



News & Notes

October 2021

Keeping Up To Date:

- **MI ACP Annual Fall Virtual Scientific Meeting –
October 14 – 17, 2021**



VIRTUAL CHAPTER MEETING

Fostering Excellence in Internal Medicine

FROM YOUR GOVERNOR



Welcome to Fall Season in Michigan.

I was able to hike in New Hampshire last week before our Board of Governors meeting in Boston. The colors have started in the White Mountains of New Hampshire and soon they will be here in Michigan.

Many resolutions were reviewed during our virtual Board of Governors meeting including seeking federal protection for doctors who administer vaccines, preventing hardships for physician trainees, facilitating coverage of telehealth when patients are out of state, and addressing concerns regarding private equity firms buying up hospital systems which leave physicians and patients stranded.

National ACP Advocacy continues to lead with policies that keep current with the quickly changing health care world especially during this COVID Pandemic. ACP has been in the forefront of educational programs and problem solving even as we struggle with societal fears and violence during a time when we need most to connect and serve one another.

Vaccine hesitancy continues to frustrate our national efforts to protect our patients. I decided to read *Wired for Culture* by Mark Pagel who is an evolutionary biologist. I was looking for new ways to communicate with my patients who declined getting the COVID vaccine. I learned that animals self-sort into groups for security and preservation of genes. Sometimes humans make emotional decisions that harm rather than protect the species so choice is key and how to choose even more critical. There is not one answer in this book, rather it is important to understand differences and keep the conversation open for trust in communication.

If group think is important then we are blessed as Internists to share a common goal to care for patients with an evidence-based method even during a pandemic when we don't have all of the answers. Michigan ACP members are all in the same group with a similar passion for self-education and service to ourselves and others.

Your Michigan Chapter continues to work hard to bring value to our members, so please join us for our Annual Fall Chapter Meeting. We will again be virtual this year, however, our Program Directors, Dr. David Paje, Dr. Alexis George-Haftka and Dr. Staci Blackburn, continue the rich tradition of putting together a full and robust Chapter Meeting. The meeting will be October 14 – October 17, live via Zoom! The full meeting brochure and the registration link can be found on our Chapter Website at www.acpmichigan.org.

Martha Gray

Governor, Michigan Chapter, American College of Physicians



Michigan Chapter Scientific Meeting



October 14-17, 2021

VIRTUAL MEETING! 24.5 CME

Fostering Excellence in Internal Medicine

Meeting Registration Closes: Monday, October 11! REGISTER TODAY!

Meeting Highlights

- Resident and Medical Student Abstract Competition
- Hospitalist and Internal Medicine Tracks
- Thieves' Market
- Hospital Medicine Knowledge Self-Assessment with SPARK 2nd Edition
- Internal Medicine MKSAP Self-Assessment Module
- Advocacy Session
- Meet the Professor Sessions
- Doctor's Dilemma™

NEW THIS MEETING

VIRTUAL CHAPTER RECEPTIONS!

Join us for our New Virtual Receptions this year! Take this time to unwind and Interact with your Colleagues!

Saturday, October 16, 6:15 – 8:00 PM (Part of the Meeting Registration Link)

- PANEL DISCUSSION ON WOMEN IN MEDICINE
- EARLY CAREER PHYSICIANS



REGISTER TODAY! www.acpmichigan.org

REGISTRATION CLOSSES MONDAY, OCTOBER 11!



MEMBERSHIP OPPORTUNITY!

I Raise the Rates

A national campaign to increase influenza and adult immunization rates and promote healthy aging

ACP's *I Raise the Rates* initiative aims to increase adult and influenza vaccination coverage among older adults, adults with high-risk chronic conditions, and racial/ethnic minority adults by using quality improvement (QI) methodology.

Recruitment is now open!

All practices interested in participating in this exciting program are encouraged to [Apply Now!](#)

Benefits to participation include:

- Free access to **virtual coaching support from ACP Advance expert QI coaches**
- Free access to [ACP Advance QI Curriculum](#) and a suite of tailored educational resources for every member in your practice
- Free access to ACP's QI leadership training resources (CME/MOC offered)
- Opportunity to earn more than **54 CME/CE and ABIM MOC** credits participating physicians
- Eligible to win ACP Quality Improvement Excellence award and be featured in an ACP publication

Practices will be asked to identify at least two program leads (physician and non-physician team member) to lead implementation of an immunization-focused QI initiative. Program leads will be asked to:

- Complete ACP Advance QI curriculum
- Complete the ACP Advance: *I Raise the Rates* Practice Assessment Survey and Individual Clinician Assessment Survey (pre-and-post QI project)
- Review ACP's QI leadership training videos or attend a live QI training program
- Participate in monthly coaching calls
- Report program outcomes to ACP

Enrollment Period is Open from September 1 through October 31, 2021!

Opportunity is limited, applicants will be considered on a first-come, first-served basis. Click here to [Apply Now!](#) For additional information, please contact Michele Duchin-Watson (mduchin@acponline.org).

ACP's *I Raise the Rates* Program is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services, GlaxoSmithKline and Merck & Co., Inc.

Vaccine Preventable Disease Prevalence (source: [CDC](#))

- **38-56 million** flu illnesses during 2019-20 US flu season
- About **320,00** people get pneumococcal pneumonia each year
- About **1 million** people get shingles each year

Risk of Flu in Adults with Chronic Conditions (source: [NFID](#))

- Adults with heart disease have **10X** increased risk of heart attack within 3 days of flu infection
- Adults with diabetes have **6X** increased risk

NEWS YOU CAN USE

FROM NATIONAL ACP:

ACP Partners with Women's Wellness Through Equity and Leadership to Create the New 'Women in Medicine' Supplement

ACP has partnered with the Women's Wellness Through Equity and Leadership (WEL) consortium on a new 'Women in Medicine' [supplement](#) which is published in the **September 2021 issue of *Pediatrics***. The supplement is a multi-specialty collection of articles based on the work of the WEL program, founded by ACP and five other medical associations, which explores challenges to improving gender equity and strategies for advancing women in medicine.

The articles address the following points:

- history, challenges experienced by, and benefits of a diverse workforce;
- advancing women to leadership positions through individual actions and institutional reform;
- building inclusive work environments.
- using metrics to promote equitable work environments; and
- supporting advancement and retention of women physicians.

ACP's former Chair of the Board of Regents Susan Hingle, MD, MACP, FRCP, FAMWA served as a guest editor for the supplement.

ACP Partners with The DEI Shift Podcast on CME-Accredited Series, to Promote Diversity, Equity and Inclusion

ACP is partnering with [The DEI Shift](#), a podcast hosted by internists that focuses on diversity, equity and inclusion in medicine. ACP members can claim continuing medical education (CME) credits and maintenance of certification (MOC) points for each episode by logging into ACP's [Online Learning Center](#).

Promotion of diversity, equity and inclusion is a [strategic priority](#) for ACP, and partnering with The DEI Shift reflects ACP's commitment to confronting and eliminating racism, racial disparities, discrimination, bias and inequities in health and health care. The DEI Shift discusses topics such as women in medicine, Asian Americans in medicine, inclusive health-care environments for LGBTQ patients and doctors, and underrepresented minorities in medicine. Listeners gain useful information to improve their practices and environments, to gain empathy, cultural competency, and humility, and to learn more about emerging DEI concepts.

The DEI Shift podcast team includes diverse members across career stages from undergraduate students to advanced career physicians and represent a wide variety of backgrounds and experiences. The DEI Shift podcast (@TheDEIShift) is available on iTunes, Buzzsprout and other podcast platforms.

ACP Leaders Call for Strategies to Support the Well-being of the Physician Workforce in the COVID-19 Environment

PHILADELPHIA, September 28, 2021 – A group of American College of Physicians (ACP) leaders are calling on employers to provide tactical support to physicians and other clinicians to ensure they can safely care for patients and support one another during the COVID-19 pandemic. The [Ideas and Opinions article](#) “**Getting Through COVID-19: Keeping Clinicians in the Workforce**,” is published today in *Annals of Internal Medicine*. The authors of the article are Darilyn V. Moyer, MD, FACP, FRCP, FIDSA; Eileen Barrett, MD, MPH; Susan Thompson Hingle, MD; and Cynthia D. Smith, MD.

The authors say employers must move beyond suggesting stress reduction activities such as yoga and meditation. They call upon every health system, hospital, and clinical practice to adopt a variety of recommendations, considering recommendations in conjunction with their frontline clinicians to decide which would be most impactful and feasible in their current environments. Recommendations include:

- Ensuring physical safety by reducing clinician’s risk of contracting COVID through vaccination mandates, policies and practices that ensure universal masking and adequate ventilation in work areas, and access to [personal protective equipment](#).
- Providing professional development and training in the areas clinicians identify as causing emotional stress or moral injury.
- Providing sufficient time during clinical encounters for members of the care team to address COVID-19 and [vaccine misinformation](#).
- Supporting clinicians who are parents by offering flexible work schedules, support groups, and supporting policies for reducing SARS-CoV-2 transmission in school settings.
- Reducing administrative tasks that are not mission-critical.
- Adopting robust anti-discrimination and anti-harassment policies to acknowledge and mitigate harm particularly against minoritized people.
- Offering free and confidential resources to support clinicians’ mental health including the [ACP IM Emotional Support Hub](#).
- Updating credentialing and employment applications to remove unnecessary questions about mental and physical health diagnoses.
- Actively encouraging clinicians to use vacation and professional development days available to nurture a mentally healthy workplace.
- Implementing suicide prevention strategies including “wellness check-ins” for clinicians in hard-hit areas.

According to the authors, “As physicians, educators, peers, and friends of COVID responders, we are gravely concerned about our colleagues’ exhaustion, burnout, and disillusionment. The adage that no crisis should go to waste presents us with many opportunities to do better – and the ongoing waves of the pandemic creates a new urgency to do so.”

YOUR CHAPTER NOW ON SOCIAL MEDIA!



Here a Tweet, there a Tweet:

Your Chapter is so easily accessible, and we are live on:

TWITTER - @MIChapterACP - FOLLOW TODAY!

INSTAGRAM – @acp.michigan or Search ACP at Michigan and start FOLLOWING TODAY!

OPEN when you see monthly News & Notes in your email!

In Conclusion

Remember:

- You can reach your Chapter Office at tlockard@acpmichigan.org or call 248-602-0235, Monday – Friday, 7:30am-4:00pm
- You can reach Governor Martha Gray at plgray@umich.edu
- Follow us on Twitter and Instagram!
- Your Chapter is working for you! Consider becoming involved!
Still seeking interested members for:
 - Health & Public Policy Committee
 - Early Career Physicians Committee
 - Membership Committee
 - Communication & Social Media Committee

