

2023

# Minnesota Internal Medicine Meeting



**October 27, 2023**

Hilton Hotel-Mall of America/MSP  
Bloomington, Minnesota

*Fostering Excellence in Internal Medicine*



**ACP**<sup>®</sup>

American College of Physicians  
Leading Internal Medicine, Improving Lives

Minnesota  
Chapter

# Meeting Highlights

- Obesity Medications and Healthy at Any Size
- Law and Medicine
- Practical Tips for Buprenorphine for In-pt and Out-pt Care
- State of Health in Minnesota and Immunizations
- Asthma Pearls and IBD Updates
- Pancreatitis and Osteoporosis Updates
- Serious Illness Conversation- Pearls
- Care of Patient with Alcohol use disorder
- Internal Medicine-Year in Review and Recent Papers
- Abstract presentations
- Doctor + Chat and Doctor's Dilemma

Dear Colleague,

Join me and your colleagues in internal medicine at the next scientific meeting of the Minnesota Chapter of the American College of Physicians, being held October 27, 2023, at the Hilton Hotel-Mall of America/MSP.

The meeting is a great way for you to recharge, rewind, and reflect with your peers, chapter leaders, and great speakers. Connect with the Minnesota Chapter's source of knowledge content and networking by attending our premier meeting for general internists, sub-specialty internists, hospitalists, allied health practitioners, residents, and medical students.

This conference is about making personal contacts and getting involved in your chapter. You'll engage with people who know your challenges and can help you find solutions. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

To ensure your place at this invaluable meeting, register now by visiting us online at **[mnchapter.acponline.org](https://mnchapter.acponline.org)**.

I look forward to seeing you in Minneapolis.

Sincerely,

Tseganesh Selameab, MD, FACP  
ACP Governor, Minnesota Chapter



# Schedule at a Glance

## *Fostering Excellence in Internal Medicine*

**Friday, Oct. 27, 2023**

**7:00 a.m.**

**Internist Breakfast Discussion**

Dr. Anya Jamrozy

**8:00 (concurrent session)**

**Buprenorphine Use-Practical tips for in-patient and out-patient care**

Drs. Charlie Reznikoff, Brian Grahman, Benjamin Lai

**8:00 (concurrent session)**

**Obesity Medication Updates**

Dr. Charles Billington

**8:30 (concurrent session)**

**Obesity Update-Healthy at Any Size**

Dr. Andrea Westby

**9:00 (concurrent session)**

**Law and Medicine**

Dr. Amirala Pasha

**9:00 (concurrent session)**

**Doctor + Chat**

Drs. Tseganesh Selameab, Meghan Rothenberger

**9:30**

**State of Minnesotan's Health and Immunizations**

Dr. Brooke Cunningham, Commissioner of Health

**10:15**

**Care of Patient with Alcohol Use Disorder**

Dr. Robert Cole Pueringer

**10:45 Visit Exhibitors and Break**

**11:00**

**Serious Illness Conversations-Pearls and Pitfalls**

Dr. Molly Feely

**11:30**

**Asthma Pearls**

Dr. Nikki Myers

**12:00 p.m.**

**Awards and Lunch** Dr. Tseganesh Selameab

**12:30**

**ACP Health Policy and Advocacy Updates**

Shari Erickson, MPH, ACP Chief Advocacy Officer

**1:00**

**IBD Updates**

Dr. Eugenia Shmidt

**1:30**

**Update in Pancreatitis and Procedures**

Dr. Fateh Bazerbach

**2:00**

**Osteoporosis Drug Treatment- What Clinicians Should Know**

Dr. Kris Ensrud

**2:30**

**Abstract /poster viewing , Exhibits and break**

Medical Students, Transitional Medical

Graduates, and Residents with Dr. Andrew Olson

**3:00**

**Year in review-Recent papers important for the care of our patients**

Dr. Amy Holbrook

**3:45**

**Doctor's Dilemma**

Dr. David Hilden

**4:45**

**Awards and Food**

Drs. Andrew Olson and Tseganesh Selameab



# Meeting Information

**Fateh Bazerbachi, MD**- CentraCare Health System  
**Charles J. Billington, MD**-VA Health/U of M  
**Brooke Cunningham, MD**- MN Department of Health  
**Kris Ensrud, MD MACP**- VA Healthcare  
**Shari Erickson, MPH**- American College of Physicians  
**Molly Feely, MD, FACP**- Mayo Clinic  
**Brian Grahm, MD, FACP**- Hennepin Healthcare  
**David Hilden, MD FACP**- Hennepin Healthcare  
**Amy Holbrook, MD FACP**- Abbott Northwestern  
**Anya Jamrozy, MD, FACP**- Abbot Northwestern  
**Benjamin Lai, MBCh, BAO**- Mayo Clinic  
**Niki Myers, MD**- Park Nicollet  
**Andrew Olson, MD FACP**- University of MN/Fairview  
**Amirala Pasha, DO, JD**- Mayo Clinic  
**Robert Cole Pueringer, MD**- Essentia Health  
**Charles Reznikoff, MD, FACP**- Hennepin Healthcare  
**Meghan Rothenberger, MD**- VA Health  
**Tseganesh Selameab, MD FACP**- U of MN, Ramsey Co  
**Eugenia Shmidt, MD**-U of MN/Fairview  
**Andrea Westby, MD**- U of MN, North Memorial



## Program Committee

**Mary Miley, MD, FACP**  
**Andrew Olson, MD, FACP**  
**Chris Aakre, MD, FACP**  
**John Bundrick, MD, MACP**  
**Mary Cameron, MD, FACP**  
**Sagar Dugani MD, PhD, FACP**  
**Katarina Fabre, MD, CRFM representative**  
**Sarah Feno, Medical Student**  
**Katherine Helgen, MD, FACP**  
**David Hilden, MD, FACP**  
**Austin Hoeg, Medical Student**  
**Amy Holbrook, MD, FACP**  
**Meltiady Issa, MD, FACP**  
**Anya Jamrozy, MD, FACP**  
**Kyle Lehenbauer, MD, FACP**  
**Catherine Nguyen, DO**  
**Charles Reznikoff, MD, FACP**  
**Paula Skarda, MD**  
**Mithun Suresh, MD**  
**Wade Swenson, MD, FACP**  
**Claudia Thomas, MBBS, FACP**  
**Katherine Cairns, MPH, MBA**

# Meeting Information

## Resident/Fellow Members' and Medical Students' Activities

Clinical vignettes, posters, and research papers prepared by resident/fellow members and medical students will be presented at the meeting. Winners will receive \$200 and a travel scholarship to ACP's Internal Medicine 2024 and be eligible for entrance into the national competition held during the meeting. Contact Katherine Cairns at [Minnesota.ACP@gmail.com](mailto:Minnesota.ACP@gmail.com) for information about entering the Resident/Fellow Members' Competition. Deadline for submissions is Sept. 26 2023

Reception on Oct. 27th for medical students, resident/fellows, early career physicians, and all attendees.

All abstracts submitted will be e-published at [www.acponline.org/about-acp/chapters-regions/united-states/minnesota-chapter/news-meetings](http://www.acponline.org/about-acp/chapters-regions/united-states/minnesota-chapter/news-meetings).

## Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.
- Apply updated knowledge for patients and other relevant topics to care of patients in the clinic or hospital.
- Understand recent advances in internal medicine.

## Who Should Attend?

- General internists
- Subspecialty internists
- Physician Assistants
- Family practitioners
- Fellows in subspecialty training
- Hospitalists
- Allied health practitioners
- Residents
- Transitional Medical Graduates
- Medical students interested in internal medicine

## Chapter Awards

It is with distinct pleasure that the Minnesota Chapter present this year's Laureate Award. Laureate Award winners are long-standing and loyal supporters of the College who have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known. The award will be presented during Friday lunch and awards session. Five additional awards will be presented.

## CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates each live activity for the number of *AMA PRA Category 1 Credit(s)*<sup>™</sup> listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Minnesota Chapter Scientific Meeting for a maximum of *8.5 AMA PRA Category 1 Credit(s)*<sup>™</sup>

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 9.0 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

## Directions/Parking

Visit this link for driving and parking directions: <https://www.hilton.com/en/hotels/mspahhf-hilton-minneapolis-st-paul-airport/>



# Additional Information

## Hotel Reservations

Visit this link for driving and parking directions: <https://www.hilton.com/en/hotels/mspahhf-hilton-minneapolis-st-paul-airport/>

Discounted hotel rooms are available for this meeting using the code for this block is **MNACPS**



Visit us online for details on hotel reservations, directions, parking, and areas of interest.

## Satisfaction Guarantee

The College offers a satisfaction guarantee for all of its courses. If meeting attendees are not satisfied with their experience at a Chapter meeting, they may write and request a refund of their registration fee.

## Registration Information

### Cancellations/Refunds

Notice of cancellation must be made in writing (fax, mail, or e-mail). Cancellations will not be accepted by telephone. A processing fee of \$50.00 will be deducted from the member's refund. Individuals who fail to attend the course (no-shows) will not be entitled to any refund.

## Contact Us



### BY INTERNET

(Credit Card only)  
Visit us on the Web  
[www.acponline.org/chapters](http://www.acponline.org/chapters)



### BY MAIL

Make check or money order  
payable to ACP.  
AC002  
American College of Physicians  
190 N. Independence Mall West  
Philadelphia, PA 19106-1572



### BY FAX

(Credit Cards only)  
215-351-2799



### BY PHONE

Call 800-ACP-1915, or  
215-351-2600  
(M-F, 9 a.m.-5 p.m. ET)

# Minnesota Chapter Registration Form

# CMB

**Bloomington, MN • October 27, 2023**

**RM2438**

ACP # (found on mailing label) Name ☐ MD ☐ DO ☐ OTHER

Address

City State ZIP

Daytime Phone Fax E-mail

☐ Please check here to indicate a permanent change to your preferred address for all College mailings.



☐ Check here if you are disabled and require assistance. Please notify the MN Chapter in writing by October 1, 2023.

## Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and CME documentation.

Categories	Chapter Meeting Only: Friday RM2438			
<input type="checkbox"/> ACP Master, Fellow, Member	\$400			
<input type="checkbox"/> ACP Resident/Fellow Member	No fee			
<input type="checkbox"/> ACP Medical Student Member	No fee			
<input type="checkbox"/> ACP Non-Physician Affiliate Member—(NP, PA, APRN)	\$200			
<input type="checkbox"/> Nonmember Physician	\$500			
<input type="checkbox"/> Nonmember Resident and Medical Student**	NA			
<input type="checkbox"/> Nonmember—Affiliate (NP,PA, APRN)†	\$225			
<input type="checkbox"/> Retired Member	\$200			

**\*\*Nonmember resident and medical students:** This meeting registration is free for ACP resident fellow and medical Student Members. **Join Now!**

**†Nonmember Affiliate:** Consider joining ACP for a meeting registration fee reduction. **Join Now!**

**Please note: Members whose dues were not paid for the current fiscal year will receive the nonmember registration rate.**

Please indicate your attendance at the following:

- ☐ BR-01—Internist Breakfast—Oct 27, 2023  
7:00 a.m.—7:55 a.m.
- ☐ I can assist in poster competition judging

Grand Total \$ \_\_\_\_\_

## Payment Options

☐ Check enclosed.  
(Payable to **ACP**. Must remit in U.S. funds drawn on a U.S. bank.)

☐ Charge to: ☐  ☐  ☐  ☐ 

Card # \_\_\_\_\_

Exp. Date \_\_\_\_/\_\_\_\_/\_\_\_\_ MM/YY Security Code \_\_\_\_\_  
(3- or 4-digit number found on front or back of card)

Signature: \_\_\_\_\_

1041 Grand Ave. #215  
St. Paul, MN 55105

2023

## Minnesota Internal Medicine Meeting

**October 27, 2023**

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Bloomington, Minnesota

Register Online Today!

