

Maine Chapter American College of Physicians

“To foster a community of professionals who pursue excellence and fulfillment in the practice of medicine.”

“Age is all the Rage: Don’t Get
Tripped Up Caring for the
Older Adult”

2019 Annual Scientific & Chapter Meeting

September 20 – 22, 2019
Atlantic Oceanside Hotel & Conference Center
119 Eden Street
Bar Harbor, ME

Special Accommodations: If you have physical or dietary restrictions that may require accommodations in order to fully participate in this activity, please contact Warene Eldridge before August 26, 2019. If you need further information or assistance please contact: Warene Eldridge/ACP -Maine Chapter: Phone: 207-215-7118

Email: mainechapteracp@gmail.com

Maine Chapter Annual Scientific Meeting Agenda

Friday September 20th

- 11:30 Registration opens
- 12:50 Opening remarks
- 1:00 Leadership Day: Hani Jarawan, MD
- 1:30 Legislative Update: Andrew MacLean, JD.
- 2:00 Pain Management in Older Adults: Craig Curry, MD (Eligible for Maine Opioid CME)
- 3:00 Break
- 3:30 Depression and Insomnia in Older Adults: Charles Reynolds III, MD
- 4:15 Gait Disorders and Falls in Older Adults: William Stamey, MD
- 5:00 Poster Introductions: Emily Zarookian, MD
- 5:15 Reception & Poster Viewing
- 6:30 Reception for Medical Students, Residents & Early Career Physicians

Saturday September 21st

- 7:00 Resident, Medical Student, GAC and Faculty Breakfast (private event)
- 8:00 Maine Medical Center Resident Cases of the Year:
Erin Bryt, MD, Kirstie Menard, DO, Avery Osella, MD, Katherine Sharp, MD
- 9:30 Break
- 10:00 Multiple Chronic Conditions in Geriatric Patients: Roger Renfrew, MD FACP
- 11:00 Driving and Older Adults: Heidi Wierman, MD FACP
- 12:00 Enjoy MDI
- 5:45 Children's Program
- 6:00 Reception
- 7:00 Banquet
- 7:30 Leonard M Keilson MD FACP Memorial Lecture: The Young at Heart and The Young in
Body: Intergenerational Learning and Its Impact on Healthcare: George Abraham, MD
MPH FACP

Sunday September 22nd

- 7:00 Women in Medicine Breakfast (bring your breakfast from the hotel)
- 7:30 College Update and Town Meeting: George Abraham, MD MPH FACP &
Rebecca Hemphill, MD FACP, Chapter Governor
- 8:30 Review, Discuss & Create Resolutions: Rebecca Hemphill, MD FACP
- 9:00 Multiple Small Feedings of the Mind
 - 9:00-9:20 Deprescribing in 15" or Less: Sarah Hallen, MD FACP
 - 9:20-9:40 Delirium in the Hospital Setting: Heidi Wierman, MD FACP
 - 9:40-10:00 Elder Abuse: Mara Larkin, CSW CCM
 - 10:00-10:20 Home Visits in the Geriatric Population: Robert Anderson, MD, MPH
 - 10:20-10:40 Medical Assessment and Assisted Living Facility Placement: Mara Larkin,
LCSW CCM
- 10:40 Break
- 11:00 Pub Quiz: Sarah Hallen, MD FACP & Roger Renfrew, MD FACP
- 11:45 Questions and Answers: All faculty
- 12:00 Adjourn
Start Planning 2019

Educational Sessions Faculty

George Abraham, MD, MPH FACP FIDSA: Dr. Abraham is Associate Professor of Medicine at the University of Massachusetts Medical School. He is also Associate Chief of Medicine at Saint Vincent Hospital. Dr. Abraham is a member of the ACP's Board of Regents and past President of the Board of Governors.

Robert S. Anderson, MD: Dr. Anderson specializes in both Internal Medicine and Emergency Medicine. He has been affiliated with Maine Medical Center, Maine Medical Partners and Maine Health Accountable Care Organization since 2010.

Craig Curry, MD: Dr. Curry specializes in Anesthesiology, is the chair of the Spectrum Medical Group (SMG) Quality Improvement Committee, Chair of the SMG Anesthesiology Division Quality Improvement Committee and the MMC Department of Anesthesiology and Pain Management Quality Improvement Committee. He is also Medical Director of FIDES, an innovative quality improvement program.

Sarah Hallen, MD FACP: Dr. Hallen is board certified in Internal Medicine and Geriatrics. She has been affiliated with Maine Medical Center, Maine Medical Partners and MaineHealth Accountable Care Organization since 2009.

Rebecca Hemphill MD, FACP, Governor, Maine Chapter: Dr. Hemphill is board certified in Internal Medicine and Clinical Informatics. She practices general internal medicine and serves as Medical Director for Clinical Informatics for Maine Medical Partners.

Hani Jarawan, MD: Dr. Jarawan is a hospitalist at Maine Medical Center in Portland. He is Board Certified in Internal Medicine. He is Chair of the Health & Public Policy Committee for the Maine Chapter of the ACP.

Mara Larkin, LCSW CCM: She has been the manager of Complex Care since 2015 at Maine Medical Center. She has also been a Care Manager, Social Worker and Interpreter Services Office Manager Coordinator.

Andrew MacLean, JD: Mr. MacLean is the Interim Executive Vice President of the Maine Medical Association. He and his team represent thousands of physicians in Maine.

Roger Renfrew, MD FACP: Dr. Renfrew is an internist and geriatrician. He was Medical Director at Redington Fairview Medical Primary Care and the Director Geriatrics Systems at MaineGeneral. He was a founding member of the Board of Directors of "Daniel Hanley for Health Leadership" and also in the development of the Dirigo Maine Geriatric Society. He is currently enjoying retirement.

Charles Reynolds, MD: Dr. Reynolds is a UPMC Endowed Professor in Geriatric Psychiatry and Professor of Behavioral and Community Health Sciences at the University of Pittsburgh Graduate School of Public Health. He is also Director of the Aging Institute of UPMC and University of Pittsburgh and the John A. Hartford Center for Excellence in Geriatric Psychiatry.

William Stamey, MD: Dr. Stamey is a member of the Mid Coast Medical Group-Department of Neurology. He is board certified in Neurology. He completed his fellowship Movement Disorders at Baylor College of Medicine.

Heidi Wierman, MD FACP: Dr. Wierman has been a practicing Geriatrician at Maine Medical Center since 2002. She is currently the division director for Geriatrics and Medical Director for Elder Care Services at MaineHealth. Dr. Wierman is also is the medical director for the Acute Care for Elders Unit and Hospital Elder Life Program at MMC.

MMC Resident Vignette Presenters:

Erin Bryt, MD – 3rd year
Avery Osella, MD – 2nd year

Kirstie Menard, DO – 3rd year
Katherine Sharp, MD – 3rd year

General Information

Objectives: At the conclusion of this activity, the participant will:

1. Apply updated knowledge of Internal Medicine to clinical practice.
2. Apply updated knowledge of Geriatrics to clinical practice.
3. Apply updated knowledge of Pain Management to clinical practice for geriatrics.
4. Will be informed of the ACP's position on major legislative issues with the results of Congressional decisions.
5. Will be able to request a medical assessment for the geriatric patient at the appropriate time.
6. Will be able to identify and treat depression and insomnia in a geriatric patient.
7. Identify and prioritize multiple health conditions in the geriatric patient population.

Poster Session: Students, residents, practicing physicians and related organizations may present a poster. Posters may be presented in the following categories: MMC Resident Clinical Vignettes, research in progress, quality improvement, or educational innovations. Please submit an abstract of 500 or fewer words to Dr. Emily Zarookian, zarooe@mmc.org. The deadline to submit an abstract for the poster session is **Sept. 6, 2019**.

A **breakfast** for **Residents, Medical Students, Faculty, & GAC** members will be held on Saturday at 7:00 am.

Lodging Reimbursement: **Maine Chapter Residents and Medical Student members** who attend the scheduled activities of the Maine Chapter Meeting are eligible to be reimbursed for ½ of the Atlantic Oceanside basic lodging rate (233 + taxes) for up to two (2) nights. For questions contact Warene (207-215-7118); submit receipts to: Warene Eldridge mainechapteracp@gmail.com, or fax 207-504-5172.

Presentations: Copies of faculty presentations will not be provided at the chapter meeting. All received presentations will be posted on the Chapter's website following the meeting.

Laureate Award: It is with distinct pleasure that the Maine Chapter will present a Laureate Award. The award will be presented during the awards presentation on Saturday evening September 21, 2019.

Who Should Attend: General Internists, Subspecialty Internists, Family Practitioners, Hospitalists, Fellows in subspecialty training, Allied Health practitioners, Residents, Medical Students interested in internal medicine.

Lodging Information

Experience the scenic beauty of Bar Harbor at Atlantic Oceanside situated on the shores of Frenchman Bay, Atlantic Oceanside offers 12 acres of prime oceanfront access. All accommodations feature private balconies overlooking the ocean. Atlantic Oceanside Resort & Conference Center is also located within close proximity to Downtown Bar Harbor and Acadia National Park.

Lodging Accommodations: To make a reservation from the room block go to the Atlantic Oceanside website <https://barharbormainehotel.com>, click on "Book Now" You must identify the **Maine Chapter-American College of Physicians & Group Number: 64733** to receive the lodging discount. **Rates cannot be changed** upon check-in or check-out. To receive the special lodging fee reservations must be made by **August 14, 2019 (800-336-2463)**, reservations may also be made on-line: <https://barharbormainehotel.com> enter group code: **64733**. The hotel requires one-night advance deposit to guarantee the reservation. The deposit is refundable until 8 days prior to arrival less \$25.00 cancellation fee. Cancellations made 7 days or less prior to the arrival are not refundable. After 8/14/19 lodging will be available on a first come first serve basis and may not qualify for the discounted rate.

Atlantic Oceanside Resort & Conference Center
119 Eden Street
Bar Harbor, ME 04609
Reservations: [800-336-2463](tel:800-336-2463)
Telephone: [207-288-5801](tel:207-288-5801) Fax: [207-288-8402](tel:207-288-8402)
Website: <https://barharbormainehotel.com>

2019 Maine Chapter Annual and Scientific Meeting (RM 2209)

Atlantic Oceanside 119 Eden St, Bar Harbor, ME
September 20 - 22, 2019

Name: _____

ACP # (found on mailing label) _____ MD _____ DO _____ Other _____

Address: _____

City, State, ZIP _____

Day Phone: _____ Fax: _____ E-mail: _____



☐ Check here if you are disabled and require assistance. Please notify the Maine Chapter in writing before your course. We'll be glad to help.

Registration Fees include: Breaks, receptions, Saturday banquet (+1 guest) and CME/MOC documentation.

Breakfasts are included in your lodging fee and are served in the hotel main building.

Category	Fee
<input type="checkbox"/> ACP Member	\$390.00
<input type="checkbox"/> ACP Resident/Fellow Member (formerly Associate members)	No fee
<input type="checkbox"/> ACP Affiliate Member	\$250.00
<input type="checkbox"/> ACP Medical Student Member	No fee
<input type="checkbox"/> Nonmember physician	\$490.00
<input type="checkbox"/> Nonmember Resident*	No Fee
<input type="checkbox"/> Non Member Medical Student*	No Fee
<input type="checkbox"/> Nonmember Allied Health Professional	\$275.00

You and 1 guest are invited to attend the banquet on Sat. evening at no additional cost.

Registered attendee _____ x 0 \$ 0.00

1 Guest _____ x 0 \$ 0.00

Additional guests attending the banquet Number of additional guests _____ x \$45 ea \$ _____

Total Amount Due.....\$ _____

Name of guest (as to be printed on name badge): _____

Name of person to be seated with at dinner: _____

To register on-line: [Click here to register](#)

Continue to next page

Please indicate your attendance at the following:

Number attending:	Code	Session	Time	Day
FRIDAY				
	FRIEDU1	Friday Educational Presentations Leadership Day Legislative Update Pain Management in Older Adults Depression and Insomnia Older Adults Gait Disorders and Falls in Older Adults Poster Introductions	1:00-5:15 pm	Fri. 9/20
	RECEP1	Reception & Poster Session	5:15-6:30 pm	Fri. 9/20
	RECEP2	Reception for Medical Students, Residents, Early Career Physicians & Guests	6:30 – 9:00 pm	Fri. 9/20
SATURDAY				
	BRKOUT1	Medical Students, Residents, Faculty and GAC Members breakfast (Private Event)	7:00-8:00 am	Sat. 9/21
	SATEDU1	Saturday Educational Presentations Cases of the Year Multimorbidity in Geriatric Patients Driving and Older Adults	8:00am – 12:00pm	Sat. 9/21
	RECEP3	Reception	6:00-7:00	Sat. 9/21
	BANQ	Banquet	7:00	Sat. 9/21
	SATEDU2	Leonard M. Keilson, MD FACP Memorial Lecture: The Young at Heart & The Young in Body: Intergenerational Learning & Its Impact on Healthcare	7:30	Sat. 9/21
SUNDAY				
	SUNEDU1	Sunday Educational Presentations Women in Medicine Breakfast College Update & Town Meeting Review, Discuss, Create Resolutions Multiple Small Feedings of the Mind Pub Quiz	7:00 am – 12:00 pm	Sun. 9/22

Payment Options:

☐ **Check** enclosed.

(Payable to **ACP**, Must remit in US funds drawn on a US bank.)

Charge to: ☐ Visa ☐ Mastercard
 ☐ American Express ☐ Discover

Card # _____

Exp. Date mo____/yr____ **Security Code** _____

Signature: _____

Maine Chapter Contact Information: Chapter Coordinator: Warene Eldridge

Phone: 207-215-7118

Fax: 207-504-5172

Email: <mailto:mainechapteracp@gmail.com>

On-line Registration: [Click here to register](#)

Register via:
Fax: (credit cards only)
215-351-2799

Phone: (M-F, 9 am – 5pm ET)
800-523-1546 x 2600
215-351-2600

Mail (make check payable to ACP)
AC002 - ACP
190 N Independence Mall West
Philadelphia, PA 19106-1572

Follow the Maine Chapter on Twitter - @MaineACP
Follow the Chapter Meeting - #MaineACP2019

On behalf of the Maine Chapter I would like to thank the Program Committee for providing
another
first-class scientific meeting.

Douglas Couper, MD MACP, Chair
Richard Lemay, MD FACP & Laura Trask, MD FACP.

I would also like to provide the opportunity to make a tax-deductible donation to the
Richard Engel, MD Endowed Scholarship Fund

[Donate here](#)

As most of you know, Dr. Engel was a former Governor for the Maine Chapter of the ACP and a committed primary care internist and educator for many years. A scholarship fund in his memory has been named to support a medical student in the Tufts Maine Track program.

I thank and appreciate all of the attendees for their participation and continued support.
Rebecca

