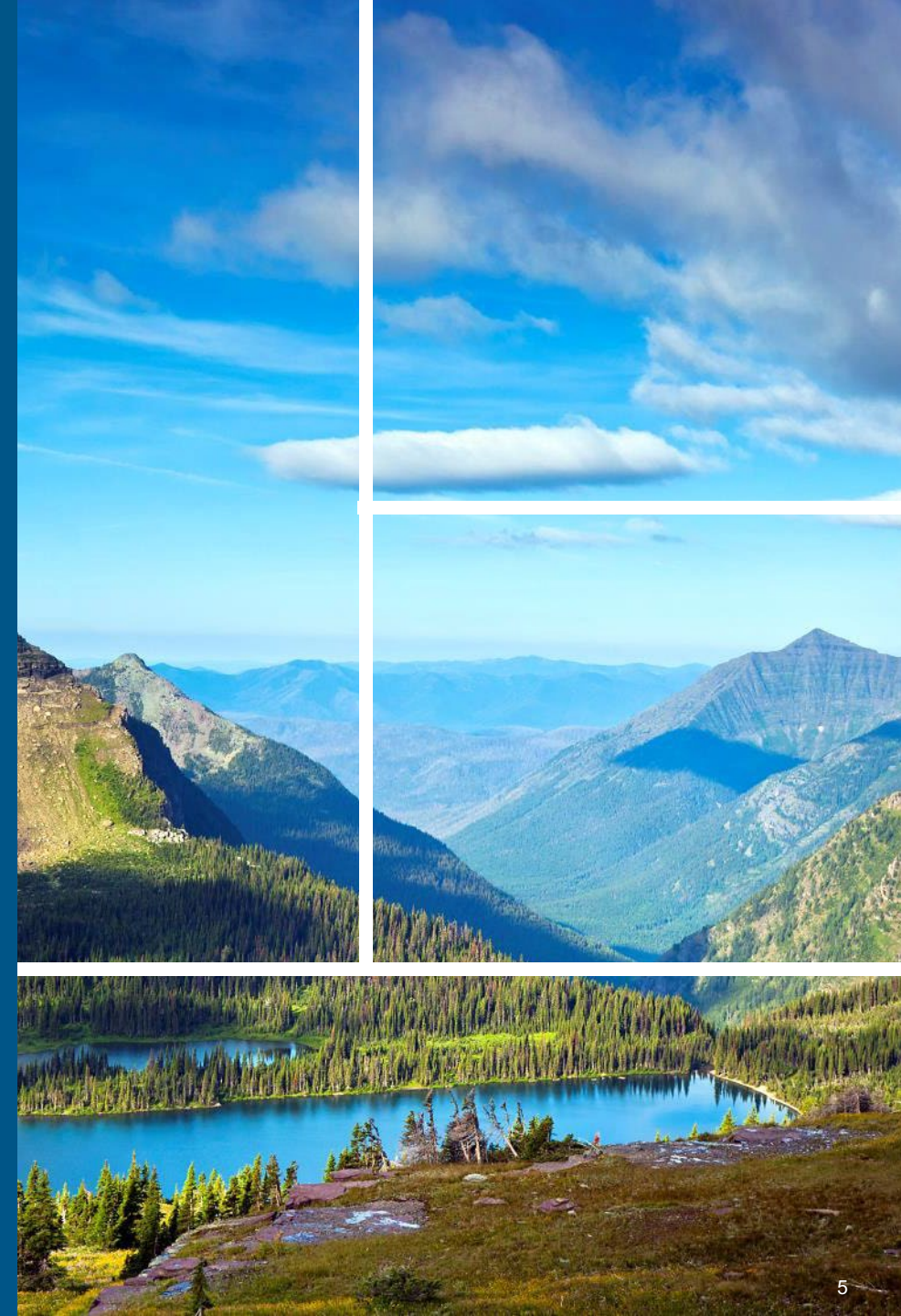
of Opioid claims
are ≤ 30 days
supply

***Commercial members. 12 Month date range (7/1/18 – 6/30/19)**

9.6% of members filled an opioid in the last year
Acute use: CDC Guidelines recommend treatment with opioids for 3 days or less will often be sufficient. >7 days is rarely needed.
200mg is frequently used within various guidelines as the highest threshold of opioid overdose risk
The CDC recommends caution when doses exceed 50mg MED and careful justification when dosing above 90mg MED

2019 Legislation

- HB86 (Ricci, R-Billings)
 - 7-day supply limit
 - Requires providers to check Rx Drug Registry
 - Photo ID for pickup
- SB61 (McDonald, D-Billings)
 - Requires all licensed providers to use Rx Drug Registry
- HB137 (Dudik, D-Missoula)
 - Establishes annual MT Rx drug take-back day
- SB30 (Gross, D-Billings)
 - Allows for Medicaid coverage of mental health peer support
- HB654 (Brown, D-Bozeman)
 - Creates \$500 licensing fee on wholesalers to expand mental health and drug treatment courts
- HB103 (Pierson, D-Deer Lodge)
 - Expands types of providers to diagnose chemical dependency



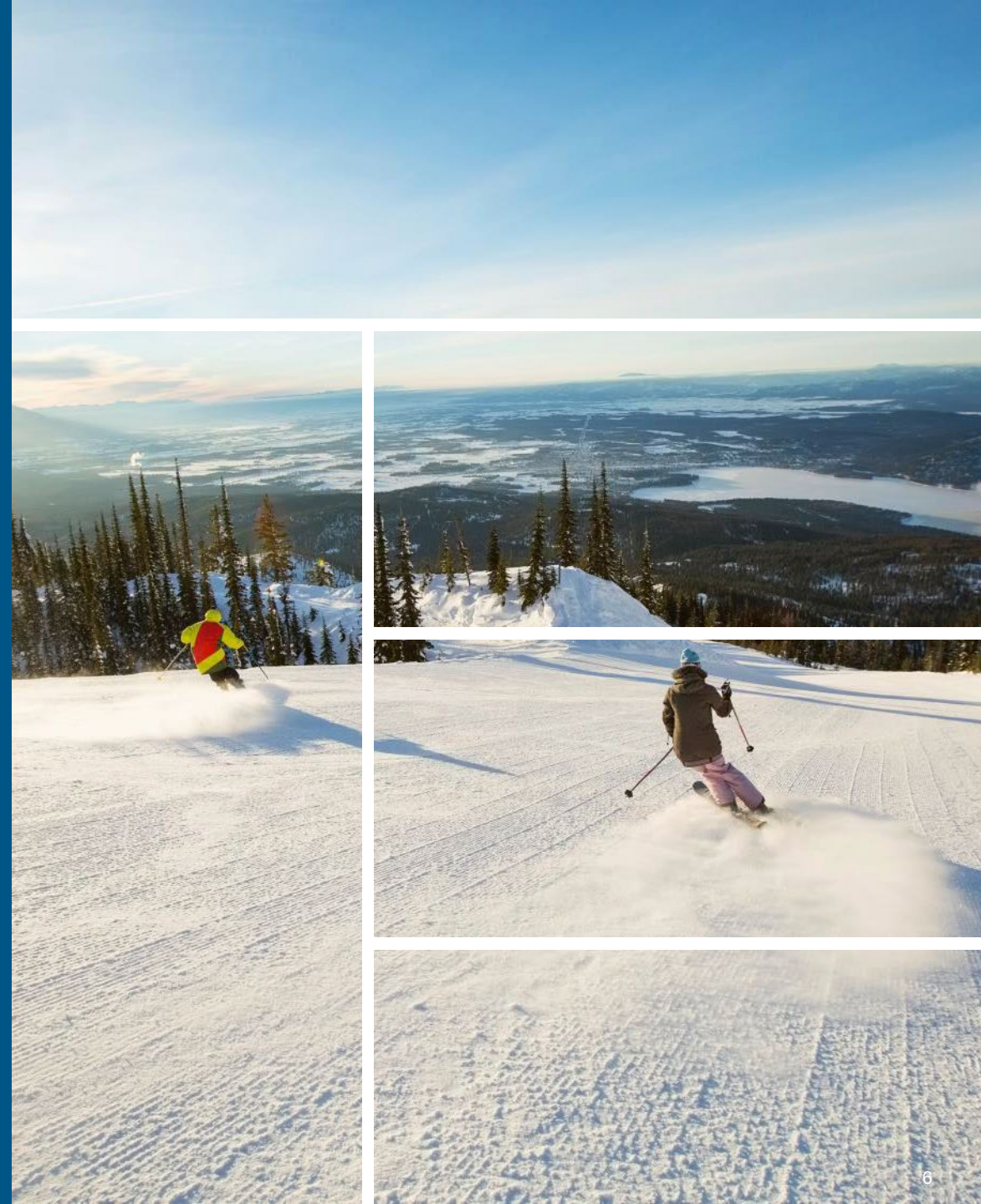
Big Blue Sky Initiative



HOPE*oid*

Legislative Collaboration In the fight against opioid abuse in our community, Blue Cross Blue Shield Montana is working with our local, state and federal law makers to put the pressure on those who distribute opioids illegally and finding ways to help generate more resources to those who are battling this epidemic on the front lines. We have been quietly fighting this fight for years but now it's time to stand up and be noticed. We will do everything in our power to end the devastation illegal distribution and opioid abuse is having on our families.

Join the fight at: BigBlueSkyInitiativeMT.com/opioids



Community Investments

- “Chasing the Dragon” community events
- Shodair Children’s Hospital
- Rimrock
- Intermountain Deaconess
- BCBSMT Care Van

